

WCSSAA/ District 8 Combined Meet 2011 - 11/05/2011 to 12/05/2011
Resurrection - Kitchener
Results

Event 101 Women 100 Meter Dash Midget WCSSAA

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Records: * 12.03 10/05/2005 SAM STEVENS, Grand River
Name Year School Prelims Wind H#
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Preliminaries

1	COURTNEY BRUGGER	JACOB HESPEL	13.91Q	-0.1	6
2	ANNIE WIDDIFIELD	BLUEVALE COL	13.92Q	0.2	8
3	TARA FUNSTON	GRAND RIVER	13.95Q	-0.1	7
4	HALEY MCLEOD	BLUEVALE COL	14.00Q	-1.6	4
5	ANNIE BYCA	PRESTON HIGH	14.25Q	-0.3	3
6	ALLY HIND	GALT COLLEGI	14.44Q	2.1	1
7	MARY WORNDL	GRAND RIVER	14.66Q	-2.0	2
8	MARSHA FACEY	HURON HEIGHT	14.91Q	-0.8	5
9	ROSLYN MAINLAND	WATERLOO-OXF	14.15q	0.2	8
10	KATHRYN CHANTHALYMA	CAMERON HEIG	14.20q	-0.1	7
11	STEPHANIE YANTZ	BLUEVALE COL	14.29q	-0.1	6
12	JULIA WITMER	GRAND RIVER	14.44q	-0.3	3
13	MICAELA DEVONISH	PRESTON HIGH	14.83q	-1.6	4
14	ALEEFA DEVJI	CAMERON HEIG	14.86q	-0.1	6
15	HANNAH SUTHERNS	CAMERON HEIG	14.96q	-1.6	4
16	CHANTAL LIEU	GLENVIEW PAR	14.97q	-0.1	7
17	ORE BANJOKO	WATERLOO COL	14.99	2.1	1
18	RILEY BENNETT	SOUTHWOOD SE	15.04	-0.3	3
19	AKSHANTA AJAY KUMAR	CAMERON HEIG	15.08	-0.1	7
20	KAITLYN BEYERS	GRAND RIVER	15.15	0.2	8
21	KARLA GLADAMEZ	GRAND RIVER	15.19	-0.8	5
22	HAYLEY OESCH	HURON HEIGHT	15.22	-2.0	2
23	ISOBEL REKERS	SOUTHWOOD SE	15.29	-0.8	5
24	ANDREA SABO	CAMERON HEIG	15.34	2.1	1
25	MARIANNE HEMMERICH	KITCHENER WA	15.38	-1.6	4
26	KAITLYN POTH	WATERLOO-OXF	15.44	-0.3	3
27	BEVERLY YANG	WATERLOO COL	15.46	-2.0	2
28	SHELBY FILIATRAULT	SIR JOHN A.	15.50	-1.6	4
29	MADISON BAILEY	JACOB HESPEL	15.56	-0.3	3
30	ZAYNAB KANU	EASTWOOD COL	15.60	-0.8	5
31	RAYAN SABOON	CAMERON HEIG	15.68	-1.6	4
32	RILEY BLACKMORE	GALT COLLEGI	15.72	-0.1	7
33	OTO ABDALLA	WATERLOO COL	15.74	-0.1	7
34	ESRAA CHLEILAT	GLENVIEW PAR	15.77	2.1	1
35	MORGAN MATHESON	KITCHENER WA	16.00	0.2	8
36	MELANIE TRAN	CAMERON HEIG	16.11	-2.0	2
37	CAMELLIA BISSESSAR	CAMERON HEIG	16.12	-0.8	5
38	EMMA HUDDLE	SOUTHWOOD SE	16.21	2.1	1
39	JESSIE CANN	GLENVIEW PAR	16.23	-1.6	4
40	HAILEY LYONS	GLENVIEW PAR	16.29	-0.1	6
41	LYDIA CHARTERS	BLUEVALE COL	16.55	2.1	1
42	EMILY HULL	EASTWOOD COL	16.64	-0.8	5
43	BROOKE SKANES	GALT COLLEGI	16.73	-0.3	3
44	ARWEN MACPHEE-WAGNER	CAMERON HEIG	16.75	-2.0	2
45	SOPHIE TEKLE	CAMERON HEIG	16.77	-0.1	7

46	JODIE DROVER	WATERLOO COL	17.01	-2.0	2
47	BECKY CONNOLLY	GLENVIEW PAR	17.37	-2.0	2
48	SHANNON ELLIOT	CAMERON HEIG	17.57	0.2	8
49	SARAH MACKIE	GLENVIEW PAR	18.24	-0.1	6
50	ZARA HASAN	WATERLOO COL	18.45	2.1	1
51	ALLY KOLAPAK	CAMERON HEIG	19.52	0.2	8

Event 101 Women 100 Meter Dash Midget WCSSAA

Records: * 12.03 10/05/2005 SAM STEVENS, Grand River

Name	Year	School	Semis	Wind	H#
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Semi-Finals

1	ROSLYN MAINLAND	WATERLOO-OXF	13.68Q	-1.7	2
2	ANNIE WIDDIFIELD	BLUEVALE COL	13.86Q	-2.2	1
3	TARA FUNSTON	GRAND RIVER	13.91Q	-2.2	1
4	COURTNEY BRUGGER	JACOB HESPEL	14.11Q	-1.7	2
5	KATHRYN CHANTHALYMA	CAMERON HEIG	14.20Q	-2.2	1
6	HALEY MCLEOD	BLUEVALE COL	14.41Q	-1.7	2
6	ANNIE BYCA	PRESTON HIGH	14.41Q	-1.7	2
8	STEPHANIE YANTZ	BLUEVALE COL	14.50q	-2.2	1
9	MARY WORNDL	GRAND RIVER	14.52	-2.2	1
10	ALLY HIND	GALT COLLEGI	14.60	-2.2	1
11	JULIA WITMER	GRAND RIVER	14.92	-1.7	2
12	MICAELA DEVONISH	PRESTON HIGH	14.93	-1.7	2
13	ALEEFA DEVJI	CAMERON HEIG	14.97	-2.2	1
14	MARSHA FACEY	HURON HEIGHT	14.98	-1.7	2
14	HANNAH SUTHERNS	CAMERON HEIG	14.98	-2.2	1
16	CHANTAL LIEU	GLENVIEW PAR	15.16	-1.7	2

Event 101 Women 100 Meter Dash Midget WCSSAA

Records: * 12.03 10/05/2005 SAM STEVENS, Grand River

Name	Year	School	Finals	Wind
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Finals

1	ROSLYN MAINLAND	WATERLOO-OXF	13.75	-0.3
2	ANNIE WIDDIFIELD	BLUEVALE COL	13.95	-0.3
3	TARA FUNSTON	GRAND RIVER	14.17	-0.3
4	COURTNEY BRUGGER	JACOB HESPEL	14.28	-0.3
5	KATHRYN CHANTHALYMA	CAMERON HEIG	14.31	-0.3
6	ANNIE BYCA	PRESTON HIGH	14.41	-0.3
7	HALEY MCLEOD	BLUEVALE COL	14.52	-0.3
8	STEPHANIE YANTZ	BLUEVALE COL	14.59	-0.3

Event 102 Men 100 Meter Dash Midget WCSSAA

Records: * 11.22 12/05/2005 JORDAN MILLER-SMITH, Cameron Heig

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	MYLES DESLANDES	GALT COLLEGI	12.28Q	-0.4	5
2	DAVID MOHAN	CAMERON HEIG	12.46Q	-0.1	2
3	JACKSON MCINTOSH	BLUEVALE COL	12.59Q	-0.3	3
4	NICHOLAS CUMBY	GRAND RIVER	12.82Q	-0.1	1
5	PAUL HUBBARD	SIR JOHN A.	12.88Q	-0.1	4
6	JOTHAN SALFARLIE	GALT COLLEGI	12.71Q	-0.4	5

7	ELIJAH CALLENDAR	FOREST HEIGHTS C	12.82Q	-0.1	2
8	JASPER ARNOLDI	GALT COLLEGI	12.88Q	-0.1	1
9	DAMIAN HALVORSEN	FOREST HEIGHTS C	12.91Q	-0.1	4
10	TIM BESTER	BLUEVALE COL	13.20Q	-0.3	3
11	ADAM DEARAGON	GRAND RIVER	12.84q	-0.1	2
12	TRISTIN KOZUB	HURON HEIGHT	12.86q	-0.1	2
13	MITCHELL VAN EERD	CAMERON HEIG	12.96q	-0.4	5
13	NATHAN BALESDENT	GALT COLLEGI	12.96q	-0.1	4
15	BRUCE LY	CAMERON HEIG	13.34q	-0.1	4
16	NOAH ELLIS	JACOB HESPEL	13.42q	-0.1	1
17	PHILIP HUYNH	PRESTON HIGH	13.53	-0.1	4
18	MICHAEL PEPPER	GALT COLLEGI	13.66	-0.1	2
19	RAVI PATEL	CAMERON HEIG	13.69	-0.1	1
20	MATTHEW GREGORY	BLUEVALE COL	13.91	-0.3	3
21	SAKHON CHANTHALYMA	HURON HEIGHT	13.94	-0.1	1
22	PRANAV GAVIRNENI	CAMERON HEIG	13.98	-0.3	3
23	DEAN ALLEN	KITCHENER WA	14.02	-0.1	1
24	AARON EPP	GRAND RIVER	14.06	-0.1	4
25	MICHAEL ABBOTT	KITCHENER WA	14.08	-0.1	1
26	ARTHUR SPACHMAN	GALT COLLEGI	14.25	-0.3	3
27	ASHTON SUSKA	KITCHENER WA	14.39	-0.4	5
28	JOSH ROGER	PRESTON HIGH	14.47	-0.3	3
29	BLAKE JESSO	BLUEVALE COL	14.69	-0.1	4
30	NICK SALINITRI	GLENVIEW PAR	14.76	-0.3	3
31	ROOPABALAN SUBRAMANIAN	WATERLOO COL	15.04	-0.1	1
32	SENAY LEAKEMARIAM	KITCHENER WA	15.07	-0.1	2

Event 102 Men 100 Meter Dash Midget WCSSAA

Records: * 11.22 12/05/2005 JORDAN MILLER-SMITH, Cameron Heig

Name	Year	School	Semis	Wind	H#
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Semi-Finals

1	MYLES DESLANDES	GALT COLLEGI	12.30Q	-0.6	2
2	JACKSON MCINTOSH	BLUEVALE COL	12.34Q	0.2	1
3	DAVID MOHAN	CAMERON HEIG	12.36Q	0.2	1
4	NICHOLAS CUMBY	GRAND RIVER	12.82Q	-0.6	2
5	MITCHELL VAN EERD	CAMERON HEIG	12.72Q	0.2	1
6	PAUL HUBBARD	SIR JOHN A.	12.87Q	-0.6	2
7	TIM BESTER	BLUEVALE COL	12.74q	0.2	1
8	JOTHAN SALFARLIE	GALT COLLEGI	12.79q	0.2	1
9	ELIJAH CALLENDAR	FOREST HEIGHTS C	12.80	0.2	1
10	ADAM DEARAGON	GRAND RIVER	12.94	0.2	1
11	JASPER ARNOLDI	GALT COLLEGI	13.00	-0.6	2
12	TRISTIN KOZUB	HURON HEIGHT	13.04	-0.6	2
13	NATHAN BALESDENT	GALT COLLEGI	13.22	-0.6	2
14	NOAH ELLIS	JACOB HESPEL	13.28	-0.6	2
15	DAMIAN HALVORSEN	FOREST HEIGHTS C	13.29	-0.6	2
16	BRUCE LY	CAMERON HEIG	13.38	0.2	1

Event 102 Men 100 Meter Dash Midget WCSSAA

Records: * 11.22 12/05/2005 JORDAN MILLER-SMITH, Cameron Heig

Name	Year	School	Finals	Wind
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Finals

1	MYLES DESLANDES	GALT COLLEGI	12.25	-0.1
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2	JACKSON MCINTOSH	BLUEVALE COL	12.36	-0.1
3	DAVID MOHAN	CAMERON HEIG	12.68	-0.1
4	NICHOLAS CUMBY	GRAND RIVER	12.71	-0.1
5	JOTHAN SALFARLIE	GALT COLLEGI	12.89	-0.1
6	MITCHELL VAN EERD	CAMERON HEIG	12.90	-0.1
7	PAUL HUBBARD	SIR JOHN A.	12.92	-0.1
8	TIM BESTER	BLUEVALE COL	13.14	-0.1

Event 103 Women 200 Meter Dash Midget WCSSAA

Records: * 26.14 10/05/2005 OLIVIA CHARNUSKI, Elmira DSS-E
 Name Year School Prelims Wind H#

Preliminaries

1	ANNIE WIDDIFIELD	BLUEVALE COL	28.76Q	-1.8	1
2	ROSLYN MAINLAND	WATERLOO-OXF	28.86Q	NWI	3
3	PENNY WELCH	SIR JOHN A.	29.67Q	NWI	4
4	ANNIE BYCA	PRESTON HIGH	29.79Q	-0.6	2
5	JULIA FREY	HURON HEIGHT	29.70q	NWI	3
6	JULIA WITMER	GRAND RIVER	30.48q	-1.8	1
7	HALEY MCLEOD	BLUEVALE COL	30.51q	NWI	3
8	BRIANNA BERRY	EASTWOOD COL	30.52q	-0.6	2
9	ALLY HIND	GALT COLLEGI	30.55	NWI	3
10	MICAELA DEVONISH	PRESTON HIGH	31.04	-1.8	1
11	STEPHANIE YANTZ	BLUEVALE COL	31.29	-1.8	1
12	KAITLYN POTH	WATERLOO-OXF	31.34	-1.8	1
13	MARSHA FACEY	HURON HEIGHT	31.57	-0.6	2
14	SHELBY FILIATRAULT	SIR JOHN A.	31.66	-0.6	2
15	MARIANNE HEMMERICH	KITCHENER WA	31.80	NWI	4
16	BEVERLY YANG	WATERLOO COL	31.93	-1.8	1
16	AKSHANTA AJAY KUMAR	CAMERON HEIG	31.93	NWI	4
18	KAITLYN BEYERS	GRAND RIVER	32.32	NWI	4
19	SAMANTHA COUTURE	WATERLOO COL	32.35	NWI	3
20	RILEY BLACKMORE	GALT COLLEGI	33.07	-1.8	1
21	MADISON BAILEY	JACOB HESPEL	33.24	NWI	3
22	MORGAN MATHESON	KITCHENER WA	33.36	-1.8	1
23	STEPHANIE BORSI	CAMERON HEIG	33.69	NWI	4
24	ESRAA CHLEILAT	GLENVIEW PAR	33.89	NWI	3
25	RHIANNAN PINNELL	WATERLOO COL	39.79	NWI	4

