

R E S U L T S

of

C.W.O.S.S.A.

Track & Field Meet

held at

Lions Park, Brantford

on

May 26, 1977

OVERALL SCHOOL STANDINGS
(Top 15)

<u>School</u>	<u>Girls</u>	<u>Boys</u>	<u>Total</u>
John F. Ross C.V.I.	21	115	136
Simcoe Composite S. S.	43	62	105
Brantford C. I. & V.S.	63	28	91
Eastwood C. I.	10	80.5	90.5
Grand River C. I.	76	9	85
St. Jerome's H. S.	--	72	72
Southwood S. S.	31.5	35	66.5
Galt C.I. & V.S.	49	13	62
Preston H. S.	9	49.5	58.5
Centennial C. V. I.	18	38	56
Waterloo-Oxford D. S. S.	28	27	55
Pauline Johnson C. V. S.	25	28.6	53.6
Waterloo C. I.	16	36	52
Orangeville D. S. S.	27.3	23	50.3
Grey Highlands S. S.	29	16	45

SCHOOL CHAMPIONS

Overall Boys and Girls --	John F. Ross (136 Points)
Overall Boys --	John F. Ross (115 Points)
Overall Girls --	Grand River (76 Points)
Midget Boys --	Eastwood (40.5 Points)
Midget Girls --	Galt C. I. & V.S. & Grand River) tie (21 Points)
Junior Boys --	John F. Ross (40 Points)
Junior Girls --	Paris District H. (19 Points)
Senior Boys --	Ernest C. Drury (30 Points)
Senior Girls --	Grand River (38 Points)

INDIVIDUAL CHAMPIONSMidget Boys

John Elkerton (J.F. Koss) - 15 pts.
 Lloyd Schmidt (Paris) - 10 pts.
 Cam Stringer (Eastwood) - 8 pts.

Midget Girls

Denise Jaeger (Galt) - 15 pts.
 Diana Scheurmann (Gr. K.) - 7 pts.
 G. Kavanaugh (St. David) } 6 pts.
 Annette Vantuyghem (V. Hts.) } (tie)

Junior Boys

Gord Pickett (St. Jer.) - 15 pts.
 Don Adams (Preston) } 10 pts.
 John Settle (J.F. Ross) } (tie)

Junior Girls

Andrea Waechter (Gr. K.) } 10 pts.
 Cathy Wilkins (Wat-Ox) } (tie)
 Sharon Nichols (Delhi) - 8 pts.

Senior Boys

D. Cooper (E.C. Drury) - 15 pts.
 Dave Riddle (Waterford) } 10 pts.
 Tom Lobsinger (St. Jer.) } (tie)
 Jim Woolley (Eastwood)

Senior Girls

Barb Becker (Guelph) } 10 pts.
 Kathy Leeder (Bluevale) } (tie)
 Debbie Chambers (Gr. Riv.) }

Code of School Abbreviations

Arthur D. H. S.	(ADH)	Mount Forest D.H.S.	(MFH)
Bishop MacDonnell H. S.	(BMH)	North Park C.V.S.	(NPC)
Bluevale C. I.	(BIC)	Norwell D.S.S.	(NSS)
Brantford C.I. & V.S.	(BCI)	Orangeville D.S.S.	(ODS)
Bruce Peninsula D.H.S.	(BPD)	Our Lady Of Lourdes Sr. S.	(OLL)
Burford D.H.S.	(BDH)	Owen Sound C.V.I.	(OSC)
Cameron Heights C.I.	(CHC)	Paris District H.S.	(PDH)
Centennial C.V.I.	(CCV)	Pauline Johnson C.V.S.	(PJC)
Centre Dufferin D.H.S.	(CDD)	Port Dover Composite S.	(PDC)
Centre Wellington D.H.S.	(CWD)	Preston H.S.	(PHS)
Chesley D.H.S.	(CDH)	Kipley D.H.S.	(KHS)
Delhi D.S.S.	(DSS)	Rockway Mennonite S.	(RMS)
Eastwood C.I.	(ECI)	Sacred Heart S.S.	(SHS)
Elmira D.S.S.	(ESS)	St. Benedict Jr. H. S.	(SBJ)
Erin D.H.S.	(EHS)	St. David Sr. S.	(SDS)
Ernest C. Drury	(ECD)	St. James Sr. S.	(SJS)
Forest Heights C.I.	(FHC)	St. Mary's H.S.	(SMH)
Galt C.I.&V.S.	(GCI)	St. Jerome's H.S.	(SJH)
Georgian Bay S.S.	(GBS)	St. John's College	(SJC)
Glenview Park S.S.	(GPS)	Saugeen D.H.S.	(SDH)
Grand River C.I.	(GRC)	Simcoe Composite S.S.	(SCS)
Grey Highlands S.S.	(GHS)	Southwood S.S.	(SSS)
Guelph C.V.I.	(GCV)	Valley Heights S.S.	(VHS)
H.E. Fawcett S.S.	(HEF)	Waterford D.H.S.	(WSS)
J. F. Diefenbaker S.S.	(JFD)	Waterloo C.I.	(WCI)
John F. Ross C.V.I.	(JFR)	Waterloo-Oxford D.S.S.	(WOD)
Kincardine D.H.S.	(KHS)	West Hill S.S.	(WHS)
Kitchener-Waterloo C. & V.S.	(KCI)	Warton D.H.S.	(WDS)
Laurel V.S.	(LVS)	W. Ross MacDonald School	(WRM)
Monseigneur Doyle S.S.	(MDS)		

(4)

MIDGET BOYS

100 Metre Hurdles

Heat #1

71	Roman Skrypuck (BCI)	15.4
302	D. Petrie (CDH)	15.5
303	Carey Lee (WCI)	15.9
226	Rob Butler (GCV)	16.0
772	Dan Vooght (SDS)	16.3
700	Max Hagerman (DSS)	17.2
510	Perry Kramer (ESS)	17.9

Heat #2

509	Mike Luckenhaus (PHS)	15.1
221	Jeff Kane (CCV)	15.6
769	Bill Hall (GBS)	15.7
313	George Goertz (ECI)	16.3
884	B. McCloy (WDS)	16.4
699	Jeff Harris (SCS)	16.9

FINAL

509	Mike Luckenhaus (PHS)	14.5*
71	Roman Skrypuck (BCI)	15.2
313	George Goertz (ECI)	15.2
221	Jeff Kane (CCV)	15.2
303	Carey Lee (WCI)	15.4
226	Rob Butler (GCV)	15.4
302	D. Petrie (CDH)	15.5
769	Bill Hall (GBS)	15.7

100 Metres

Heat #1

314	Cam Stringer (ECI)	11.8
211	John Elkerton (JFR)	11.8
885	G. Buttinger (SDS)	11.9
801	Terry North (SCS)	12.2
778	Tim Hastie (GHS)	12.2
773	Jamie Vennard (SDS)	12.4
70	Chris Merritt (BCI)	12.9

Heat #2

218	Marc Mumford (CCV)	11.8
304	Chris Schleuter (WCI)	11.9
71	Roman Skrypuck (BCI)	11.9
509	Mike Luckenhaus (PHS)	11.9
802	Dennis Van Ooteghem (VHS)	12.0
511	Kandy Martin (GPS)	12.0
886	P. Toman (SBJ)	12.3

FINAL

211	John Elkerton (JFR)	11.4*
314	Cam Stringer (ECI)	11.8
218	Marc Mumford (CCV)	11.8
885	G. Buttinger (SDS)	12.0
71	Roman Skrypuck (BCI)	12.0
801	Terry North (SCS)	12.1
304	Chris Schleuter (WCI)	12.2

*denotes a new CWOSSA record

200 MetresHeat # 1

211 John Elkerton (JFR)	24.2
309 Dan O'Reilly (SJH)	24.5
885 G. Buttinger (SDS)	24.7
803 Terry Shannon (SCS)	25.0
512 Jim Honderich (WOD)	25.7
887 R. Falla (SBJ)	25.7
766 Tom Gray (GBS)	26.6

Heat #2

304 Chris Schleuter (WCI)	24.8
225 Mike Knighton (GCV)	25.1
73 George Diab (PDH)	25.1
758 Leslie Csontos (JrD)	25.2
804 Mike Bonnett (DSS)	25.6

FINAL

211 John Elkerton (JFR)	23.6
309 Dan O'Reilly (SJH)	24.1
304 Chris Schleuter (WCI)	24.5
885 G. Buttinger (SDS)	24.5
225 Mike Knighton (GCV)	24.6
73 George Diab (PDH)	24.8
803 Terry Shannon (SCS)	25.3
758 Leslie Csontos (JrD)	25.7

400 Metres (Timed Final)

74 Warren Westbrook (BCI)	56.0
585 A. Breedveld (RMS)	56.6
586 R. Leach (KHS)	57.7
75 Tom Schmidt (PDH)	58.0
314 Cam Stringer (ECI)	53.5
219 Mike Ennis (CCV)	54.1
214 Niall Dowling (JFR)	55.0
513 Mark Willetts (PHS)	56.0
330 Mike Ward (WCI)	56.1
514 Bruce Schwass (WOD)	56.9
756 Rob Plantt (GHS)	58.5

Top Eight Times

314 Cam Stringer (ECI)	53.5
219 Mike Ennis (CCV)	54.1
214 Niall Dowling (JFR)	55.0
74 Warren Westbrook (BCI)	56.0
513 Mark Willetts (PHS)	56.0
330 Mike Ward (WCI)	56.1
585 A. Breedveld (RMS)	56.6
514 Bruce Schwass (WOD)	56.9

800 Metres (Timed Final)

513 Mark Willetts (PHS)	2:06.8
213 Mike Spencer (JFR)	2:06.9
305 Tim Sitts (WCI)	2:08.8
76 Kevin Hutchinson (PDH)	2:09.2
219 Mike Ennis (CCV)	2:09.4
587 R. Lee (KHS)	2:10.0
74 Warren Westbrook (BCI)	2:10.0
515 Gerry Cunningham (GPS)	2:12.0
588 D. Fitzgerald (SDS)	2:15.9
805 John Sprowl (BDH)	NT
777 Mark Bechburger (SHS)	NT
806 Mike Kersten (VHS)	NT

1500 Metres (Timed Final)

516 Lloyd Schmidt (PHS)	4:18.3
754 George Boyes (GBS)	4:27.3
217 Hugh Piggins (CCV)	4:28.1
76 Kevin Hutchinson (PDH)	4:29.0
315 Dave Brandow (ECI)	4:31.7
517 Tom McKinnon (SSS)	4:32.3
590 B. Milley (CDD)	4:38.2
77 Micky Kollings (HER)	4:44.0
755 Todd Brown (WHS)	4:45.6
808 Brian Lampman (PDC)	NT
215 Don McGrory (JrK)	NT
589 B. Jones (WDS)	NT
807 Scott Godding (DSS)	NT

3000 Metres (Timed Final)

516 Lloyd Schmidt (PHS)	9:28.0	808 Brian Lampman (PDC)	10:25.5
518 Malcolm Gladwell (ESS)	9:38.7	589 B. Jones (WDS)	NT
322 Rob Aganostopoulos (KCI)	9:46.7	78 Doug Pendergast (BCI)	NT
217 Hugh Piggins (CCV)	9:54.9	755 Todd Brown (WHS)	NT
809 Fred Elijah (VHS)	10:03.1	223 Barry Cleary (ODS)	NT
77 Nicky Bollings (HEF)	10:10.3		
315 Dave Brandon (ECI)	10:19.0		
754 George Boyes (GBS)	10:22.5		

4 x 100 Metre Relay (Timed Final)

