

**WCSSAA**  
**ALL TIME TOP 25 BEST TRACK AND FIELD PERFORMANCES IN FINALS**  
**1970-2003**

**SENIOR GIRLS 4x100 METER RELAY**

<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
CAMERON HEIGHTS	CHCI	50.1	1	1990	*
FOREST HEIGHTS	FHCI	50.5	1	1995	
GRAND RIVER	GRCI	50.6	1	1977	* TC
WATERLOO	WCI	50.6	1	1992	
CAMERON HEIGHTS	CHCI	50.6	1	1996	
CAMERON HEIGHTS	CHCI	50.8	1	1989	
CAMERON HEIGHTS	CHCI	50.8	1	1991	
GALT	GCI	50.9	2	1996	
CAMERON HEIGHTS	CHCI	51.0	1	1994	
WATERLOO	WCI	51.2	1	1993	
BLUEVALE	BCI	51.3	1	1985	
BLUEVALE	BCI	51.3	1	1987	
CAMERON HEIGHTS	CHCI	51.3	2	1995	
FOREST HEIGHTS	FHCI	51.4	1	1982	
BLUEVALE	BCI	51.6	1	1986	
WATERLOO	WCI	51.7	1	1999	
ST. MARY'S	St. M	51.7	2	1985	
FOREST HEIGHTS	FHCI	51.7	2	1994	
FOREST HEIGHTS	FHCI	51.7	2	1999	
WATERLOO OXFORD	WODSS	51.8	1	1981	
BLUEVALE	BCI	51.9	2	1991	
GALT	GCI	51.9	3	1985	
ELMIRA	EDSS	52.1	1	1984	
BLUEVALE	BCI	52.3	1	1988	
FOREST HEIGHTS	FHCI	52.3	3	1996	

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<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
GALT	GCI	51.1	1	1984	*
ELMIRA	EDSS	51.2	1	1982	*
GALT	GCI	51.4	1	2000	
BLUEVALE	BCI	51.5	2	1984	
ELMIRA	EDSS	51.8	1	1983	
WATERLOO	WCI	51.8	1	1998	
BLUEVALE	BCI	51.9	1	1989	
CAMERON HEIGHTS	CHCI	52.0	1	1988	
EASTWOOD	ECI	52.1	1	1985	
GRAND RIVER	GRCI	52.2	1	1992	
FOREST HEIGHTS	FHCI	52.2	1	1993	
GRAND RIVER	GRCI	52.3	1	1975	* TC
BLUEVALE	BCI	52.3	1	1990	
WATERLOO	WCI	52.3	2	1982	
CAMERON HEIGHTS	CHCI	52.3	2	1998	
GALT	GCI	52.5	1	1995	
BLUEVALE	BCI	52.5	2	1992	
CAMERON HEIGHTS	CHCI	52.6	2	1993	
GALT	GCI	52.6	3	1993	
GRAND RIVER	GRCI	52.7	1	1991	
ELMIRA	EDSS	52.8	2	1995	
GRAND RIVER	GRCI	52.9	1	1974	* TC
GALT	GCI	52.9	1	2001	
WATERLOO	WCI	52.9	2	1989	
GRAND RIVER	GRCI	52.9	2	2000	
FOREST HEIGHTS	FHCI	52.9	3	1998	

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**MIDGET GIRLS 4x100 METER RELAY**

<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
WATERLOO	WCI	52.4	1	1990	*
CAMERON HEIGHTS	CHCI	52.8	1	1992	
SOUTHWOOD	SSS	52.9	1	1979	* SW
BLUEVALE	BCI	53.0	1	1983	
GRAND RIVER	GRCI	53.1	1	1996	
WATERLOO	WCI	53.3	1	1971	* TC
GALT	GCI	53.3	2	1992	
PRESTON	PHS	53.4	1	1993	
CAMERON HEIGHTS	CHCI	53.5	1	1991	
BLUEVALE	BCI	53.5	2	1990	
ST. MARY'S	St. M	53.6	1	1986	
BLUEVALE	BCI	53.6	2	1991	
GLENVIEW PARK	GPSS	53.6	2	1993	
FOREST HEIGHTS	FHCI	53.7	3	1992	
GALT	GCI	53.7	3	1993	
WATERLOO	WCI	53.7	4	1993	
ELMIRA	EDSS	53.8	1	1981	
ELMIRA	EDSS	53.8	3	1991	
SOUTHWOOD	SSS	53.8	5	1993	
WATERLOO	WCI	53.9	4	1991	
ST. MARY'S	St. M	54.0	1	1985	
BLUEVALE	BCI	54.0	1	1988	
BLUEVALE	BCI	54.0	1	2002	
SOUTHWOOD	SSS	54.0	5	1991	
WATERLOO	WCI	54.3	1	1979	TC
GRAND RIVER	GRCI	54.3	1	1984	
GALT	GCI	54.3	2	1996	

