

**WCSSAA**  
**ALL TIME TOP 25 BEST TRACK AND FIELD PERFORMANCES IN FINALS**  
**1974-2003**

**SENIOR GIRLS 100 METER HURDLES (33")**

| Athlete           | School | Performance | Place | Year | Record/Notes |
|-------------------|--------|-------------|-------|------|--------------|
| BELL, Deniece     | PHS    | 14.0        | 1     | 1996 | *            |
| HAHN, Maisie      | EDSS   | 14.1        | 1     | 1995 | *            |
| TOMAN, Liz        | EDSS   | 14.3        | 2     | 1996 |              |
| WACHTER, Andrea   | GRCI   | 14.4        | 1     | 1978 | * TC         |
| SULPHER, Jen      | WCI    | 14.9        | 1     | 2001 |              |
| HO-SHING, Tammy   | CHCI   | 15.1        | 1     | 1989 |              |
| BRYDSON, Michelle | GPSS   | 15.1        | 1     | 1998 |              |
| BENNETT, Jill     | WCI    | 15.2        | 1     | 1992 |              |
| RICHARDS, Alison  | WCI    | 15.2        | 1     | 1999 |              |
| SULPHER, Melissa  | WCI    | 15.2        | 1     | 2000 |              |
| AKEROYD, Liz      | KCI    | 15.5        | 2     | 2000 |              |
| AUBRY, Shauna     | GRCI   | 15.6        | 3     | 2000 |              |
| GRIFFITH, Mavis   | GCI    | 15.8        | 1     | 1987 |              |
| THOMPSON, Kim     | SSS    | 16.0        | 1     | 1985 |              |
| DIETRICH, Jean    | GCI    | 16.2        | 1     | 1974 | * SW         |
| GATEMAN, Benita   | CHCI   | 16.2        | 2     | 1995 |              |
| MALGADEY, Sylvia  | CHCI   | 16.3        | 1     | 1975 | * TC         |
| PETER, Sue        | SSS    | 16.3        | 1     | 1979 | SW           |
| GUY, Alicia       | ECI    | 16.3        | 2     | 1992 |              |
| MILLAR, Karen     | GRCI   | 16.9        | 1     | 1977 | TC           |
| ADAMS, Stephanie  | GRCI   | 16.9        | 1     | 1984 |              |
| MOORE, Lee        | St. M  | 16.9        | 2     | 1989 |              |
| HOBSON, Martha    | BCI    | 17.0        | 2     | 1984 |              |
| McCUSKER, Amanda  | GCI    | 17.1        | 2     | 1994 |              |
| LUKASIK, Kelly    | GRCI   | 17.2        | 1     | 2003 |              |