Valley Heights S.	48.4
St. David's S.	48.7
Saugeen B.S.	49.2
Simcoe C.S.	49.9
St. Benedict J.	50.6
North Park C.	50.9

John F. Ross	47.6
Centennial C.V.	48.0
St. Jerome H.	48.3
Waterloo C.I.	48.6
Brantford C.I.	48.8
Georgian Bay S.	49.4
Glenview Park S.	49.5

TOP EIGHT TIMES

John F. Ross	47.6
Centennial C.V.	48.0
St. Jerome H.	48.3
Valley Heights S.	48.4
waterloo C.I.	48.6
St. David S.	48.7
Brantford C.I.	48.8
Saugeen B.S.	49.2

Discus

699 Jeff Harris (SCS)	40.34	<u>43.10</u>	F'	40.40	40.92	38.88
770 Mike Taylor (GHS)	41.40	<u>42.36</u>	41.70	40.24	F'	36.80
325 Randy Kipfer (FHC)	40.40	<u>39.06</u>	<u>41.44</u>	F'	F'	F'
209 Walter Dudnik (JFK)	40.00	37.60	36.04	34.42	37.34	35.52
815 Rod Shortt (SCS)	<u>37.44</u>	31.18	33.10	32.16	F'	F'
15 R. Thorne (CDH)	<u>29.36</u>	35.70	<u>36.30</u>	32.40	<u>34.76</u>	32.32
306 Brian Steffler (WCI)	<u>35.66</u>	F'	28.82	31.32	30.86	F'
771 Scott Grieg (SDS)	<u>33.98</u>	31.10	<u>35.58</u>	31.56	F'	24.10
87 Darryl Mahon (PDH)	<u>34.08</u>	F'	F'			
86 Doug Hitchon (BCI)	30.28	F'	<u>31.86</u>			
531 Dave Gorth (GPS)	F'	<u>31.48</u>	F'			
530 Cam Mueller (WCI)	23.84	<u>23.86</u>	<u>30.98</u>			
224 Ken Faber (ODS)	F'	<u>26.50</u>	24.22			

Shot Put

816 Joe Seeff (VHS)	13.35	12.60	<u>13.38</u>	F'	13.11	F'
770 Mike Taylor (GHS)	<u>13.37</u>	11.52	11.58	11.95	11.29	11.61
316 Eric King (ECI)	F'	12.40	<u>13.18</u>	12.66	F'	12.73
779 Larry Smith (GHS)	<u>13.05</u>	12.08	<u>12.34</u>	12.89	12.02	F'
528 Mike Jamieson (ESS)	<u>12.77</u>	F'	11.97	12.26	12.39	12.18
815 Rod Shortt (SCS)	12.59	12.27	12.54	12.18	<u>12.64</u>	12.38
84 John Kearns (BCI)	<u>12.39</u>	11.94	12.30	11.55	10.67	11.89
15 Ron Thorne (CDH)	11.99	11.91	11.29	11.55	<u>12.11</u>	12.10
208 Kevin Ashton (CWD)	11.42	<u>11.87</u>	10.61			
324 Kurt Hornung (FHC)	10.80	11.13	<u>11.83</u>			
16 John Geddes (KHS)	9.55	9.87	<u>10.77</u>			
209 Walter Dudnick (JFK)	<u>10.29</u>	9.70	F'			
85 Eric Anderson (BCI)	F'	<u>10.06</u>	9.17			

Javelin

326 Mike Scheduler (FHC)	39.55	41.06	<u>47.50</u>	43.20	41.67	39.65
317 Jim Lapier (ECI)	43.51	43.43	<u>44.50</u>	39.28	F'	F'
88 Jim Burton (BCI)	<u>44.30</u>	39.88	35.75	35.67	42.49	40.42
521 Bernie Crowell (GPS)	<u>42.44</u>	39.77	42.95	39.78	43.58	<u>44.12</u>
817 Alf DePaede (DSS)	<u>43.38</u>	40.11	F'	42.00	F'	F'
18 Jeff Darry (MFH)	<u>42.68</u>	F'	38.38	F'	36.07	37.95
19 Andrew Phillips (CDS)	39.00	40.51	38.68	41.72	<u>42.01</u>	34.80
72 Robin McMannis (NPC)	<u>40.27</u>	31.75	30.70	25.83	34.51	F'
208 Kevin Ashton (CWD)	F'	38.83	<u>39.35</u>			
761 Mark Zalowski (JFD)	<u>38.20</u>	F'	30.26			
818 Rick Anderson (SCS)	<u>35.45</u>	F'	34.54			
760 Doug Locking (OSC)	F'	<u>33.79</u>	33.74			
220 Dave Riley (CCV)	F'	F'	<u>33.88</u>			

Long Jump

211 John Elkerton (JFK)	5.84	F'	5.61	F'	5.39	<u>5.92</u>
801 Terry North (SCS)	5.29	5.43	5.52	4.97	5.69	<u>5.88</u>
311 Tim Quirke (SJH)	5.52	5.46	F'	5.26	<u>5.77</u>	F'
225 Mike Knighton (GCV)	F'	F'	<u>5.71</u>	5.60	F'	F'
318 Tim Wright (ECI)	F'	5.00	<u>5.31</u>	3.99	5.28	F'
587 Richard Lee (KHS)	F'	4.17	<u>5.20</u>	3.44	4.89	4.92
524 Bob Smith (ESS)	4.94	4.56	5.01	4.97	5.02	<u>5.14</u>
522 Glen Fish (PHS)	<u>5.04</u>	4.74	4.77	4.93	4.68	<u>4.67</u>
X13 Rick Beitz (SHS)	F'	4.90	F'	4.74	<u>5.01</u>	F'
91 Dave Pickering (BCI)	4.32	<u>4.95</u>	4.79			
766 Tom Gray (GBS)	F'	<u>4.33</u>	<u>4.93</u>			
814 Dan Swain (VHS)	4.39	4.66	<u>4.91</u>			
762 Scott Brown (SHS)	<u>4.37</u>	3.99	F'			

Triple Jump

14 P. Lewis (CDD)	F	11.74	F	12.03	<u>12.19</u>	12.04
802 Dennis Van Ooteghem (VHS)	11.57	<u>11.65</u>	11.39	F	11.26	11.17
318 Tim Wright (ECI)	F	<u>11.57</u>	11.51	10.64	11.34	11.02
524 Bob Smith (ESS)	11.25	11.20	<u>11.35</u>	11.04	11.11	10.35
218 Marc Mumford (CCV)	10.43	11.13	10.30	10.88	11.12	<u>11.35</u>
801 Terry North (SCS)	10.68	10.93	10.46	11.09	<u>11.30</u>	11.11
312 Brent Stamp (FHC)	F	<u>10.89</u>	F	F	F	F
302 D. Petrie (CDH)	10.17	10.50	F	F	<u>10.87</u>	10.78
93 Rick MacPhee (PJC)	9.89	<u>10.18</u>	9.58			
92 Martin Butcher (PJC)	F	9.68	<u>9.93</u>			
212 Scott Frick (JFK)	9.77	<u>9.93</u>	9.63			
763 Mark Zippel (SHS)	F	F	<u>9.78</u>			
756 Rob Plantt (GBS)	F	F	<u>9.20</u>			
525 Tom Klianis (GCI)	F	F	F			

High Jump

		<u>1.50</u>	<u>1.55</u>	<u>1.60</u>	<u>1.65</u>	<u>1.70</u>	<u>1.75</u>	<u>1.78</u>	<u>1.81</u>
520 Peter Hall (GPS)	p	p	p	o	xo	xo	xxo	xxx	
319 Martti Pajunen (ECI)	p	p	o	o	xo	xxo	xxx		
11 D. LeBalnc (MFH)	o	o	o	o	o	xxx			
810 Dave Weert (BDH)	o	p	o	o	xo	xxx			
811 Dave Fletcher (SCS)	o	o	o	xo	xo	xxx			
524 Bob Smith (ESS)	p	o	xo	xo	xo	xxx			
227 Mark Enchar (GCV)	p	p	o	o	xxx				
764 Mark Molson (WHS)	o	o	xo	o	xxxx				
X12 Dunsmoor (KHS)	xo	o	o	xo	xxx				
89 Bill Carter (NPC)	p	o	xo	xxo	xxx				
320 John Borsi (ECI)	p	o	o	xxx					
90 Bill Fullerton (BCI)	o	o	o	xxx					
228 Ron Bouwman (CWD)	o	o	xxo	xxx					
763 Mark Zippel (SHS)	p	p	xxx						

Pole Vault

		<u>2.50</u>	<u>2.65</u>	<u>2.80</u>	<u>2.96</u>	<u>3.00</u>	<u>3.20</u>
527 John Simpson (SSS)	xo	o	xo	o	xxo	xxx	
526 Dan DeMarchant (GCI)	o	o	xo	o	xxx		
812 Ian Cachet (SCS)	o	xo	xxx				
94 Scott Young (BCI)	o	xxx					
321 Mike Peister (ECIO)	o	xxx					

Tim Rowland (JFR), B. Jones (WDS), J. Mathers (WCI), Rob Plantt (GHS), Steve Linder (JFD), Alan Cnockaert (VHS), Jeff Weir (BCI), and J. Gauthier (KHS) did not clear any height.

MIDGET GIRLS80 Metre Hurdles

	<u>Heat #1</u>	<u>Heat #2</u>	
388 Diana Scheurmann (GRC)	13.2	254 Mary Miller (BMH)	13.6
453 Marnie Rope (SSS)	13.2	255 Wendy Dumond (ODS)	13.8
633 Annette Vanyghem (VHS)	13.5	10 Cheryl Currie (NPC)	13.9
389 Penny Peel (WCI)	14.9	454 Susan Readman (SSS)	14.0
634 Dawn McGaw (SCS)	NT	293 B. Tesolin (SDS)	14.2
		706 Heidi Arlett (SDH)	14.7
		705 Sandra Bouma (OSC)	NT

FINAL

388 Diana Scheurmann (GRC)	12.9
453 Marnie Rope (SSS)	13.0
254 Mary Miller (BMH)	13.4
633 Annette Vanyghem (VHS)	13.4
255 Wendy Dumond (ODS)	13.4
454 Susan Readman (SSS)	13.5

100 MetresHeat #1

249 Shawn Smith (CCV)	12.8
455 Denise Jaeger (GCI)	12.8
390 Debbie LeBlanc (KCI)	13.1
593 Karen DeBoer (OSC)	13.6
635 Dixie Howe (VHS)	14.1
636 Cheryl Price (SCS)	14.1
295 W. Bond (KHS)	14.4

Heat #2

391 Darlene Scheurman (GRC)	13.2
13 Jackie Muir (PDH)	13.4
294 P. Johnson (SDS)	13.4
454 Susan Readman (SSS)	13.5
591 Theresa Quinn (GHS)	13.7
262 Julie Baron (CWD)	13.8
12 Mary Borda (BCI)	14.0

FINAL

455 Denise Jaeger (GCI)	12.8
249 Shawn Smith (CCV)	12.9
391 Darlene Scheurmann (GRC)	13.2
390 Debbie LeBlanc (KCI)	13.3
13 Jackie Muir (PDH)	13.4
294 P. Johnson (SDS)	13.6
454 Susan Readman (SSS)	13.8
593 Karen DeBoer (OSC)	14.0

200 MetresHeat #1

262 Julie Baron (CWD)	27.9
392 Bonnie Hoch (SMH)	28.2
295 W. Bond (KHS)	28.2
12 Mary Borda (BCI)	28.6
251 Liz Smith (CCV)	28.6
294 P. Johnson (SDS)	28.9
456 Sacha Haney (SSS)	29.1

