

**TRACK WARS**  
**ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES**  
**2009 -2023**

**OPEN GIRLS 4 x 800 METER RELAY (2009-2023)**

<b>Athlete/School</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
CENTRE WELLINGTON DHS	CWDSS	10:04.28	1	2015	*
CATHOLIC CENTRAL HS	CCH	10:14.48	1	2023	
BLUEVALE CI	Bluevale	10:14.66	2	2023	
CATHOLIC CENTRAL HS	CCH	10:15.08	1	2013	*
ABBEY PARK SS	APSS	10:15.53	1	2009	*
OUR LADY OF LOURDES CHS	OLOL	10:15.96	1	2014	
ST. MARY'S HS	SMCSS	10:17.10	1	2012	
ST. JAMES CHS	SJCHS	10:17.62	1	2018	
CENTRE WELLINGTON DHS	CWDSS	10:18.68	2	2013	
ST. MARY'S HS	SMCSS	10:22.80	2	2009	

**NOVICE GIRLS 4 x 800 METER RELAY (2009-2022)**

BLUEVALE CI	Bluevale	10:22.09	1	2012	*
ST. ANNE'S	SACSS	10:58.53	1	2019	
ST. MARY'S HS	STMCSS	10:58.58	1	2013	
CAMERON HEIGHTS CI	CHCI	10:58.59	1	2014	
OUR LADY OF LOURDS CHS	OLOL	11:01.64	1	2015	
RESURRECTION CSS	RCSS	11:01.82	2	2015	
CENTENNIAL Collegiate	CCVI	11:08.84	2	2019	
SIR J. A. MACDONALD SS	SJAM	11:15.17	1	2017	
CATHOLIC CENTRAL HS	CCH	11:17.73	2	2014	
CATHOLIC CENTRAL HS	CCH	11:19.19	1	2010	*

**OPEN BOYS 4 x 800 METER RELAY (2009-2023)**

<b>Athlete/School</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
ABBEY PARK SS	APSS	8:31.97	1	2009	*
ST MARY'S HS	SMHS	8:32.08	1	2012	
ST MARY'S HS	SMHS	8:32.22	1	2019	
BLUEVALE CI	Bluevale	8:35.77	1	2014	
GUELPH CVS	GCVI	8:36.68	1	2015	
ELMIRA DHS	EDSS	8:37.27	1	2013	
PRESTON HS	PHS	8:38.64	2	2015	
NOTRE DAME CSS	NDCSS	8:39.59	3	2015	
CAMERON HEIGHTS CI	CHCI	8:39.67	1	2016	
CAMERON HEIGHTS CI	CHCI	8:41.62	2	2009	

**NOVICE BOYS 4 x 800 METER RELAY (2009-2022)**

CENTRE WELLINGTON DHS	CWDHS	9:13.26	1	2015	*
NOTRE DAME CSS	NDCSS	9:13.65	2	2015	
ST. MARY'S HS	STMCSS	9:22.76	1	2016	
GUELPH CVI	GCVI	9:22.98	1	2018	
BLUEVALE CI	Bluevale	9:24.54	1	2013	*
RESURRECTION CSS	RCSS	9:28.03	1	2009	*
CATHOLIC CENTRAL HS	CCH	9:31.62	2	2009	
BLUEVALE CI	Bluevale	9:32.10	1	2019	
ST. JAMES CHS	SJCHS	9:39.10	1	2014	
BLUEVALE CI	Bluevale	9:47.41	2	2014	