

C.W.O.S.S.A.

COMPETITOR EVENT RESULTS BY DIVISION

MIDGET GIRLS

0080 METRE HURDLES	RECORD:	12.3
1 - HOOPER, SUSAN	WATERLOO C.I.	12.98
2 - BENHAM, KARIE	GRAND RIVER C.I.	13.09
3 - MUNROE, HEATHER	WATERLOO C.I.	13.68
4 - MARTIN, LINDSAY	BRANTFORD C.V.I.	14.10
5 - <u>FORDE, SHIRLEY</u>	GALT C.I.	14.73
6 - PICKETT, DEE	ST. DAVID C.S.S.	15.18
0100 METRES	RECORD:	12.3
1 - SHARP, CRYSTAL	GRAND RIVER C.I.	12.5
2 - CHARLES, DORETTA	JOHN DIEFENBAKER S.S	12.9
3 - BUCHANNAN, SHARI	WATERLOO C.I.	13.0
4 - WARE, RACHEL	SOUTHWOOD S.S.	13.2
5 - CRONSHAW, LEEANN	KINCARDINE D.S.S.	13.3
6 - CLAYFIELD, BECKY	GRAND RIVER C.I.	13.4
0200 METRES	RECORD:	25.8
1 - BROWN, JULIE	BLUEVALE C.I.	27.7
2 - MEYER, ANDREA	BLUEVALE C.I.	27.8
3 - BUCHANNAN, SHARI	WATERLOO C.I.	28.0
4 - STAFFORD, LORRAINE	ST. MARY'S H.S.(KIT)	28.1
5 - ADDISON, LYN	DELHI D.S.S.	28.7
6 - GAMBLE, STEPHANIE	CENTENNIAL C.V.I.	29.1
0400 METRES	RECORD:	58.6
1 - THOMPSON, SANDY	CAMERON HEIGHTS C.I.	1:03.96
2 - BROWN, JULIE	BLUEVALE C.I.	1:05.17
3 - RINTOUL, TRACY	KINCARDINE D.S.S.	1:05.96
4 - PICKETT, DEE	ST. DAVID C.S.S.	1:06.31
5 - HERON, MARY ANN	CHESLEY D.H.S.	1:06.56
6 - GOULD, JENNIFER	WATERLOO C.I.	1:06.70
0800 METRES	RECORD:	2:14.4
1 - THOMPSON, SANDY	CAMERON HEIGHTS C.I.	2:31.7
2 - <u>MCUSKER, AMANDA</u>	GALT C.I.	2:32.8
3 - MIDDLEKOOP, MARY JANE	CHESLEY D.H.S.	2:34.3
4 - LOWEN, HEIDI	PRESTON H.S.	2:34.4
5 - HILL, STACY	BRANTFORD C.V.I.	2:35.8
6 - RINTOUL, TRACY	KINCARDINE D.S.S.	2:37.9

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## MIDGET GIRLS

1500 METRES RECORD: 4:46.5

1 - MIDDLEKOOP, MARY JANE	CHESLEY D.H.S.	5:19.2
2 - THOMPSON, SARA	BLUEVALE C.I.	5:21.0
3 - GAMBLE, JILL	OWEN SOUND C.V.I.	5:21.8
4 - LOWEN, HEIDI	PRESTON H.S.	5:22.3
5 - STEELE, JENNA	JOHN F. ROSS	5:29.7
6 - ROCKEL, JANINE	CAMERON HEIGHTS C.I.	5:33.7

3000 METRES RECORD: 10:11.6

1 - THOMPSON, SARA	BLUEVALE C.I.	13:29.2
2 - ROCKEL, JANINE	CAMERON HEIGHTS C.I.	13:40.9
3 - GAMBLE, JILL	OWEN SOUND C.V.I.	13:46.3
4 - MCTAVISH, KELLY	BLUEVALE C.I.	14:08.3
5 - HULFORD, FAN	BLUEVALE C.I.	14:20.6
6 - HILL, STACY	BRANTFORD C.V.I.	14:29.0

SHOT PUT RECORD: 11.95

1 - HAVILAND, STACEY	SIMCOE COMPOSITE S.	9.11
2 - DEARDON, BROOKE	WATERFORD D.H.S.	9.05
3 - BATCHELOR, CINDY	GREY HIGHLANDS S.S.	8.97
4 - MEYER, ANGIE	GRAND RIVER C.I.	8.70
5 - HOWALD, SARAH	KINCARDINE D.S.S.	8.64
6 - MCNEIL, TERRI-LYNN	JACOB HESPELER S.S.	8.44

DISCUS RECORD: 40.36

1 - HOWALD, SARAH	KINCARDINE D.S.S.	31.86
2 - HAVILAND, STACEY	SIMCOE COMPOSITE S.	30.46
3 - WATTS, TANYA	DELHI D.S.S.	29.84
4 - VALERIOTE, JENNIFER	BISHOP MACDONELL	25.46
5 - NEILSON, JENNIFER	ORANGEVILLE D.S.S.	24.52
6 - MCNEIL, TERRI-LYNN	JACOB HESPELER S.S.	23.42

JAVELIN RECORD: 38.72

1 - SLOOT, MISSY	SIMCOE COMPOSITE S.	28.62
2 - RUSH, KELLY	BLUEVALE C.I.	27.30
3 - DUBECKI, PAULA	ST. JOHN'S COLLEGE	26.78
4 - BATCHELOR, CINDY	GREY HIGHLANDS S.S.	26.46
5 - HOWALD, SARAH	KINCARDINE D.S.S.	25.52
6 - CHEQHARO, JENNIFER	WIARTON D.H.S.	23.54