Heat #2

14 Marg Storm (BCI)	27.3
393 Diana Marini (SMH)	27.9
455 Denise Jaeger (GCI)	28.1
591 Theresa Quinn (GHS)	28.2
599 Susan McNeill (WHS)	28.6
637 Shirley Quendy (SOS)	28.9
638 Carol Austin (WSS)	29.7

FINAL

455 Denise Jaeger (GKC)	27.5
14 Marg Storm (BCI)	27.6
262 Julie Baron (CWD)	27.8
591 Theresa Quinn (GHS)	28.0
12 Mary Borda (BCI)	28.0
392 Bonnie Hoch (SMH)	29.2

400 Metres (Timed Final)

457 Lisa Schnarr (WOD)	1:04.8
596 Chris Coulter (SDH)	1:06.0
640 Denise More (DSS)	1:08.1
639 Laurie DePaepe (VHS)	1:09.5
458 Denise Patterson (PHS)	1:10.1
297 A. Terpotrm (ADH)	1:11.4
392 Bonnie Hoch (SMH)	1:01.8
12 Mary Borda (BCI)	1:02.7
250 Kirstie Smith (CCV)	1:03.1
396 Julie Peacock (GRC)	1:03.7
296 B. Avigne (SDS)	1:04.3
14 Marg Storm (BCI)	1:04.5
259 Cynthia Costescu (ODS)	1:07.1
592 Heather Russell (GHS)	1:07.3

TOP EIGHT TIMES

392 Bonnie Hoch (SMH)	1:01.8
12 Mary Borda (BCI)	1:02.7
250 Kirstie Smith (CCV)	1:03.1
396 Julie Peacock (GRC)	1:03.7
296 B. Avigne (SDS)	1:04.3
14 Marg Storm (BCI)	1:04.5
457 Lisa Schnarr (WOD)	1:04.8
596 Chris Coulter (SDH)	1:06.0

800 Metres (Timed Final)

298 J. Carruthers (MDS)	2:26.0
250 Kirstie Smith (CCV)	2:27.1
265 Henriette (JFK)	2:27.4
299 G. Kavanaugh (SDS)	2:29.5
394 Jenny Graham (BCI)	2:30.0
392 Bonnie Hoch (SMH)	2:30.7
594 Marg Brown (GHS)	2:31.5
595 Stephanie Heath (GHS)	2:33.5
15 Donna Borton (BCI)	2:33.5
459 Joni Taylor (SSS)	NT
16 LeeAnn Jackson (SJC)	NT
458 Denise Patterson (PHS)	NT
642 Rosanne Nelson (VHS)	NT

1500 Metres (Timed Final)

299 G. Kavanaugh (SDS)	4:54.2
247 Sherry Fleck (JFK)	5:05.3
395 Nancy Hague (WCI)	5:09.5
597 Julie Glass (JFD)	5:19.8
598 Carol Loughheed (GBS)	5:21.5
257 Julia Mallouk (ODS)	5:21.5
460 Barb Rfede (ESS)	NT
643 Cathy Smits (BDH)	NT
461 Charlene Martin (ESS)	5:38.5

4 x 100 Metre Relay (Timed Final)

Orangeville D.S.	54.4
Saugeen D.H.	55.4
Mt. Forest H.	55.8
Grey Highlands S.	56.4
Delhi S.S.	56.7
Elmira S.S.	57.0
Grand River C.	53.2
Southwood S.S.	54.5
Pauline Johnson C.	54.6
Forest Heights C.	54.6
Valley Heights S.	55.4
St. David's S.	56.8

TOP EIGHT TIMES

Grand River C.	53.2
Orangeville D.S.	54.4
Southwood S.S.	54.5
Pauline Johnson C.	54.6
Forest Heights C.	54.6
Saugeen D.H.	
Valley Heights S.	tie 55.4
Mount Forest H.	55.8

Discus

702 Ulrike Kruger (GHS)	<u>29.28</u>	25.56	24.42	14.82	25.80	27.58
405 Cathy Nahatchewitch (SMH)	20.80	22.52	23.08	22.24	<u>26.42</u>	F
469 Jane Steckle (WOD)	24.04	F	<u>24.98</u>	22.96	21.88	23.58
997 Hellen Morris (KHS)	<u>24.76</u>	24.44	20.06	23.78	24.76	21.48
21 Terry Stanley (NPC)	<u>24.70</u>	23.32	20.28	22.38	23.60	17.72
20 Kay O'Leary (SJC)	<u>24.24</u>	22.28	22.66	18.67	<u>24.26</u>	19.98
998 C. Bobendist (MFH)	22.80	<u>23.00</u>	17.48	18.92	22.20	22.40
406 Patti Wachter (SMH)	18.40	19.16	<u>22.80</u>	21.94	19.60	16.64
261 Peggy Blinko (CWD)	21.26	19.46	<u>22.72</u>			
701 Lenore Underwood (SDH)	<u>22.28</u>	19.96	17.82			
256 Pam Henry (ODS)	<u>21.14</u>	18.34	20.90			
470 Jennifer Cook (WOD)	F	<u>19.88</u>	19.22			
649 Ingrid Zwaal (WSS)	14.72	<u>18.32</u>	F			
648 Kim Verhaeghe (DSS)	F	F	F			

Shot Put

468 Rhonda Dietrich (ESS)	<u>9.37</u>	9.12	9.26	8.81	8.69	9.18
469 Jane Steckle (WOD)	8.41	8.61	7.89	8.46	8.42	<u>8.90</u>
647 Chris Kwasniak (WSS)	F	8.38	8.55	8.30	<u>8.66</u>	<u>8.34</u>
995 Karen Burne (SBJ)	6.62	7.46	<u>8.46</u>	8.01	8.10	7.55
408 Mary Cvetkovic (FHC)	8.14	7.75	<u>8.43</u>	8.40	8.34	8.42
648 Kim Verhaeghe (DSS)	8.38	<u>8.40</u>	7.82			
600 Liz Bennett (GBS)	7.95	<u>8.28</u>	7.84	F	7.69	8.18
407 Cathy Rennie (CHC)	7.94	<u>8.21</u>	8.15	8.19	8.01	8.03
701 Lenore Underwood (SDH)	7.81	7.79	8.02	<u>8.21</u>	7.76	7.95
10 Cheryl Currie (NPC)	7.97	<u>7.99</u>	7.79			
19 Irene Jarosz (BCI)	7.87	7.48	7.90			
266 Jan Airdrie (Jrk)	F	<u>7.69</u>	F			
996 Anne Breckbill (RMS)	<u>7.67</u>	7.42	7.06			
267 Carolyn Bahula (Jrk)	<u>7.52</u>	7.35	F			

Javelin

407 Cathy Kennie (JHC)	26.52	29.71	28.86	F	28.08	<u>31.68</u>
260 Kelly Epoch (CWD)	28.76	27.00	<u>29.47</u>	F	28.02	F
22 Linda Hill (BCI)	F	F	<u>28.66</u>	27.24	F	27.85
471 Robin Crocker (SSS)	F	26.82	F	<u>27.22</u>	27.04	F
17 Joanne Boyd (NPC)	<u>26.15</u>	22.34	23.97	22.61	24.30	21.79
651 Michelle Saunders (PDC)	<u>22.73</u>	21.57	24.52	F	23.39	<u>25.82</u>
472 Janice Gilbert (PHS)	19.97	20.36	20.95	22.20	23.51	<u>23.65</u>
704 Elizabeth Whalen (GHS)	<u>23.64</u>	22.86	F	21.24	21.89	22.47
650 Marilyn Keskel (SCS)	18.60	20.65	<u>20.86</u>			
263 Tracey MacLean (JFK)	17.34	<u>20.77</u>	12.37			
701 Lenore Underwood (SDH)	14.13	<u>20.65</u>	15.46			
999 Patsy Vangeruen (ADH)	17.35	17.70	<u>20.45</u>			
409 Shelley Groff (WCI)	F	F	<u>16.45</u>			
1000 Jan Butchart (SHS)	<u>15.91</u>	12.58	12.37			

Long Jump

455 Denise Jaeger (GCI)	4.58	4.65	4.70	4.61	4.68	<u>4.80</u>
393 Diana Marini (SMH)	4.65	4.43	<u>4.71</u>	4.59	4.59	4.65
2 Cathy Mills (PJC)	3.74	4.01	<u>4.56</u>	4.16	F	3.77
404 Rae Peters (WCI)	F	4.34	4.45	4.27	<u>4.52</u>	4.40
465 Joanne Herties (ESS)	4.40	4.36	2.41	<u>4.49</u>	F	F
295 Wendy Bond (KHS)	<u>4.49</u>	1.40	F	<u>4.02</u>	F	4.31
646 Judy Dietrich q (WSS)	<u>4.25</u>	F	4.18	4.32	3.30	<u>4.41</u>
703 Cindy Wood (SHS)	F	<u>4.19</u>	4.15	4.14	4.04	4.18
722 Ulriche Kruger (GHS)	<u>4.18</u>	3.94	F			
635 Dixie Howe (VHS)	3.81	<u>4.11</u>	3.85			
264 Natalie Chick (JFK)	3.92	<u>4.09</u>	3.89			
289 J. Hawling (MFH)	2.19	<u>3.81</u>	F			
10 Cheryle Currie (NCC)	3.43	<u>3.78</u>	F			

High Jump

	<u>1.30</u>	<u>1.35</u>	<u>1.40</u>	<u>1.45</u>	<u>1.50</u>	<u>1.53</u>	<u>1.56</u>	<u>1.59</u>	<u>1.62</u>	<u>1.65</u>	<u>1.70</u>
633 A. Vantyghem*	p	p	p	o	p	o	o	o	o	o	xxo
389 Marg Dahmer	p	p	p	o	o	o	xxo	xo	xxx		
254 Mary Miller	p	p	xo	o	xo	xxx					
453 Marnie Kope	p	o	xo	o	xxo	xxx					
1 Stacey Elder	o	p	o	xo	xxo	xxx					
23 C. Vallenga	o	o	o	o	xxx						
467 Sue Haddock	o	o	xxo	xo	xxx						
707 Sue Lanktree	o	o	o	xxo	xxx						
708 Cindy Clarridge	o	o	o	xxx							
290 J. Allen	o	xo	o	xxx							
645 C. Bridgewater	o	o	xo	xxx							
247 Chery Fleck	o	o	xxx								
291 P. Fair	o	xo	xxx								

*denotes new CWOSSA record

JUNIOR BOYS110 Metre HurdlesHeat #1

926 R. Robson (CDH)	15.7
532 Greg Gorth (GPS)	16.2
98 Joopy Verheul (BCI)	16.2
782 Pete Dillon (SDH)	16.7
823 Randy Pond (WSS)	17.0
191 Don MacKay (JFK)	19.1

Heat #2

97 Mike Warrington (BCI)	16.1
336 Stuart Cross (KCI)	16.1
533 Greg Purdy (GPS)	16.5
824 Bill Miller (SCS)	17.5
331 Paul Crane (ECI)	17.8
932 K. Bouy (CDH)	17.9

FINAL

926 R. Robson (CDH)	15.7
336 Stuart Cross (KCI)	15.8
98 Joopy Verheul (BCI)	16.1
532 Greg Gorth (GPS)	16.2
97 Mike Warrington (BCI)	16.4
533 Greg Purdy (GPS)	16.4
782 Pete Dillon (SDH)	17.4
824 Bill Miller (SCS)	17.5

100 MetresHeat #1

99 Bob Mathews (PJC)	11.2
338 Paul Dahmer (SJH)	11.3
534 Todd McDonald (SSS)	11.6
826 Ron Turkiewicz (WSS)	11.7
790 Dan MacLaughlin (PJC)	11.9
934 L. Gutscher (SHS)	11.9
535 Jamie Hilborn (PHS)	12.1

