

**WCSSAA  
ALL TIME TOP 25 BEST TRACK AND FIELD PERFORMANCES IN FINALS  
1970-2003**

**SENIOR GIRLS 200 METERS**

<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
KUENEMAN, Lisa	BCI	25.0	1	1986	*
ROWE, Patricia	CHCI	25.1	1	1991	
HAHN, Maisie	EDSS	25.1	1	1994	
BERG, Sue	CHCI	25.2	2	1994	
DAMMAN, Liz	FHCI	25.5	1	1972	* TC
HO-SHING, Tammy	CHCI	25.8	1	1989	
LEE, Marnie	BCI	26.0	1	2000	
DOWHANIUK, Briton	BCI	26.2	1	2001	
DANN, Samantha	FHCI	26.2	2	1995	
CHAMBERS, Debbie	GRCI	26.3	1	1977	TC
ZUKOWSKI, Karolina	CHCI	26.3	2	2000	
WULFF, Jess	WODSS	26.4	1	2003	
ROSS, Angie	FHCI	26.4	2	1999	
GRANGER, Jenny	WCI	26.5	2	1991	
HALPENNY, Claire	PHS	26.6	1	1971	* SW
COBER, Denise	WODSS	26.6	1	1981	
THOMPSON, Kim	SSS	26.6	2	1985	
CIRA, Beth	WCI	26.6	3	1999	
FORLER, Sheila	EDSS	26.7	1	1978	SW
SMITH, Danielle	GCI	26.7	2	2003	
TARRANT, Jody	GCI	26.8	1	1996	
POTTER, Bev	WODSS	26.9	1	1977	SW
LAURENCE, Stephanie	BCI	26.9	1	1988	
TOMASEVIC, Janey	PHS	26.9	2	1986	
FORDE, Shirley	GCI	26.9	3	1994	

## JUNIOR GIRLS 200 METERS

Athlete	School	Performance	Place	Year	Record/Notes
SHADD, Crystal	GRCI	24.7	1	1992	*
ROSS, Sheena	WCI	25.0	1	1981	*
SWEENEY, Peggy	St. M	25.7	1	1979	TC
MAITLAND, Carol	FHCI	25.8	2	1981	
MILLER, Liesel	GCI	25.9	1	1982	
YOUNG, Erin	GRCI	25.9	1	1994	
WENNER, Stephanie	ECI	25.9	1	1999	
HO-SHING, Tammy	CHCI	26.0	1	1987	
LEMON, Nicole	CHCI	26.0	1	1995	
GILLESPIE, Andrea	WODSS	26.0	3	1981	
BYERS, Shannon	GRCI	26.1	2	1994	
WILKINS, Kathy	WODSS	26.2	1	1978	* SW
LINGARD, Val	BCI	26.2	1	1989	
KUENEMAN, Lisa	BCI	26.3	1	1983	
DAMMAN, Liz	ECI	26.4	1	1970	* TC
SWORD, Kim	WODSS	26.4	1	1979	SW
MALLON, Jill	BCI	26.4	2	1989	
SMITH, Danielle	GCI	26.5	1	2000	
HAHN, Maisie	EDSS	26.5	2	1992	
RAFFERTY, Chris	FHCI	26.6	1	1974	TC
SULPHER, Melissa	WCI	26.6	1	1998	
SWEENEY, Maureen	St. M	26.6	2	1983	
ROEDER, Jessica	FHCI	26.6	2	1998	
PARKER, Kim	GRCI	26.7	2	1974	TC
KERR, Pam	PHS	26.7	2	1978	SW
FORDE, Shirley	GCI	26.7	3	1992	
ROSS, Angie	FHCI	26.7	3	1998	

### MIDGET GIRLS 200 METERS

Athlete	School	Performance	Place	Year	Record/Notes
SHADD, Crystal	GRCI	25.5	1	1991	*
MILLER, Liesel	GCI	26.2	1	1981	*
MALLON, Jill	BCI	26.3	1	1988	
ROSS, Sheena	ECI	26.6	1	1979	* TC
DOWHANIUK, Britton	BCI	26.6	1	1998	
HO-SHING, Nicole	CHCI	26.7	1	1985	
ANDERSON, Christine	WCI	26.7	2	1981	
VOIGHT, Stephanie	CHCI	26.8	2	1991	
FORLER, Sheila	EDSS	27.1	1	1974	* SW
LINGARD, Val	BCI	27.1	1	1987	
TARRANT, Jody	GCI	27.1	1	1992	
BENNETT, Jill	WCI	27.1	2	1988	
BUCHANAN, Shari	WCI	27.1	3	1991	
HO-SHING, Tammy	CHCI	27.2	1	1986	
HEEMSKERK, Kristy	KCI	27.2	1	1996	
SMITH, Danielle	GCI	27.2	1	1999	
YOUNG, Erin	GRCI	27.2	2	1992	
FORDE, Shirley	GCI	27.2	4	1993	
KERR, Pauline	PHS	27.3	1	1978	SW
DUNNINGTON, Kelly	St. M	27.3	2	1986	
ROSS, Angie	FHCI	27.3	2	1996	
SWEENEY, Peggy	St. M	27.4	1	1978	TC
BRAUNGART, Sue	GRCI	27.5	1	1974	* TC
TOMASEVIC, Jamie	PHS	27.5	1	1982	
WAUGH, Nicole	CHCI	27.5	1	1995	
RUSSELL, Amanda	WCI	27.5	1	2002	
YOUNG, Carolyn	KCI	27.5	2	2002	
KATT, Laila	EDSS	27.5	3	1985	