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## MIDGET GIRLS

HIGH JUMP		RECORD:	1.81
1 - MARTIN, LINDSAY	BRANTFORD C.V.I.		1.5
2 - STERNE, JENNIFER	NORTH PARK C.I.		1.45
3 - COTTRILL, JENNIFER	WALKERTON D.S.S.		1.45
4 - DUGUETTE, PAULA	ST. BENEDICT'S		1.37
4 - WARE, RACHEL	SOUTHWOOD S.S.		1.37
4 - CLAXTON, SHANNON	ELMIKA D.S.S.		1.37
LONG JUMP		RECORD:	5.16
1 - GALBRAITH, LAURIE	CHESLEY D.H.S.		4.81
2 - COTTRILL, JENNIFER	WALKERTON D.S.S.		4.57
3 - <u>AGELOPOULOS, PAM</u>	GALT C.I.		4.53
4 - SUZUKI, JENNIFER	GUELPH C.V.I.		4.52
5 - KENNEDY, JENNIFER	PAULINE JOHNSON C.I.		4.51
6 - <u>JAROSZ, KIT</u>	GALT C.I.		4.49
TRIPLE JUMP		RECORD:	10.17
1 - SHADD, CRYSTAL	GRAND RIVER C.I.		10.74
2 - COTTRILL, JENNIFER	WALKERTON D.S.S.		10.34
3 - <u>JAROSZ, KIT</u>	GALT C.I.		10.15
4 - GALBRAITH, LAURIE	CHESLEY D.H.S.		9.81
5 - VONGKHAM, PETROY	FOREST HEIGHTS C.I.		9.50
5 - <u>AGELOPOULOS, PAM</u>	GALT C.I.		9.50
4 X 100 METRE RELAY		RECORD:	51.8
1 - WATERLOO C.I.			52.1
2 - BLUEVALE C.I.			52.7
3 - GRAND RIVER C.I.			53.9
4 - ST. MARY'S H.S.(KIT)			54.0
5 - GEORGIAN BAY S.S.			54.7
6 - DELHI D.S.S.			55.2

## C.W.O.B.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## JUNIOR GIRLS

0080 METRE HURDLES	RECORD:	11.5
1 - BENNETT, JILL	WATERLOO C.I.	11.78
2 - GRUTER, NINA	SAUGEEN D.H.S.	12.14
3 - DEIAMOAH, RACHEL	CAMERON HEIGHTS C.I.	12.79
4 - BENSON, KAREN	JOHN F. ROSS	12.87
5 - THEDE, KIM	SAUGEEN D.H.S.	13.00
6 - HARPER, APRIL	BLUEVALE C.I.	13.03
0100 METRES	RECORD:	12.0
1 - BENNETT, JILL	WATERLOO C.I.	12.70
2 - DEIAMOAH, RACHEL	CAMERON HEIGHTS C.I.	13.00
3 - PIOTTO, KAREN	C. WELLINGTON D.H.S.	13.00
4 - BULMER, JULIE	NORTH PARK C.I.	13.20
5 - GUY, ALICIA	EASTWOOD C.I.	13.30
6 - MAMMULITE, DANNIELLE	ST. JAMES H.S.	13.60
0200 METRES	RECORD:	24.9
1 - DEIAMOAH, RACHEL	CAMERON HEIGHTS C.I.	28.90
2 - GRANGER, JENNY	WATERLOO C.I.	28.90
3 - MYERS, HEATHER	OUR LADY OF LOURDES	29.10
4 - THOMPSON, NADINE	SOUTHWOOD S.S.	29.40
5 - MILNE, SARAH	WEST HILL S.S.	29.40
6 - RUBY, FIONA	BLUEVALE C.I.	29.40
0400 METRES	RECORD:	56.9
1 - MALLON, JILL	BLUEVALE C.I.	59.60
2 - KERR, CAROLINE	C. WELLINGTON D.H.S.	1:02.70
3 - SADDLER, PATRICIA	WATERLOO C.I.	1:03.94
4 - FOX, PAULINE	OUR LADY OF LOURDES	1:04.01
5 - DERATNAY, LAURIE	JOHN DIEFENBAKER S.S.	1:04.73
6 - HAWES, AMY	OWEN SOUND C.V.I.	1:05.36
0800 METRES	RECORD:	2:15.0
1 - BERG, SUE	CAMERON HEIGHTS C.I.	2:20.9
2 - KERR, CAROLINE	C. WELLINGTON D.H.S.	2:21.8
3 - MALLON, JILL	BLUEVALE C.I.	2:23.4
4 - HAWES, AMY	OWEN SOUND C.V.I.	2:33.6
5 - MONTGOMERY, MONIQUE	WATERLOO C.I.	NO TIME
6 - VEENEMAN, DEBBIE	ORANGEVILLE D.S.S.	NO TIME

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## JUNIOR GIRLS

1500 METRES		RECORD:	4:34.7
1 - BUTLER, KATHY	WATERLOO C.I.		4:49.2
2 - SCHWAN, ANGELA	WATERLOO C.I.		4:56.9
3 - BERG, SUE	CAMERON HEIGHTS C.I.		5:02.0
4 - KUNTZ, PATRICE	JOHN DIEFENBAKER S.S.		5:04.0
5 - MELNYCHUK, MONICA	ST. DAVID C.S.S.		5:24.0
6 - PRICE, SHELLY	JOHN DIEFENBAKER S.S.		5:27.2
3000 METRES		RECORD:	10:25.9
1 - BUTLER, KATHY	WATERLOO C.I.		10:17.9
2 - SCHWAN, ANGELA	WATERLOO C.I.		10:33.7
3 - KUNTZ, PATRICE	JOHN DIEFENBAKER S.S.		10:49.4
4 - MELNYCHUK, MONICA	ST. DAVID C.S.S.		11:29.2
5 - PRICE, SHELLY	JOHN DIEFENBAKER S.S.		11:42.7
6 - BARNES, SONJA	ORANGEVILLE D.S.S.		12:05.3
SHOT PUT		RECORD:	13.12
1 - WRIGHT, BARB	NORWELL D.S.S.		11.42
2 - CROSSMAN, KARLEEN	GREY HIGHLANDS S.S.		9.79
3 - CLAYFIELD, AMY	GRAND RIVER C.I.		9.4
4 - APP, BOBBI-JO	BLUEVALE C.I.		9.31
5 - FRANKS, RHONDA	WATERFORD D.H.S.		9.12
6 - CRESSMAN, KRISTA	WATERLOO-OXFORD		8.8
DISCUS		RECORD:	42.94
1 - WRIGHT, BARB	NORWELL D.S.S.		32.48
2 - LLOYD, ELANA	PORT DOVER COMPOSITE		31.86
<u>3 - HARRIS, SHANNON</u>	GALT C.I.		27.66
4 - APP, BOBBI-JO	BLUEVALE C.I.		27.50
5 - CAMPBELL, JILL	WALKERTON D.S.S.		26.66
6 - ELSDON, JULIE	ORANGEVILLE D.S.S.		26.66
JAVELIN		RECORD:	42.20
1 - SPEILMACHER, MEL	ELMIRA D.S.S.		29.82
2 - WRIGHT, BARB	NORWELL D.S.S.		28.06
3 - CAMPBELL, JILL	WALKERTON D.S.S.		28.04
4 - CLAYFIELD, AMY	GRAND RIVER C.I.		27.20
5 - MERCER, TANYA	PARIS D.H.S.		25.80
6 - FIDLAR, BECKY	CHESLEY D.H.S.		25.66