Heat #2

825 Dan Robinson (SCS)	11.4
933 R. Braga (SBJ)	11.4
337 Dave Christopherson (KCI)	11.4
789 Brent Dobson (GHS)	11.6
197 Mark Henderson (GCV)	11.6
100 Wayne Morris (HEF)	12.7
186 Rob Bellamy (JFK)	15.1

FINAL

99 Bob Mathews (PJC)	11.2
337 Dave Christopherson (KCI)	11.3
933 R. Braga (SBJ)	11.3
338 Paul Dahmer (SJH)	11.3
825 Dan Robinson (SCS)	11.4
789 Brent Dobson (GHS)	11.5
534 Todd McDonald (SSS)	11.8
826 Ron Turkiewicz (WSS)	11.9

200 MetresHeat #1

825 Dan Robinson (SCS)	23.2
339 Gord Pickett (SJH)	23.4
789 Brent Dobson (GHS)	23.4
101 Dennis Kleinsteuber(PJC)	23.4
933 F. Bragg (SBJ)	23.7
536 Don Adams (PHS)	24.2

Heat #2

337 Dave Christopherson(KCI)	23.5
197 Mark Henderson (GCV)	24.0
100 Wayne Morris (HEr)	24.3
934 Al Gutscher (SHS)	24.7
781 Jim Dent (SHS)	24.9
535 Jamie Hilborn (PHS)	27.2

FINAL

339 Gord Pickett (SJH)	22.8
337 Dave Cristopherson(KCI)	23.0
101 Dennis Kleinsteuber(PJ)	23.1
825 Dan Robinson (SCS)	23.4
197 Mark Henderson (GCV)	23.7
100 Wayne Morris (HEr)	24.4
934 Al Gutscher (SHS)	24.6

400 Metres (Timed Final)

102 Mark VanDongen (NPC)	54.3
935 M. Misch (CDH)	55.3
828 Guy Bentley(SCS)	55.6
829 Kevin Rodgers (SCS)	56.8
206 Andrew Wilson (CWD)	56.8
936 M. McEllicott (SBJ)	57.1

339 Gord Pickett (SJH)	51.8
335 Dana Saunders (WCI)	52.2
101 Dennis Kleinsteuber(PJ)	52.8
187 Paul Cremasco (JFK)	53.6
538 Andy Kaczynski (SSS)	54.4
784 Don Pritchard (SHS)	55.4
580 Doug Marten (ESS)	57.3
785 Mike Pollock (OSC)	58.3

800 Metres (Timed Final)

188 John Settle (JFK)	1:56.7
537 John Keiner 9(WOD)	2:02.0
340 Troy Boettinger (SJH)	2:02.0
199 Darrell Arenberg (ODS)	2:07.3
601 Brad Engel (SHS)	2:07.6
832 Jay O'Donnell (SCS)	2:08.5
780 Paul Knechtel (SDH)	2:08.6
539 John Boomer (GCI)	2:10.2
105 Roman Lagoszniak (NPC)	NT
X27 Don Deschenmaeker(DSS)	NT
938 D. Wheean (KHS)	NT

TOP EIGHT TIMES

339 Gord Pickett (SJH)	51.8
335 Dana Saunders (WCI)	52.2
101 Dennis Kleinsteuber(PJC)	52.8
187 Paul Cremasco (JFK)	53.6
102 MarkVanDongen (NPC)	54.3
238 Andy Kaczynski (SSS)	54.4
935 M. Misch (CDH)	55.3
785 Don Pritchard (OSC)	55.4

1500 Metres (Timed Final)

188 John Settle (JFK)	4:10.7
830 Dave Mills (SCS)	4:12.4
199 Darrell Arenburg (ODS)	4:18.3
341 John Sutherland (CHC)	4:19.3
606 Ken Fenwick (WHS)	4:23.7
632 Scott Winning (WHS)	4:23.8
540 Howard Beatty (GPS)	4:28.1
107 Terry ruller (NPC)	4:29/7
108 Phil Torek (PJC)	NT
541 Doug Patterson (PHS)	NT
831 Paul Fraser (SCS)	NT

3000 Metres (Timed Final)

343 John Mota (LVS)	9:01.5
344 Pal Kannapan (WCI)	9:24.2
196 Mark Horseley (CCV)	9:31.7
103 Graham Hatcher (BCI)	9:41.2
606 Ken Fenwick (WHS)	9:43.3
632 Scott Winning (WHS)	9:44.9
207 Mike McLean (CWD)	9:56.2
834 John Haagstraten (BDH)	10:20.5
941 D. Guse (KHS)	10:23.7
942 D. Bannister (SHS)	NT

4 x 100 Metre Relay (Timed Final)

Simcoe C.S.	45.9
Waterford S.S.	47.0
Saugeen D.H.	47.5
Chesley D.H.	48.5
Kincardine H.S.	48.5
St. Jerome's H.	45.0
John F. Ross	45.3
Pauline Johnson C.	45.7
Grand River C.	45.7
Brantford C.I.	46.4
Preston H.S.	46.4
Southwood S.S.	46.5
Grey Highlands S.	47.2

TOP EIGHT TIMES

St. Jerome's H.	45.0
John F. Ross	45.3
Pauline Johnson C.	45.7
Grand River C.	45.7
Simcoe C.S.	45.9
Brantford C.I.	46.4
Preston H.S.	46.4
Southwood S.S.	46.5

Discus

796 Doug O'Keefe (WHS)	34.60	30.18	35.52	39.02	<u>41.16</u>	37.52
184 Jake Walters (JFK)	40.40	39.44	38.46	<u>40.94</u>	39.52	40.68
332 Bob Misselbrook (ECI)	33.66	36.88	F	<u>35.30</u>	<u>38.26</u>	37.12
185 Donato Ventresca (JFK)	37.18	F	F	<u>37.30</u>	F	F
345 Mike Payne (FHC)	F	<u>36.98</u>	31.88	F	31.24	F
797 Bruce Armstrong (GHS)	<u>35.10</u>	F	33.66	F	34.90	F
116 Greg Stefan (NPC)	27.88	<u>34.62</u>	F	33.44	28.18	F
929 Chris Knowles (WDS)	32.50	<u>34.18</u>	33.10	32.18	31.54	31.64
838 Don Bilger (DSS)	32.44	<u>33.78</u>	31.52			
538 Andy Kaczynski (SSS)	F	<u>31.90</u>	29.06			
928 Danny Fascinato (OLL)	27.98	30.78	<u>31.58</u>			
553 Bob Swallow (EHS)	F	30.12	<u>31.44</u>			
839 Gary Mertens (DSS)	F	<u>29.64</u>	29.12			
198 Joopy Verheul (BCI)	F		F			

Shot Put

345 Mike Payne (FHC)	<u>14.70</u>	14.37	14.66	14.18	14.21	14.38
184 Jake Walters (JFR)	13.42	12.71	<u>13.61</u>	13.20	13.38	F'
798 Lorne Grierson (JFD)	12.66	12.63	12.59	<u>13.34</u>	12.37	13.02
538 Andy Kaczynski (SSS)	11.98	12.62	<u>13.19</u>	11.90	11.87	F'
346 Terry Bovair (GRC)	<u>13.03</u>	12.66	12.33	12.07	12.56	12.49
838 Don Bilger (DSS)	12.36	12.15	<u>12.71</u>	F'	11.89	12.66
837 Scott Schaeffer (SCS)	<u>12.35</u>	11.41	11.74	12.17	F'	12.31
111 Craig Lord (NPC)	12.03	<u>12.27</u>	11.52	11.99	11.55	11.69
112 Ron Schroder (PJC)	11.57	11.41	<u>12.23</u>			
552 Jeff Brick (ESS)	11.93	<u>11.98</u>	10.96			
799 John Jumiper (WHS)	10.82	<u>10.97</u>	10.21			
927 F. McConnel (CDH)	<u>10.83</u>	10.18	10.05			
926 P. Robson (CDH)	F'	9.54	<u>10.11</u>			
202 Scott Ronson (ODS)	<u>10.06</u>	9.15	9.06			

Javelin

793 Peter Ens (SDH)	44.21	46.13	F'	50.33	<u>50.52</u>	F'
79 Lorne Grierson (JFD)	45.40	39.01	43.38	F'	<u>46.18</u>	F'
117 Paul Meritt (SJH)	F'	43.44	45.61	<u>45.65</u>	F'	44.80
840 Brian Richards (SCS)	43.06	F'	41.82	43.95	<u>44.65</u>	42.54
823 Kevin Rodgers (SCS)	39.62	<u>44.04</u>	F'	40.88	F'	43.09
184 Jake Walters (JFR)	41.58	F'	40.05	F'	39.33	<u>42.68</u>
118 Mark Wichrowski (NPC)	<u>40.82</u>	32.22	41.20	34.80	F'	F'
347 Tom Kincaid (WCI)	<u>39.38</u>	F'	37.03	34.42	37.69	37.75
944 G. Frost (SDS)	32.43	<u>39.37</u>	F'			
555 Mike Hannusch (GCI)	30.32	F'	<u>38.59</u>			
332 Bob Misselbrook (ECI)	<u>36.61</u>	35.60	F'			
554 Brian Kuwabara (PHS)	<u>36.33</u>	35.23	F'			
943 D. Montgomery (CDD)	F'	F'	F'			
200 John Dunbar (ODS)	F'	F'	F'			

Long Jump

536 Don Adams (PHS)	5.69	5.69	F'	5.48	5.93	<u>6.25</u>
339 Gord Pickett (SJH)	5.42	5.87	5.82	<u>6.10</u>	5.67	5.91
348 Everton McDougall (KCI)	5.75	5.13	4.87	<u>5.74</u>	<u>5.94</u>	F'
794 Fred Reiner (SDH)	5.50	5.70	5.63	5.58	5.59	<u>5.89</u>
923 Frank Ewald (CDH)	5.83	<u>5.85</u>	F'	F'	5.41	5.59
548 Greg Delarosbel (GPS)	5.25	5.72	5.22	5.43	5.60	<u>5.80</u>
121 Darrell Chenoweth (NPC)	5.52	5.72	F'	F'	F'	<u>5.79</u>
800 Mark Calvert (GBS)	5.25	<u>5.75</u>	5.46	5.68	5.59	5.70
210 Chris DeCastro (ODS)	5.36	<u>5.66</u>	5.42			
842 Gord Moore (WSS)	5.51	F'	<u>5.66</u>			
841 Bruce Lindsay (SCS)	5.49	2.50	<u>5.60</u>			
924 Dale Douglas (CDH)	<u>5.46</u>	5.41	5.33			
122 Al Kobdrup (BCI)	5.06	<u>5.39</u>	F'			
206 Andrew Wilson (CWD)	4.93	4.95	<u>5.21</u>			

Triple Jump

536 Don Adams (PHS)*	12.61	r	13.31	<u>13.57</u>	13.49	12.82
348 Everton McDougall (KCI)	11.39	<u>12.46</u>	11.77	F	11.95	11.91
794 Fred Keiner (SDH)	11.69	11.70	<u>12.23</u>	F	12.23	12.01
346 Terry Bovair (CRC)	11.90	<u>12.21</u>	11.93	12.11	12.18	11.92
924 D. Douglas (CDH)	F	<u>12.15</u>	11.74	11.59	11.33	F
120 Gregg Blaha (SJC)	11.36	11.96	11.53	<u>12.03</u>	F	F
189 Rob Lugo (JFK)	11.66	<u>11.99</u>	11.88	11.87	11.40	11.42
825 Dan Robinson (SCS)	F	<u>11.86</u>	11.57			
535 Jamie Hilborn (PHS)	F	<u>11.75</u>	11.55			
800 Mark Calvert (GBSS)	11.09	11.33	<u>11.60</u>			
122 Al Robdrop (BCI)	<u>11.29</u>	11.03	11.25			
925 B. Ropp (CDH)	<u>11.21</u>	11.20	F			
195 Mike Witt (CCV)	10.62	<u>10.80</u>	9.87			
843 Gilbert Janssens (DSS)	10.29	r	<u>10.57</u>			

