

TRACK WARS
ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES
2013 -2024

SENIOR GIRLS TRIPLE JUMP

Athlete	School	Performance	Place	Year	Record/Notes
GRAHOVAC, Tamara	CHCI	11.77	1	2017	*
MELVIN, Alissa	SDCSS	11.63	2	2017	
MERCURIO, Angela	SMHS	11.52	1	2013	*
SHANTZ, MacKeely	WODSS	10.95	1	2019	
POHL, Jensen	SMCSS	10.81	1	2022	
WOODS, Abby	JFR	10.78	1	2016	
VANHARTHINGSVELDT, Hannah	SDCSS	10.64	1	2024	
BISHOP, Charlotte	GPSS	10.47	2	2022	
RATIU, Denisa	HHSS	10.46	3	2017	
McGREGOR, Avery	Sacred Heart	10.44	2	2024	

JUNIOR GIRLS TRIPLE JUMP

WRIGHT, Courtney	JHSS	11.00	1	2013	*
GRAHOVAC, Tamara	CHCI	11.00	1	2016	*
LARSSON, Anna	SJAM	10.94	2	2013	
RODRIGUE, Maya	GRCI	10.74	1	2018	
BRYAN, Tayjah	CHCI	10.70	1	2017	
PAINE, Nicole	Galt	10.66	2	2018	
SKEOCH, Lauren	JFR	10.35	1	2024	
DE LOS SANTOS, Sarah	FHCI	10.34	1	2014	
NEWELL, Jamie	Madill	10.25	3	2018	
SHANTZ, MacKeely	WODSS	10.17	2	2017	

NOVICE GIRLS TRIPLE JUMP

RODRIGUE, Maia	GRCI	11.07	1	2017	*
ALI, Jasmyn	SJAM	10.91	1	2019	
DE LOS SANTOS, Sarah	FHCI	10.55	1	2013	*
PAINE, Nicole	GCI	10.48	2	2017	
GRAHOVAC, Tamara	CHCI	10.44	1	2015	
LIU, Katherine	WCI	10.04	3	2017	
WHILBY, Niveah	RCSS	9.99	1	2024	
SOKOLOWSKI, Maya	SDCSS	9.99	2	2015	
WEBB, Alexandria	SBCSS	9.97	4	2017	
BISHOP, Charlotte	GPSS	9.90	2	2019	

SENIOR BOYS TRIPLE JUMP

Athlete	School	Performance	Place	Year	Record/Notes
TAYLOR, Ryan	HHSS	14.69	1	2017	*
BONDONGO, Sam	Galt	13.75	1	2024	
BARTON, Aaron	PHCVS	13.60	1	2019	
JOHNSON, D.J.	PJCVS	13.53	1	2015	*
MAPP, Isaac	PHS	13.49	2	2017	
SIHARATH, Kenny	CHCI	13.48	2	2016	
SHANE, Clark	WCHS	13.08	2	2015	
OKOT, David	KCI	13.06	3	2016	
ROPS, Kevin	SMCSS	12.99	3	2018	
ZWART, Ben	JFR	12.97	4	2018	

JUNIOR BOYS TRIPLE JUMP

MCDOUGALL, Calvin	RCSS	13.48	1	2024	.
SIHARATH, Kenny	CHCI	13.40	1	2015	*
DAVIS, Stephen	SJK	13.00	1	2019	
MYERS, Daron	RCSS	12.87	1	2016	
DUPUIS, Sam	SACSS	12.81	1	2017	
BILLINGS, Scott	LCSS	12.59	1	2013	*
MAPP, Isaac	PHS	12.56	2	2016	
KHAN, Shamir	GPSS	12.45	3	2016	
NGUEFAH KENFACK, Dimitry	PRDG	12.39	2	2024	
LEE, Adam	JFR	12.29	2	2015	

NOVICE BOYS TRIPLE JUMP

MYERS, Daron	RCSS	12.30	1	2015	*
KHAN, Shamir	GPSS	12.12	2	2015	
REEVE, Jaxen	HHSS	11.97	1	2017	
MAPP, Isaac	PHS	11.64	3	2015	
RICHARDS, Ethan	SJAM	11.63	1	2013	*
WONG, David	WCI	11.59	2	2017	
ROGERS, Colton	WODSS	11.46	1	2024	
ROSU, Lucas	HHSS	11.39	1	2018	
PHA, Sai	GPSS	11.39	2	2024	
VISHNU, Srihari	WCI	11.38	3	2017	