Event 103 Women 200 Meter Dash Midget WCSSAA

Records: * 26.14 10/05/2005 OLIVIA CHARNUSKI, Elmira DSS-E
 Name Year School Finals Wind

Finals

1	ROSLYN MAINLAND	WATERLOO-OXF	28.65	-1.5
2	ANNIE WIDDIFIELD	BLUEVALE COL	28.81	-1.5
3	ANNIE BYCA	PRESTON HIGH	29.90	-1.5
4	PENNY WELCH	SIR JOHN A.	29.94	-1.5
5	BRIANNA BERRY	EASTWOOD COL	30.08	-1.5
6	HALEY MCLEOD	BLUEVALE COL	30.48	-1.5
7	JULIA WITMER	GRAND RIVER	31.06	-1.5

Event 104 Men 200 Meter Dash Midget WCSSAA

Records: * 23.83 11/05/2005 JORDAN MILLER-SMITH, Cameron Heig

Name	Year School	Prelims	Wind	H#
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Preliminaries				
1 JACKSON MCINTOSH	BLUEVALE COL	25.20Q	NWI	4
2 MYLES DESLANDES	GALT COLLEGI	25.30Q	NWI	3
3 DAVID MOHAN	CAMERON HEIG	25.94Q	NWI	1
4 MITCHELL VAN EERD	CAMERON HEIG	26.77Q	NWI	2
5 SULAXSAN JOSEPH	WATERLOO COL	26.17q	NWI	4
6 PAUL HUBBARD	SIR JOHN A.	26.24q	NWI	4
7 NICHOLAS CUMBY	GRAND RIVER	26.35q	NWI	3
8 ALEXANDER KUTTELWASCHER	CAMERON HEIG	26.43q	NWI	4
9 JASPER ARNOLDI	GALT COLLEGI	26.72	NWI	4
10 NATHAN BALESDENT	GALT COLLEGI	26.91	NWI	1
11 DAMIAN HALVORSEN	FOREST HEIGHTS C	27.06	NWI	1
12 GARRETT KIRBY	BLUEVALE COL	27.07	NWI	2
13 TIM BESTER	BLUEVALE COL	27.10	NWI	2
14 ADAM DEARAGON	GRAND RIVER	27.41	NWI	2
15 PRANAV GAVIRNENI	CAMERON HEIG	28.79	NWI	3
16 PHILIP HUYNH	PRESTON HIGH	29.09	NWI	2
17 MARCUS GREGORY	FOREST HEIGHTS C	29.19	NWI	2
18 CURTIS HARRISON	BLUEVALE COL	29.25	NWI	4
19 MICHAEL PEPPER	GALT COLLEGI	29.31	NWI	3
20 AARON EPP	GRAND RIVER	29.53	NWI	2
21 ASHTON SUSKA	KITCHENER WA	30.18	NWI	2
22 AKEEM CAMPBELL	KITCHENER WA	35.04	NWI	4

Event 104 Men 200 Meter Dash Midget WCSSAA

Records: * 23.83 11/05/2005 JORDAN MILLER-SMITH, Cameron Heig
 Name Year School Finals Wind

Finals

1 MYLES DESLANDES	GALT COLLEGI	24.86	-2.4
2 JACKSON MCINTOSH	BLUEVALE COL	25.06	-2.4
3 DAVID MOHAN	CAMERON HEIG	25.75	-2.4
4 SULAXSAN JOSEPH	WATERLOO COL	25.83	-2.4
5 NICHOLAS CUMBY	GRAND RIVER	J25.83	-2.4
6 ALEXANDER KUTTELWASCHER	CAMERON HEIG	26.10	-2.4
7 PAUL HUBBARD	SIR JOHN A.	26.27	-2.4
8 MITCHELL VAN EERD	CAMERON HEIG	26.35	-2.4

Event 105 Women 400 Meter Dash Midget WCSSAA

Records: * 1:00.96 10/05/2006 SARAH FERGUSON, Jacob Hesple
 Name Year School Finals H#

1 KATIE SIELING	SIR JOHN A.	1:03.02	2
2 JULIA HILDEBRAND	ELMIRA DISTR	1:06.15	2
3 HAYLEY FRENCH	SIR JOHN A.	1:07.58	2
4 TAYLOR SMITH	HURON HEIGHT	1:11.67	2
5 LAUREN MCKENNA	SIR JOHN A.	1:12.31	1
6 ALEXANDRA PINTEA	HURON HEIGHT	1:13.68	1
7 SAMANTHA COUTURE	WATERLOO COL	1:13.84	2
8 BEVERLY YANG	WATERLOO COL	1:14.02	2
9 RAYAN SABOON	CAMERON HEIG	1:15.59	1
10 NICOLE SHORT	CAMERON HEIG	1:16.97	1
11 SAM KLIEWER	GALT COLLEGI	1:18.60	2

12	CAMELLIA BISSESSAR	CAMERON HEIG	1:18.62	1
13	LILLI LIU	CAMERON HEIG	1:29.71	1

Event 106 Men 400 Meter Dash Midget WCSSAA

Records: * 54.61 12/05/2010 JORDAN SHERWOOD, Cameron Heig

Name	Year	School	Finals	H#
1	DAVID MOHAN	CAMERON HEIG	58.85	3
2	TYLER ALVIANO	GALT COLLEGI	59.15	3
3	TIM BESTER	BLUEVALE COL	59.60	3
4	JUSTIN MACDONALD	SIR JOHN A.	59.70	2
5	SULAXSAN JOSEPH	WATERLOO COL	59.95	1
6	ALEXANDER KUTTELWASCHER	CAMERON HEIG	1:00.24	2
7	COLTON QUIGLEY	SOUTHWOOD SE	1:01.04	2
8	RAVI PATEL	CAMERON HEIG	1:01.70	3
9	SHELDON BUDHRAM	BLUEVALE COL	1:01.82	3
10	CHRISTIAN FRYER-DAVIS	CAMERON HEIG	1:02.53	3
11	JASPER ARNOLDI	GALT COLLEGI	1:03.92	1
12	COLIN ZORIAN	SIR JOHN A.	1:07.56	2
13	MICHAEL HOLDEN	GRAND RIVER	1:09.05	2
14	TIMOTHY SHUH	ELMIRA DISTR	1:09.31	3
14	SENAY LEAKEMARIAM	KITCHENER WA	1:09.31	3
16	ETHAN MAIN	GALT COLLEGI	1:11.73	2
17	AKEEM CAMPBELL	KITCHENER WA	1:25.95	1

Event 107 Women 800 Meter Run Midget WCSSAA

Records: * 2:26.99 13/05/2004 LINDSAY CARSON, Southwood SS

Name	Year	School	Finals
1	KATIE SIELING	SIR JOHN A.	2:34.41
2	GRACE GANY	CAMERON HEIG	2:35.42
3	TAYLOR SMITH	HURON HEIGHT	2:43.61
4	ALEXANDRA PINTEA	HURON HEIGHT	2:44.28
5	ALISHA CLANCY	WATERLOO COL	2:44.69
6	HOLLY MACINTRYE	BLUEVALE COL	2:45.04
7	ALEX HILDEBRAND	ELMIRA DISTR	2:47.78
8	JOCEYLN KIVELL	GLENVIEW PAR	2:48.43
9	LESLIE OGILVIE	GRAND RIVER	2:50.88
10	MARIANNE HEMMERICH	KITCHENER WA	2:51.94
11	NICOLE SHORT	CAMERON HEIG	2:52.36
12	TANYA HAYGARTH	HURON HEIGHT	2:57.12
13	CAMELLIA BISSESSAR	CAMERON HEIG	3:01.08
14	STEPHANIE YANTZ	BLUEVALE COL	3:03.07
15	MADISON BAILEY	JACOB HESPEL	3:04.35
16	RACHEL DIVITO	BLUEVALE COL	3:10.23
17	ELENA STRATOPOULOS	BLUEVALE COL	3:11.00
18	GWYNETH ERHARDT	HURON HEIGHT	3:13.59
19	SAM KLIOWER	GALT COLLEGI	3:16.42
20	LILLI LIU	CAMERON HEIG	3:18.31
21	JAYDEN RAU	BLUEVALE COL	3:22.16
22	BROOKE SKANES	GALT COLLEGI	3:53.85

Event 108 Men 800 Meter Run Midget WCSSAA

Records: * 2:09.28 14/05/2009 GAVIN SHIELDS, Preston High Sch

Name	Year School	Finals
1 NICK BEDI	WATERLOO COL	2:07.83*
2 AARON LEBOLD	ELMIRA DISTR	2:09.94
3 COLTON QUIGLEY	SOUTHWOOD SE	2:16.63
4 JUSTIN GROFF	WATERLOO COL	2:19.69
5 BRADLEY LLOYD	HURON HEIGHT	2:20.66
6 JUSTIN MACDONALD	SIR JOHN A.	2:22.01
7 SHELDON BUDHRAM	BLUEVALE COL	2:22.47
8 KARAN AGGARWAL	FOREST HEIGHTS C	2:22.59
9 DECLAN OUTHIT	CAMERON HEIG	2:23.23
10 BRENDAN PATTON	PRESTON HIGH	2:23.66
11 GORDON FORD	SOUTHWOOD SE	2:23.72
12 RAVI PATEL	CAMERON HEIG	2:24.62
13 RYAN ANNIS	BLUEVALE COL	2:25.91
14 ALEC ELLIOT	CAMERON HEIG	2:26.06
15 BENJAMIN CALDWELL	WATERLOO COL	2:26.64
16 ETHAN RUDD	PRESTON HIGH	2:27.27
17 ERIC HAMILTON	JACOB HESPEL	2:28.39
18 TYLER ALVIANO	GALT COLLEGI	2:28.96
19 MARCUS SMITH	GRAND RIVER	2:30.84
20 TIMOTHY SHUH	ELMIRA DISTR	2:30.85
21 TONY HUANG	SIR JOHN A.	2:31.25
22 KEVIN NOGUEIRA	HURON HEIGHT	2:32.34
23 MICHAEL HOLDEN	GRAND RIVER	2:38.39
24 AIDEN RUTHERFORD	SIR JOHN A.	2:40.25
25 NICOLAS MASK	HURON HEIGHT	2:42.45
26 JAMES OBERMEYER	HURON HEIGHT	2:45.96
27 ETHAN MAIN	GALT COLLEGI	2:48.16
28 CODY ROBERTSON	HURON HEIGHT	2:48.80
29 PATRICK WOODSTOCK	SIR JOHN A.	3:05.50
30 TYLER KENCHAN	GALT COLLEGI	3:08.07

Event 109 Women 1500 Meter Run Midget WCSSAA

Records: * 4:56.11 10/05/2006 LAUREN DOHERTY, Galt CVI-Cam

Name	Year School	Finals
1 GRACE GANY	CAMERON HEIG	5:25.42
2 TAYLOR SMITH	HURON HEIGHT	5:30.02
3 JULIA HILDEBRAND	ELMIRA DISTR	5:31.17
4 KATIE SIELING	SIR JOHN A.	5:32.14
5 HAYLEY DICK	WATERLOO-OXF	5:35.63
6 JOCEYLN KIVELL	GLENVIEW PAR	5:41.44
7 HOLLY MACINTRYE	BLUEVALE COL	5:41.53
8 JACQUI TUTSSEL	SIR JOHN A.	5:45.52
9 ALEXANDRA PINTEA	HURON HEIGHT	5:47.47
10 NICOLE SHORT	CAMERON HEIG	5:48.44
11 ALISHA CLANCY	WATERLOO COL	5:50.21
12 TANYA HAYGARTH	HURON HEIGHT	5:51.26
13 EMMA DAMIAO	WATERLOO COL	6:05.02
14 EMILY HOUAT-HENG	PRESTON HIGH	6:40.04
15 RACHEL DIVITO	BLUEVALE COL	6:40.10
16 LISA RUTHERFORD	SIR JOHN A.	6:40.40
17 SARAH HENRY	SOUTHWOOD SE	6:45.50
18 ELENA STRATOPOULOS	BLUEVALE COL	6:46.56
19 SAM KLIEWER	GALT COLLEGI	6:49.21

20	SADIE BLANCKE	CAMERON HEIG	6:50.50
21	TAYLOR GERBER	WATERLOO-OXF	6:57.35
22	LILLI LIU	CAMERON HEIG	6:58.04

Event 110 Men 1500 Meter Run Midget WCSSAA

Records: * 4:28.98 12/05/2010 MATT BANNON, EDSS

Name	Year School	Finals	
1	NICK BEDI	WATERLOO COL	4:27.21*
2	AARON LEBOLD	ELMIRA DISTR	4:38.86
3	CHRIS MOTZ	WATERLOO COL	4:44.42
4	TANNER WING	CAMERON HEIG	4:47.69
5	DECLAN OUTHIT	CAMERON HEIG	4:52.13
6	ETHAN RUDD	PRESTON HIGH	4:52.95
7	BRENDAN PATTON	PRESTON HIGH	4:54.11
8	JOE SILVA	PRESTON HIGH	4:57.62
9	BENJAMIN CALDWELL	WATERLOO COL	5:00.65
10	BRADLEY LLOYD	HURON HEIGHT	5:01.79
11	GARRETT LYONS	GLENVIEW PAR	5:08.31
12	ALEX COLENUTT	CAMERON HEIG	5:08.52
13	SHELDON BUDHRAM	BLUEVALE COL	5:08.74
14	GORDON FORD	SOUTHWOOD SE	5:09.05
15	JOE SHERIDAN	CAMERON HEIG	5:12.14
16	KARAN AGGARWAL	FOREST HEIGHTS C	5:13.37
17	KEVIN NOGUEIRA	HURON HEIGHT	5:15.10
18	MIKE PAVEL	CAMERON HEIG	5:16.13
19	AIDEN RUTHERFORD	SIR JOHN A.	5:16.34
20	JUSTIN MACDONALD	SIR JOHN A.	5:25.31
21	PETER REDEKOP	SIR JOHN A.	5:25.56
22	MATTHEW BURT	FOREST HEIGHTS C	5:26.07
23	TYLER ALVIANO	GALT COLLEGI	5:26.60
24	BEN ALLAN	CAMERON HEIG	5:27.48
25	RYAN ANNIS	BLUEVALE COL	5:29.07
26	COLLIN EBEL	GRAND RIVER	5:37.69
27	JACOB BETHELL	EASTWOOD COL	5:39.92
28	JAMES OBERMEYER	HURON HEIGHT	5:43.18
29	ETHAN MAIN	GALT COLLEGI	5:43.54
30	ALEC ELLIOT	CAMERON HEIG	5:44.01
31	CODY ROBERTSON	HURON HEIGHT	5:52.38
32	TYLER KENCHAN	GALT COLLEGI	6:10.48
33	PATRICK WOODSTOCK	SIR JOHN A.	6:12.28
34	ANDREW REHKOPF	WATERLOO-OXF	6:26.99