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<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
CAMERON HEIGHTS	CHCI	42.4	1	1995	*
CAMERON HEIGHTS	CHCI	43.0	1	1994	*
EASTWOOD	ECI	43.1	1	1986	*
CAMERON HEIGHTS	CHCI	43.4	1	1993	
BLUEVALE	BCI	43.5	1	1992	
GALT	GCI	43.5	1	1998	
FOREST HEIGHTS	FHCI	43.7	2	1986	
EASTWOOD	ECI	43.9	1	1983	*
EASTWOOD	ECI	43.9	1	1985	*
JACOB HESPELER	JHSS	43.9	1	1991	
JACOB HESPELER	JHSS	44.0	2	1993	
EASTWOOD	ECI	44.2	1	1984	
JACOB HESPELER	JHSS	44.2	2	1992	
CAMERON HEIGHTS	CHCI	44.4	1	1990	
CAMERON HEIGHTS	CHCI	44.4	2	1994	
EASTWOOD	ECI	44.5	1	1978	* TC
GALT	GCI	44.5	2	1991	
BLUEVALE	BCI	44.5	3	1993	
GRAND RIVER	GRCI	44.5	3	1994	
FOREST HEIGHTS	FHCI	44.6	1	1987	
BLUEVALE	BCI	44.6	1	1996	
GRAND RIVER	GRCI	44.6	3	1991	
GALT	GCI	44.6	3	1992	
GALT	GCI	44.6	4	1994	
4 TEAMS Tied at		44.7			

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<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
KITCHENER	KCI	44.4	1	1995	*
KITCHENER	KCI	44.5	1	1994	*
CAMERON HEIGHTS	CHCI	44.5	2	1995	
BLUEVALE	BCI	44.6	1	1991	
CAMERON HEIGHTS	CHCI	44.7	1	1992	*
GALT	GCI	44.7	1	1993	*
FOREST HEIGHTS	FHCI	44.8	1	1985	*
BLUEVALE	BCI	44.8	2	1994	
GALT	GCI	44.9	2	1992	
CAMERON HEIGHTS	CHCI	45.1	1	1989	
GALT	GCI	45.1	2	1991	
GALT	GCI	45.2	1	1990	
GALT	GCI	45.3	1	1988	
WATERLOO	WCI	45.3	2	1988	
KITCHENER	KCI	45.3	2	1990	
GLENVIEW PARK	GPSS	45.3	3	1988	
CAMERON HEIGHTS	CHCI	45.3	3	1991	
BLUEVALE	BCI	45.4	3	1990	
GRAND RIVER	GRCI	45.4	4	1991	
ST. JEROME'S	St. J	45.5	1	1974	
CAMERON HEIGHTS	CHCI	45.5	1	1998	
GALT	GCI	45.6	1	1986	
GALT	GCI	45.6	1	1996	
WATERLOO	WCI	45.7	2	1996	
6 TEAMS Tied at		45.8			

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<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
CAMERON HEIGHTS	CHCI	46.5	1	1996	*
CAMERON HEIGHTS	CHCI	46.7	1	1992	*
GALT	GCI	47.0	1	1991	*
KITCHENER	KCI	47.0	1	1993	
BLUEVALE	BCI	47.1	1	2000	
GALT	GCI	47.2	1	1995	
GALT	GCI	47.2	2	1992	
CAMERON HEIGHTS	CHCI	47.2	2	1993	
CAMERON HEIGHTS	CHCI	47.3	1	1990	*
WATERLOO	WCI	47.4	1	1972	* TC
GALT	GCI	47.5	1	1988	
KITCHENER	KCI	47.5	3	1992	
FOREST HEIGHTS	FHCI	47.6	1	1984	
WATERLOO	WCI	47.8	1	1974	TC
KITCHENER	KCI	47.8	1	1989	
BLUEVALE	BCI	47.8	4	1992	
WATERLOO	WCI	47.9	1	1994	
ST. JEROME'S	St. J	48.0	1	1973	TC
ST. JEROME'S	St. J	48.0	1	1982	
EASTWOOD	ECI	48.1	1	1975	TC
WATERLOO	WCI	48.1	2	1990	
WATERLOO	WCI	48.1	3	1993	
ST. JEROME'S	St. J	48.2	1	1986	
7 Teams Tied at		48.3			