**WCSSAA**  
**ALL TIME TOP 25 BEST TRACK AND FIELD PERFORMANCES IN FINALS**  
**1969-2003**

**JUNIOR GIRLS 80 METER HURDLES (30")**

| Athlete           | School | Performance | Place | Year | Record/Notes |
|-------------------|--------|-------------|-------|------|--------------|
| BELL, Denise      | PHS    | 11.5        | 1     | 1995 | *            |
| SWEENEY, Peggy    | St. M  | 11.6        | 1     | 1980 | *            |
| WENNER, Stephanie | ECI    | 11.6        | 1     | 2000 |              |
| HO-SHING, Nicole  | CHCI   | 12.0        | 1     | 1987 |              |
| BRYDSON, Michelle | GPSS   | 12.0        | 1     | 1996 |              |
| BRYANT, Allison   | WCI    | 12.1        | 1     | 1984 |              |
| WIDEMAN, Anne     | EDSS   | 12.1        | 2     | 1987 |              |
| SULPHER, Jen      | WCI    | 12.1        | 2     | 1999 |              |
| HAHN, Maisie      | EDSS   | 12.2        | 1     | 1993 |              |
| GATEMAN, Benita   | CHCI   | 12.2        | 2     | 1993 |              |
| KLEIN, Mandy      | JHSS   | 12.2        | 2     | 1997 |              |
| AUBRY, Shauna     | GRCI   | 12.2        | 3     | 1999 |              |
| WAECHTER, Andrea  | GRCI   | 12.3        | 1     | 1977 | * TC         |
| BENNETT, Jill     | WCI    | 12.3        | 1     | 1989 |              |
| HO-SHING, Tammy   | CHCI   | 12.3        | 3     | 1987 |              |
| GREEN, Patricia   | CHCI   | 12.3        | 3     | 1994 |              |
| MILLAR, Karen     | GRCI   | 12.4        | 1     | 1974 | * TC         |
| HENDRY, Kim       | GPSS   | 12.4        | 1     | 1975 | * SW         |
| PETER, Sue        | SSS    | 12.4        | 1     | 1978 | SW           |
| GILLESPIE, Andrea | WODSS  | 12.4        | 1     | 1981 |              |
| WILKINS, Kathy    | WODSS  | 12.4        | 2     | 1978 | SW           |
| MOSES, Karen      | CHCI   | 12.5        | 4     | 1987 |              |
| ADAMS, Stephanie  | GRCI   | 12.6        | 1     | 1982 |              |
| MALGADEY, Sylvia  | CHCI   | 12.6        | 2     | 1974 | TC           |
| GREZOEV, Michelle | EDSS   | 12.6        | 2     | 1982 |              |
| GRIFFITH, Mavis   | GCI    | 12.6        | 2     | 1984 |              |
| BLAIR, Hilary     | PHS    | 12.6        | 2     | 1996 |              |
| HALEY, Dana       | EDSS   | 12.6        | 3     | 2000 |              |

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**ALL TIME TOP 25 BEST TRACK AND FIELD PERFORMANCES IN FINALS**  
**1969-2003**

**MIDGET GIRLS 80 METER HURDLES (30")**

| Athlete             | School | Performance | Place | Year | Record/Notes |
|---------------------|--------|-------------|-------|------|--------------|
| BRYANT, Alison      | WCI    | 12.0        | 1     | 1983 | *            |
| HO-SHING, Tammy     | CHCI   | 12.2        | 1     | 1986 |              |
| JUTZI, Leah         | WCI    | 12.2        | 1     | 1997 |              |
| KLEIN, Mandy        | JHSS   | 12.3        | 1     | 1996 |              |
| BRYDSON, Michelle   | GPSS   | 12.4        | 1     | 1995 |              |
| HEEMSKERK, Kristy   | KCI    | 12.4        | 2     | 1996 |              |
| GATEMAN, Bonita     | CHCI   | 12.5        | 1     | 1992 |              |
| BELL, Denise        | PHS    | 12.5        | 1     | 1993 |              |
| DUNNIGTON, Kelly    | St. M  | 12.5        | 2     | 1986 |              |
| BRYANT, Adrienne    | KCI    | 12.5        | 3     | 1986 |              |
| GILLESPIE, Andrea   | WODSS  | 12.6        | 1     | 1980 |              |
| WIDEMAN, Ann        | EDSS   | 12.6        | 1     | 1985 |              |
| KOTSOPOULOS, May    | WCI    | 12.6        | 1     | 2003 |              |
| HO-SHING, Nicole    | CHCI   | 12.6        | 2     | 1985 |              |
| GREZOUS, Michele    | EDSS   | 12.7        | 1     | 1981 | *            |
| BENNETT, Jill       | WCI    | 12.8        | 1     | 1988 |              |
| JORCH, Krista       | SSS    | 12.8        | 1     | 1994 |              |
| THOMPSON, Kim       | SSS    | 12.8        | 2     | 1981 |              |
| McFARLANE, Andrea   | WCI    | 12.8        | 2     | 1994 |              |
| HANEY, Caprice      | SSS    | 12.9        | 1     | 1974 | * SW         |
| MAKRIGANI, Paula    | CHCI   | 12.9        | 3     | 1994 |              |
| SULPHER, Melissa    | WCI    | 12.9        | 4     | 1996 |              |
| BENHAM, Karie       | GRCI   | 13.0        | 1     | 1990 |              |
| SULPHER, Jen        | WCI    | 13.0        | 1     | 1998 |              |
| GREEN, Patricia     | CHCI   | 13.0        | 2     | 1992 |              |
| ANDERSON, Christine | WCI    | 13.0        | 3     | 1981 |              |
| HALKES, Brenda      | GCI    | 13.0        | 4     | 1985 |              |