Event 111 Women 3000 Meter Run Midget WCSSAA

Records: * 10:56.80 11/05/2006 LAUREN DOHERTY, Galt CVI-Cam

Name	Year School	Finals	
1	ALEX HILDEBRAND	ELMIRA DISTR	12:12.48
2	GRACE GANY	CAMERON HEIG	12:14.16
3	JACQUI TUTSSEL	SIR JOHN A.	12:30.04
4	HAYLEY DICK	WATERLOO-OXF	12:31.83
5	TANYA HAYGARTH	HURON HEIGHT	13:20.21
6	SARAH HENRY	SOUTHWOOD SE	14:09.12
7	RACHEL DIVITO	BLUEVALE COL	14:17.86
8	ELENA STRATOPOULOS	BLUEVALE COL	14:25.60

9 GWYNETH ERHARDT HURON HEIGHT 14:26.48

Event 112 Men 3000 Meter Run Midget WCSSAA

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Records: * 9:34.08 13/05/2010 MATT BANNON, EDSS

Name	Year	School	Finals
1 NICK BEDI		WATERLOO COL	10:06.06
2 TANNER WING		CAMERON HEIG	10:11.04
3 CHRIS MOTZ		WATERLOO COL	10:15.42
4 DECLAN OUTHIT		CAMERON HEIG	10:43.02
5 CAL REDMOND		GRAND RIVER	10:58.67
6 JOE SILVA		PRESTON HIGH	10:59.94
7 JOE SHERIDAN		CAMERON HEIG	11:13.81
8 ALEX COLENUTT		CAMERON HEIG	11:19.73
9 GARRETT LYONS		GLENVIEW PAR	11:26.03
10 MIKE PAVEL		CAMERON HEIG	11:35.39
11 AIDEN RUTHERFORD		SIR JOHN A.	11:36.82
12 GORDON FORD		SOUTHWOOD SE	11:40.90
13 PETER REDEKOP		SIR JOHN A.	11:48.34
14 BEN ALLAN		CAMERON HEIG	12:03.65
15 BRADLEY LLOYD		HURON HEIGHT	12:13.47
16 CODY ROBERTSON		HURON HEIGHT	12:32.44
17 TYLER KENCHAN		GALT COLLEGI	14:09.82
-- MATTHEW BURT		FOREST HEIGHTS C	DQ

Event 113 Women 80 Meter Hurdles Midget WCSSAA

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Records: * 12.02 10/05/2006 SARAH FERGUSON, Jacob Hesple

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 MICAELA MCLEAN		HURON HEIGHT	12.59Q	NWI	3
2 JULIA FREY		HURON HEIGHT	13.51Q	NWI	1
3 KATHRYN CHANTHALYMA		CAMERON HEIG	15.96Q	NWI	2
4 CHANTAL LIEU		GLENVIEW PAR	16.67Q	NWI	1
5 STEPHANIE BORSI		CAMERON HEIG	16.79Q	NWI	3
6 ASHLEY EDWARDS		EASTWOOD COL	18.50Q	NWI	2
7 OTO ABDALLA		WATERLOO COL	16.87q	NWI	3
8 HEATHER FRIEDEL		WATERLOO COL	16.96q	NWI	1
9 HANNAH SUTHERNS		CAMERON HEIG	17.18	NWI	1
10 EILISH CASHUBEC		WATERLOO COL	17.50	NWI	1
11 HELINA SAMUEL		CAMERON HEIG	18.04	NWI	3
12 SHANNON ELLIOT		CAMERON HEIG	18.56	NWI	3
13 BECKY CONNOLLY		GLENVIEW PAR	18.78	NWI	3
14 JODIE DROVER		WATERLOO COL	19.00	NWI	2
15 RAYAN SABOON		CAMERON HEIG	19.76	NWI	2
16 EMILY HULL		EASTWOOD COL	19.82	NWI	2

Event 113 Women 80 Meter Hurdles Midget WCSSAA

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Records: * 12.02 10/05/2006 SARAH FERGUSON, Jacob Hesple

Name	Year	School	Finals	Wind
Finals				
1 MICAELA MCLEAN		HURON HEIGHT	12.37	-0.4
2 JULIA FREY		HURON HEIGHT	13.08	-0.4

3	KATHRYN CHANTHALYMA	CAMERON HEIG	15.93	-0.4
4	CHANTAL LIEU	GLENVIEW PAR	16.44	-0.4
5	STEPHANIE BORSI	CAMERON HEIG	16.86	-0.4
6	HEATHER FRIEDEL	WATERLOO COL	17.30	-0.4
7	OTO ABDALLA	WATERLOO COL	17.88	-0.4
8	ASHLEY EDWARDS	EASTWOOD COL	19.52	-0.4

Event 114 Men 100 Meter Hurdles Midget WCSSAA

Records: * 14.27 12/05/2010 JORDAN SHERWOOD, Cameron Heig

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	NATHAN BALESDENT	GALT COLLEGI	16.73Q	NWI	1
2	ELIJAH CALLENDAR	FOREST HEIGHTS C	17.59Q	NWI	2
3	CHRISTIAN FRYER-DAVIS	CAMERON HEIG	17.31Q	NWI	1
4	MATTHEW GREGORY	BLUEVALE COL	18.68Q	NWI	2
5	JOTHAN SALFARLIE	GALT COLLEGI	18.41Q	NWI	1
6	NICKOLAS JOHNSTON	PRESTON HIGH	20.58Q	NWI	2
7	ANDREW BRADLEY	JACOB HESPEL	18.67q	NWI	1
8	ANDREW JACKSON	CAMERON HEIG	22.15q	NWI	1
9	JORDAN LEMP	ELMIRA DISTR	22.67	NWI	2

Event 114 Men 100 Meter Hurdles Midget WCSSAA

Records: * 14.27 12/05/2010 JORDAN SHERWOOD, Cameron Heig

Name	Year	School	Finals	Wind
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Finals

1	NATHAN BALESDENT	GALT COLLEGI	17.01	-1.6
2	CHRISTIAN FRYER-DAVIS	CAMERON HEIG	17.17	-1.6
3	ELIJAH CALLENDAR	FOREST HEIGHTS C	17.78	-1.6
4	ANDREW BRADLEY	JACOB HESPEL	17.83	-1.6
5	JOTHAN SALFARLIE	GALT COLLEGI	18.08	-1.6
6	MATTHEW GREGORY	BLUEVALE COL	18.40	-1.6
7	NICKOLAS JOHNSTON	PRESTON HIGH	20.07	-1.6
8	ANDREW JACKSON	CAMERON HEIG	21.02	-1.6

Event 115 Women 300 Meter Hurdles Midget WCSSAA

Records: * 45.49 11/05/2006 SARAH FERGUSON, Jacob Hesple

Name	Year	School	Finals	H#
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1	MICAELA MCLEAN	HURON HEIGHT	48.94	2
2	JOCEYLN KIVELL	GLENVIEW PAR	52.24	2
3	PENNY WELCH	SIR JOHN A.	53.05	2
4	HAYLEY FRENCH	SIR JOHN A.	54.46	2
5	JACQUI TUTSSEL	SIR JOHN A.	57.05	2
6	BARII SHAFI	WATERLOO COL	57.78	1
7	LAUREN MCKENNA	SIR JOHN A.	58.44	1
8	COURTNEY CONROY	SIR JOHN A.	1:00.18	2
9	STEPHANIE BORSI	CAMERON HEIG	1:00.84	1
10	HEATHER FRIEDEL	WATERLOO COL	1:05.19	1

Event 116 Men 300 Meter Hurdles Midget WCSSAA

Records: * 42.34 13/05/2007 TOM WOODHOUSE, Huron Heights SS

Name	Year	School	Finals	
1	MADALITSO	MCHAINA	SOUTHWOOD SE	44.06
2	CHRISTIAN	FRYER-DAVIS	CAMERON HEIG	46.31
3	PAUL	HUBBARD	SIR JOHN A.	49.30
4	BEN	ETIENNE	GRAND RIVER	49.80
5	COLIN	ZORIAN	SIR JOHN A.	51.35
6	TONY	HUANG	SIR JOHN A.	53.41
7	ANDREW	JACKSON	CAMERON HEIG	54.61

Event 117 Women High Jump Midget WCSSAA

Records: * 1.50m 13/05/2009 AVRYA JANKE, Kitchener Waterl				
Name	Year	School	Finals	
1	JACKIE	PASSARELLI	SOUTHWOOD SE	1.35m
2	MARY	WORNDL	GRAND RIVER	1.25m
3	ABBY	BRECKLES	WATERLOO COL	1.20m
3	ASHLEY	EDWARDS	EASTWOOD COL	1.20m

Event 118 Men High Jump Midget WCSSAA

Records: * 1.75m 13/05/2010 BRADEN COK, Sir John A.				
Name	Year	School	Finals	
1	IFABIYI	ADARAN	HURON HEIGHT	1.55m
2	MARCUS	GREGORY	FOREST HEIGHTS C	1.50m
2	MICHAEL	PEPPER	GALT COLLEGI	1.50m
2	TRISTIN	KOZUB	HURON HEIGHT	1.50m
5	NOAH	ELLIS	JACOB HESPEL	J1.50m
5	NICK	NORCOTT	CAMERON HEIG	J1.50m
7	ALEX	KNARR	WATERLOO COL	1.45m
8	TYLER	CHEESEMAN	WATERLOO COL	J1.45m
9	NICKOLAS	JOHNSTON	PRESTON HIGH	J1.45m
10	ERIC	HAMILTON	JACOB HESPEL	1.40m
11	ASHTON	SUSKA	KITCHENER WA	1.30m
--	JACOB	BETHELL	EASTWOOD COL	FAIL
--	KYLE	DIEBOLT	KITCHENER WA	FAIL

Event 120 Men Pole Vault Midget WCSSAA

Records: * 3.20m 13/05/2009 NIC HOEDIONO, Sir John A. Macd				
Name	Year	School	Finals	
1	MICHAEL	HOLDEN	GRAND RIVER	2.40m
1	NOAH	ELLIS	JACOB HESPEL	2.40m
3	BENJAMIN	DRUNG	CAMERON HEIG	2.20m
4	CAL	REDMOND	GRAND RIVER	J2.20m
5	COLIN	ZORIAN	SIR JOHN A.	J2.20m
6	BRUCE	LY	CAMERON HEIG	J2.20m
7	EVAN	RAVN	JACOB HESPEL	J2.20m
7	ALEX	COLENTT	CAMERON HEIG	J2.20m
9	PETER	REDEKOP	SIR JOHN A.	1.90m
10	ANDREW	JACKSON	CAMERON HEIG	1.60m

Event 121 Women Long Jump Midget WCSSAA

Records: * 5.03m 12/05/2004 KATIE WEILER, Elmira DSS-E

Name	Year	School	Finals	Wind
1		MICAELA MCLEAN	HURON HEIGHT	4.85m NWI
2		HALEY MCLEOD	BLUEVALE COL	4.74m NWI
3		JEN SCHROEDER	SOUTHWOOD SE	4.49m NWI
4		COURTNEY BRUGGER	JACOB HESPEL	4.34m NWI
5		ALEEF A DEVJI	CAMERON HEIG	4.31m NWI
6		ANNIE BYCA	PRESTON HIGH	4.15m NWI
7		LESLIE OGILVIE	GRAND RIVER	4.07m NWI
8		KATHRYN CHANTHALYMA	CAMERON HEIG	4.04m NWI
9		ANDREA SABO	CAMERON HEIG	4.02m NWI
10		MICAELA DEVONISH	PRESTON HIGH	3.95m NWI
11		ALISHA CLANCY	WATERLOO COL	3.94m NWI
12		ANNIE WIDDIFIELD	BLUEVALE COL	3.84m NWI
13		KAELAN RUDDICK	WATERLOO-OXF	3.78m NWI
14		RILEY BENNETT	SOUTHWOOD SE	3.76m NWI
15		HAYLEY FRENCH	SIR JOHN A.	3.73m NWI
16		JODIE DROVER	WATERLOO COL	3.71m NWI
17		MELANIE TRAN	CAMERON HEIG	3.64m NWI
18		ALLY HIND	GALT COLLEGI	3.62m NWI
19		ISOBEL REKERS	SOUTHWOOD SE	3.61m NWI
20		HAYLEY OESCH	HURON HEIGHT	3.56m NWI
21		HOLLY MACINTRYE	BLUEVALE COL	3.53m NWI
21		COURTNEY CONROY	SIR JOHN A.	3.53m NWI
23		BARII SHAFI	WATERLOO COL	3.42m NWI
23		ESRAA CHLEILAT	GLENVIEW PAR	3.42m NWI
23		EMMA HUDDLE	SOUTHWOOD SE	3.42m NWI
26		KARLA GLADAMEZ	GRAND RIVER	3.41m NWI
27		SADIE BLANCKE	CAMERON HEIG	3.40m NWI
28		TARA FUNSTON	GRAND RIVER	3.23m NWI
29		HALEY KING	JACOB HESPEL	3.21m NWI
30		KAITLYN BEYERS	GRAND RIVER	3.20m NWI
31		MARSHA FACEY	HURON HEIGHT	3.10m NWI
32		JAYDEN RAU	BLUEVALE COL	2.98m NWI
33		ARWEN MACPHEE-WAGNER	CAMERON HEIG	2.86m NWI
34		SHANNON ELLIOT	CAMERON HEIG	2.78m NWI
35		AASHNA OHRI	HURON HEIGHT	2.59m NWI
36		ABBY HUTCHINSON	GALT COLLEGI	2.34m NWI
37		RILEY BLACKMORE	GALT COLLEGI	2.15m NWI
38		BROOKE SKANES	GALT COLLEGI	1.98m NWI
39		JESSIE CANN	GLENVIEW PAR	1.65m NWI
--		ALYNA WALJI	FOREST HEIGHTS C	FOUL
--		ZAYNAB KANU	EASTWOOD COL	FOUL
--		AKSHANTA AJAY KUMAR	CAMERON HEIG	FOUL

