

WCSSAA
ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES
2004 -2023

SENIOR GIRLS 100 METER HURDLES (30")

| Athlete | School | Performance | Place | Year | Record/Notes |
|-------------------|---------------|--------------------|--------------|-------------|---------------------|
| FOURIE, Mari | BCI | 14.2 | h | 2007 | * HT |
| McCLEAN, Micaela | HHSS | 14.23 | 1 | 2014 | * ET |
| BOUG, Tyra | HHSS | 14.31 | 1 | 2018 | ET |
| EFREMENKO, Bella | CHCI | 14.57 | 1 | 2015 | ET |
| CHARNUSKI, Olivia | EDSS | 14.6 | 2 | 2007 | HT |
| PARSONS, Megan | HHSS | 14.62 | 2 | 2013 | ET |
| BAMIGBADE, Tomi | CHCI | 14.71 | 1 | 2017 | ET |
| BULTEN, Rheanna | PHS | 14.79 | 3 | 2013 | ET |
| ABIODUN, Nike | WCI | 15.00 | 1 | 2019 | ET |
| BARRY, Tomeizel | SJAM | 15.20 | 1 | 2009 | ET |

JUNIOR GIRLS 80 METER HURDLES (30")

| | | | | | |
|-------------------|------|-------|---|------|------|
| FOURIE, Mari | BCI | 11.7 | 1 | 2005 | * HT |
| FERGUSON, Sarah | JHSS | 11.9 | 1 | 2007 | HT |
| BARRY, Tomeizel | SJAM | 12.0 | 2 | 2007 | HT |
| EFREMENKO, Bella | CHCI | 12.08 | 1 | 2013 | ET |
| BOUG, Tyra | HHSS | 12.20 | 1 | 2016 | ET |
| McLEAN, Micaela | HHSS | 12.30 | 1 | 2012 | ET |
| CHARNUSKI, Olivia | EDSS | 12.4 | 1 | 2006 | HT |
| GIBNEY, Claire | GRCI | 12.5 | 2 | 2006 | HT |
| REIVE, Sofia | SJAM | 12.5 | 3 | 2007 | HT |
| MOORE, Fairen | FHCI | 12.5 | h | 2004 | * HT |
| BAMIGBADE, Tomi | CHCI | 12.67 | 2 | 2016 | ET |

NOVICE GIRLS 80 METER HURDLES (30")

| | | | | | |
|-------------------|------|-------|---|------|------|
| FERGUSON, Sarah | JHSS | 12.1 | 1 | 2006 | * HT |
| ASUMANG, Ella | KCI | 12.11 | 1 | 2019 | * ET |
| McLEAN, Micaela | HHSS | 12.37 | 1 | 2011 | ET |
| FOURIE, Mari | BCI | 12.4 | h | 2004 | * HT |
| CHARNUSKI, Maddi | EDSS | 12.5 | 1 | 2007 | HT |
| BISHOP, Charlotte | GPSS | 12.73 | 2 | 2019 | ET |
| McKAY, Emily | WCI | 12.75 | 1 | 2012 | ET |
| LAURENCO, Heather | JHSS | 12.8 | 2 | 2007 | HT |
| RODGERS, Aaliyah | GRCI | 12.81 | h | 2013 | ET |
| EFREMENKO, Bella | CHCI | 12.90 | 2 | 2012 | ET |

SENIOR BOYS 110 METER HURDLES (36")

| Athlete | School | Performance | Place | Year | Record/Notes |
|------------------------|---------------|--------------------|--------------|-------------|---------------------|
| O'DONNELL, Mitch | FHCI | 13.50 | h | 2013 | * ET |
| DANIELS, Joey | CHCI | 13.50 | h | 2016 | *ET |
| GREEN, Christopher | CHCI | 13.58 | 1 | 2013 | ET |
| SHERWOOD, Jordan | CHCI | 14.02 | 2 | 2013 | ET |
| MECHLER, Nathaniel | EDSS | 14.50 | 2 | 2015 | ET |
| RITTINGER, Devon | FHCI | 14.73 | 1 | 2011 | * ET |
| FRYER-DAVIS, Christian | CHCI | 14.88 | 1 | 2014 | ET |
| AKHTER, Maher | CHCI | 15.15 | 2 | 2014 | ET |
| McPHEE, Jonah | WCI | 15.16 | 1 | 2019 | ET |
| PFEFFERKORN, Matt | WCI | 15.18 | 1 | 2018 | ET |

JUNIOR BOYS 100 METER HURDLES (36")

| | | | | | |
|------------------|------|-------|---|------|------|
| AMBROSE, Asa | SJAM | 13.5 | 1 | 2007 | * HT |
| DANIELS, Joey | CHCI | 13.82 | h | 2014 | ET |
| SHERWOOD, Jordan | CHCI | 14.20 | 1 | 2011 | ET |
| O'DONNELL, Mitch | FHCI | 14.24 | 1 | 2010 | ET |
| SHI, Tony | WCI | 14.61 | 1 | 2015 | ET |
| BUTT, Zeyan | HHSS | 14.67 | 2 | 2015 | ET |
| AKHTAR, Maher | CHCI | 14.75 | 1 | 2013 | ET |
| ROWE, Dawson | CHCI | 14.76 | 1 | 2019 | ET |
| GREEN, Chris | CHCI | 14.81 | 2 | 2010 | ET |
| McPHEE, Jonah | WCI | 14.83 | 1 | 2017 | ET |
| TOZER, Nicholas | FHCI | 14.84 | 1 | 2022 | ET |

NOVICE BOYS 100 METER HURDLES (33")

| | | | | | |
|-------------------|------|-------|---|------|------|
| SHERWOOD, Jordan | CHCI | 14.27 | 1 | 2010 | * ET |
| O'DONNELL, Mitch | CHCI | 14.35 | 1 | 2009 | * ET |
| YING YONG, Jimmy | CHCI | 15.0 | 1 | 2005 | * HT |
| LO, Chris | JHSS | 15.0 | 1 | 2007 | * HT |
| DANIELS, Joey | CHCI | 15.05 | 1 | 2013 | ET |
| PFEFFERKORN, Matt | WCI | 15.05 | 1 | 2014 | ET |
| McPHEE, Jonah | WCI | 15.07 | 1 | 2016 | ET |
| SHI, Tony | WCI | 15.11 | 2 | 2014 | ET |
| ROBERTSON, Seth | JHSS | 15.13 | 2 | 2016 | ET |
| FREDE, Trent | WCI | 15.23 | 1 | 2018 | ET |