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## JUNIOR GIRLS

HIGH JUMP	RECORD:	1.71
1 - SWISS, NICOLE	ST. BENEDICT'S	1.50
2 - MONTGOMERY, MONIQUE	WATERLOO C.I.	1.45
2 - CREIGHTON, ALETHEA	ST. MARY'S H.S.(KIT)	1.45
4 - WHITE, KIM	CHESLEY D.H.S.	1.40
5 - HUNT, ANDREA	NORTH PARK C.I.	1.40
6 - VERRALL, CAROLYN	CENTENNIAL C.V.I.	1.40
LONG JUMP	RECORD:	5.54
1 - EVANCHUK, SHANNA	NORTH PARK C.I.	5.21
2 - GRANGER, JENNY	WATERLOO C.I.	5.00
3 - MYERS, HEATHER	OUR LADY OF LOURDES	4.97
4 - CSORDAS, HEATHER	PARIS D.H.S.	4.85
5 - MONKMAN, PAULINE	CHESLEY D.H.S.	4.78
6 - GRUTER, NINA	SAUGEEN D.H.S.	4.78
TRIPLE JUMP	RECORD:	10.34
1 - MYERS, HEATHER	OUR LADY OF LOURDES	10.67
2 - CSORDAS, HEATHER	PARIS D.H.S.	10.39
3 - VAN-KOUGHNET, SHANNON	BLUEVALE C.I.	9.78
4 - WARD, SHANE	CENTRE DUFFERIN D.H.	9.77
5 - MONKMAN, PAULINE	CHESLEY D.H.S.	9.75
6 - WILLIAMS, ERICA	KITCHENER C.V.I.	9.57
4 X 100 METRE RELAY	RECORD:	50.7
1 - WATERLOO C.I.		52.2
2 - BLUEVALE C.I.		52.6
3 - GRAND RIVER C.I.		53.1
4 - SOUTHWOOD S.S.		53.3
5 - OUR LADY OF LOURDES		53.6
6 - JOHN DIEFENBAKER S.S		54.5

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## SENIOR GIRLS

## 0100 METRE HURDLES

RECORD: 14.3

1 - HO-SHING, TAMMY	CAMERON HEIGHTS C.I.	15.90
2 - TUCKER, SUZY	WEST HILL S.S.	17.95
3 - STEELE, ALICIA	JOHN F. ROSS	18.20
4 - HAMILTON, VICKI	PARIS D.H.S.	18.42
5 - WILSON, HEATHER	GEORGIAN BAY S.S.	18.69
6 - LEFLER, HEIDI	WATERFORD D.H.S.	18.89

## 0100 METRES

RECORD: 11.9

1 - HO-SHING, TAMMY	CAMERON HEIGHTS C.I.	12.50
2 - ROWE, PATRICIA	CAMERON HEIGHTS C.I.	12.60
3 - COLLEY, MICHELLE	SAUGEEN D.H.S.	12.70
4 - DARROCH, SHERI	JOHN DIEFENBAKER S.S.	13.00
5 - BAGNELL, SHARA	ORANGEVILLE D.S.S.	13.10
6 - GENEAU, RICHERE	BRANTFORD C.V.I.	13.20

## 0200 METRES

RECORD: 24.9

1 - ROWE, PATRICIA	CAMERON HEIGHTS C.I.	26.80
2 - COLLEY, MICHELLE	SAUGEEN D.H.S.	27.10
3 - DINSMORE, KELLY	GEORGIAN BAY S.S.	27.10
4 - DARROCH, SHERI	JOHN DIEFENBAKER S.S.	27.40
5 - STEELE, ALICIA	JOHN F. ROSS	28.00
6 - HEFFERNAN, DONNA	GALT C.I.	28.50

## 0400 METRES

RECORD: 55.5

1 - STAFFORD, GERI	ST. MARY'S H.S.(KIT)	1:01.17
2 - DINSMORE, KELLY	GEORGIAN BAY S.S.	1:02.08
3 - O'BRIEN, VERONICA	ORANGEVILLE D.S.S.	1:03.41
4 - STOCKIE, TRACY	ST. MARY'S H.S.(KIT)	1:06.05
5 - HEFFERNAN, DONNA	GALT C.I.	1:06.11
6 - LOWE, TAMMY	PARIS D.H.S.	1:08.35

## 0800 METRES

RECORD:

1 - HILL, LORI	FOREST HEIGHTS C.I.	2:25.3
2 - GOOD, MARNIE	ELMIRA D.S.S.	2:25.9
3 - DEMPSEY, JEN	SOUTHWOOD S.S.	2:26.0
4 - KOPPLIN, JENNIFER	GREY HIGHLANDS S.S.	2:31.5
5 - STOCKIE, TRACY	ST. MARY'S H.S.(KIT)	2:39.4
6 - MCLAREN, SHERI	OWEN SOUND C.V.I.	2:47.4

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## SENIOR GIRLS

## 1500 METRES

RECORD: 4:29.8

1 - HILL, LORI	FOREST HEIGHTS C.I.	5:02.33
2 - GOOD, MARNIE	ELMIRA D.S.S.	5:06.1
3 - LEHMAN, TAMMY	ST. MARY'S H.S. (KIT)	5:11.3
4 - SCHIPPANDSKI, JENNY	BLUEVALE C.I.	5:15.9
5 - BARBER, TRACY	WEST HILL S.S.	5:18.4
6 - SLOTEGRAAF, SHARON	WOODLAND CHRISTIAN	5:31.0

## 3000 METRES

RECORD: 9:54.9

1 - BARBER, TRACY	WEST HILL S.S.	10:58.4
2 - SCHIPPANDSKI, JENNY	BLUEVALE C.I.	11:15.8
3 - LEHMAN, TAMMY	ST. MARY'S H.S. (KIT)	11:23.1
4 - SLOTEGRAAF, SHARON	WOODLAND CHRISTIAN	11:34.0
5 - BROWN, KAREN	CENTRE DUFFERIN D.H.	11:41.1
6 - BARLOW, SUE	KITCHENER C.V.I.	12:02.5