Event 122 Men Long Jump Midget WCSSAA

Name	Year	School	Finals	Wind
1		MADALITSO MCHAINA	SOUTHWOOD SE	5.91m NWI
2		MYLES DESLANDES	GALT COLLEGI	5.75m NWI
3		IFABIYI ADARAN	HURON HEIGHT	5.45m NWI
4		SULAXSAN JOSEPH	WATERLOO COL	5.38m NWI
5		ELIJAH CALLENDAR	FOREST HEIGHTS C	5.15m NWI
6		TYLER CHEESEMAN	WATERLOO COL	4.90m NWI

7	NICK NORCOTT	CAMERON HEIG	4.88m	NWI
8	JOSH ROGER	PRESTON HIGH	4.87m	NWI
9	BRENDAN PATTON	PRESTON HIGH	4.81m	NWI
10	BRUCE LY	CAMERON HEIG	4.76m	NWI
11	MARCUS GREGORY	FOREST HEIGHTS C	4.61m	NWI
12	ALEX KNARR	WATERLOO COL	4.59m	NWI
13	ANDREW BRADLEY	JACOB HESPEL	4.41m	NWI
14	ETAI MIZRAHI	WATERLOO COL	4.40m	NWI
15	KYLE DIEBOLT	KITCHENER WA	4.36m	NWI
16	COREY LANGAN	BLUEVALE COL	4.34m	NWI
17	PRANAV GAVIRNENI	CAMERON HEIG	4.33m	NWI
18	TIMOTHY MACLEOD	KITCHENER WA	4.32m	NWI
19	ERIC HAMILTON	JACOB HESPEL	4.31m	NWI
20	GARRETT KIRBY	BLUEVALE COL	4.26m	NWI
21	RYAN ANNIS	BLUEVALE COL	4.18m	NWI
22	ALEC ELLIOT	CAMERON HEIG	4.17m	NWI
23	PHILIP HUYNH	PRESTON HIGH	4.00m	NWI
24	NICKOLAS JOHNSTON	PRESTON HIGH	3.99m	NWI
25	SAM YOON	WATERLOO COL	3.97m	NWI
26	SAKHON CHANTHALYMA	HURON HEIGHT	3.95m	NWI
27	NICK SALINITRI	GLENVIEW PAR	3.91m	NWI
28	NICK PACKULL-MCCORMICK	EASTWOOD COL	3.80m	NWI
29	COREY KNIGHT	KITCHENER WA	3.60m	NWI
30	MICHAEL ABBOTT	KITCHENER WA	3.27m	NWI
31	AKEEM CAMPBELL	KITCHENER WA	2.64m	NWI

Event 123 Women Triple Jump Midget WCSSAA

Records: * 10.06m 13/05/2007 MICHELLE CRESS, Bluevale CI-

Name	Year	School	Finals	Wind
1	COURTNEY BRUGGER	JACOB HESPEL	10.04m	NWI
2	CASEY INGOLD	WATERLOO-OXF	9.09m	NWI
3	ASHLEY EDWARDS	EASTWOOD COL	8.93m	NWI
4	ALEEF A DEVJI	CAMERON HEIG	8.78m	NWI
4	COURTNEY CONROY	SIR JOHN A.	8.78m	NWI
6	ANDREA SABO	CAMERON HEIG	8.41m	NWI
7	MELANIE TRAN	CAMERON HEIG	8.24m	NWI
8	MORGAN MATHESON	KITCHENER WA	7.93m	NWI
9	AERIN VENEMA	SIR JOHN A.	7.50m	NWI
10	SARAH HENRY	SOUTHWOOD SE	7.42m	NWI
11	ARWEN MACPHEE-WAGNER	CAMERON HEIG	6.43m	NWI
12	AASHNA OHRI	HURON HEIGHT	6.37m	NWI

Event 124 Men Triple Jump Midget WCSSAA

Records: * 13.10m 14/05/2009 MITCHELL O'DONNELL, Cameron Heights

Name	Year	School	Finals	Wind
1	MADALITSO MCHAINA	SOUTHWOOD SE	12.72m	NWI
2	IFABIYI ADARAN	HURON HEIGHT	11.48m	NWI
3	JARRETT PARKER	GRAND RIVER	11.11m	NWI
4	ALEXANDER KUTTELWASCHER	CAMERON HEIG	11.04m	NWI
5	ETAI MIZRAHI	WATERLOO COL	10.24m	NWI
6	COREY LANGAN	BLUEVALE COL	10.23m	NWI
7	JOTHAN SALFARLIE	GALT COLLEGI	9.88m	NWI
8	ANDREW BRADLEY	JACOB HESPEL	9.56m	NWI

9	ETHAN RUDD	PRESTON HIGH	9.53m	NWI
10	BENJAMIN DRUNG	CAMERON HEIG	9.46m	NWI
11	NEIL AULTMAN	KITCHENER WA	8.85m	NWI
12	SENAY LEAKEMARIAM	KITCHENER WA	8.30m	NWI
--	TRISTIN KOZUB	HURON HEIGHT	FOUL	

Event 125 Women Shot Put Midget WCSSAA

=====				
Records: * 10.71m 14/05/2008 JILL VAN DAME, Bluevale CI-				
	Name	Year School		Finals
=====				
1	DANIELLE SCHAEFER	SIR JOHN A.	7.84m	
2	BRIANNA BERRY	EASTWOOD COL	7.26m	
3	FAITH WEBBER	HURON HEIGHT	6.49m	
4	ABBY BRECKLES	WATERLOO COL	6.45m	
5	AYA SIDAHMED	FOREST HEIGHTS C	6.09m	
6	ANGELA SHAW	CAMERON HEIG	5.87m	
7	ZAYNAB KANU	EASTWOOD COL	5.59m	
8	SADIE BLANCKE	CAMERON HEIG	5.18m	
9	RHIANNAN PINNELL	WATERLOO COL	4.77m	
10	KAELAN RUDDICK	WATERLOO-OXF	4.64m	
11	ZARA HASAN	WATERLOO COL	4.56m	

Event 126 Men Shot Put Midget WCSSAA

=====				
Records: * 13.97m 10/05/2005 BASIL HAMMOUD, Grand River				
	Name	Year School		Finals
=====				
1	MATTHEW ROSS	CAMERON HEIG	11.76m	
2	JACK VAN DAMME	BLUEVALE COL	11.54m	
3	JON KOLB	WATERLOO COL	11.11m	
4	ETHAN GAGNE	PRESTON HIGH	10.97m	
5	HASSANEIN AL-KHAFAJI	EASTWOOD COL	10.57m	
6	NATHAN ADAMS	BLUEVALE COL	10.07m	
7	JOSH MORENCY	BLUEVALE COL	9.51m	
8	AARON HALL	BLUEVALE COL	8.92m	
9	SAM WINTERTON	HURON HEIGHT	8.82m	
10	ALI BAGHERI	WATERLOO COL	8.59m	
11	RYDER HAVRAN	BLUEVALE COL	8.16m	
12	ERIC WOODS	WATERLOO COL	6.22m	
13	DANNY CALDER	FOREST HEIGHTS C	6.06m	
14	DEAN ALLEN	KITCHENER WA	4.94m	

Event 127 Women Discus Throw Midget WCSSAA

=====				
Records: * 32.15m 15/05/2008 JILL VAN DAME, Bluevale CI-				
	Name	Year School		Finals
=====				
1	DANIELLE SCHAEFER	SIR JOHN A.	18.85m	
2	BRIANNA BERRY	EASTWOOD COL	17.86m	
3	AYA SIDAHMED	FOREST HEIGHTS C	15.98m	
4	ANGELA SHAW	CAMERON HEIG	13.99m	
5	ALYNA WALJI	FOREST HEIGHTS C	13.18m	
6	FAITH WEBBER	HURON HEIGHT	12.90m	
7	SARAH MACKIE	GLENVIEW PAR	12.09m	

Event 128 Men Discus Throw Midget WCSSAA

Records: * 40.05m 11/05/2006 KYLE SCHEIFELE, Grand River			
Name	Year	School	Finals
1	JACK VAN DAMME	BLUEVALE COL	39.74m
2	MATTHEW ROSS	CAMERON HEIG	33.28m
3	ETHAN GAGNE	PRESTON HIGH	30.90m
4	HASSANEIN AL-KHAFAJI	EASTWOOD COL	30.79m
5	JON KOLB	WATERLOO COL	27.79m
6	DAMIAN HALVORSEN	FOREST HEIGHTS C	26.88m
7	JOSH MORENCY	BLUEVALE COL	25.89m
8	CURTIS HARRISON	BLUEVALE COL	25.22m
9	ROOPABALAN SUBRAMANIAN	WATERLOO COL	23.72m
10	RYDER HAVRAN	BLUEVALE COL	22.11m
11	SAM WINTERTON	HURON HEIGHT	21.64m
12	MICHAEL ABBOTT	KITCHENER WA	20.23m
13	NATHAN ADAMS	BLUEVALE COL	20.03m
14	COREY KNIGHT	KITCHENER WA	19.91m
15	SAKHON CHANTHALYMA	HURON HEIGHT	19.48m
16	TIMOTHY MACLEOD	KITCHENER WA	18.23m
17	ERIC WOODS	WATERLOO COL	17.40m
18	AARON HALL	BLUEVALE COL	17.28m
19	DANNY CALDER	FOREST HEIGHTS C	15.05m

Event 129 Women Javelin Throw Midget WCSSAA

Records: * 32.56m 15/05/2008 JILL VAN DAME, Bluevale CI-			
Name	Year	School	Finals
1	LYDIA CHARTERS	BLUEVALE COL	17.72m
2	KAELAN RUDDICK	WATERLOO-OXF	15.77m
3	DANIELLE SCHAEFER	SIR JOHN A.	15.68m
4	BECKY CONNOLLY	GLENVIEW PAR	14.63m
5	ABBY BRECKLES	WATERLOO COL	14.03m
6	ANGELA SHAW	CAMERON HEIG	10.87m
7	SARAH MACKIE	GLENVIEW PAR	10.66m
8	ALLY KOLAPAK	CAMERON HEIG	9.07m

Event 130 Men Javelin Throw Midget WCSSAA

Records: * 40.88m 14/05/2008 BRIAN DORAN, Southwood SS			
Name	Year	School	Finals
1	JARRETT PARKER	GRAND RIVER	47.48m*
2	JACK VAN DAMME	BLUEVALE COL	35.17m
3	JAMES OBERMEYER	HURON HEIGHT	33.74m
4	GARRETT KIRBY	BLUEVALE COL	33.10m
5	NATHAN ADAMS	BLUEVALE COL	33.08m
6	ALI BAGHERI	WATERLOO COL	32.64m
7	ETHAN GAGNE	PRESTON HIGH	32.51m
8	HASSANEIN AL-KHAFAJI	EASTWOOD COL	32.12m
9	MATTHEW ROSS	CAMERON HEIG	27.99m
10	BLAKE JESSO	BLUEVALE COL	27.54m
11	AARON HALL	BLUEVALE COL	26.13m
12	CURTIS HARRISON	BLUEVALE COL	25.94m
13	JUSTIN GROFF	WATERLOO COL	25.82m
14	DANNY CALDER	FOREST HEIGHTS C	25.77m

6	MELISSA MAJONI	FOREST HEIGHTS C	14.71Q	-1.8	2
7	LAURA PRITCHARD	GALT COLLEGI	14.77Q	-2.7	4
7	HAYLEY HESS	SIR JOHN A.	14.77Q	-1.9	3
9	JULIANNA YEUNG	BLUEVALE COL	14.77Q	-1.8	2
10	MEGAN KIM	WATERLOO COL	14.81Q	-1.9	3
11	QUYNH DAO	CAMERON HEIG	15.70Q	-2.7	4
12	GEORGIE GAGNON	PRESTON HIGH	16.34Q	-2.7	1
13	HEATHER DRESCHER	GRAND RIVER	14.90q	-1.9	3
14	KILMENY CARETTE	FOREST HEIGHTS C	15.06q	-1.9	3
15	KATHLEEN DAUB	GRAND RIVER	16.01q	-2.7	4
16	HANNAH CHUBB	CAMERON HEIG	16.04q	-1.8	2
17	MARYAM GOLAFSHANI	CAMERON HEIG	16.07	-2.7	4
18	SARAH TWOMEY	EASTWOOD COL	16.23	-1.9	3
19	TERESA SIMONS	WATERLOO COL	16.32	-1.9	3
20	RACHEL FINCH	WATERLOO COL	16.35	-2.7	1
21	BRONICA PHOMMAVANH	CAMERON HEIG	16.38	-2.7	1
22	EDEN JAKOB	SOUTHWOOD SE	16.39	-2.7	1
23	VICKI VILAYHONG	CAMERON HEIG	16.41	-1.8	2
24	REBECCA JONES	WATERLOO COL	16.63	-2.7	4
25	TAMARA MARTICOTTE	HURON HEIGHT	16.68	-2.7	4
26	LAUREN CRAIK	WATERLOO COL	16.97	-1.8	2
27	CHEYENNE KHAN	KITCHENER WA	17.05	-1.8	2
28	JORDAN HOOD	GALT COLLEGI	17.75	-2.7	1

Event 133 Women 100 Meter Dash Junior WCSSAA

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Records: * 12.26 10/05/2005 MARIE FOURIE, Cameron Heig

Name	Year	School	Semis	Wind	H#
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Semi-Finals

1	TEGAN SAUER	FOREST HEIGHTS C	13.23Q	-2.4	2
2	MADDY TAYLOR	SIR JOHN A.	13.55Q	-0.5	1
3	EMMA SCHROEDER	SOUTHWOOD SE	13.72Q	-0.5	1
4	SARAH SHEPHERD	SIR JOHN A.	14.31Q	-2.4	2
5	MELISSA MAJONI	FOREST HEIGHTS C	14.31Q	-0.5	1
6	JESS AUTHIER	SIR JOHN A.	14.33Q	-2.4	2
7	JULIANNA YEUNG	BLUEVALE COL	14.50q	-2.4	2
7	LAURA PRITCHARD	GALT COLLEGI	14.50q	-0.5	1
9	HAYLEY HESS	SIR JOHN A.	14.55	-2.4	2
10	MEGAN KIM	WATERLOO COL	14.74	-0.5	1
11	KILMENY CARETTE	FOREST HEIGHTS C	14.90	-0.5	1
12	HEATHER DRESCHER	GRAND RIVER	14.93	-2.4	2
13	QUYNH DAO	CAMERON HEIG	15.11	-0.5	1
14	KATHLEEN DAUB	GRAND RIVER	15.30	-0.5	1
15	GEORGIE GAGNON	PRESTON HIGH	15.42	-2.4	2
16	HANNAH CHUBB	CAMERON HEIG	15.63	-2.4	2