## SENIOR BOYS 200 METERS

<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
McKILLOP, Sean	WCI	21.5	1	1991	*
ROBINSON, Chris	JHSS	21.7	1	1994	
ATKINS, Anton	CHCI	22.0	1	1995	
MacDOUGALL, Scott	ECI	22.1	1	1979	* TC
SAMUELS, Dave	FHCI	22.4	1	1987	
SCHEFFEL, Mike	FHCI	22.5	1	1974	* TC
DOUGLAS, Neville	ECI	22.5	1	1983	
STERLING, Rhoan	GCI	22.5	1	1998	
OLIVER, Scott	GCI	22.5	2	1994	
NEELAND, Ed	GRCI	22.6	1	1978	TC
MILLER, Milton	ECI	22.6	1	1986	
ALLIMAN, Owen	ECI	22.6	2	1986	
DONNER, Mark	ECI	22.7	1	1988	
FORDE, Ian	GCI	22.7	1	2000	
WOOLLEY, Jim	ECI	22.7	2	1978	TC
ROTH, Dennis	WODSS	22.8	1	1977	* SW
BUTTINGER, Gord	St. J	22.8	1	1981	
THOMPSON, Dave	FHCI	22.8	1	1985	
BATTICK, Kurt	CHCI	22.8	1	1989	
TYMECKI, E.	GPSS	22.9	1	1970	* SW
RILEY, Ray	GCI	22.9	2	1988	
O'CONNOR, Mark	St. J	22.9	3	1988	
DANCEY, Jeremy	GRCI	22.9	3	1994	
7 ATHLETES Tied at		23.0			

## JUNIOR BOYS 200 METERS

<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
ROBINSON, Chris	JHSS	22.1	1	1992	*
BECKFORD, Andrew	KCI	22.1	1	1995	*
BAIN, Doug	KCI	22.2	1	1981	
SAMUELS, Dave	FHCI	22.2	1	1986	*
McKILLOP, Sean	WCI	22.3	1	1989	
FORDE, Ian	GCI	22.5	1	1999	
ATKINS, Anton	CHCI	22.6	1	1994	
OLIVER, Scott	GCI	22.6	2	1993	
BURKE, Fabian	CHCI	22.6	2	1995	
SCHEFFEL, Mike	FHCI	22.7	1	1972	* TC
PESTELL, Craig	WODSS	22.8	1	1982	
KOCH, Dylan	BCI	22.9	1	2002	
MACEY, Chris	GCI	22.9	2	1988	
KITZMAN, Mark	PHS	22.9	2	1999	
TOMLIN, David	GRCI	22.9	3	1992	
CAVE Neil	BCI	23.0	1	1991	
THOMPSON, Nathan	CHCI	23.0	1	1998	
POETKER, Justin	WCI	23.0	2	2002	
MULAMOOTIL, Elias	WCI	23.1	2	1986	
HURAS, David	GRCI	23.2	1	1974	TC
BOULETTE, Dave	CHCI	23.2	1	1997	
DAUGHERTY, Tony	GRCI	23.2	2	1985	
HILTS, Blake	KCI	23.2	2	2003	
SHERK, Darren	KCI	23.2	3	1999	
ANDERSON, Brian	PHS	23.2	3	2003	

### MIDGET BOYS 200 METERS

Athlete	School	Performance	Place	Year	Record/Notes
ROBINSON, Chris	JHSS	22.4	1	1991	*
ATKINS, Anton	CHCI	23.2	1	1992	
OLIVER, Scott	GCI	23.4	2	1991	
BECKFORD, Andrew	KCI	23.5	1	1993	
McFARLANE, Chris	BCI	23.6	1	1988	*
THOMPSON, Nathan	CHCI	23.7	1	1996	
PESTELL, Craig	WODSS	23.8	1	1980	*
CAMPBELL, Brian	GCI	23.8	1	1981	*
McKILLOP, Sean	WCI	23.8	1	1987	
JAMES, Ryan	WCI	23.9	1	2003	
BROWN, Delroy	GRCI	23.9	2	1981	
BROWN, Ken	ECI	24.0	1	1974	* TC
PANYACKTA, Sang	KCI	24.0	1	1994	
MACEY, Bryce	GCI	24.0	2	1988	
DENNOME, Terry	St. J	24.0	3	1981	
SCHLEUTER, Chris	WCI	24.2	1	1977	TC
IZAMI, Gord	WCI	24.2	1	1979	TC
HAMMOUD, Angel	GRCI	24.2	1	2000	
ANDERSON, Brian	PHS	24.2	1	2001	
CHURCHMAN, Steve	FHCI	24.3	1	1983	
MACEY, Chris	GCI	24.3	1	1986	
ROI, Jon	WODSS	24.3	2	1994	
GIROUX, Bryan	EDSS	24.3	2	2003	
8 ATHLETES Tied at		24.4			