## SHOT PUT

RECORD: 13.9

1 - KRAMER, LORI	SACRED HEART H.S.	10.28
2 - BRONS, TANIA	FORT DUVER COMPOSITE	10.14
3 - HOUSTON, SARA	CAMERON HEIGHTS C.I.	10.05
4 - MUNRO, JANET	PAULINE JOHNSON C.I.	9.90
5 - PATTERSON, JACKIE	CHESLEY D.H.S.	9.51
6 - STECKLE, SUSAN	WATERLOO-OXFORD	9.24

## DISCUS

RECORD: 48.16

1 - KULKER, SHELLEY	EASTWOOD C.I.	29.34
2 - PATTERSON, JACKIE	CHESLEY D.H.S.	28.30
3 - NAUMAN, TARA	WATERLOO-OXFORD	28.06
4 - SCHWIND, KAREN	EASTWOOD C.I.	27.74
5 - COBURN, TANYA	GREY HIGHLANDS S.S.	27.12
6 - HOUSTON, SARA	CAMERON HEIGHTS C.I.	26.48

## JAVELIN

RECORD: 40.96

1 - AUGER, DED	GRAND RIVER C.I.	35.10
2 - BRANT, DANICA	GRAND RIVER C.I.	35.06
3 - KRAMER, LORI	SACRED HEART H.S.	34.66
4 - O'BRIEN, VERONICA	ORANGEVILLE D.S.S.	33.16
5 - MICHIELS, RENEE	SOUTHWOOD S.S.	31.50
6 - STEINMANN, BONNIE	ROCKWAY MENNONITE C.	28.14



## C.W.U.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## SENIOR GIRLS

HIGH JUMP	RECORD:	1.70
1 - STAFFORD, GERI	ST. MARY'S H.S.(KIT)	1.60
2 - DEDECKER, CHARLENE	DELHI D.S.S.	1.45
3 - BARBOUR, KIRA	JOHN DIEFENBAKER S.S	1.45
4 - VEZSENYI, MARY	WATERFORD D.H.S.	1.45
5 - SCHWIND, KAREN	EASTWOOD C.I.	1.40
6 - HUDSON, HEATHER	ST. JOHN'S COLLEGE	1.35
LONG JUMP	RECORD:	5.27
1 - STAFFORD, GERI	ST. MARY'S H.S.(KIT)	4.99
2 - PRUCHNIKI, RENYA	ST. MARY'S H.S.(KIT)	4.92
3 - MICHIELS, RENEE	SOUTHWOOD S.S.	4.72
4 - SYMONS, STACIE	ORANGEVILLE D.S.S.	4.65
5 - VANDERKNAPP, KATIE	PARIS D.H.S.	4.64
6 - SARTORI, MONICA	ST. JAMES H.S.	4.63
TRIPLE JUMP	RECORD:	11.07
1 - DINSMORE, KELLY	GEORGIAN BAY S.S.	11.45
2 - PRUCHNIKI, RENYA	ST. MARY'S H.S.(KIT)	10.51
3 - MICHIELS, RENEE	SOUTHWOOD S.S.	10.40
4 - GENEAU, RICHERE	BRANTFORD C.V.I.	9.84
5 - SIM, MICHELLE	JOHN DIEFENBAKER S.S	9.57
6 - MUNRO, JANET	PAULINE JOHNSON C.I.	9.52
4 X 100 METRE RELAY	RECORD:	49.5
1 - CAMERON HEIGHTS C.I.		50.5
2 - ORANGEVILLE D.S.S.		53.0
3 - GEORGIAN BAY S.S.		53.1
4 - SAUGEEN D.H.S.		53.1
5 - JOHN F. ROSS		54.5
6 - ST. MARY'S H.S.(KIT)		54.5
0400 METRE HURDLES	RECORD:	1:00.9
1 - SYMONS, STACIE	ORANGEVILLE D.S.S.	1:08.8
2 - RYFMA, BETHANY	BURFORD D.H.S.	1:16.1
3 - HAMILTON, VICKI	PARIS D.H.S.	1:16.8
4 - SMEDA, CHRISTA	PARIS D.H.S.	1:19.1

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## OPEN      GIRLS

## 4 X 400 METRE RELAY

RECORD: 4:04.2

1 - CAMERON HEIGHTS C.I.	4:15.0
2 - ST. MARY'S H.S. (KIT)	4:15.9
3 - BLUEVALE C.I.	4:16.7
4 - ORANGEVILLE D.S.S.	4:20.1
5 - WATERLOO C.I.	4:21.2
6 - GEORGIAN BAY S.S.	4:25.9

## 300 METRE HURDLES

RECORD:

1 - HARPER, APRIL	BLUEVALE C.I.	48.3
2 - DERATNAY, LAURIE	JOHN DIEFENBAKER S.S.	49.3
3 - WILLIAMS, STEPHANIE	GEORGIAN BAY S.S.	50.6
4 - SLOOT, JENNY	SIMCOE COMPOSITE S.	52.6
5 - LATOUR, KIM	CENTENNIAL C.V.I.	53.3
5 - HAWES, AMY	OWEN SOUND C.V.I.	53.4
6 - WEIBBE, REBECCA	CHESLEY D.H.S.	53.4