Event 133 Women 100 Meter Dash Junior WCSSAA

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Records: * 12.26 10/05/2005 MARIE FOURIE, Cameron Heig

Name	Year	School	Finals	Wind
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Finals

1	TEGAN SAUER	FOREST HEIGHTS C	13.08	0.1
2	MADDY TAYLOR	SIR JOHN A.	13.81	0.1
3	SARAH SHEPHERD	SIR JOHN A.	14.01	0.1
4	JESS AUTHIER	SIR JOHN A.	14.20	0.1

5	MELISSA MAJONI	FOREST HEIGHTS C	14.66	0.1
6	JULIANNA YEUNG	BLUEVALE COL	14.68	0.1
7	LAURA PRITCHARD	GALT COLLEGI	14.71	0.1

Event 134 Men 100 Meter Dash Junior WCSSAA

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Records: * 10.96 12/05/2007 SCOTT CAMPBELL, Galt CVI-Cam

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	MICHAEL PIASECZNEY	SIR JOHN A.	12.15Q	-0.9	4
2	DENNIS HONG	SIR JOHN A.	12.37Q	0.2	3
3	ADAM GREY	PRESTON HIGH	12.41Q	-1.6	2
4	MATT COATES	GALT COLLEGI	12.42Q	-0.1	1
5	SHAQUILLE JONES	SIR JOHN A.	12.57Q	-1.3	5
6	MATT BELL	SIR JOHN A.	12.45Q	-1.6	2
7	KEVIN HENRY	CAMERON HEIG	12.75Q	-1.3	5
8	ADRIAN DOYLE	CAMERON HEIG	13.00Q	-0.1	1
9	DARIN FAST	SIR JOHN A.	13.02Q	0.2	3
10	BRANDON LOEWEN	WATERLOO COL	13.22Q	-0.9	4
11	ETHAN BRAZEAU	GRAND RIVER	12.60q	-1.6	2
12	MOHAMMAD KROMAH	EASTWOOD COL	12.61q	-1.6	2
13	RYAN RITCHIE	GALT COLLEGI	12.85q	-1.3	5
14	SCOTT HOLTON	GALT COLLEGI	12.91q	-1.3	5
15	DESHAWN HAYES	EASTWOOD COL	12.99q	-1.6	2
16	LANDON ADAMS	PRESTON HIGH	13.09q	-0.1	1
17	BRIAN MUNDT	SIR JOHN A.	13.14	-0.1	1
18	CHUDER TENY	GRAND RIVER	13.16	0.2	3
19	AARON LOTT	WATERLOO COL	13.28	-0.1	1
20	JACOB FRYER	BLUEVALE COL	13.29	-1.6	2
20	BRANDON SUN	HURON HEIGHT	13.29	-1.6	2
22	MICHAEL DICK	WATERLOO COL	13.30	-1.3	5
23	JERRY LIU	WATERLOO COL	13.42	-0.9	4
24	DEVIN CREIGHTON-YOUNG	GLENVIEW PAR	13.51	-0.1	1
25	MARK WANG	JACOB HESPEL	13.61	-0.1	1
26	CLAY ALLAN	CAMERON HEIG	13.71	0.2	3
27	PRIYAM PAUL	WATERLOO COL	13.72	-1.3	5
27	DEVON BACHU	GALT COLLEGI	13.72	0.2	3
29	CONNOR VASEY	SIR JOHN A.	13.78	0.2	3
30	KARL VANRUNT	GLENVIEW PAR	13.82	-0.1	1
31	JACOB UHLIG	WATERLOO COL	13.99	-1.6	2
32	COLLIN KWON	BLUEVALE COL	14.15	-0.9	4
33	KEVIN SHI	WATERLOO COL	14.36	-0.9	4
34	MATTHEW BERGERON	WATERLOO COL	14.53	-1.3	5

Event 134 Men 100 Meter Dash Junior WCSSAA

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Records: * 10.96 12/05/2007 SCOTT CAMPBELL, Galt CVI-Cam

Name	Year	School	Semis	Wind	H#
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Semi-Finals

1	MICHAEL PIASECZNEY	SIR JOHN A.	11.95Q	-0.8	2
2	DENNIS HONG	SIR JOHN A.	12.06Q	-0.7	1
3	MATT BELL	SIR JOHN A.	12.14Q	-0.7	1
4	SHAQUILLE JONES	SIR JOHN A.	12.18Q	-0.8	2
5	MOHAMMAD KROMAH	EASTWOOD COL	12.46Q	-0.8	2
6	ETHAN BRAZEAU	GRAND RIVER	12.56Q	-0.7	1

7	MATT COATES	GALT COLLEGI	12.55q	-0.8	2
8	KEVIN HENRY	CAMERON HEIG	12.72q	-0.7	1
9	RYAN RITCHIE	GALT COLLEGI	12.75	-0.8	2
10	SCOTT HOLTON	GALT COLLEGI	12.82	-0.7	1
11	ADRIAN DOYLE	CAMERON HEIG	12.90	-0.8	2
12	DESHAWN HAYES	EASTWOOD COL	12.92	-0.7	1
13	BRANDON LOEWEN	WATERLOO COL	12.98	-0.7	1
14	LONDON ADAMS	PRESTON HIGH	13.10	-0.8	2

Event 134 Men 100 Meter Dash Junior WCSSAA

Records: * 10.96 12/05/2007 SCOTT CAMPBELL, Galt CVI-Cam

Name	Year	School	Finals	Wind
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Finals

1	DENNIS HONG	SIR JOHN A.	12.20	-2.2
2	MICHAEL PIASECZNEY	SIR JOHN A.	12.37	-2.2
3	MOHAMMAD KROMAH	EASTWOOD COL	12.55	-2.2
4	SHAQUILLE JONES	SIR JOHN A.	12.61	-2.2
5	MATT BELL	SIR JOHN A.	12.62	-2.2
6	ETHAN BRAZEAU	GRAND RIVER	12.64	-2.2
7	MATT COATES	GALT COLLEGI	12.76	-2.2
8	KEVIN HENRY	CAMERON HEIG	13.15	-2.2

Event 135 Women 200 Meter Dash Junior WCSSAA

Records: * 25.84 14/05/2008 CHISOMO MCHAINA, Southwood SS

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	RHEANNA BULTEN	PRESTON HIGH	27.85Q	NWI	2
2	EMMA SCHROEDER	SOUTHWOOD SE	29.57Q	NWI	3
3	MEGAN PARSONS	HURON HEIGHT	29.89Q	NWI	1
4	LAURA PRITCHARD	GALT COLLEGI	30.53Q	NWI	2
5	MICHELLE THOMPSON	HURON HEIGHT	31.11Q	NWI	1
6	ASHLYN BECKMAN	GALT COLLEGI	32.33Q	NWI	3
7	DESIREE THOMPSON	GLENVIEW PAR	30.91q	NWI	2
8	JULIANNA YEUNG	BLUEVALE COL	31.17q	NWI	1
9	KILMENY CARETTE	FOREST HEIGHTS C	31.66	NWI	1
10	MELISSA MAJONI	FOREST HEIGHTS C	32.06	NWI	1
11	QUYNH DAO	CAMERON HEIG	32.56	NWI	2
12	LAURA BARTLETT	BLUEVALE COL	33.72	NWI	2
13	RACHEL FINCH	WATERLOO COL	34.41	NWI	2
14	TAMARA MARTICOTTE	HURON HEIGHT	34.80	NWI	1
15	JORDAN HOOD	GALT COLLEGI	34.86	NWI	1
16	DESIREE BRITTON	BLUEVALE COL	35.24	NWI	3

Event 135 Women 200 Meter Dash Junior WCSSAA

Records: * 25.84 14/05/2008 CHISOMO MCHAINA, Southwood SS

Name	Year	School	Finals	Wind
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Finals

1	RHEANNA BULTEN	PRESTON HIGH	27.35	-1.9
2	MEGAN PARSONS	HURON HEIGHT	28.75	-1.9
3	EMMA SCHROEDER	SOUTHWOOD SE	28.81	-1.9
4	LAURA PRITCHARD	GALT COLLEGI	30.19	-1.9

5	MICHELLE THOMPSON	HURON HEIGHT	30.30	-1.9
6	DESIREE THOMPSON	GLENVIEW PAR	30.55	-1.9
7	JULIANNA YEUNG	BLUEVALE COL	30.60	-1.9
8	ASHLYN BECKMAN	GALT COLLEGI	31.13	-1.9

Event 136 Men 200 Meter Dash Junior WCSSAA

Records: * 22.72 13/05/2007 SCOTT CAMPBELL, Galt CVI-Cam
 Name Year School Prelims Wind H#

Preliminaries

1	MICHAEL PIASECZNEY	SIR JOHN A.	24.66Q	NWI	1
2	MATT BELL	SIR JOHN A.	24.88Q	NWI	2
3	ETHAN BRAZEAU	GRAND RIVER	25.37Q	NWI	4
4	CHUDER TENY	GRAND RIVER	26.57Q	NWI	3
5	SAB HUBER	ELMIRA DISTR	24.75q	NWI	1
6	MATTHEW STIRLING	HURON HEIGHT	25.38q	NWI	2
7	REILLY MOORE	CAMERON HEIG	25.55q	NWI	4
8	SHAQUILLE JONES	SIR JOHN A.	25.58q	NWI	4
9	SCOTT HOLTON	GALT COLLEGI	25.85	NWI	4
10	MOHAMMAD KROMAH	EASTWOOD COL	26.11	NWI	1
11	NATHAN HARRISON	BLUEVALE COL	26.28	NWI	1
12	BRANDON LOEWEN	WATERLOO COL	26.96	NWI	3
13	LANDON ADAMS	PRESTON HIGH	27.05	NWI	1
14	MICHAEL DICK	WATERLOO COL	27.15	NWI	4
15	ADAM CLARK	BLUEVALE COL	27.35	NWI	2
16	REID VANDER VLEUTEN	BLUEVALE COL	27.50	NWI	3
17	DEVON BACHU	GALT COLLEGI	27.52	NWI	3
18	CLAY ALLAN	CAMERON HEIG	27.70	NWI	4
19	KEVIN HENRY	CAMERON HEIG	27.73	NWI	2
20	ALEX WOODFINDEN	SOUTHWOOD SE	27.95	NWI	3
21	PRIYAM PAUL	WATERLOO COL	28.14	NWI	2
22	JACOB FRYER	BLUEVALE COL	28.60	NWI	4
23	COLLIN KWON	BLUEVALE COL	29.14	NWI	1
24	ROHAN QUEST	SIR JOHN A.	29.15	NWI	3
25	MATTHEW BERGERON	WATERLOO COL	29.71	NWI	2
26	JOSHEPH LUCHS	SIR JOHN A.	31.28	NWI	4
27	PETER WONG	WATERLOO COL	32.29	NWI	1

Event 136 Men 200 Meter Dash Junior WCSSAA

Records: * 22.72 13/05/2007 SCOTT CAMPBELL, Galt CVI-Cam
 Name Year School Finals Wind

Finals

1	MATT BELL	SIR JOHN A.	24.34	-1.0
2	SAB HUBER	ELMIRA DISTR	24.41	-1.0
3	MICHAEL PIASECZNEY	SIR JOHN A.	24.52	-1.0
4	MATTHEW STIRLING	HURON HEIGHT	25.00	-1.0
5	ETHAN BRAZEAU	GRAND RIVER	25.01	-1.0
6	SHAQUILLE JONES	SIR JOHN A.	25.70	-1.0
7	CHUDER TENY	GRAND RIVER	25.99	-1.0

Event 137 Women 400 Meter Dash Junior WCSSAA

Records: * 1:00.46 10/05/2007 TEGAN STAIRS, Forest Heights C
 Name Year School Finals H#

1	EMMA BLUEMKE	BLUEVALE COL	1:06.04	2
2	LAURA RUBY	SIR JOHN A.	1:08.69	2
3	BRIANNE HOFSTED	SIR JOHN A.	1:09.44	1
4	LAURA PRITCHARD	GALT COLLEGI	1:11.90	2
5	CAROLYN THOMPSON	GRAND RIVER	1:12.60	2
6	CHELSEY MAIN	PRESTON HIGH	1:15.01	2
7	DESIREE BRITTON	BLUEVALE COL	1:15.14	1
8	LAURA BARTLETT	BLUEVALE COL	1:15.38	1
9	KATHLEEN DAUB	GRAND RIVER	1:15.43	1
10	JACKIE REIST	SIR JOHN A.	1:18.12	2
11	KELSEY CHEUNG	SIR JOHN A.	1:18.89	2
12	TAMARA MARTICOTTE	HURON HEIGHT	1:23.25	1

Event 138 Men 400 Meter Dash Junior WCSSAA

Records: * 51.77 12/05/2010 NIENKEL PALJOLA, Forest Heights C				
Name	Year	School	Finals	H#
1	JORDAN SHERWOOD	CAMERON HEIG	52.01	3
2	SAB HUBER	ELMIRA DISTR	57.00	3
3	BRIAN MICALL	GRAND RIVER	57.43	3
4	SCOTT HOLTON	GALT COLLEGI	58.90	3
5	IAN ANDERSON	FOREST HEIGHTS C	59.50	3
6	ADAM CLARK	BLUEVALE COL	1:00.11	3
7	REID VANDER VLEUTEN	BLUEVALE COL	1:01.02	3
8	REID EARNSHAW	SOUTHWOOD SE	1:02.42	2
9	DESHAWN HAYES	EASTWOOD COL	1:02.57	1
10	RYAN O'DONNELL	GALT COLLEGI	1:03.24	1
11	AARON SHANTZ	WATERLOO-OXF	1:03.56	2
12	JACOB FRYER	BLUEVALE COL	1:03.59	3
13	COLIN MUDIE	GRAND RIVER	1:06.14	2
14	ETHAN BRAZEAU	GRAND RIVER	1:08.47	1
15	JOSHEPH LUCHS	SIR JOHN A.	1:08.82	2
16	PETER WONG	WATERLOO COL	1:12.36	2