High Jump

	<u>1.7</u>	<u>1.75</u>	<u>1.78</u>	<u>1.81</u>	<u>1.84</u>	<u>1.87</u>	<u>1.90</u>	<u>1.93</u>	<u>1.96</u>	<u>2.00</u>
922 P. Wells (KHS)*	p	p	p	o	p	p	xxo	xo	o	<u>xo</u>
549 Chris Douglas (PHS)	p	o	p	p	xxo	o	p	<u>xo</u>	xxx	
192 Rob Stevens (JFK)	p	o	<u>o</u>	p	xxx					
835 Scott Campbell (SCS)	o	<u>o</u>	xxx							
119 Jamie Wallace (PJC)	<u>o</u>	xxx								
120 Greg Blaha (SJC)	<u>o</u>	xxx								
782 Pete Dillon (SDH)	<u>o</u>	xxx								
349 Barry Witt (FHC)	<u>o</u>	xxx								
836 Gary Tanchak (PDC)	<u>o</u>	xxx								
783 Chris Scales (JFD)	<u>xo</u>	xxx								
925 B. Ropp (CDH)	<u>xo</u>	xxx								
195 Mike Witt (CCV)	<u>xxo</u>	xxx								
550 Dale Frey (ESS)	<u>xxo</u>	xxx	348							
348 Everton McDougall	xxx									

Pole Vault

	<u>2.70</u>	<u>2.85</u>	<u>3.00</u>	<u>3.15</u>	<u>3.30</u>	<u>3.45</u>	<u>3.60</u>	<u>3.93</u>	<u>4.07</u>
547 Rich Adamson (SSS)**	p	p	p	p	p	xo	xo	<u>xo</u>	xxx
333 Steve Parkhill (ECI)	p	p	p	p	xo	<u>o</u>	xxx		
551 Mark Weber (ESS)	p	p	xo	o	<u>o</u>	xxx			
787 Peter Stewart (SDH)	p	p	xo	xo	<u>o</u>	xxx			
845 Bob Dancy (PDC)	p	<u>xo</u>	xxx						
113 Ray Chan (BCI)	o	<u>xxo</u>	xxx						
783 Chris Scales (JFD)	xo	<u>xxo</u>	xxx						
350 Peter Kelly (WCI)	p	p	p	p	xxx				
844 Kevin Elliott (DSS)	p	xxx							
190 Shane Swantek (JFK)	xxx								
123 Frank Czikk (SJC)	xxx								
194 Ken Reed (CCV)	xxx								
930 D. Owens (KHS)	xxx								
931 T. Parker (MfH)	xxx								

*denotes new CWOSSA record

JUNIOR GIRLS80 Metre HurdlesHeat #1

410 Andrea Waechter (GRC)	11.9
36 Sandra Franklin (NPC)	12.8
658 Sue Armstrong (SCS)	13.2
480 Alison Buchan (GCI)	13.4
659 Sheila Ramp (PDC)	13.6
716 Olwynne Crampton (GHS)	14.8
234 Pauline Howarth (ODS)	15.0

Heat #2

474 Sue Peter (SSS)	12.9
411 Chris McDougall (ECI)	13.1
37 Diane Vance (BCI)	13.5
246 Judy Taylor (JFK)	14.4
963 C. Ecohine (MFG)	14.8
729 Lyn Hopper (WHS)	15.0

FINAL

410 Andrea Waechter (GRC) *	12.0
36 Sandra Franklin (NPC)	12.6
411 Chris McDougall (ECI)	13.0
474 Sue Peter (SSS)	13.0
480 Allison Buchan (GCI)	13.1
37 Diane Vance (BCI)	13.1
246 Judy Taylor (JFK)	14.8
658 Sue Armstrong (SCS)	NT

100 MetresHeat #1

473 Cathy Wilkins (WOD)	12.7
242 Carol Romans (JFK)	13.3
958 L. McIntyre (EHS)	13.3
658 Sue Armstrong (SCS)	13.5
965 G. Pretty (KHS)	13.7
39 Vicki Fleming (BCI)	13.7

Heat #2

38 Fern Johnson (NPC)	13.0
236 Diane Sparkes (ODS)	13.1
713 Judy Gillis (GHS)	13.2
660 Sue Brodie (SCS)	13.3
413 Sue McBain (WCI)	13.7
717 Mary Lehman (WHS)	13.7
412 Lyn Dinkel (ECI)	13.8

FINAL

473 Cathy Wilkins (WOD)	12.5
38 Fern Johnson (NPC)	12.9
958 L. McIntyre (EHS)	13.0
236 Diane Sparkes (ODS)	13.2
713 Judy Gillis (GHS)	13.2
242 Carol Romans (JFK)	13.3
658 Sue Armstrong (SCS)	13.6
660 Sue Brodie (SCS)	13.6

200 MetresHeat #1

473 Kathy Wilkins (WOD)	26.5
414 Carolyn Cook (GRC)	27.4
40 Joanne Harrison (SJC)	27.6
713 Judy Gilles (GHS)	27.7
242 Carol Romans (JFK)	27.7
717 Mary Lehmann (WHS)	28.2
661 Romy Klein (DSS)	29.2

Heat #2

475 Pam Kerr (PHS)	27.0
38 Fern Johnson (NPC)	27.5
945 S. Lambert (ADH)	27.6
946 D. Ulch (KHS)	28.0
413 Sue McBain (WCI)	28.4
233 Sonia Tyhonchuck (CCV)	28.7
660 Sue Brodie (SCS)	29.4

FINAL

473 Kathy Wilkins (WOD)	26.1
475 Pam Kerr (PHS)	26.9
713 Judy Gilles (GHS)	27.3
945 S. Lambert (ADH)	27.6
946 D. Ulch (KHS)	27.7
38 Fern Johnson (NPC)	NT

400 Metres (Timed Final)

662 Marina Hilliard (DSS)	1:02.8
718 Lore Uhlig (SHS)	1:04.9
240 Julie Marquardt (CWD)	1:08.0
476 Brenda McCormick (GCI)	1:16.5
410 Andrea Waechter (GRC)	57.3
41 Laurie Ford (PDH)	1:01.2
415 Chris Murray (CHC)	1:02.7
947 B. Vanderkrwk (RMS)	1:03.4
42 Chris Hitchon (BCI)	1:03.7
475 Pam Kerr (PHS)	1:04.4
948 A. Lobsinger (SDS)	1:04.6
243 Jennifer Tiller (JFK)	NT

TOP EIGHT TIMES

410 Andrea Waechter (GRC)	57.3
41 Laurie Ford (PDH)	1:01.2
415 Chris Murray (CHC)	1:02.7
662 Marina Hilliard (DSS)	1:02.8
947 B. Vanderkrwk (RMS)	1:03.4
42 Chris Hitchon (BCI)	1:03.7
475 Pam Kerr (PHS)	1:04.4
948 A. Lobsinger (SDS)	1:04.6

800 Metres (Timed Final)

41 Laurie Ford (PDH)	2:21.7
947 B. Vanderkrwk (RMS)	2:22.9
42 Chris Hitchon (BCI)	2:25.7
948 A. Lobsinger (SDS)	2:25.8
417 Jane Foster (SMH)	2:31.1
416 Eleanor Fritz (BlC)	2:32.4
477 Barb Fennell (GCI)	2:35.0
721 Janet Gardner (WHS)	2:36.5
243 Jennifer Tiller (JFK)	2:37.3
718 Lore Uhlig (SHS)	NT
232 Jane Fishburn (CCV)	NT
664 Lori Hendershot (WSS)	NT
478 Trish Ducey (GCI)	NT

1500 Metres (Timed Final)

43 Carol Poland (PDH)	4:59.6
477 Barb Fennell (GCI)	5:01.0
720 Wendy Howe (WHS)	5:13.6
416 Eleanor Fritz (BlC)	5:20.6
418 Jenny Ord (BlC)	5:22.5
719 Jan McPharlan (GBS)	5:31.4
239 Judy Hillis (CWD)	5:36.3
232 Jane Fishburn (CCV)	NT
44 Diana Minutillo (BCI)	5:42.6
479 Louise Cober (WOD)	NT
949 S. Gallaughers (CDD)	NT
666 Leslie Kough (DSS)	NT
950 J. Leiper (MRH)	NT

4 x 100 Metre Relay (Timed Final)

Waterloo C.I.	53.9	
West Hill S.	54.2	<u>TOP EIGHT TIMES</u>
Cameron Heights C.	55.3	
Orangeville D.S.	55.6	Arthur D.H.
Waterford S.S.	55.8	Brantford C.I.
St. Benedict's J.	56.2	Galt C.I.
		North Park C.
Arthur D.H.	52.0	Waterloo C.I.
Brantford C.I.	53.0	Delhi S.S.
Galt C.I.	53.5	West Hill S.
North Park C.	53.7	Southwood S.S.
Delhi S.S.	54.0	
Southwood S.S.	54.4	
Grey Highlands S.	55.8	

Discus

668 Sharon Nichols (DSS)	30.04	<u>35.14</u>	33.44	33.30	34.74	F
426 Shelly Maxwell (ECI)	<u>33.04</u>	29.02	30.10	31.92	27.84	32.08
427 Heather McKelland (FHC)	28.22	<u>30.68</u>	26.90	27.74	F	24.30
658 Sue Armstrong (SCS)	25.36	25.44	26.58	26.86	<u>28.04</u>	23.18
244 Anne Derorshie (JFK)	23.02	26.90	<u>27.84</u>	21.54	<u>24.44</u>	18.76
487 Shery Quehl (ESS)	<u>27.54</u>	27.18	22.76	27.38	27.32	26.24
727 Liz Nellis (GBS)	<u>26.06</u>	F	<u>27.38</u>	F	27.20	26.94
726 Barb Thompson (GBS)	26.68	24.78	<u>25.46</u>	<u>26.70</u>	24.28	23.82
488 Brenda Metzger (ESS)	<u>24.64</u>	19.20	22.62			
47 Cindy Dunham (BCI)	23.38	21.06	<u>24.42</u>			
245 Chris Laubach (JFK)	F	<u>24.24</u>	22.58			
46 Megan Jentz (BCI)	17.60	18.84	<u>23.96</u>			
956 S. Leich (EHS)	19.86	20.02	<u>22.68</u>			

Shot Put

430 Dienje Kenyon (WCI)	9.75	<u>10.21</u>	9.85	9.91	9.65	9.74
486 Sandra Jantzi (ESS)	9.68	9.90	9.86	9.40	8.88	<u>10.16</u>
46 Megan Jentz (BCI)	<u>9.91</u>	8.87	8.86	8.99	9.37	9.59
661 Romy Klein (DSS)	8.29	9.15	9.84	9.62	<u>9.90</u>	F
487 Sherri Quehl (ESS)	9.52	8.76	9.18	<u>9.78</u>	9.41	9.32
431 Sue Petznick (FHC)	9.30	<u>9.54</u>	9.45	9.40	8.16	8.89
244 Anne Derorshi (JFK)	9.53	8.72	8.97	8.65	9.09	9.07
45 Karen Stewart (PJC)	9.16	9.26	8.62	8.98	8.83	8.99
668 Sharon Nichols (DSS)	8.57	8.64	<u>9.06</u>			
724 Deb Lynkins (GHS)	<u>9.03</u>	6.82	8.01			
716 Olwyme Crampton (GHS)	<u>8.78</u>	8.27	8.26			
954 Helen MacDonald (SBJ)	7.53	7.85	<u>8.75</u>			
241 Patty Epoch (CWD)	8.58	<u>8.58</u>	8.01			
953 Cathy Wilson (CDD)	F	8.12	<u>8.42</u>			