## C.W.U.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## MIDGET BOYS

0100 METRE HURDLES	RECORD:	14.0
1 - GAGE, MATT	SOUTHWOOD S.S.	14.10
2 - LAING, KEVIN	KINCARDINE D.S.S.	14.21
3 - SIMPSON, JASON	CAMERON HEIGHTS C.I.	14.60
<u>4 - MILLER, SCOTT</u>	GALT C.I.	14.70
5 - SPROAT, JOHN	WATERLOO C.I.	14.80
6 - CHRISTIE, WILL	CAMERON HEIGHTS C.I.	15.41
0100 METRES	RECORD:	11.3
1 - MAXWELL, RYAN	FOREST HEIGHTS C.I.	11.70
2 - SENEKER, NICK	ST. JEROME'S H.S.	11.80
3 - SHEPARD, STEPHEN	WATERLOO C.I.	11.90
4 - SIMPSON, JASON	CAMERON HEIGHTS C.I.	12.00
5 - HAMILTON, PRESTON	OUR LADY OF LOURDES	12.00
6 - LAING, KEVIN	KINCARDINE D.S.S.	12.30
0200 METRES	RECORD:	23.3
1 - SHEPARD, STEPHEN	WATERLOO C.I.	25.00
<u>2 - OLIVER, SCOTT</u>	GALT C.I.	25.50
3 - MAXWELL, RYAN	FOREST HEIGHTS C.I.	25.60
4 - HALLIHAN, JEFF	ST. JOHN'S COLLEGE	25.30
5 - BOCCABELLA, JOHN	ORANGEVILLE D.S.S.	26.50
6 - LAING, KEVIN	KINCARDINE D.S.S.	27.20
0400 METRES	RECORD:	52.1
1 - WAGNER, CHRIS	CAMERON HEIGHTS C.I.	56.23
2 - LALL, JASON	OUR LADY OF LOURDES	56.60
3 - MESSAM, RICHARD	CAMERON HEIGHTS C.I.	56.85
<u>4 - OLIVER, SCOTT</u>	GALT C.I.	57.00
5 - FAITH, AARON	PAULINE JOHNSON C.I.	57.26
6 - BOCCABELLA, JOHN	ORANGEVILLE D.S.S.	58.64
0800 METRES	RECORD:	1:55.9
1 - WATKINSON, MATT	KINCARDINE D.S.S.	2:09.1
2 - MAREK, RON	WEST HILL S.S.	2:09.2
3 - LALL, JASON	OUR LADY OF LOURDES	2:09.7
4 - WAGNER, CHRIS	CAMERON HEIGHTS C.I.	2:11.8
5 - WEST, GARY	ORANGEVILLE D.S.S.	2:13.2
6 - LACEY, PAUL	FOREST HEIGHTS C.I.	2:13.2

## C.W.U.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## HIGGET BOYS

## 1500 METRES

RECORD: 4:04.1

1 - MORRISON, STEVE	FOREST HEIGHTS C.I.	4:25.9
2 - MCCRUDDEN, CHAD	PRESTON H.S.	4:31.4
3 - ABEL, GLEN	CENTRE DUFFERIN D.H.	4:33.1
4 - WALSH, MIKE	ST. JOHN'S COLLEGE	4:34.7
5 - BRUGHER, MATT	GLENVIEW PARK S.S.	4:40.3
6 - GRIEVE, BILL	C. WELLINGTON D.H.S.	4:43.9

## 3000 METRES

RECORD: 9:14.9

1 - MORRISON, STEVE	FOREST HEIGHTS C.I.	9:24.6
2 - MCCRUDDEN, CHAD	PRESTON H.S.	9:30.0
3 - WALSH, MIKE	ST. JOHN'S COLLEGE	9:37.3
4 - GRIEVE, BILL	C. WELLINGTON D.H.S.	9:57.6
5 - JOHNSTON, MAX	SAUGEEN D.H.S.	10:04.1
6 - DOYLE, SHAYNE	CAMERON HEIGHTS C.I.	10:12.2

## SHOT PUT

RECORD: 17.23

1 - LLOYD, DAN	PORT DOVER COMPOSITE	14.35
2 - AHRENS, MIKE	WEST HILL S.S.	14.04
3 - DIMAKOS, STAN	GREY HIGHLANDS S.S.	13.85
4 - HENDERSON, ANDREW	SIMCOE COMPOSITE S.	13.56
5 - NOBLE, DAN	PRESTON H.S.	13.49
6 - O'CONNOR, BRENDON	EASTWOOD C.I.	12.57

## DISCUS

RECORD: 46.18

1 - LLOYD, DAN	PORT DOVER COMPOSITE	53.58
2 - NOBLE, DAN	PRESTON H.S.	47.26
3 - IMOLA, RUB	ST. JOHN'S COLLEGE	39.64
4 - HILMER, RICH	SOUTHWOOD S.S.	38.46
5 - SLESS, JASON	BRANTFORD C.V.I.	37.52
6 - TUPLING, DEREK	ORANGEVILLE D.S.S.	37.46

## JAVELIN

RECORD: 51.82

1 - SOLOMON, JOEY	WIARTON D.H.S.	46.82
2 - NOBLE, DAN	PRESTON H.S.	46.56
3 - LLOYD, DAN	PORT DOVER COMPOSITE	46.48
4 - KOTELES, STEVE	DELHI D.S.S.	46.32
5 - STEMMLER, RICK	EASTWOOD C.I.	43.20
6 - LOUCKS, LEE	WIARTON D.H.S.	41.10

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## MIDGET BOYS

## HIGH JUMP

## RECORD:

1 - SCHWEYER, ROB	SIMCOE COMPOSITE S.	1.70
2 - ROMBOUT, KRUB	SIMCOE COMPOSITE S.	1.65
3 - HERBERT, SHELDON	CHESLEY D.H.S.	1.50
4 - HARRIS, CLINT	PAULINE JOHNSON C.I.	1.60
5 - MUNRO, CORY	GLENVIEW PARK S.S.	1.60
6 - ANWAN, STEVE	ST. JOHN'S COLLEGE	1.60

## LONG JUMP

## RECORD: 6.17

1 - SCHMIDT, RAY	WATERLOO C.I.	5.92
2 - SMITH, DAVE	GRAND RIVER C.I.	5.90
3 - FIGUREDDO, STEVE	MUNSIGNOR DOYLE	5.72
4 - WOJCIK, DALE	ST. JEROME'S H.S.	5.70
5 - HALLIHAN, JEFF	ST. JOHN'S COLLEGE	5.70
6 - SKYERS, ROGER	CAMERON HEIGHTS C.I.	5.55

## TRIPLE JUMP

## RECORD: 12.88

1 - SMITH, DAVE	GRAND RIVER C.I.	12.82
2 - ANWAN, STEVE	ST. JOHN'S COLLEGE	11.73
3 - SKYERS, ROGER	CAMERON HEIGHTS C.I.	11.65
4 - SHELDON, STUART	DELHI D.S.S.	11.54
5 - PALMER, MARK	CENTRE DUFFERIN D.H.	11.53
6 - WALTON, JIM	GEORGIAN BAY S.S.	11.48

## 4 X 100 METRE RELAY

## RECORD: 46.8

1 - CAMERON HEIGHTS C.I.	46.7
2 - OUR LADY OF LOURDES	48.2
3 - WATERLOO C.I.	48.3
4 - BRANTFORD C.V.I.	48.7
5 - EASTWOOD C.I.	48.9
6 - ST. JOHN'S COLLEGE	48.9