Event 139 Women 800 Meter Run Junior WCSSAA

Records: * 2:21.03 15/05/2007 TEGAN STAIRS, Forest Heights C				
Name	Year	School	Finals	
1	JENNIFER ROWE	KITCHENER WA	2:35.72	
2	BREANNE LYONS	GLENVIEW PAR	2:41.01	
3	BROOKE LIDSTONE	PRESTON HIGH	2:46.86	
4	LAURA RUBY	SIR JOHN A.	2:47.27	
5	SIDNEY GAGNE	BLUEVALE COL	2:52.49	
6	CAROLYN THOMPSON	GRAND RIVER	2:54.53	
7	VANESA MILLER	BLUEVALE COL	2:57.81	
8	DESIREE BRITTON	BLUEVALE COL	2:58.05	
9	LAURA BARTLETT	BLUEVALE COL	3:05.15	
10	JACKIE REIST	SIR JOHN A.	3:07.28	
11	JORJA RUPPERT	ELMIRA DISTR	3:10.23	
12	TALEESHA THOROGOOD	PRESTON HIGH	3:10.77	
13	JORDAN HOOD	GALT COLLEGI	3:23.51	

Event 140 Men 800 Meter Run Junior WCSSAA

Records: * 2:02.78 15/05/2007 TREVOR SALMON, Cameron Heig
Name Year School Finals

1	MATT BANNON	ELMIRA DISTR	2:08.24
2	JESSE SMITH	BLUEVALE COL	2:14.48
3	LUKE HOVIUS	CAMERON HEIG	2:18.36
4	RYAN O'DONNELL	GALT COLLEGI	2:19.78
5	SAMUEL YU	WATERLOO COL	2:20.75
6	ADAM CLARK	BLUEVALE COL	2:22.37
7	DAVID YU	PRESTON HIGH	2:25.25
8	REID VANDER VLEUTEN	BLUEVALE COL	2:28.43
9	DESHAWN HAYES	EASTWOOD COL	2:28.77
10	KIERAN DOHERTY	GALT COLLEGI	2:30.31
11	JORDAN ARNDT	BLUEVALE COL	2:34.38
12	KYLE LARONDE	ELMIRA DISTR	2:34.99
13	LEVI HODSON	CAMERON HEIG	2:37.09
14	PETER KIM	WATERLOO COL	2:43.04
15	JOSH SIEBER	BLUEVALE COL	2:44.16
16	JACK HAYWARD	PRESTON HIGH	2:45.44
17	PETER WONG	WATERLOO COL	2:55.32

Event 141 Women 1500 Meter Run Junior WCSSAA

Records: * 5:13.77 10/05/2006 LAURA GIBSON, Cameron Heig
Name Year School Finals

1	JENNIFER ROWE	KITCHENER WA	5:28.86
2	BREANNE LYONS	GLENVIEW PAR	5:34.91
3	MIKA OTSUKA	SIR JOHN A.	5:51.51
4	ELISE PURDY	JACOB HESPEL	5:54.87
5	CELIE DIEBOLD	SOUTHWOOD SE	5:57.81
6	KAREN BECKER	SOUTHWOOD SE	5:59.33
7	TAYLOR DEVRIES	PRESTON HIGH	6:11.54
8	LAUREN HOLDEN	WATERLOO COL	6:13.30
9	AMANDA HERZBERG	CAMERON HEIG	6:15.37
10	SIDNEY GAGNE	BLUEVALE COL	6:24.19
11	KEWEN MAO	CAMERON HEIG	6:30.93
12	JORJA RUPPERT	ELMIRA DISTR	6:33.81
13	JACKIE REIST	SIR JOHN A.	6:34.87
14	TALEESHA THOROGOOD	PRESTON HIGH	6:39.91
15	JIYOON HA	CAMERON HEIG	7:48.17

Event 142 Men 1500 Meter Run Junior WCSSAA

Records: * 4:18.22 13/05/2007 ANDREW BELANGER, Kitchener Wa
Name Year School Finals

1	MATT BANNON	ELMIRA DISTR	4:25.38
2	JESSE SMITH	BLUEVALE COL	4:37.57
3	MATT DUSCHENES	GRAND RIVER	4:45.82
4	NICK SCHROEDER	FOREST HEIGHTS C	4:51.26
5	RILEY CLIPPER	SOUTHWOOD SE	4:54.89
6	JORDAN ARNDT	BLUEVALE COL	4:55.97
7	SAMUEL YU	WATERLOO COL	5:02.48
8	KIERAN DOHERTY	GALT COLLEGI	5:05.61
9	RYAN TENNANT	GRAND RIVER	5:12.50
10	STEPHEN MCCLAUSLAND	SOUTHWOOD SE	5:14.98

11	BEN HUDSON	WATERLOO COL	5:17.46
12	ANDREW DICK	WATERLOO-OXF	5:17.87
13	TORIN MOFFETT	WATERLOO COL	5:23.55
14	DANIEL DORMAN	EASTWOOD COL	5:26.85
15	DANIEL MENDOSA	WATERLOO COL	5:27.41
16	MARC CHEN	CAMERON HEIG	5:30.05
17	KYLE LARONDE	ELMIRA DISTR	5:31.86
18	HASSAN ZAIDI	HURON HEIGHT	5:53.88
19	KEVIN SHI	WATERLOO COL	5:56.57

Event 143 Women 3000 Meter Run Junior WCSSAA

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Records: * 11:04.30 11/05/2006 LAURA GIBSON, Cameron Heig			
Name	Year	School	Finals
=====			
1	BREANNE LYONS	GLENVIEW PAR	12:01.05
2	MIKA OTSUKA	SIR JOHN A.	12:24.24
3	TAYLOR DEVRIES	PRESTON HIGH	12:26.06
4	BRONWYN MCILLROY-YOUNG	CAMERON HEIG	12:38.90
5	CELIE DIEBOLD	SOUTHWOOD SE	12:40.34
6	KAREN BECKER	SOUTHWOOD SE	13:06.81
7	ELISE PURDY	JACOB HESPEL	13:16.40
8	AMANDA HERZBERG	CAMERON HEIG	13:19.44
9	LINDSAY CORRIGAN	SIR JOHN A.	13:53.20
10	KEWEN MAO	CAMERON HEIG	14:07.60

Event 144 Men 3000 Meter Run Junior WCSSAA

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Records: * 9:37.54 15/05/2008 ABDU ZAGHLOL, Jacob Hesple			
Name	Year	School	Finals
=====			
1	MATT BANNON	ELMIRA DISTR	9:35.82*
2	NICK SCHROEDER	FOREST HEIGHTS C	10:12.79
3	MATT DUSCHENES	GRAND RIVER	10:15.26
4	RILEY CLIPPER	SOUTHWOOD SE	10:17.80
5	JESSE SMITH	BLUEVALE COL	10:26.08
6	JORDAN ARNDT	BLUEVALE COL	11:07.96
7	BEN HUDSON	WATERLOO COL	11:08.01
8	TORIN MOFFETT	WATERLOO COL	11:16.80
9	ANDREW DICK	WATERLOO-OXF	11:20.77
10	STEPHEN MCCLAUSLAND	SOUTHWOOD SE	11:22.27
11	RYAN TENNANT	GRAND RIVER	11:39.22
12	DANIEL MENDOSA	WATERLOO COL	11:41.49
13	HASSAN ZAIDI	HURON HEIGHT	12:32.57
14	KEVIN SHI	WATERLOO COL	13:26.19

Event 145 Women 80 Meter Hurdles Junior WCSSAA

=====				
Records: * 11.68 10/05/2005 MARIE FOURIE, Bluevale CI-				
Name	Year	School	Prelims	Wind H#
=====				
Preliminaries				
1	RHEANNA BULTEN	PRESTON HIGH	13.17Q	NWI 1
2	TORI GIVLIN	GRAND RIVER	13.81Q	NWI 4
3	MICHELLE THOMPSON	HURON HEIGHT	14.49Q	NWI 2
4	MELISSA MAJONI	FOREST HEIGHTS C	16.85Q	NWI 3
5	MEGAN PARSONS	HURON HEIGHT	13.30q	NWI 1

6	HANNAH CHUBB	CAMERON HEIG	14.78q	NWI	4
7	BECKY REIST	WATERLOO COL	14.94q	NWI	2
8	JESSA BUCHMAN-PEARLE	CAMERON HEIG	14.95q	NWI	2
9	MEGAN KIM	WATERLOO COL	15.87	NWI	1
10	SARAH TWOMEY	EASTWOOD COL	15.89	NWI	2
11	ASHLYN BECKMAN	GALT COLLEGI	15.93	NWI	4
12	CLAIRE MARTIN	WATERLOO COL	15.97	NWI	2
13	JESSICA LAM	JACOB HESPEL	16.11	NWI	4
14	HEATHER DRESCHER	GRAND RIVER	16.68	NWI	1
15	CASSIDY WIDEMAN	WATERLOO COL	16.76	NWI	2
16	MARYAM GOLAFSHANI	CAMERON HEIG	17.14	NWI	1
17	NIKKI AITCHESON-HUEHN	KITCHENER WA	17.21	NWI	3
18	POOJA PANCHAL	WATERLOO COL	17.58	NWI	4
19	KELSEY AMBROSE	KITCHENER WA	17.60	NWI	1
20	JIYOON HA	CAMERON HEIG	18.10	NWI	4
21	CHEYENNE KHAN	KITCHENER WA	18.14	NWI	3
22	CARMEN FERREIRO	WATERLOO COL	18.95	NWI	3
23	JAMIE CROSS	CAMERON HEIG	20.35	NWI	2
24	NICOLE CASSEL	GRAND RIVER	20.94	NWI	3

Event 145 Women 80 Meter Hurdles Junior WCSSAA

Records: * 11.68 10/05/2005 MARIE FOURIE, Bluevale CI-

Name	Year	School	Finals	Wind
------	------	--------	--------	------

Finals

1	RHEANNA BULTEN	PRESTON HIGH	12.99	-1.4
2	MEGAN PARSONS	HURON HEIGHT	13.38	-1.4
3	TORI GIVLIN	GRAND RIVER	13.87	-1.4
4	MICHELLE THOMPSON	HURON HEIGHT	14.27	-1.4
5	JESSA BUCHMAN-PEARLE	CAMERON HEIG	14.33	-1.4
6	BECKY REIST	WATERLOO COL	14.61	-1.4
7	HANNAH CHUBB	CAMERON HEIG	14.93	-1.4
8	MELISSA MAJONI	FOREST HEIGHTS C	16.88	-1.4

Event 146 Men 100 Meter Hurdles Junior WCSSAA

Records: * 13.48 12/05/2007 ASA AMBROSE, Sir John A. Macd

Name	Year	School	Finals	Wind
------	------	--------	--------	------

1	JORDAN SHERWOOD	CAMERON HEIG	14.20	NWI
2	DENNIS HONG	SIR JOHN A.	16.01	NWI
3	MATTHEW STIRLING	HURON HEIGHT	16.73	NWI
4	MARK WANG	JACOB HESPEL	18.77	NWI
5	ANDREW BYE	GRAND RIVER	18.78	NWI
6	BRANDON SUN	HURON HEIGHT	18.91	NWI
7	COLIN MUDIE	GRAND RIVER	19.68	NWI

Event 147 Women 300 Meter Hurdles Junior WCSSAA

Records: * 46.03 11/05/2005 MARIE FOURIE, Bluevale CI-

Name	Year	School	Finals	H#
------	------	--------	--------	----

1	RHEANNA BULTEN	PRESTON HIGH	49.42	3
2	MEGAN PARSONS	HURON HEIGHT	51.04	1
3	MICHELLE THOMPSON	HURON HEIGHT	51.27	3
4	TORI GIVLIN	GRAND RIVER	53.13	3

5	SARAH SHEPHERD	SIR JOHN A.	54.19	3
6	CASSIDY WIDEMAN	WATERLOO COL	55.46	3
7	ANNIE MCCARRON	KITCHENER WA	55.47	2
8	BECKY REIST	WATERLOO COL	55.66	1
9	BRONWYN MCILLROY-YOUNG	CAMERON HEIG	56.64	1
10	CLAIRE MARTIN	WATERLOO COL	56.83	3
11	JESSA BUCHMAN-PEARLE	CAMERON HEIG	58.00	1
12	HANNAH CHUBB	CAMERON HEIG	59.33	1
13	MEGAN KIM	WATERLOO COL	1:00.60	2
14	SIDNEY GAGNE	BLUEVALE COL	1:02.03	2
15	LAUREN HOLDEN	WATERLOO COL	1:02.70	3
16	MARYAM GOLAFSHANI	CAMERON HEIG	1:03.72	1
17	HILLARY MORAN	WATERLOO COL	1:09.03	2
18	CARMEN FERREIRO	WATERLOO COL	1:16.66	2
19	NICOLE CASSEL	GRAND RIVER	1:19.31	2

Event 148 Men 300 Meter Hurdles Junior WCSSAA

=====			
Records: * 40.86 15/05/2007 ASA AMBROSE, Sir John A. Macd			
Name	Year	School	Finals
=====			
1	JORDAN SHERWOOD	CAMERON HEIG	40.22*
2	MATTHEW STIRLING	HURON HEIGHT	44.20
3	BRIAN MICALL	GRAND RIVER	45.71
4	AARON SHANTZ	WATERLOO-OXF	47.74
5	CALEB DALE	SIR JOHN A.	47.99
6	BRANDON SUN	HURON HEIGHT	49.02
7	COLIN MUDIE	GRAND RIVER	49.15
8	BRIAN MUNDT	SIR JOHN A.	49.73

Event 149 Women High Jump Junior WCSSAA

=====			
Records: * 1.55m 14/05/2009 LINDSAY MAGNUS, Sir John A. Macd			
Name	Year	School	Finals
=====			
1	ASHLYN BECKMAN	GALT COLLEGI	1.58m*
2	JESS AUTHIER	SIR JOHN A.	1.50m
3	LAUREN CAMERON	CAMERON HEIG	1.20m
4	CHERIE WONG	KITCHENER WA	J1.20m

Event 150 Men High Jump Junior WCSSAA

=====			
Records: * 1.80m 15/05/2008 JAKE NANTAIS, Bluevale CI-			
Name	Year	School	Finals
=====			
1	BRADEN COK	SIR JOHN A.	1.70m
2	REID EARNSHAW	SOUTHWOOD SE	J1.70m
3	IAN ANDERSON	FOREST HEIGHTS C	1.60m
4	ANDREW BYE	GRAND RIVER	1.55m
5	FELIX HUFNAGEL	GALT COLLEGI	J1.55m
6	RYAN RITCHIE	GALT COLLEGI	1.45m

Event 151 Women Pole Vault Junior WCSSAA

=====			
Records: * 2.75m 14/05/2008 MARIELLE HARPER, Kitchener Wa			
Name	Year	School	Finals
=====			

1	KATE ANDERSON	SIR JOHN A.	2.00m
2	AMANDA MURRAY	SIR JOHN A.	1.80m
2	LISA RUTHERFORD	SIR JOHN A.	1.80m
4	NICOLE KOCHER	SIR JOHN A.	J1.80m
5	MELISSA CLARKE	CAMERON HEIG	J1.80m
6	AERIN VENEMA	SIR JOHN A.	J1.80m
7	LINDSAY CORRIGAN	SIR JOHN A.	J1.80m
8	KELSEY CHEUNG	SIR JOHN A.	1.60m
8	TRACEY SCANLING	SIR JOHN A.	1.60m
8	ELIZABETH MCLELLAN	CAMERON HEIG	1.60m
11	NICOLE COOPER	SIR JOHN A.	J1.60m
11	LYDIA CHARTERS	BLUEVALE COL	J1.60m
11	CHRISTINE WHETSTONE	SIR JOHN A.	J1.60m
14	VICKI VILAYHONG	CAMERON HEIG	1.30m
14	MEAGAN WIEDERMAN	CAMERON HEIG	1.30m
14	KELSEY AMBROSE	KITCHENER WA	1.30m
14	HAYLEY OESCH	HURON HEIGHT	1.30m
--	LAUREN MCKENNA	SIR JOHN A.	NH
--	JESSA BUCHMAN-PEARLE	CAMERON HEIG	NH
--	KAYLA HURLBURT	CAMERON HEIG	NH
--	ALLY KOLAPAK	CAMERON HEIG	NH

Event 152 Men Pole Vault Junior WCSSAA

Records: * 4.00m 13/05/2010 NIK HOEDIONO, Sir John A.