Javelin

244 Anne Devorshi (JFK)	32.80	27.30	29.46	31.00	30.06	<u>34.01</u>
688 Sharon Nichols (DSS)	30.22	29.17	29.21	32.22	30.89	<u>33.87</u>
432 Pam Managhan (FHC)	26.39	19.62	29.72	30.06	29.66	<u>33.52</u>
414 Carolyn Cook (GRU)	31.28	31.67	<u>33.28</u>	30.62	29.67	<u>31.53</u>
722 Nancy Hudson (WHS)	25.27	28.14	<u>30.54</u>	r	r	27.93
241 Patti Epoch (CWD)	<u>30.12</u>	r	26.48	27.60	r	r
48 Robin McCormick (PJC)	r	r	<u>27.44</u>	26.24	23.55	28.63
489 Anne Sieber (ESS)	25.32	27.82	<u>29.17</u>	r	r	r
669 Chris Thompson (VHS)	23.23	23.36	<u>24.77</u>			
49 Kim Shard (PJC)	21.62	r	<u>24.37</u>			
957 P. Hanrath (SBJ)	r	r	<u>24.01</u>			
490 Tara Haney (SSS)	r	19.63	<u>20.75</u>			
723 Maty Sue Bell (GHS)	r	r	r			

Long Jump

27 Rose Purdie (PJC)	<u>4.75</u>	4.22	F	4.11	r	4.55
715 Ana Golobic (GHS)	<u>4.57</u>	4.64	4.37	4.59	<u>4.71</u>	4.66
959 Mary Ann Jansen (ADH)	4.21	4.44	4.55	4.56	<u>4.49</u>	<u>4.61</u>
485 Beth Brohman (ESS)	4.54	4.38	4.30	<u>4.55</u>	4.41	<u>4.48</u>
429 Sandy Green (FHC)	4.49	4.47	<u>4.53</u>	<u>4.45</u>	r	4.05
231 Linda Arbruthnot (JFK)	4.21	4.45	<u>4.48</u>	4.47	r	4.39
26 Patti Stanley (NPC)	r	4.10	<u>4.47</u>	4.15	3.96	4.19
428 Katti Atamaniuk (CHC)	3.99	<u>4.42</u>	<u>4.10</u>	4.15	4.09	4.02
728 Marion Girin (GBS)	4.27	<u>4.38</u>	3.66			
230 Sylvia Under (JFK)	4.23	<u>4.07</u>	<u>4.35</u>			
670 Diane Ludlow (WSS)	4.19	r	<u>4.33</u>			
484 Pam Johannes (SSS)	r	r	<u>4.27</u>			
958 Lilace McIntyre (EHS)	4.05	4.02	<u>4.14</u>			
676 Gwen Nielson (VHS)	<u>3.98</u>	r	r			

High Jump

	<u>1.30</u>	<u>1.35</u>	<u>1.40</u>	<u>1.45</u>	<u>1.50</u>	<u>1.53</u>	<u>1.56</u>	<u>1.59</u>
235 L. Brennen (ODS)	p	p	p	xo	xo	o	<u>o</u>	xxx
667 Delores Dredge (WSS)	p	o	o	o	o	xxo	<u>o</u>	xxx
480 Allison Buchan (GCI)	p	p	o	o	<u>xo</u>	xxx		
415 Chris Murray (CHC)	o	o	o	o	<u>xxo</u>	xxx		
24 Donna Dupuis (PJC)	p	o	xo	<u>o</u>	xxx			
25 Michelle Eyre (NPC)	o	xxo	xxo	<u>o</u>	xxx			
725 Ayon Patton (GHS)	p	o	xo	<u>xo</u>	xxx			
730 Nancy Lemon (OSC)	o	o	o	<u>xxo</u>	xxx			
484 Pam Johannes (SSS)	p	o	<u>o</u>	xxx				
229 Barb Goodard (JFK)	o	xo	<u>o</u>	xxx				
425 Cindy Hittz (WCI)	xo	o	<u>xxo</u>	xxx				
659 Sheila Ramp (PDC)	o	<u>o</u>	xxx					
960 A. Plesa (EHS)	p	p	p	p	xxx			
961 D. Ury (EHS)	p	p	p	p	xxx			

SENIOR BOYS110 Metre HurdlesHeat #1

891 D. Cooper (ECD)	15.8
135 Greg Foxall (BCI)	17.5
364 Jim Davidson (FHC)	17.7
182 Keith Smith (JFR)	22.1

Heat #2

356 Jim Woolley (ECI)	16.8
897 L. Christie (CDH)	17.6
136 John Arbuckle (BCI)	17.6
864 Al Snively (PDC)	17.9

FINAL

891 D. Cooper (ECD)	15.2
356 Jim Woolley (ECI)	16.1
136 John Arbuckle (BCI)	17.1
864 Al Snively (PDC)	17.3
897 L. Christie (CDH)	17.3
135 Greg Foxall (BCI)	17.4
364 Jim Davidson (FHC)	17.9
182 Keith Smith (JFR)	18.9

100 MetresHeat #1

356 Jim Woolley (ECI)	11.3
172 Andrew DeCastro (ODS)	11.3
898 J. Fretz (ECD)	11.6
607 Chris Webster (WHS)	11.7
866 Steve Livingston (SCS)	12.0
619 Doug Taylor (OSC)	12.0
899 D. Weir (MPH)	12.0

Heat #2

158 Barkley Porteous (CWD)	11.3
865 Scott Rombough (SCS)	11.3
137 Paul Wright (SJC)	11.3
365 Werner Fast (WCI)	11.5
559 Mark Redmond (SSS)	11.7

FINAL

356 Jim Woolley (ECI)*	11.0
172 Andrew DeCastro (ODS)	11.0
158 Barkley Porteous (CWD)	11.0
865 Scott Rombough (SCS)	11.1
137 Paul Wright (SJC)	11.1
898 J. Fretz (ECD)	11.6
365 Werner Fast (WCI)	11.6
607 Chris Webster (WHS)	11.9

200 MetresHeat #1

356 Jim Woolley (ECI)	23.2
867 Dave Riddle (WSS)	23.3
178 Dennis Daly (CCV)	23.8
608 Rob Lamont (SDH)	24.1
607 Chris Webster (WHS)	24.3
899 D. Weir (MPH)	24.3

Heat #2

558 Dennis Roth (WOD)	23.0
158 Barkley Porteous (CWD)	23.3
898 J. Fretz (ECD)	23.4
139 Gary Warrigton (BCI)	23.6
140 Mike Saunders (PJC)	24.0

* denotes a new CWOSSA record

867 Dave Riddle (WSS)	22.6
558 Dennis Roth (WOD)	22.6
356 Jim Woolley (ECI)	22.9
178 Dennis Daly (CCV)	23.4
158 Barkley Porteous A (CWD)	23.5
898 J. Fretz (ECD)	23.8
608 rob Lamont (SDH)	24.5

400 Metres (Timed Final)

168 Lyn Milne (JFK)	52.7
139 Gary Warrington (BCI)	53.7
602 Gareth Parry (WSS)	54.2
169 Pete Vanroon (JFK)	56.2
868 Don Whitehead (DSS)	57.9
901 P. Ewing (CDD)	58.4

867 Dave Riddle (WSS)	50.2
137 Paul Wright (SJC)	51.5
358 Scott MacDougall (ECI)	53.0
900 I. Farrow (CDH)	53.9
561 Frank Sanfilippo (PHS)	53.9
366 Karl Goertz (GRC)	54.7
360 Brad Gascho (ECI)	58.3

TOP EIGHT TIMES

867 Dave Riddle (WSS)	50.2
137 Paul Wright (SJC)	51.5
168 Lyn Milne (JFK)	52.7
358 Scott MacDougall (ECI)	53.0
139 Gary Warrington (BCI)	53.7
900 I. Farrow (CDH)	53.9
561 Frank Sanfilippo (PHS)	53.9
602 Gareth Parry (WSS)	54.2

800 Metres (Timed Final)

367 Tom Lobsinger (SJH) *	1:51.6
141 Dave Armstrong (NPC)	1:57.1
165 Harold Wolus (JFK)	1:58.1
177 Dan Pavlicik (CCV)	2:04.5
359 Pete Schnurr (ECI)	2:05.6
611 Gary Searles (GBS)	2:06.0
562 Scott Buchanan (GCI)	2:06.8
902 R. Harper (MFH)	2:10.7
903 R. Chase (ECD)	2:12.8
142 Ian Perez (HEF)	NT
869 Mike McArthur (SCS)	NT
870 Mark Savage (SCS)	NT

1500 Metres (Timed Final)

367 Tom Lobsinger (SJH)	3:55.9
143 Gary Hutchinson (PDH)	4:02.3
141 Dave Armstrong (NPC)	4:11.8
159 Murray Benhan (CWD)	4:14.3
360 Brad Gascho (ECI)	4:17.4
603 Ed Bechburger (WSS)	4:27.2
905 W. Charbonneau (ECD)	4:27.9
609 Paul Preston (GHS)	4:32.6
872 Jim Patterson (SCS)	4:34.5
563 John Palvetzian (PHS)	NT
564 Mark Kudolph (SSS)	NT

3000 Metres (Timed Final)

143 Gary Hutchinson (PDH)	8:58.1
159 Murray Benhan (CWD)	9:08.0
368 Don Lemke (CHC)	9:14.6
904 L. Sutter (WSS)	9:24.4
905 W. Charbonneau (ECD)	9:37.5
370 Brian McLellan (LVS)	9:58.7
609 Paul Preston (GHS)	10:03.6
565 George Bakius (GPS)	10:09.9
144 John O'Leary (SJC)	10:11.8
183 Carl Wilson (ODS)	NT
872 Jim Paterson (SCS)	NT

* denotes a new CWOSSA record

4 x 100 Metre Relay (Timed Final)

Ernest C. Drury	46.5
Brantford C.I.	46.7
West Hill C.	46.7
Owen Sound C.	46.8
Centre Dufferin D.	47.2
Centennial C.V.	47.3
Waterloo-Oxford D.	44.4
Eastwood C.I.	44.6
Pauline Johnson C.	44.9
St. Jerome's H.	45.3
Simcoe C.S.	45.4
Waterford S.S..	45.4
Centre Wellington D.	45.6
Preston H. S.	NT

TOP EIGHT TIMES

Waterloo-Oxford D.	44.4
Eastwood C.I.	44.6
Pauline Johnson C.	44.9
St. Jerome's H.	45.3
Simcoe C.S..	45.4
Waterford S.S.	45.4
Centre Wellington D.	45.6
Ernest C. Drury	46.5

Discus

373 Bill Robertson (CHC)	F	38.88	<u>41.54</u>	F	31.86	F
624 Tim Quinlan (OSC)	37.18	F	F	39.30	35.74	<u>40.60</u>
854 Brian Onifrichuck (WSS)	33.84	F	31.40	<u>37.82</u>	F	36.12
152 Bill Duncan (PDH)	33.86	32.78	30.02	30.94	<u>36.52</u>	32.12
625 Jim Vaughan (GBS)	31.98	33.90	<u>35.74</u>	34.74	34.68	34.98
577 Ron Heinbuck (WOD)	F	33.78	32.92	<u>34.64</u>	F	33.68
176 Doug Turner (ODS)	30.46	33.26	33.48	F	<u>34.06</u>	30.82
892 A. Dibona (ECD)	F	32.70	32.78	<u>33.76</u>	33.22	F
166 Tom Krasz (JFR)	F	29.02	<u>31.64</u>			
576 Herb Rayerl (SSS)	<u>27.24</u>	F	F			
374 Kirby Turcotte (FHC)	F	F	F			

