

GIRLS C.W.O.S.S.A. TRACK & FIELD RECORDS 1970

MIDGET GIRLS

100 M. ....	Margaret MacGowan, Waterford D.H.S. ....	12.5	-1970
80 M. Hurdles	Cathy Schaefer, Cameron Heights C.I., Kit. ....	13.2	-1970
200 M. ....	Margaret MacGowan, Waterford D.H.S. ....	26.1	-1970
400 M. ....	Karen Heindricks, Delhi D.H.S. ....	1:04.6	-1970
800 M. ....	Karen Heindricks, Delhi D.H.S. ....	2:35.0	-1970
4 x 100 M. Relay...	Delhi D.H.S. ....	0:53.4	-1970
Long Jump ....	V. Burke, Eastwood C.I., Kitchener	4.94 M.	-1968
High Jump ....	Jacque Crone, Port Dover D.H.S. ....	1.57	-1970
Discus Throw..	Caroline Duncan, Cameron Heights C.I., Kit. ...	30.82.2	-1970
Shot Put .....	Ellen Werner, Norwell D.H.S. ....	9.14	-1970

JUNIOR GIRLS

100 M. ....	Liz Damman, Eastwood C.I., Kitchener	12.6 Sec.	-1970
80 M. Hurdles.	Liz Damman, Eastwood C.I., Kitchener	12.6 Sec.	-1970
200 M. ....	Liz Damman, Eastwood C.I., Kitchener	26.0 Sec.	-1970
400 M. ....	M. Thede, Saugeen D.H.S. ....	1:04.5 Sec.	-1970
800 M. ....	J. Moran, Walkerton D.H.S. ....	2:32.8 Sec.	-1970
4 x 100 M. Relay...	Eastwood C.I., Kitchener	0:53.0 Sec.	-1970
Long Jump.....	L. Copeman, Centennial C.V.I., Guelph	5.23 M.	-1969
High Jump.....	Liz Damman, Eastwood C.I., Kitchener	1.57 M.	-1970
Discus Throw..	S. Gibbs, Brantford C.I. ....	31.82 M.	-1967
Shot Put.....	Anne Johnston, Norwell D.H.S. ....	10.02 M.	-1970

SENIOR GIRLS

100 M. ....	Debbie Miller, Pauline Johnson C.I. ....	12.5 Sec.	-1970
80 M. Hurdles.	Joan Humphrey, Guelph C.V.I. ....	12.5 Sec.	-1970
200 M. ....	Debbie Miller, Pauline Johnson C.I. ....	25.9 Sec.	-1970
400 M. ....	Jean Gibbons, Preston D.H.S. ....	1:02.3 Sec.	-1970
800 M. ....	Jean Gibbons, Preston D.H.S. ....	2:32.2 Sec.	-1970
4 x 100 M. Relay...	Pauline Johnson C.I. ....	52.8 Sec.	-1970
Long Jump.....	Debbie Miller, Pauline Johnson C.I. ....	5.19 M.	-1969
High Jump.....	Joan Humphrey, Guelph C.V.I. ....	1.67.6 M.	-1970
Discus Throw..	S. Wahl, Grand River C.I., Kitchener.....	34.08 M.	-1967
Shot Put.....	S. Wahl, Grand River C.I., Kitchener.....	10.67 M.	-1967

GIRLS C.W.O.S.S.A. TRACK & FIELD RECORDS - 1971

MIDGET GIRLS:

100M .....	Margaret MacGowan, Waterford D.H.S. ....	-	12.5	-	1970
80M Hurdles ..	Brenda Lockington, B.C.I. ....	-	13.0	-	1971
200M .....	Margaret MacGowan, Waterford D.H.S. ....	-	26.1	-	1970
400M .....	Karen Heindricks, Delhi D.H.S. ....	-	1:04:6	-	1970
800M .....	Linda Wough, J.F.Ross ....	-	2:31:6	-	1971
4 x 100M Relay	Delhi D.H.S. ....	-	0:53:4	-	1970
Long Jump ....	Marta Greesiowski, Erin District ....	-	4.97M	-	1971
High Jump ....	Jacque Crone, Port Dover D.H.S. ....	-	1.57M	-	1970
Discus Throw..	Caroline Duncan, C.H.C.I., Kitchener ....	-	30:82:2M	-	1970
Shot Put .....	Ellen Werner, Norwell D.H.S. ....	-	9.14M	-	1970
Javelin .....	Kathy Helm, St. Mary's H.S. ....	-	27.79M	-	1971

JUNIOR GIRLS:

100M .....	Margaret MacGowan, Waterford D.H.S. ....	-	12.5	-	1971
80M Hurdles ..	Liz Damman, Eastwood C.I., Kitchener ....	-	12.6	-	1970
200M .....	Margaret MacGowan, Waterford D.H.S. ....	-	25.7	-	1971
400M .....	Marianne Tyralla, C.H.C.I., Kitchener ....	-	1:01:3	-	1971
800M .....	Helen Wagner, Port Dover S.S. ....	-	2:29:5	-	1971
4 x 100 Relay	Eastwood C.I., Kitchener ....	-	0:53:0	-	1970
Long Jump ....	L. Copeman, Centennial C.V.I., Guelph ....	-	5.23M	-	1969
High Jump ....	Liz Damman, Eastwood C.I., Kitchener ....	-	1.57M	-	1970
Discus Throw..	Carolyn Duncan, C.H.C.I., Kitchener ....	-	34.1M	-	1971
Shot Put .....	Ann Johnston, Norwell D.H.S. ....	-	10.02M	-	1970
Javelin, .....	Olga Vujovic, Waterloo Oxford D.H.S. ....	-	29.79M	-	1971

SENIOR GIRLS:

100M .....	Debbie Miller, Pauline Johnson C.I. ....	-	12.5	-	1970
80M Hurdles ..	Joan Humphrey, Guelph C.V.I. ....	-	12.5	-	1970
200M .....	Debbie Miller, Pauline Johnson C.I. ....	-	25.9	-	1970
400M .....	Jean Gibbons, Preston D.H.S. ....	-	1:02:3	-	1970
800M .....	Jean Gibbons, Preston D.H.S. ....	-	2:32:2	-	1970
4 x 100M Relay	Pauline Johnson C.I. ....	-	52.8	-	1970
Long Jump ....	Debbie Miller, Pauline Johnson C.I. ....	-	5.19M	-	1969
High Jump ....	Joan Humphrey, Guelph C.I. ....	-	1:67:6M	-	1970
Discus Throw .	S. Wahl, Grand River C.I., Kitchener ....	-	34.08M	-	1967
Shot Put .....	S. Wahl, Grand River C.I., Kitchener ....	-	10.67M	-	1967
Javelin .....	Helen Hill, B.C.I. ....	-	29.64M	-	1971