Name	Year	School	Finals
1	BRIAN MUNDT	SIR JOHN A.	3.00m
2	CALEB DALE	SIR JOHN A.	1.80m
3	MARC CHEN	CAMERON HEIG	1.50m
3	JOSHEPH LUCHS	SIR JOHN A.	1.50m

Event 153 Women Long Jump Junior WCSSAA

Records: * 5.02m 10/05/2006 NICOLE ROEDER, Waterloo

Name	Year	School	Finals	Wind
1	COURTNEY HARLEY	SOUTHWOOD SE	4.80m	NWI
2	HAYLEY HESS	SIR JOHN A.	4.68m	NWI
3	NICKI CRUICKSHANK	SOUTHWOOD SE	4.56m	NWI
4	EMMA SCHROEDER	SOUTHWOOD SE	4.32m	NWI
5	JESSICA LAM	JACOB HESPEL	4.27m	NWI
6	QUYNH DAO	CAMERON HEIG	4.18m	NWI
7	DARIAN GROPP	FOREST HEIGHTS C	4.03m	NWI
8	CHERIE WONG	KITCHENER WA	J4.03m	NWI
9	CHELSEY MAIN	PRESTON HIGH	3.80m	NWI
10	KATHLEEN DAUB	GRAND RIVER	3.79m	NWI
11	DESIREE THOMPSON	GLENVIEW PAR	3.75m	NWI
12	JULIANNA YEUNG	BLUEVALE COL	3.65m	NWI
13	ELISE PURDY	JACOB HESPEL	3.59m	NWI
14	VICTORIA TRAN	GLENVIEW PAR	3.58m	NWI
15	KILMENY CARETTE	FOREST HEIGHTS C	3.48m	NWI
16	JESSICA DAWKINS	SOUTHWOOD SE	3.45m	NWI
17	BRONICA PHOMMAVANH	CAMERON HEIG	3.43m	NWI
18	VICKI VILAYHONG	CAMERON HEIG	3.38m	NWI
19	NIKKI AITCHESON-HUEHN	KITCHENER WA	3.36m	NWI
20	KHADIJA HAMIDZAI	CAMERON HEIG	3.11m	NWI

21	MEGAN LAMBERT	SOUTHWOOD SE	3.07m	NWI
22	JENNY BUI	WATERLOO COL	3.00m	NWI
23	CHEYENNE KHAN	KITCHENER WA	2.83m	NWI
24	BRITTANY LUSIS	WATERLOO COL	2.70m	NWI
25	MOIRA GERMANN-CISTERNA	KITCHENER WA	2.64m	NWI
26	KELSEY MUNRO	WATERLOO COL	2.63m	NWI
27	FRANKIE MEYER	WATERLOO COL	2.23m	NWI
28	VIDUSHI SWARUP	KITCHENER WA	1.87m	NWI
--	LAUREN CRAIK	WATERLOO COL	FOUL	

Event 154 Men Long Jump Junior WCSSAA

=====				
Records: * 6.50m 13/05/2010 MITCH O'DONNELL, Forest Heights C				
Name	Year	School	Finals	Wind
=====				
1	BRADEN COK	SIR JOHN A.	5.96m	NWI
2	LUKE HOVIUS	CAMERON HEIG	5.46m	NWI
3	AUSTIN KRELLER	BLUEVALE COL	5.42m	NWI
4	DEVIN CREIGHTON-YOUNG	GLENVIEW PAR	5.36m	NWI
5	MICHAEL PIASECZNEY	SIR JOHN A.	5.17m	NWI
6	DENNIS HONG	SIR JOHN A.	5.02m	NWI
7	DARIN FAST	SIR JOHN A.	4.81m	NWI
8	MOHAMMAD KROMAH	EASTWOOD COL	4.77m	NWI
9	MARK WANG	JACOB HESPEL	4.64m	NWI
10	KARL VANRUNT	GLENVIEW PAR	4.62m	NWI
11	SHAQUILLE JONES	SIR JOHN A.	4.59m	NWI
12	RYAN RITCHIE	GALT COLLEGI	4.51m	NWI
12	ADRIAN DOYLE	CAMERON HEIG	4.51m	NWI
14	BRAD THOMAS	ELMIRA DISTR	4.50m	NWI
15	FELIX HUFNAGEL	GALT COLLEGI	4.28m	NWI
16	CAMERON ADAMS	KITCHENER WA	4.25m	NWI
17	JACOB UHLIG	WATERLOO COL	4.19m	NWI
18	LEVI HODSON	CAMERON HEIG	4.18m	NWI
19	JERRY LIU	WATERLOO COL	4.17m	NWI
20	JACK HAYWARD	PRESTON HIGH	4.14m	NWI
21	LANDON ADAMS	PRESTON HIGH	4.13m	NWI
22	CONNOR VASEY	SIR JOHN A.	4.11m	NWI
23	AN NGUYGEN	PRESTON HIGH	3.88m	NWI
24	KIERAN DOHERTY	GALT COLLEGI	3.56m	NWI
25	COLLIN KWON	BLUEVALE COL	3.39m	NWI
--	ALAN VONG	PRESTON HIGH	FOUL	

Event 155 Women Triple Jump Junior WCSSAA

=====				
Records: * 11.04m 12/05/2010 EMILY ERSMAN, Bluevale Col				
Name	Year	School	Finals	Wind
=====				
1	NICKI CRUICKSHANK	SOUTHWOOD SE	10.20m	NWI
2	JESS AUTHIER	SIR JOHN A.	9.94m	NWI
3	KAYLEIGH HUTT-TAYLOR	SOUTHWOOD SE	9.66m	NWI
4	HAYLEY HESS	SIR JOHN A.	9.24m	NWI
5	MADDY TAYLOR	SIR JOHN A.	8.89m	NWI
6	LAURA RUBY	SIR JOHN A.	8.82m	NWI
7	KEWEN MAO	CAMERON HEIG	8.80m	NWI
8	SARAH SHEPHERD	SIR JOHN A.	8.71m	NWI
9	JESSICA DAWKINS	SOUTHWOOD SE	8.57m	NWI
10	JENNIFER BALL	GLENVIEW PAR	8.55m	NWI

11	SAMANTHA HELM	KITCHENER WA	8.08m	NWI
12	JESSICA LAM	JACOB HESPEL	7.69m	NWI
13	BRONICA PHOMMAVANH	CAMERON HEIG	6.83m	NWI
14	NATALIE LETOURNEAU	GLENVIEW PAR	6.50m	NWI

Event 156 Men Triple Jump Junior WCSSAA

Records: * 13.87m 12/05/2010 NIENKEL PALJOLA, Forest Heights C

Name	Year	School	Finals	Wind
1	BRADEN COK	SIR JOHN A.	12.93m	NWI
2	AUSTIN KRELLER	BLUEVALE COL	12.44m	NWI
3	SAB HUBER	ELMIRA DISTR	11.19m	NWI
4	ADRIAN DOYLE	CAMERON HEIG	11.15m	NWI
5	DAVID YU	PRESTON HIGH	11.05m	NWI
6	CHUDER TENY	GRAND RIVER	10.94m	NWI
7	DARIN FAST	SIR JOHN A.	10.71m	NWI
8	RYAN TRENDYLE	GLENVIEW PAR	10.55m	NWI
9	AARON LOTT	WATERLOO COL	10.49m	NWI
10	DEVIN CREIGHTON-YOUNG	GLENVIEW PAR	10.42m	NWI
11	ANDREW BYE	GRAND RIVER	10.40m	NWI
12	BRAD THOMAS	ELMIRA DISTR	10.25m	NWI
13	LEVI HODSON	CAMERON HEIG	9.96m	NWI
14	CLAY ALLAN	CAMERON HEIG	9.67m	NWI
15	CAMERON ADAMS	KITCHENER WA	9.17m	NWI

Event 157 Women Shot Put Junior WCSSAA

Records: * 10.92m 14/05/2009 JILL VAN DAMME, Bluevale Collegi

Name	Year	School	Finals
1	KELSEY AMBROSE	KITCHENER WA	8.57m
2	JESSIE BARSOUM	WATERLOO COL	8.14m
3	MANDY WOODS	FOREST HEIGHTS C	J8.14m
4	LAURIE STANKIEWICZ	EASTWOOD COL	8.07m
5	EMMA BLUEMKE	BLUEVALE COL	7.97m
6	SYDNEY KING	GLENVIEW PAR	7.92m
7	MADDISON DOOLITTLE	WATERLOO-OXF	7.54m
8	BRITTANY LUSIS	WATERLOO COL	6.44m
9	KATE LEE	BLUEVALE COL	6.35m
10	CONNIE PULLEY	BLUEVALE COL	6.31m
11	LAUREN CAMERON	CAMERON HEIG	6.29m
12	SARAH MCGILL	WATERLOO COL	6.06m
13	EDEN JAKOB	SOUTHWOOD SE	6.00m
14	VICTORIA XIE	CAMERON HEIG	5.95m
15	BRIDGET SCHLOTZHAUER	WATERLOO COL	5.61m
16	CHANTEL-MARIE STICKEL	CAMERON HEIG	5.25m
17	JANA SHAW	CAMERON HEIG	5.21m
18	MOIRA GERMANN-CISTERNA	KITCHENER WA	5.19m
19	SYDNEY HILL	WATERLOO COL	5.18m
20	KHADIJA HAMIDZAI	CAMERON HEIG	4.98m
21	TOOBA MURTAZA	WATERLOO COL	4.82m
22	VIDUSHI SWARUP	KITCHENER WA	3.95m

Event 158 Men Shot Put Junior WCSSAA

Records: * 15.41m 14/05/2008 DREW CAMPBELL, Glenview Par

Name	Year	School	Finals
1	CHADD BAUMAN	ELMIRA DISTR	13.79m
2	LACHLAN COULTER	BLUEVALE COL	13.74m
3	JAMES BURNS	BLUEVALE COL	13.24m
4	ANDREW BOER	HURON HEIGHT	12.49m
5	CALEB DALE	SIR JOHN A.	12.40m
6	NATHAN WALSH	PRESTON HIGH	12.30m
7	MATT SMALL	WATERLOO COL	11.26m
8	ALEX HRADECKY	WATERLOO COL	11.02m
9	BRADY HALL	WATERLOO COL	10.75m
10	ERIC DOERING	ELMIRA DISTR	10.34m
11	JOSH SIEBER	BLUEVALE COL	10.20m
12	DEVIN OPERSKO	GRAND RIVER	9.96m
13	BRODY POWIS	BLUEVALE COL	9.70m
14	RUSSELL RADER	BLUEVALE COL	9.63m
15	PAUL INGLIS	EASTWOOD COL	9.27m
16	MAAZE LULAT	GALT COLLEGI	9.21m
17	STEVEN XAYOVONG	FOREST HEIGHTS C	8.71m
18	BEN GIVLIN	GRAND RIVER	8.51m
19	MURTAZA BAHRAINWALA	WATERLOO COL	5.75m
--	JAMES ROBERTS	JACOB HESPEL	FOUL
--	MARTIN OKOT	WATERLOO COL	FOUL

Event 159 Women Discus Throw Junior WCSSAA

Records: * 29.86m 13/05/2009 JILL VAN DAMME, Bluevale Collegi			
Name	Year	School	Finals
1	VANESA MILLER	BLUEVALE COL	23.98m
2	CELIE DIEBOLD	SOUTHWOOD SE	23.49m
3	LAURIE STANKIEWICZ	EASTWOOD COL	22.77m
4	MADDISON DOOLITTLE	WATERLOO-OXF	19.56m
5	SARAH TWOMEY	EASTWOOD COL	19.02m
6	MANDY WOODS	FOREST HEIGHTS C	18.78m
7	BEKAH CHESHIRE	SOUTHWOOD SE	18.22m
8	KATE LEE	BLUEVALE COL	17.02m
9	MEGAN LAMBERT	SOUTHWOOD SE	16.76m
10	SARAH MCGILL	WATERLOO COL	16.37m
11	SYDNEY KING	GLENVIEW PAR	16.06m
12	CHANTEL-MARIE STICKEL	CAMERON HEIG	14.97m
13	MEAGAN WIEDERMAN	CAMERON HEIG	14.89m
14	SYDNEY HILL	WATERLOO COL	13.82m
15	MELISSA CLARKE	CAMERON HEIG	12.89m
16	CONNIE PULLEY	BLUEVALE COL	12.59m
17	TOOBA MURTAZA	WATERLOO COL	12.40m
18	JESSIE BARSOUM	WATERLOO COL	11.73m
19	JANA SHAW	CAMERON HEIG	11.45m
20	VICTORIA XIE	CAMERON HEIG	6.91m
--	PARNEYAN WEERA	GLENVIEW PAR	FOUL
--	BRIANNE HOFSTED	SIR JOHN A.	FOUL

