

TRACK WARS
ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES
2009 -2024

SENIOR GIRLS 100 METERS

Athlete	School	Performance	Place	Year	Record/Notes
WESTNEY, Jellisa	SBCSS	12.38	1	2011	*
SEMPLANIUS, Tia	SBCSS	12.44	h	2009	*
BAMIGBADE, Tomi	CHCI	12.45	1	2017	
WOODARD, Demaiyah	ODSS	12.49	1	2024	
BEST, Ashlan	CCVI	12.59	1	2015	
BARRY, Tomiezel	SJAM	12.62	2	2009	
McHAINA, Chisomo	SSS	12.65	1	2010	
CABRAL, Sophia	MDCSS	12.65	2	2024	
HODGSON, Sarah	JHSS	12.68	1	2016	
McCART, Ali	St. Augustine	12.69	h	2009	

JUNIOR GIRLS 100 METERS

BOUG, Tyra	HHSS	12.17	1	2016	*
PASCAL, Cassandra	St. Marcellinus	12.47	1	2009	*
GOWING, Amber	ECI	12.53	1	2022	
HANNAM, Tiffany	Banting	12.59	1	2013	
BEST, Ashlan	GCVI	12.59	1	2015	
WESTNEY, Jellisa	SBCSS	12.72	2	2009	
SZAKACS, Izzy	SMHS	12.77	1	2024	
DENOMME, Mackenzie	SDCSS	12.79	2	2016	
WRIGHT, Britney	CCH	12.86	2	2024	
HIUSER, Bayley	WODSS	12.98	1	2023	

NOVICE GIRLS 100 METERS

BAMIGBADE, Tomi	CHCI	12.65	1	2015	*
DENOMME, Mackenzie	SDCSS	12.87	2	2015	
RIGGAN, Jaia	CHCI	12.95	3	2015	
CHARLES, Jaida	JFR	12.96	1	2024	
LEALESS, Alexis	SMCSS	12.98	1	2023	
BOUG, Tyra	HHSS	12.99	4	2015	
O'DONNELL, Amy	CCH	13.05	1	2010	*
KULCZYNSKA, Agata	SMHS	13.11	1	2011	
SAUER, Tegan	FHCI	13.11	2	2010	
SMART, Taylor	LHSS	13.13	2	2024	
BINOTTO, Monica	AHS	13.13	5	2015	

SENIOR BOYS 100 METERS

Athlete	School	Performance	Place	Year	Record/Notes
ZIMMER, Jonah	CCH	11.01	1	2018	*
MOORE, Niall	CCVI	11.02	1	2024	
READ, Owen	EDSS	11.05	2	2018	
ZWART, Ben	JFR	11.06	3	2018	
AGADA, Emeka	EDSS	11.12	1	2012	*
CAMPBELL, Scott	Galt	11.14	1	2009	*
TOZER, Nicholas	FHCI	11.14	2	2024	
ROBERTS, Jevaughn	CASS	11.14	2	2024	
ARSENAULT, Calvin	SMHS	11.16	1	2011	
RODNEY, Brendon	St. Augustine	11.18	1	2010	

JUNIOR BOYS 100 METERS

MOORE, Kowen	GRCI	11.20	1	2024	*
BENNETT, Kyle	St. Augustine	11.21	1	2009	*
ZAMIN, Andrew	SJCHS	11.28	1	2011	
DANIELS, Joey	CHCI	11.29	1	2014	
HORSPOOL, Noah	RCSS	11.34	2	2024	
O'DONNELL, Mitch	FHCI	11.36	1	2010	
OMORUNA, Ike	St. Augustine	11.38	h	2009	
JACKSON, Joshua	SMHS	11.39	1	2017	
WADDELL-HENRY, Noah	SJCHS	11.40	3	2024	
SHERWOOD, Jordan	CHCI	11.44	2	2011	

NOVICE BOYS 100 METERS

O'DONNELL, Mitch	CHCI	11.65	1	2009	*
DIEFENBACHER, Nyle	SJK	11.74	1	2024	
ANGERILLI, Adam	BMCHS	11.80	1	2019	
ZAMIN, Andrew	SJCHS	11.84	1	2010	
SHERWOOD, Jordan	CHCI	11.85	2	2010	
BARANOSKI, Lucas	RCSS	11.87	1	2018	
BARRETT, Leon	SJCHS	11.92	2	2024	
GRAY, Coleson	CCH	11.95	3	2024	
THOMAS, Joshua	CHCI	12.00	2	2018	
DESLANDES, Myles	Galt	12.01	1	2011	
LEE, Wooseong	CCH	12.01	4	2024	