## POLE VAULT

## RECORD: 3.43

1 - <u>KRAUSE, ERIC</u>	GALT C.I.	2.75
2 - GENORY, AL	SIMCOE COMPOSITE S.	2.75
3 - DOVE, ED	SIMCOE COMPOSITE S.	2.75
4 - MARTENS, TONY	SAUGEEN D.H.S.	2.60
5 - <u>EINWECHTER, TODD</u>	GALT C.I.	2.60
6 - BAUMAN, DERRICK	ELMIRA D.S.S.	2.60

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## JUNIOR BOYS

0110 METRE HURDLES	RECORD:	14.3
1 - MCFARLANE, CHRIS	BLUEVALE C.I.	14.40
2 - ROBINSON, DEVON	JACOB HESPELER S.S.	14.84
3 - LASH, JASON	KINCARDINE D.S.S.	16.05
4 - SUBJECT, ANTHONY	CHESLEY D.H.S.	16.21
5 - BACH, ALEX	SOUTHWOOD S.S.	16.36
6 - CHAU, TAI	CAMERON HEIGHTS L.I.	16.40
0100 METRES	RECORD:	10.8
1 - <del>MOLEY, BRYCE</del>	GALT C.I.	11.10
2 - HADDAD, DIMITRIA	ST. JEROME'S H.S.	11.10
3 - THORNE, CEDRIC	KITCHENER C.V.I.	11.30
4 - GALLOWAY, IAN	GREY HIGHLANDS S.S.	11.30
5 - NEVATIE, FARWEZ	EASTWOOD C.I.	11.30
6 - ROBINSON, DEVON	JACOB HESPELER S.S.	11.40
0200 METRES	RECORD:	22.0
1 - MIDDLEKOOP, TIN	CHESLEY D.H.S.	23.00
2 - MCFARLANE, CHRIS	BLUEVALE C.I.	23.30
3 - <del>MACEY, BRYCE</del>	GALT C.I.	23.50
4 - LASH, JASON	KINCARDINE D.S.S.	23.50
5 - CALHOUN, SEAN	CHESLEY D.H.S.	23.70
6 - WILLS, DAN	DELHI D.S.S.	23.90
0400 METRES	RECORD:	49.7
1 - MIDDLEKOOP, TIN	CHESLEY D.H.S.	49.89
2 - LALL, JOSHUA	OUR LADY OF LOURDES	51.12
3 - PULLEN, CHARLES	KITCHENER C.V.I.	52.29
4 - SYMONS, CURTIS	ORANGEVILLE D.S.S.	52.87
5 - HADEFIELD, PETER	GALT C.I.	53.24
6 - COCKER, MIKE	KITCHENER C.V.I.	54.32
0800 METRES	RECORD:	1:54.2
1 - SULLIVAN, KEVIN	NORTH PARK C.I.	1:55.9
2 - LALL, JOSHUA	OUR LADY OF LOURDES	1:58.8
3 - DAILEY, GREG	PARIS D.H.S.	2:03.9
4 - MCFARLAN, GEOFF	OUR LADY OF LOURDES	2:07.4
5 - LABROSSE, JAMIE	BLUEVALE C.I.	2:09.4
6 - O'CONNELL, DAN	FOREST HEIGHTS C.I.	2:10.3

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## JUNIOR BOYS

## 1500 METRES

RECORD: 4:00.5

1 - SULLIVAN, KEVIN	NORTH PARK C.I.	4:04.1
2 - LALL, JOSHUA	OUR LADY OF LOURDES	4:14.0
3 - DULUNCHUK, JOHN	CENTENNIAL C.V.I.	4:17.3
4 - DAILEY, GREG	PARIS D.H.S.	4:20.4
5 - MCPHERSON, CHRIS	KINCARDINE D.S.S.	4:26.5
6 - JAROSZYNSKI, WILLIE	OUR LADY OF LOURDES	4:27.6

## 3000 METRES

RECORD: 8:37.0

1 - DULUNCHUK, JOHN	CENTENNIAL C.V.I.	9:21.2
2 - PROULX, MARK	CENTRE DUFFERIN D.H.	9:24.2
3 - MCPHERSON, CHRIS	KINCARDINE D.S.S.	9:34.8
4 - JAROSZYNSKI, WILLIE	OUR LADY OF LOURDES	9:45.4
5 - DERDEVEN, JON-PAUL	WEST HILL S.S.	10:00.8
6 - CARTER, ANDREW	WATERLOO C.I.	10:07.1

## SHOT PUT

RECORD: 15.42

1 - FARRELL, JASON	KINCARDINE D.S.S.	14.70
2 - CULL, TRENT	ST. MARY'S H.S.(O.S)	14.16
3 - BOTTERBERG, JASON	DELHI D.S.S.	13.53
4 - LEITH, RYAN	GALT C.I.	13.06
5 - DIETRICH, PAUL	KITCHENER C.V.I.	12.99
6 - VOS, JOHN	NORWELL D.S.S.	12.64

## DISCUS

RECORD: 44.52

1 - VOS, JOHN	NORWELL D.S.S.	41.38
2 - KINNEAR, GEORDIE	DELHI D.S.S.	40.48
3 - WOVOCH, RIC	BLUEVALE C.I.	37.42
4 - CALDER, DAVE	OWEN SOUND C.V.I.	34.64
5 - FARRELL, JASON	KINCARDINE D.S.S.	31.52
6 - ROSE, MIKE	VALLEY HEIGHTS S.S.	30.66

## JAVELIN

RECORD: 58.70

1 - SPITZIG, TIM	ST. JEROME'S H.S.	46.26
2 - KRUEGER, SHAWN	WEST HILL S.S.	46.18
3 - MEIER, JASON	BLUEVALE C.I.	44.98
4 - SOLTIS, JASON	ST. BENEDICT'S	41.04
5 - PURDY, DAVE	BRANTFORD C.V.I.	40.42
6 - GOODING, JASON	PRESTON H.S.	39.18