**WCSSAA**  
**ALL TIME TOP 25 BEST TRACK AND FIELD PERFORMANCES IN FINALS**  
**1970-2003**

**SENIOR BOYS 110 METER HURDLES (39")**

| Athlete            | School | Performance | Place | Year | Record/Notes |
|--------------------|--------|-------------|-------|------|--------------|
| GRETZINGER, Harold | GRCI   | 14.1        | 1     | 1972 | * TC         |
| ROBINSON, Devon    | JHSS   | 14.1        | 1     | 1993 | *            |
| WAGNER, Chris      | CHCI   | 14.2        | 2     | 1993 |              |
| BURKE, Patrick     | CHCI   | 14.3        | 1     | 1987 |              |
| McFARLANE, Chris   | BCI    | 14.3        | 1     | 1992 |              |
| CRAWFORD, Austin   | CHCI   | 14.3        | 2     | 1987 |              |
| CAVE, Jason        | BCI    | 14.5        | 1     | 1996 |              |
| MESSAM, Richard    | CHCI   | 14.6        | 2     | 1994 |              |
| VAN GROOTEL, Luc   | CHCI   | 14.7        | 1     | 1989 |              |
| JOSSLIN, Jeff      | SSS    | 14.9        | 1     | 1983 |              |
| HUBER, Wally       | WODSS  | 15.0        | 1     | 1974 | SW           |
| SIMPSON, Jason     | FHCI   | 15.0        | 3     | 1994 |              |
| LEE, Kelvin        | WCI    | 15.6        | 1     | 1979 | TC           |
| BONZIN, Uwe        | WODSS  | 15.7        | 1     | 1980 |              |
| ALLIMAN, Owen      | ECI    | 15.7        | 1     | 1985 |              |
| COWAN, Mike        | WCI    | 15.7        | 1     | 1986 |              |
| GOETZ, Jason       | PHS    | 15.7        | 1     | 2003 |              |
| BURKETT, Craig     | BCI    | 15.8        | 1     | 2000 |              |
| RILEY, Marcus      | GCI    | 15.8        | 3     | 1989 |              |
| WOOLLEY, Jim       | ECI    | 15.9        | 1     | 1977 | TC           |
| McQUAIG, Stew      | WCI    | 15.9        | 1     | 1981 |              |
| PATTISON, Graham   | CHCI   | 16.0        | 1     | 1997 |              |
| REIBEL, Dave       | CHCI   | 16.1        | 2     | 1982 |              |
| PETERSON, Adam     | BCI    | 16.2        | 1     | 1999 |              |
| DOWNER, Nigel      | GCI    | 16.2        | 2     | 1996 |              |

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**ALL TIME TOP 25 BEST TRACK AND FIELD PERFORMANCES IN FINALS**  
**1970-2003**