Shot Put

149 Tony Conti (NPC)	13.72	13.32	13.20	<u>13.96</u>	13.73	13.86
372 Dean Moir (WCI)	<u>13.10</u>	12.35	12.34	12.52	12.83	12.13
173 Rick Zuern (JFR)	12.61	F	12.65	<u>13.00</u>	12.55	12.61
614 Lloyd Kennedy (SDH)	<u>12.98</u>	12.55	12.84	11.96	12.86	12.69
150 Wayne Bristowe (PJC)	12.60	<u>12.86</u>	11.93	12.60	F	12.24
371 Scott Manning (GRC)	11.95	<u>12.64</u>	12.48	11.72	11.64	12.39
854 Brian Onifrichuck (WSS)	<u>12.21</u>	12.04	12.14	12.08	11.89	11.08
855 Peter McBride (SCS)	11.18	<u>12.12</u>	11.57	F	10.80	11.17
575 Ralph Philip (SSS)	<u>11.70</u>	11.15	F			
892 Armando Dibona (ECD)	<u>11.55</u>	11.31	11.50			
172 Andrew DeVastro (ODS)		<u>11.51</u>	10.94			
576 Herb Rayerl (SSS)	10.68	<u>11.08</u>	F			
893 Ivan Lawerance (ADH)	10.23	10.21	<u>10.59</u>			

Ja

Javelin

166 Tom Krasz (JFR)	45.00	48.55	50.47	47.15	50.07	53.26
614 Lloyd Kennedy (SDH)	47.65	45.66	49.50	47.13	52.20	<u>52.97</u>
375 Perry Chiaisson (WCI)	45.08	F	49.45	<u>50.02</u>	37.89	44.38
857 Andy Hoag (SCS)	40.52	43.10	48.15	<u>48.20</u>	47.84	36.38
153 Mario Imola (PJC)	F	47.09	47.60	<u>47.65</u>	46.65	F
616 Kurt Glover (GBS)	F	<u>46.80</u>	44.45	42.36	F	41.02
576 Herb Paverl (SSS)	41.77	<u>43.54</u>	45.57	<u>46.45</u>	45.05	45.74
575 Ralph Philip (SSS)	39.44	43.64	<u>43.64</u>	F	42.50	34.92
167 Terry Ward (JFR)	42.33	<u>43.23</u>	F			
896 P. Barton (MFH)	<u>41.84</u>	34.06	38.83			
905 W. Charbonneau (ECD)	F	<u>41.27</u>	37.86			
376 Mike Wagler (GRC)	35.67	F	<u>41.11</u>			
858 Mike George (DSS)	<u>41.00</u>	38.59	38.62			
135 Greg Foxall (BCI)	26.38	<u>32.43</u>	F			

Long Jump

891 D. Cooper (ECD)	1.17	5.74	5.88	5.41	<u>6.27</u>	6.12
570 Fred Gingrich (ESS)	<u>6.12</u>	6.09	5.86	5.95	5.91	5.95
377 Louis Balcovic (ECI)	5.67	5.84	5.58	5.70	6.03	<u>6.09</u>
137 Paul Wright (SJC)	5.90	5.89	5.95	6.01	<u>6.01</u>	5.80
890 K. Melanson (CDD)	F	5.61	5.39	F	<u>5.59</u>	<u>5.67</u>
154 Des Reilly (PJC)	5.14	5.43	<u>5.66</u>	5.56	5.01	5.09
874 Malcolm Alcoma (SCS)	F	5.58	5.55	F	<u>5.65</u>	5.56
164 John Zilio (JFR)	<u>5.58</u>	4.84	5.36	4.79	<u>4.39</u>	F
602 Gareth Parry (WSS)	F	<u>5.58</u>	5.41	5.19	4.83	5.26
868 Don Whitehead (DSS)	F	<u>5.41</u>	5.18			
168 Lyn Milne (JFR)	5.18	4.25	<u>5.40</u>			
557 Steve Koenig (WOD)	F	4.44	<u>5.34</u>			
375 Perry Chiaisson (WCI)	<u>4.63</u>	3.46	P			
612 Guido Madrusan (SDH)	F	F	F			

Triple Jump

891 D. Cooper (ECD)	<u>13.12</u>	12.88				
570 Fred Gingrich (ESS)	<u>12.41</u>	12.22	12.31	12.11	F	F
557 Steve Koenig (WOD)	F	<u>12.39</u>	12.17	12.10	12.25	12.07
155 Bob Krug (BCI)	<u>12.24</u>	11.92	12.21	11.92	11.87	
164 John Zilio (JFR)	<u>12.23</u>	11.57	11.25	F	F	11.64
602 Gareth Parry (WSS)	F	<u>12.12</u>	11.82	12.05	F	11.99
378 Steve Curtis (FHC)	<u>12.05</u>	11.61	11.88	F	11.50	11.95
154 Des Reilly (PJC)	F	11.32	11.94	11.86	11.98	<u>12.03</u>
850 Carl Peever (SCS)	F	F	<u>11.85</u>			
890 K. Melanson (CDD)	F	11.33	<u>11.73</u>			
379 George Tomasevic (LVS)	<u>11.10</u>	F	11.06			
158 Barkley Porteous (CWD)	F	10.90	<u>10.95</u>			

High Jump

	<u>1.70</u>	<u>1.75</u>	<u>1.80</u>	<u>1.85</u>	<u>1.88</u>	<u>1.91</u>	<u>1.94</u>
175 Dave Smith (ODS)	p	p	p	o	o	o	<u>o</u>
825 Rick Martin (SCS)	o	p	o	o	o	xx <u>o</u>	xxx
613 Gary Besworth (GBS)	p	o	xo	o	xxo	xx <u>o</u>	xxx
874 Malcolm Alcoma (SCS)	o	xxo	x <u>o</u>	xxx			
160 Grant Barber (CWD)	p	o	xx <u>o</u>	xxx			
571 Gord Smith (ESS)	p	xo	xx <u>o</u>	xxx			
610 Ed Kloosterboer (GHS)	o	xx <u>o</u>	xxx				
889 P. Brousseau (ECD)	<u>o</u>	xxx					
144 John O'Leary (SJC)	x <u>o</u>	xxx					
380 Barry Brandon (BlC)	xx <u>o</u>	xxx					
132 Rob Bulanda (SJC)	xx <u>o</u>	xxx.					
875 Perry Chiaisson (WCI)	xxx						
572 Jim McDonald (PHS)	xxx						

Pole Vault

	<u>2.75</u>	<u>2.90</u>	<u>3.05</u>	<u>3.20</u>	<u>3.35</u>	<u>3.50</u>	<u>3.65</u>
573 Stan Adamson (SSS)	p	p	p	p	o	xo	<u>o</u>
381 Damir Frkovic (WCI)	p	p	p	p	o	xxb	xx <u>o</u>
574 Ed Boudreau (SSS)	p	p	o	p	o	<u>o</u>	xxx
894 P. MacKinnon (KHS)	xxo	o	<u>o</u>	xxx			
363 Dave Woolley (ECI)	xxo	p	x <u>o</u>	xxx			
853 Gary Butler (SCS)	o	<u>o</u>	xxx				
617 Bob Schmidt (GBS)	x <u>o</u>	xxx					
852 Cam Watson (SCS)	xxx						
156 Jim Verberg (PJC)	xxx						
618 Jeff Walker (SDH)	xxx						

SENIOR GIRLS100 Metre HurdlesHeat #1

50 Judy Pace (BCI)	17.0
269 Joann Deman (GCV)	18.5
741 Alison Sturrock (OSC)	18.5
677 Jacque Roxborough (SCS)	19.2
271 Leslie McGavin (CCV)	20.6
742 Nancy Cobean (SDH)	22.2

Heat #2

433 Karen Millar (GRC)	16.6
434 Julie Skuce (SMH)	17.3
491 Caprice Haney (SSS)	17.8
678 Shelley Lotus (SCS)	17.9
492 Marion Johnson (PHS)	21.4

FINAL

433 Karen Millar (GRC)	16.3
434 Julie Skuce (SMH)	17.2
491 Caprice Haney (SSS)	17.4
678 Shelley Lotus (SCS)	17.8
677 Jacque Roxborough (SCS)	18.1
741 Alison Sturrock (OSC)	18.1
269 Joann Deman (GCV)	18.9
50 Judy Pace (BCI)	23.5

100 MetresHeat #1

987 H. Gibson (ECD)	12.9
493 Sheila Forler (ESS)	13.0
52 Betty Borda (BCI)	13.3
436 Cindy Stinchcombe (FHC)	13.4
680 Jeannine Mathieu (DSS)	13.9

Heat #2

679 Janice Waite (SCS)	12.8
734 Phyllis Eckhardt (GHS)	13.2
435 Chris Lindsay (FHC)	13.2
53 Helen Quon (BCI)	13.2
278 Anita Pellizari (JFK)	13.4
282 Cathy Rowe (CWD)	13.5
736 Mary Jane Murdock (WHS)	14.4

FINAL

987 H. Gibson (ECD)	12.8
679 Janice Waite (SCS)	12.8
493 Sheila Forler (ESS)	12.9
734 Phyllis Eckhardt (GHS)	13.1
436 Cindy Stinchcombe (FHC)	13.1
52 Betty Borda (BCI)	13.5
53 Helen Quon (BCI)	13.5
435 Chris Lindsay (FHC)	13.5

200 MetresHeat #1

437 Debby Chambers (GRC)	26.1
987 H. Gibson (ECD)	27.1
52 Betty Borda (BCI)	27.4
734 Phyllis Eckhardt (GHS)	28.5
273 Barb Milburn (CCV)	28.7
680 Jeannine Mathieu (DSS)	28.9
969 C. Crawford (CDH)	NT

Heat #2

436 Cindy Stinchcombe (FHC)	27.8
278 Anita Pellizari (JFK)	28.1
494 Bev Potter (WOD)	28.1
54 Donna Churchill (PJC)	29.3
735 Lynn Oldfield (GHS)	29.4
681 Cindy Benko (SCS)	30.1

FINAL

437 Debby Chambers(GRC)	25.6
987 H. Gibson (ECD)	26.7
494 Bev Potter (WOD)	26.9
52 Betty Borda (BCI)	27.1
734 Phyllis Eckhardt (GHS)	27.7
436 Cindy Stinchcombe (FHC)	27.8
278 Anita Pellizari (JFK)	28.1

400 Metres (Timed Final)

970 C. Looby (CDD)	1:07.3
740 Marylyn Messerschmidt(SHS)	1:08.7
739 Betty Dosch (WHS)	1:11.8

437 Debbie Chambers (GRC)	58.1
52 Betty Borda (BCI)	1:01.4
494 Bev Potter (WOD)	1:01.5
285 Judy Turnblom (ODS)	1:02.5
54 Donna Chruchill (PJC)	1:03.5
438 Kim Sykes (ECI)	1:03.8
495 Val Cox (PHS)	1:05.1
971 Y. Dejong (SHS)	1:05.2

TOP EIGHT TIMES

437 Debby Chambers (GRC)	58.1
52 Betty Borda (BCI)	1:01.4
494 Bev Potter (WOD)	1:01.5
285 Judy Turnblom (ODS)	1:02.5
54 Donna Churchill (PJC)	1:03.5
438 Kim Sykes (ECI)	1:03.8
495 Val Cox (PHS)	1:05.1
971 Y. Dejong (SHS)	1:05.2