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## JUNIOR BOYS

HIGH JUMP	RECORD:	2.05
1 - KITTLE, ANDREW	SIMCOE COMPOSITE S.	1.80
2 - BOUMA, BRIAN	DELHI D.S.S.	1.80
3 - WHITE, MITTS	SIMCOE COMPOSITE S.	1.80
4 - BLOEMBERT, MARK	NORWELL D.S.S.	1.75
5 - ELGERSMA, SCOTT	WOODLAND CHRISTIAN	1.70
6 - LASN, JASON	KINCARDINE D.S.S.	1.65
6 - ROORDA, MATT	WOODLAND CHRISTIAN	1.65
6 - THOMAS, JASON	CAMERON HEIGHTS C.I.	1.65
LONG JUMP	RECORD:	6.69
<u>1 - SCOTT, BILL</u>	GALT C.I.	6.25
2 - ZACK, DAVID	WIARTON D.H.S.	6.12
3 - JANSSEN, IAN	GEORGIAN BAY S.S.	5.93
4 - HEUSON, ADAM	BLUEVALE C.I.	5.87
5 - ROUNG, CHRIS	ST. JOHN'S COLLEGE	5.86
6 - DEWATCHER, DARRIN	VALLEY HEIGHTS S.S.	5.78
TRIPLE JUMP	RECORD:	13.57
1 - JANSSEN, IAN	GEORGIAN BAY S.S.	13.24
2 - ROORDA, MATT	WOODLAND CHRISTIAN	12.61
3 - ZACK, DAVID	WIARTON D.H.S.	12.23
4 - BOUMA, BRIAN	DELHI D.S.S.	12.18
<u>5 - SCOTT, BILL</u>	GALT C.I.	12.15
4 X 100 METRE RELAY	RECORD:	44.4
<u>1 - GALT C.I.</u>		45.2
2 - KITCHENER C.V.I.		45.4
3 - BLUEVALE C.I.		45.6
4 - KINCARDINE D.S.S.		46.4
5 - WIARTON D.H.S.		47.1
6 - CAMERON HEIGHTS C.I.		47.2
POLE VAULT	RECORD:	4.09
1 - BARON, CHARLIE	ST. JEROME'S H.S.	3.65
2 - BALDOCK, GEORGE	SIMCOE COMPOSITE S.	3.50
3 - RUTHERFORD, TODD	SIMCOE COMPOSITE S.	3.35
4 - SNIATENCHUK, JAMES	ST. JEROME'S H.S.	3.05
5 - JACKSON, MIKE	BRANTFORD C.V.I.	2.90
6 - WEILER, PAUL	ST. JEROME'S H.S.	2.75



## C.W.U.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## SENIOR BOYS

0110 METRE HURDLES	RECORD:	14.7
1 - HUDSON, SCOTT	ST. JOHN'S COLLEGE	15.69
2 - MUMROE, NEIL	WATERLOO C.I.	15.80
3 - VINCETT, MATT	ORANGEVILLE D.S.S.	16.25
4 - MOSHENKO, NICK	CENTRE DUFFERIN D.H.	16.33
5 - MEYER, ALEX	SACRED HEART H.S.	16.44
6 - LEITH, MIKE	JOHN DIEFENBAKER S.S.	16.52
0100 METRES	RECORD:	10.8
1 - MCKILLOP, SEAN	WATERLOO C.I.	10.70
2 - SLADE, CHRIS	KINCARDINE D.S.S.	10.90
3 - CHALLIS, CHRIS	CENTRE DUFFERIN D.H.	11.30
4 - GABBIE, JOHN	SOUTHWOOD S.S.	11.40
5 - MUSCHETTE, WAYNE	CAMERON HEIGHTS C.I.	11.50
6 - JOLLEY, SHANE	GEORGIAN BAY S.S.	11.60
0200 METRES	RECORD:	22.1
1 - MCKILLOP, SEAN	WATERLOO C.I.	22.40
2 - SLADE, CHRIS	KINCARDINE D.S.S.	22.80
3 - BATTICK, KURT	CAMERON HEIGHTS C.I.	23.20
4 - MERLAU, MARK	WATERLOO-OXFORD	23.30
5 - MACEY, CHRIS	GALT C.I.	24.00
6 - CHALLIS, CHRIS	CENTRE DUFFERIN D.H.	24.10
0400 METRES	RECORD:	49.3
1 - BATTICK, KURT	CAMERON HEIGHTS C.I.	51.91
2 - MACEY, CHRIS	GALT C.I.	52.18
3 - MERLAU, MARK	WATERLOO-OXFORD	52.59
4 - LOOSEMORE, DAN	GREY HIGHLANDS S.S.	52.81
5 - CHALLIS, CHRIS	CENTRE DUFFERIN D.H.	53.78
6 - CHAPMAN, TUDD	OWEN SOUND C.V.I.	55.01
0800 METRES	RECORD:	1:51.6
1 - MCKENZIE, TJ	FOREST HEIGHTS C.I.	1:57.6
2 - TREMAINE, RICH	JOHN F. ROSS	1:59.2
3 - VUCKOVIC, ZORAN	CAMERON HEIGHTS C.I.	2:00.2
4 - MURRAY, ROGER	CAMERON HEIGHTS C.I.	2:06.6
5 - VANDEWIELE, RICHARD	VALLEY HEIGHTS S.S.	2:03.6
6 - CHADESKIE, DAVE	BLUEVALE C.I.	2:04.3

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## SENIOR BOYS

## 1500 METRES

RECORD: 3:51.8

1 - MCKENZIE, TJ	FOREST HEIGHTS C.I.	4:04.2
2 - CONDY, GEORGE	SAUGEEN D.H.S.	4:04.5
3 - TREMAINE, RICH	JOHN F. ROSS	4:05.2
4 - LOGAN, MARK	OWEN SOUND C.V.I.	4:05.8
5 - CRESSMAN, JOHN	CAMERON HEIGHTS C.I.	4:05.6
6 - RICHARDSON, JOEL	OWEN SOUND C.V.I.	4:11.3

## 3000 METRES

RECORD: 8:37.8

1 - CRESSMAN, JOHN	CAMERON HEIGHTS C.I.	8:51.4
2 - CONDY, GEORGE	SAUGEEN D.H.S.	8:53.6
3 - MILLS, SHAWN	OWEN SOUND C.V.I.	8:56.0
4 - DUGUID, KEITH	ORANGEVILLE D.S.S.	9:01.1
5 - LOGAN, MARK	OWEN SOUND C.V.I.	9:09.8
6 - PARKINSON, FRASER	PRESTON H.S.	9:31.5