**JUNIOR BOYS 110 METER HURDLES (36")**

| Athlete            | School | Performance | Place | Year | Record/Notes |
|--------------------|--------|-------------|-------|------|--------------|
| RILEY, Granville   | GCI    | 14.4        | 1     | 1993 | *            |
| McFARLANE, Chris   | BCI    | 14.5        | 1     | 1990 | *            |
| GRETZINGER, Harold | GRCI   | 14.6        | 1     | 1971 | * TC         |
| WAGNER, Chris      | CHCI   | 14.6        | 1     | 1992 |              |
| JOSLIN, Jeff       | SSS    | 14.7        | 1     | 1981 |              |
| BURKE, Patrick     | ECI    | 14.7        | 1     | 1985 |              |
| CAVE, Jason        | BCI    | 14.7        | 1     | 1994 |              |
| MESSAM, Richard    | CHCI   | 14.7        | 2     | 1992 |              |
| CRAWFORD, Austin   | KCI    | 14.8        | 1     | 1986 |              |
| ROBINSON, Devon    | JHSS   | 14.9        | 2     | 1990 |              |
| SIMPSON, Jason     | FHCI   | 15.1        | 3     | 1992 |              |
| HUBER, Wally       | WODSS  | 15.2        | 1     | 1973 | * SW         |
| PATTISON, Graham   | CHCI   | 15.2        | 1     | 1995 |              |
| ROI, Jonathon      | WODSS  | 15.2        | 1     | 1996 |              |
| KHAMKEUANA, Chou   | WCI    | 15.3        | 1     | 1997 |              |
| DOUGLAS, Neville   | ECI    | 15.4        | 1     | 1982 |              |
| RILEY, Marcus      | GCI    | 15.4        | 1     | 1987 |              |
| HALPENNY, Scott    | PHS    | 15.5        | 2     | 1973 | SW           |
| IBRAHIMA, Halim    | WCI    | 15.5        | 3     | 1995 |              |
| FRENSCH, Tony      | FHCI   | 15.6        | 1     | 1973 | TC           |
| RAYNOR, Chris      | CHCI   | 15.6        | 2     | 1987 |              |
| SOMMERFELDT, Josh  | GCI    | 15.6        | 3     | 1996 |              |
| DOWNER, Nigel      | GCI    | 15.6        | 4     | 1995 |              |
| WILLIAMSON, Paul   | EDSS   | 15.7        | 1     | 1970 | * SW         |
| MILLER, Scott      | GCI    | 15.7        | 3     | 1993 |              |

**WCSSAA**  
**ALL TIME TOP 25 BEST TRACK AND FIELD PERFORMANCES IN FINALS**  
**1973-2003**

**MIDGET BOYS 100 METER HURDLES (33")**

| Athlete            | School | Performance | Place | Year | Record/Notes |
|--------------------|--------|-------------|-------|------|--------------|
| McFARLANE, Chris   | WCI    | 14.1        | 1     | 1989 | *            |
| RILEY, Granville   | GCI    | 14.1        | 1     | 1992 | *            |
| GAGE, Matt         | SSS    | 14.4        | 1     | 1990 |              |
| MILLER, Scott      | GCI    | 14.4        | 2     | 1990 |              |
| SIMPSON, Jason     | CHCI   | 14.4        | 3     | 1990 |              |
| COSTA, Luis        | SSS    | 14.5        | 1     | 1981 | *            |
| SOMMERFELDT, Josh  | GCI    | 14.5        | 1     | 1994 |              |
| ROBINSON, Devon    | JHSS   | 14.5        | 2     | 1989 |              |
| ROI, Jon           | WODSS  | 14.5        | 2     | 1994 |              |
| SPROAT, John       | WCI    | 14.5        | 4     | 1990 |              |
| HOBSON, Mike       | WCI    | 14.6        | 1     | 1987 |              |
| DOWNER, Nigel      | GCI    | 14.6        | 1     | 1993 |              |
| INSIXIENGMAY, Nick | GCI    | 14.6        | 1     | 1999 |              |
| PATTISON, Graham   | CHCI   | 14.6        | 2     | 1993 |              |
| ISRAEL, Phil       | WCI    | 14.7        | 1     | 1979 | * TC         |
| THOMPSON, Roy      | CHCI   | 14.7        | 1     | 1988 |              |
| KHAMKEUANG, Chou   | WCI    | 14.7        | 1     | 1995 |              |
| MacLEAN, Ian       | WCI    | 14.8        | 1     | 1980 |              |
| MUNROE, Neil       | WCI    | 14.8        | 2     | 1987 |              |
| HUNSBERGER, Avery  | BCI    | 14.8        | 2     | 1995 |              |
| MILLER, Adam       | JHSS   | 14.8        | 2     | 1999 |              |
| GORTH, Greg        | GPSS   | 14.9        | 1     | 1975 | SW           |
| TOSTIK, Bob        | PHS    | 14.9        | 1     | 1984 |              |
| RILEY, Marcus      | GCI    | 14.9        | 1     | 1986 |              |
| GILMOUR, Andrew    | BCI    | 14.9        | 3     | 1995 |              |
| KENNEDY, Sean      | FHCI   | 14.9        | 4     | 1995 |              |