800 Metres (Timed Final)

439 Kathy Leeder (BLC)*	2:12.2
55 Sue Hellquist (BCI)	2:24.3
737 Mary Ellen Wilton (WHS)	2:24.7
279 Darlene Bartok (JFK)	2:30.8
285 Judy Turnboom (ODS)	2:33.2
56 Sandra Steinhoff (HEF)	2:35.4
971 Y. Dejong (SHS)	2:39.4
440 Rosewitha Stefanescu (CHC)	2:40.7
970 C. Looby (CDD)	2:53.8
496 Dee Darwin (PHS)	NT

1500 Metres (Timed Final)

439 Kathy Leeder (BLC)*	4:29.8
737 Mary Ellen Wilton(WHS)	4:58.6
55 Sue Hellquist (BCI)	4:59.3
279 Darlene Bartok (JFK)	5:12.1
738 Kym Mann (GHS)	5:28.4
441 Carol Karai (SMH)	5:42.4
57 Tracey Sandford (BCI)	5:44.9
983 L. Lloyd (CDD)	5:45.2
683 Kim Dedeyne (SCS)	5:51.0
971 J. Vandenburg (SHS)	NT
684 Jocelyn Douglas (SCS)	NT

4 x 100 Metre Relay (Timed Final)Heat #1

Centennial C.V.	54.8
Sacred.Heart.S.	55.5
Grey Highlands S.	56.1
Waterloo C.I.	57.0
Ernest C. Drury	59.5

Heat #2

Grand River C.	50.8
Brantford C.I.	51.9
Waterloo-Oxford D.	52.6
Elmira S.S.	53.3
Simcoe C.S.	53.7
Orangeville D.S.	53.8
Pauline Johnson C.	54.5
Delhi S.S.	55.4

* denotes a new CWOSSA record

TOP EIGHT TIMES

Grand River C.	50.8	Simcoe C.S.	53.7
Brantford C.I.	51.9	Orangeville D.S.	53.8
Waterloo-Oxford D.	52.6	Pauline Johnson C.	54.5
Elmira S.S.	53.3	Centennial C.V.	54.8

Discus

269 Barb Becker (GCV)	34.22	36.44	34.90	<u>37.94</u>	35.60	37.76
743 Ria Blewmer (JFD)	35.44	F	33.82	<u>35.38</u>	35.74	<u>36.24</u>
504 Sandra Quehl (ESS)	25.46	26.10	29.30	18.12	26.66	<u>29.86</u>
63 Roseann Nelson (BCI)	<u>29.24</u>	26.52	29.18	F	26.68	F
689 Lisa Timpf (SCS)	28.54	28.28	28.56	25.78	27.12	<u>29.02</u>
270 Nancy Coulson (CCV)	22.03	<u>28.24</u>	26.60	24.54	26.14	<u>27.14</u>
449 Sharilyn Dyck (FHC)	24.78	<u>25.04</u>	<u>26.68</u>	21.78	F	<u>24.34</u>
744 Cindy Dillon (GBS)	F	19.26	<u>25.40</u>	21.04	20.30	19.48
680 Jeannine Mahieu (DSS)	<u>25.10</u>	24.72	<u>21.48</u>			
64 Yvonne Sinnott (BCI)	<u>24.22</u>	<u>25.04</u>	24.02			
448 Carol Steffler (WCI)	21.68	22.76	<u>23.44</u>			
506 Barb Martin (WOD)	<u>23.10</u>	F	F			
983 L. Lloyd (CDD)	<u>19.22</u>	12.76	14.78			
984 L. Jacques (CDH)	F	F	F			

Shot Put

268 Barb Becker (GCV)	11.90	<u>12.06</u>	11.48	11.41	10.81	11.70
743 Ria Blewmer (JFD)	10.81	10.21	11.19	10.94	11.08	<u>11.47</u>
688 Debbie Verhaeghe (DSS)	<u>9.55</u>	8.88	8.60	7.97	7.85	8.29
504 Sandra Quehl (ESS)	8.84	9.35	<u>9.36</u>	8.58	8.77	9.05
449 Sharilyn Dyck (FHC)	<u>9.25</u>	8.84	F	8.84	9.22	9.00
450 Debby Cruichshank (GKC)	<u>8.94</u>	8.84	7.96	8.55	8.58	8.80
751 Kathy O'Bright (OSC)	8.55	<u>8.82</u>	F	8.51	8.40	8.33
62 Diane Franklin (NPC)	<u>8.43</u>	8.40	7.20	7.23	7.55	6.92
982 Elaine McDonald (MTH)	<u>8.41</u>	7.96	8.09			
568 Lynn Taylor (SCS)	7.69	<u>8.38</u>	7.98			
271 Leslie McGavin (CCV)		8.11	<u>8.22</u>			
61 Debra McKinnon (BCI)	7.83	<u>7.97</u>	7.93			
505 Kathy Steinberg (ESS)	<u>7.79</u>	7.10	7.20			

Javelin

451 Debbie Smallwood (ECI)	24.64	32.54	29.44	<u>35.02</u>	F	34.33
689 Lisa Timpf (SCS)	31.92	30.09	32.44	<u>33.92</u>	F	28.69
507 Nancy Campbell (SSS)	29.19	29.57	31.27	F	F	F
452 Nancy McCutcheon (GKC)	19.96	20.95	<u>30.60</u>	24.95	26.86	26.78
696 Sharlene Nelson (VHS)	24.19	29.59	20.65	21.95	F	F
508 Wendy Robertson (GCI)	27.59	27.32	<u>28.90</u>	F	F	F
65 Linda Madden (PDH)	<u>28.42</u>	27.72	28.06	24.28	25.34	F
985 E. McConnell (KHS)	22.22	<u>28.08</u>	22.66	28.06	24.02	24.38
284 Sandy Perryman (ODS)	F	24.90	<u>27.51</u>			
66 Karen Pollock (BCI)	<u>27.12</u>	24.14	23.09			
746 Carolyn Cowper (GHS)	23.17	25.52	<u>26.34</u>			
283 Randy Irwin (ODS)	21.68	<u>21.98</u>	F			

Long Jump

679 Janice Waite (SCS)	4.04	4.66	F	4.70	4.99	4.91
502 Wendy Wells (SSS)	4.34	4.56	4.54	4.70	4.50	4.77
433 Karen Millar (GRC)	4.71	4.67	F	4.57	4.76	4.53
285 Judy Turnblom (ODS)	4.61	4.54	4.57	4.58	4.61	4.41
987 H. Gibson (ECD)	P	P	4.59	4.58	F	4.33
493 Sheila Forler (ESS)	4.32	4.42	4.43	4.41	4.44	4.50
686 Nancy Graham (DSS)	3.88	4.18	4.41	3.83	F	3.91
273 Barb Milburn (CCV)	4.29	4.28	4.22	F	4.31	4.19
748 Carol Black (SHS)	P	4.20	F			
60 Patty Fairfax (BCI)	3.69	3.86	4.19			
436 Cindy Stinchcombe (FHC)	3.93	3.82	4.16			
65 Linda Madden (PDH)	3.85	3.87	4.00			
747 Janet Gebhardt (SHS)	P	3.66	3.74			
988 L. Wright (CDH)	P	P	P			

High Jump

	<u>1.40</u>	<u>1.45</u>	<u>1.48</u>	<u>1.51</u>	<u>1.54</u>
54 Donna Churchill (PJC)	p	o	o	o	o
60 Patti Fairfax (BCI)	xo	xxo	o	o	xxx
496 Dee Darwen (PHS)	o	o	o	xxx	
685 Jane Engeneski (DSS)	o	o	xxx		
447 Cathy Polzin (GRC)	o	xo	xxx		
745 Laurie Lemon (OSC)	o	xxx			
686 Nancy Graham (DSS)	o	xxx			
286 Cindy Cotton (ODS)	o	xxx			
283 Cathy Rowe (CWD)	xo	xxx			
503 Pauline Philips (SSS)	xxo	xxx			
742 Nancy Cobean (SDH)	xxx				
446 Bernice Coates (WCI)	xxx				

OPEN MEN400 Metre Hurdles (Timed Final)

609 Paul Preston (GHS)	1:03.9	<u>TOP EIGHT TIMES</u>	
179 Viad Rasper (CCV)	1:04.7		
146 Simon Bigos (BCI)	1:06.6		
		387 Roger Membury (KCI)	59.5
		578 John Cheeseman (ESS)	59.9
387 Roger Membury (KCI)	59.5	335 Dana Saunders (WCI)	1:00.7
578 John Cheeseman (ESS)	59.9	532 Greg Gorth (GPS)	1:01.0
335 Dana Saunders (WCI)	1:00.7	98 Joopy Verheul (BCI)	1:02.1
532 Greg Gorth (GPS)	1:01.0	609 Paul Preston (GHS)	1:03.9
98 Joopy Verheul (ECI)	1:02.1	191 Don MacKay (JFR)	1:04.2
191 Don MacKay (JFR)	1:04.2	179 Viad Rasper (CCV)	1:04.7
864 Al Snively (PDC)	1:07.3		

4 x 400 Metre Relay (Timed Final)

Chesley D.H.	3:44.4
Elmira S.S.	3:49.2
Mount Forest H.	3:51.8
Centre Wellington D.	3:52.8
John F. Ross	3:27.2
St Jerome's H.	3:29.3
Eastwood C.I.	3:35.4
Sacred Heart S.	3:40.1
Simcoe C.S.	3:46.6

TOP EIGHT TIMES

John F. Koss	3:27.2
St. Jerome's H.	3:29.3
Eastwood C.I.	3:35.4
Sacred Heart S.	3:40.1
Chesley D.H.	3:44.4
Simcoe C.S.	3:46.6
Elmira S.S.	3:49.2
Mount Forrest H.	3:51.8

Steeplechase (1500 Metres)- Timed Final

165 Harold Wollis (JFR)	4:34.4	148 Ken koernderink (PDH)	4:50.9
556 Brian Bough (SSS)	4:38.8	147 Gord Beardwood (NPC)	4:52.2
174 Barry Wilson (ODS)	4:41.9	627 Dave Eaglesham (SDH)	5:08.6
368 Don Lemke (CHC)	4:42.8	628 Dave Robinson (OSC)	NT
360 Brad Gasho (ECI)	4:47.7	859 Dave Petterson (SOS)	NT

OPEN WOMEN3000 Metres (Timed Final)

737 Mary Ellen Williton (WHS)*	10:45.3
418 Jenny Ord (BLC)	11:16.9
597 Julie Glass (JFD)	11:23.0
397 Tracey Saltzman (BLC)	11:23.9
300 D. Bolzon (SJS)	11:36.8
239 Judy Hillis (CWD)	12:01.9
257 Julia Mallvink (ODS)	12:07.9
43 Carol Poland (PDH)	12:27.0
58 Naorma Cavan (PDH)	12:31.1
459 Joni Taylor (SSS)	NT
666 Leslie Kough (DSS)	NT

4 x 400 Metres Relay (Timed Final)

John F. Ross	4:26.4
Waterloo-Oxford D.	4:31.0
Delhi S.S.	4:39.1
Centre Dufferin D.	4:43.2
Warton D.S.	4:44.1
Grand River C.	4:05.0
Brantford C.I.	4:13.8
Bluevale C.	4:15.4
Centennial C.V.	4:16.6
West Hill S.	4:29.1
Preston H.S.	4:34.9

TOP EIGHT TIMES

Grand River C.	4:05.0
brantford C.I.	4:13.8
Bluevale C.	4:15.4
Centennial C.V.	4:16.6
John F. Koss	4:26.4
West Hill S.	4:29.1
Waterloo-Oxford	4:31.0
Preston H.S.	4:34.9