## SHOT PUT

RECORD: 17.69

1 - HARRISON, JIM	SIMCOE COMPOSITE S.	17.26
2 - ELLIS, TIM	NORWELL D.S.S.	14.07
3 - TURNER, TIM	WATERFORD D.H.S.	13.92
4 - CORNEIL, JEFF	GALT C.I.	13.75
5 - PERRAS, JOHN-PAUL	ST. JOHN'S COLLEGE	12.55
6 - KARDOS, ALEX	GALT C.I.	12.20

## DISCUS

RECORD: 52.14

1 - ELLIS, TIM	NORWELL D.S.S.	41.42
2 - HAGERMAN, CHRIS	WATERFORD D.H.S.	37.78
3 - HARRISON, JIM	SIMCOE COMPOSITE S.	37.64
4 - SMITH, GERRY	BLUEVALE C.I.	37.04
5 - ECKERT, SHAWN	EASTWOOD C.I.	37.01
6 - BOUMA, JOE	DELHI D.S.S.	36.80

## JAVELIN

RECORD: 60.06

1 - HALL, JEREMY	BLUEVALE C.I.	50.62
2 - OTTEWELL, BILL	GREY HIGHLANDS S.S.	50.02
3 - MOUNTNEY, SHANE	NORTH PARK C.I.	47.00
4 - MAY, TREVOR	VALLEY HEIGHTS S.S.	45.04
5 - CORNELL, JEFF	GALT C.I.	43.78
6 - PETRIK, MIKE	NORWELL D.S.S.	42.68

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## SENIOR BOYS

## HIGH JUMP

RECORD: 2.06

1 - HUDSON, SLUTT	ST. JOHN'S COLLEGE	1.95
2 - VINCETT, MATT	ORANGEVILLE D.S.S.	1.90
3 - HOOD, JAY	FRESTON H.S.	1.90
4 - MARTIN, GEOFF	C. WELLINGTON D.H.S.	1.80
4 - SNEDDON, MAURICE	HERMAN E. FAWCETT	1.80
6 - BROWN, RODNEY	C. WELLINGTON D.H.S.	1.80

## LONG JUMP

RECORD: 6.81

1 - SNEDDON, MAURICE	HERMAN E. FAWCETT	6.14
2 - BOUMA, JOE	DELHI D.S.S.	5.97
3 - KIRKHAM, CORY	ELMIRA D.S.S.	5.94
4 - LENNIPS, BILL	CHESLEY D.H.S.	5.91
5 - HACKBERT, CORY	FOREST HEIGHTS C.I.	5.86
6 - HUDSON, SCOTT	ST. JOHN'S COLLEGE	5.85

## TRIPLE JUMP

RECORD: 14.36

1 - SNEDDON, MAURICE	HERMAN E. FAWCETT	12.78
2 - LEITH, MIKE	JOHN DIEFENBAKER S.S.	12.65
3 - HACKBERT, CORY	FOREST HEIGHTS C.I.	12.56
4 - KIRKHAM, CORY	ELMIRA D.S.S.	12.55
5 - BROWN, RODNEY	C. WELLINGTON D.H.S.	12.28
6 - HOVER, MIKE	PAULINE JOHNSON C.I.	12.28

## 4 X 100 METRE RELAY

RECORD: 43.1

1 - WATERLOO C.I.	44.9
2 - CAMERON HEIGHTS C.I.	45.3
<del>3 - GALT C.I.</del>	46.1
4 - ORANGEVILLE D.S.S.	46.5
5 - ST. BENEDICT'S	47.2
6 - JOHN DIEFENBAKER S.S.	47.7

## POLE VAULT

RECORD: 4.60

1 - LUKESIE, SHAWN	ST. JEROME'S H.S.	3.80
2 - BASIN, PETER	ST. JEROME'S H.S.	3.50
3 - METZGER, SHAUN	KINCARDINE D.S.S.	3.35
4 - SCHULAR, DAVE	KINCARDINE D.S.S.	3.35
5 - CAMPBELL, DARCY	BLUEVALE C.I.	3.35
6 - REDWOOD, JASON	BRANTFORD C.V.I.	3.20

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## SENIOR BOYS

## 1400 METRE HURDLES

RECORD: 53.1

1 - <u>MACEY, CHRIS</u>	GALT C.I.	59.21
2 - MILLER, JASON	CAMERON HEIGHTS C.I.	1:02.40
3 - MEYER, ALEX	SACRED HEART H.S.	1:02.40
4 - ROURKE, MIKE	ST. JOHN'S COLLEGE	1:03.85
5 - SLUSARCZYK, JASON	BURFORD D.H.S.	1:04.70
6 - MCINTYRE, SCOTT	CENTENNIAL C.V.I.	1:05.55

## C.W.O.S.S.A.

## COMPETITOR EVENT RESULTS BY DIVISION

## OPEN BOYS

4 X 400 METRE RELAY	RECORD:	3:23.5
1 - CAMERON HEIGHTS C.I.		3:33.7
2 - <u>GALT C.I.</u>		3:37.3
3 - FOREST HEIGHTS C.I.		3:37.9
4 - OWEN SOUND C.V.I.		3:38.1
5 - BLUEVALE C.I.		3:39.3
6 - OUR LADY OF LOURDES		3:40.5
300 METRE HURDLES	RECORD:	
1 - MIDDLEKOOP, TIM	CHESLEY D.H.S.	40.2
2 - MCFARLANE, CHRIS	BLUEVALE C.I.	40.4
3 - <u>HADFIELD, PETER</u>	GALT C.I.	42.7
4 - LEACH, JASON	CENTRE DUFFERIN D.H.	42.8
5 - ROBINSON, DEVON	JACOB HESPELER S.S.	43.7
6 - <u>SCHMIDT, BEN</u>	GALT C.I.	43.8
2000 METRE STEEPLECHASE	RECORD:	6:00.0
1 - RICHARDSON, JOEL	OWEN SOUND C.V.I.	6:28.3
2 - GRANT, RYAN	JOHN F. ROSS	6:34.6
3 - MILLS, SHAWN	OWEN SOUND C.V.I.	6:36.8
4 - FREIDITSCH, ROB	ST. JEROME'S H.S.	6:39.1
5 - RICHARDSON, IAN	ST. JAMES H.S.	6:50.4
6 - <u>MCCORMICK, JOHN</u>	GALT C.I.	6:58.0