Event 160 Men Discus Throw Junior WCSSAA

Records: * 44.11m 12/05/2004 BRIAN BURTON, Grand River			
Name	Year	School	Finals

1	JAMES BURNS	BLUEVALE COL	45.17m*
2	JOSHUA GALLANT	SOUTHWOOD SE	40.47m
3	DANIEL DORMAN	EASTWOOD COL	39.71m
4	ZACHARY SAUER	SOUTHWOOD SE	36.72m
5	LACHLAN COULTER	BLUEVALE COL	35.51m
6	RUSSELL RADER	BLUEVALE COL	32.94m
7	ERIC DOERING	ELMIRA DISTR	32.11m
8	JAMES ROBERTS	JACOB HESPEL	31.66m
9	MATT SMALL	WATERLOO COL	28.24m
10	PAUL INGLIS	EASTWOOD COL	28.08m
11	BRADY HALL	WATERLOO COL	28.05m
12	BRODY POWIS	BLUEVALE COL	27.93m
13	BRIAN MICALL	GRAND RIVER	27.19m
14	NATHAN HARRISON	BLUEVALE COL	26.89m
15	NATHAN WALSH	PRESTON HIGH	25.36m
16	BEN GIVLIN	GRAND RIVER	23.83m
17	ALEX HRADECKY	WATERLOO COL	21.09m
18	STEVEN XAYOVONG	FOREST HEIGHTS C	20.46m
19	ANDREW BOER	HURON HEIGHT	20.38m
20	JOSH SIEBER	BLUEVALE COL	18.09m
21	MURTAZA BAHRAINWALA	WATERLOO COL	12.19m

Event 161 Women Javelin Throw Junior WCSSAA

Records: * 32.96m 14/05/2009 BRITTANY BELL, Waterloo-Oxford

Name	Year	School	Finals
1	VANESA MILLER	BLUEVALE COL	22.90m
2	REBECCA KRULIKI	GLENVIEW PAR	22.52m
3	MADDISON DOOLITTLE	WATERLOO-OXF	21.13m
4	ELIZABETH MCLELLAN	CAMERON HEIG	21.02m
5	MANDY WOODS	FOREST HEIGHTS C	20.63m
6	EMMA BLUEMKE	BLUEVALE COL	20.51m
7	BRIDGET SCHLOTZHAUER	WATERLOO COL	19.57m
8	LAURIE STANKIEWICZ	EASTWOOD COL	18.32m
9	SAMANTHA HELM	KITCHENER WA	17.02m
10	MEAGAN WIEDERMAN	CAMERON HEIG	16.08m
11	NICOLE COOPER	SIR JOHN A.	14.86m
12	SYDNEY HILL	WATERLOO COL	14.25m
13	PARNEYAN WEERA	GLENVIEW PAR	13.57m
14	SUKHI DHALIWAL	WATERLOO COL	13.44m
15	CONNIE PULLEY	BLUEVALE COL	12.72m
16	SYDNEY KING	GLENVIEW PAR	12.63m
17	CHANTEL-MARIE STICKEL	CAMERON HEIG	12.27m
18	BEKAH CHESHIRE	SOUTHWOOD SE	11.99m
19	MOIRA GERMANN-CISTERNA	KITCHENER WA	11.68m
19	KATE LEE	BLUEVALE COL	11.68m
21	JESSIE BARSOUM	WATERLOO COL	11.62m
22	VICTORIA XIE	CAMERON HEIG	11.50m
23	JENNY BUI	WATERLOO COL	10.83m
24	ANNIE MCCARRON	KITCHENER WA	10.78m
25	MELISSA CLARKE	CAMERON HEIG	10.69m
26	JANA SHAW	CAMERON HEIG	9.90m
27	LAUREN CAMERON	CAMERON HEIG	9.73m

Event 162 Men Javelin Throw Junior WCSSAA

Records: * 49.36m 14/05/2009 ERIC DANECKE, Grand River Coll
 Name Year School Finals

1	EVAN REDKA	GLENVIEW PAR	48.02m
2	DANIEL DORMAN	EASTWOOD COL	44.62m
3	LACHLAN COULTER	BLUEVALE COL	42.09m
4	JACOB UHLIG	WATERLOO COL	40.90m
5	AN NGUYGEN	PRESTON HIGH	39.90m
6	CHADD BAUMAN	ELMIRA DISTR	39.87m
7	NATHAN WALSH	PRESTON HIGH	39.35m
8	NATHAN HARRISON	BLUEVALE COL	33.04m
9	JAMES ROBERTS	JACOB HESPEL	32.32m
10	JAMES BURNS	BLUEVALE COL	31.45m
11	MARTIN OKOT	WATERLOO COL	31.10m
12	REID EARNSHAW	SOUTHWOOD SE	30.85m
13	STEPHEN MCCLAUSLAND	SOUTHWOOD SE	30.26m
14	ERIC DOERING	ELMIRA DISTR	30.05m
15	RILEY CLIPPER	SOUTHWOOD SE	28.44m
16	ANDREW BOER	HURON HEIGHT	28.29m
17	RYAN TRENDYLE	GLENVIEW PAR	27.29m
18	JOSHUA GALLANT	SOUTHWOOD SE	25.80m
19	RUSSELL RADER	BLUEVALE COL	25.74m
20	BRADY HALL	WATERLOO COL	25.21m
21	BRAD THOMAS	ELMIRA DISTR	23.31m
22	DEVON BACHU	GALT COLLEGI	21.91m
23	PAUL INGLIS	EASTWOOD COL	21.83m
24	STEVEN XAYOVONG	FOREST HEIGHTS C	21.61m
25	MAAZE LULAT	GALT COLLEGI	21.38m
26	ALEX WOODFINDEN	SOUTHWOOD SE	20.09m
27	BRODY POWIS	BLUEVALE COL	14.41m
28	BEN GIVLIN	GRAND RIVER	13.34m
--	MATT COATES	GALT COLLEGI	FOUL
--	MATT SMALL	WATERLOO COL	FOUL

Event 163 Women 4x100 Meter Relay Junior WCSSAA

Records: * 52.97 11/05/2005 ELMIRA DSS-E, Grand River			
	School	Finals	H#
1	SIR JOHN A. MACDONALD 'A'	54.07	2
2	SOUTHWOOD SECONDARY SCHOOL 'A'	54.38	2
3	GALT COLLEGIATE INSTITUTE 'A'	57.55	2
4	CAMERON HEIGHTS CI 'A'	57.92	2
5	JACOB HESPELER SECONDARYSCHOOL 'A'	58.15	1
6	WATERLOO COLLEGIATE INSTITUTE 'A'	58.32	2
7	GLENVIEW PARK SECONDARY SCHOOL 'A'	1:00.32	1
8	CAMERON HEIGHTS CI 'B'	1:02.58	2
9	KITCHENER WATERLOO CV S 'A'	1:03.12	2
--	BLUEVALE COLLEGIATE INSTITUTE 'A'	DQ	1

Event 164 Men 4x100 Meter Relay Junior WCSSAA

Records: * 46.16 15/05/2008 HURON HEIGHTS SS, CWHH T Guerra, R Samaroo, D Smith, T Woodhouse			
	School	Finals	H#
1	SIR JOHN A. MACDONALD 'A'	46.56	2

2	CAMERON HEIGHTS CI 'A'	47.93	2
3	GRAND RIVER COLLEGIATE INSTITU 'A'	49.53	2
4	GALT COLLEGIATE INSTITUTE 'A'	49.95	2
5	SIR JOHN A. MACDONALD 'B'	50.04	1
6	WATERLOO COLLEGIATE INSTITUTE 'A'	51.98	2
7	CAMERON HEIGHTS CI 'B'	52.59	2
8	HURON HEIGHTS SECONDARY SCHOOL 'A'	52.76	2
9	BLUEVALE COLLEGIATE INSTITUTE 'A'	53.08	2
10	BLUEVALE COLLEGIATE INSTITUTE 'B'	53.27	1
11	GLENVIEW PARK SECONDARY SCHOOL 'A'	53.54	1

Event 165 Women 100 Meter Dash Senior WCSSAA

Records: * 12.30 10/05/2007 OLIVIA CHARNUSKI, Elmira DSS-E
 Name Year School Prelims Wind H#

Preliminaries

1	JENNY CARRIQUE	GRAND RIVER	12.81Q	-1.2	2
2	CHISOMO MCHAINA	SOUTHWOOD SE	12.95Q	-0.7	4
3	LEAH DE LOS SANTOS	CAMERON HEIG	13.46Q	-1.7	3
4	BECCA ZILIO	GALT COLLEGI	14.09Q	-0.4	1
5	CAITLIN HUGHES	SIR JOHN A.	13.47Q	-1.7	3
6	KYLIE ROHR	BLUEVALE COL	14.19Q	-1.2	2
6	ERIN BUSH	CAMERON HEIG	14.19Q	-0.7	4
8	BRYAR HIND	GALT COLLEGI	14.43Q	-0.4	1
9	EMILY ERSMAN	BLUEVALE COL	13.66Q	-1.7	3
10	ASHLEY FORDE	PRESTON HIGH	14.40Q	-1.2	2
11	MEGAN ELMHIRST	JACOB HESPEL	14.58Q	-0.7	4
12	MELANIE FERGUSON	JACOB HESPEL	14.79Q	-0.4	1
13	SARAH HUNTER-DUVAR	FOREST HEIGHTS C	13.86q	-1.7	3
14	TANJA STANISIC	GALT COLLEGI	14.14q	-1.7	3
15	SANTANA KEATING	PRESTON HIGH	14.17q	-1.7	3
16	SONYA KENY	EASTWOOD COL	14.29q	-1.7	3
17	VICTORIA HORST	ELMIRA DISTR	14.69	-0.7	4
18	EMILY RUTHVEN	JACOB HESPEL	14.97	-1.7	3
19	NOVALEE DAVY	CAMERON HEIG	15.00	-1.2	2
20	TORIA VAIR	KITCHENER WA	15.01	-1.2	2
21	NEDINE LAWTON	EASTWOOD COL	15.21	-0.4	1
22	SANJA TESIC	SIR JOHN A.	15.56	-0.4	1
23	MICHELLE EDMONSON	JACOB HESPEL	15.68	-1.2	2
24	KORA SOPER-VONA	JACOB HESPEL	15.75	-0.7	4
25	SARAH PENWARDEN	GALT COLLEGI	15.79	-0.4	1
26	QUINCY BAILEY	JACOB HESPEL	15.95	-0.7	4
27	MEAGHAN QUANZ	KITCHENER WA	16.00	-0.4	1
28	CHARLIE MCCORD	WOODLAND CHR	16.23	-0.7	4
29	FEVEN ADDIS	CAMERON HEIG	16.55	-1.2	2
30	MAGGIE BOYNE	ELMIRA DISTR	16.98	-0.7	4
31	JOY PARK	WATERLOO COL	17.70	-0.4	1
32	MARIANA LANZINI	WATERLOO COL	17.97	-1.2	2

Event 165 Women 100 Meter Dash Senior WCSSAA

Records: * 12.30 10/05/2007 OLIVIA CHARNUSKI, Elmira DSS-E
 Name Year School Semis Wind H#

Semi-Finals

1	JENNY CARRIQUE	GRAND RIVER	13.18Q	-0.4	2
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2	CHISOMO MCHAINA	SOUTHWOOD SE	13.29Q	-3.2	1
3	LEAH DE LOS SANTOS	CAMERON HEIG	13.67Q	-3.2	1
4	CAITLIN HUGHES	SIR JOHN A.	13.70Q	-0.4	2
5	BECCA ZILIO	GALT COLLEGI	14.02Q	-0.4	2
6	TANJA STANISIC	GALT COLLEGI	14.16Q	-3.2	1
7	ASHLEY FORDE	PRESTON HIGH	14.17q	-3.2	1
8	SONYA KENY	EASTWOOD COL	14.19q	-0.4	2
9	SARAH HUNTER-DUVAR	FOREST HEIGHTS C	14.30	-0.4	2
10	MELANIE FERGUSON	JACOB HESPEL	14.31	-0.4	2
11	SANTANA KEATING	PRESTON HIGH	14.43	-3.2	1
12	KYLIE ROHR	BLUEVALE COL	14.45	-3.2	1
13	MEGAN ELMHIRST	JACOB HESPEL	14.50	-3.2	1
14	ERIN BUSH	CAMERON HEIG	14.51	-3.2	1

Event 165 Women 100 Meter Dash Senior WCSSAA

Records: * 12.30 10/05/2007 OLIVIA CHARNUSKI, Elmira DSS-E
 Name Year School Finals Wind

Finals

1	CHISOMO MCHAINA	SOUTHWOOD SE	13.00	-0.9
2	JENNY CARRIERE	GRAND RIVER	13.01	-0.9
3	LEAH DE LOS SANTOS	CAMERON HEIG	13.67	-0.9
4	CAITLIN HUGHES	SIR JOHN A.	13.89	-0.9
5	SONYA KENY	EASTWOOD COL	14.24	-0.9
6	ASHLEY FORDE	PRESTON HIGH	14.32	-0.9
7	TANJA STANISIC	GALT COLLEGI	14.33	-0.9
8	BECCA ZILIO	GALT COLLEGI	14.45	-0.9

Event 166 Men 100 Meter Dash Senior WCSSAA

Records: * 10.46 12/05/2005 RYAN JAMES, Sir John A Macdo
 Name Year School Prelims Wind H#

Preliminaries

1	EMERSON PETRI	GALT COLLEGI	11.63Q	-1.0	2
2	THESHAWN BARRY	SIR JOHN A.	11.64Q	-1.7	3
3	MITCH O'DONNELL	FOREST HEIGHTS C	11.72Q	-0.1	4
4	EMEKA AGADA	ELMIRA DISTR	11.73Q	-1.9	1
5	DEVON RITTINGER	FOREST HEIGHTS C	11.85Q	0.1	5
6	GARRET BURKE	CAMERON HEIG	11.86Q	-1.7	3
7	SCOTT SHEA	ELMIRA DISTR	11.91Q	-1.9	1
8	RYAN MURPHY	GRAND RIVER	11.93Q	-1.0	2
9	ANDREW DEARAGON	GRAND RIVER	11.96Q	0.1	5
10	CHRISTOPHER BLAKE	BLUEVALE COL	12.08Q	-0.1	4
11	DUSTIN NGUYEN-BLACK	GRAND RIVER	11.92q	-1.7	3
12	JORDAN SCHULZ	WATERLOO COL	12.17q	-0.1	4
13	SALAH KANU	EASTWOOD COL	12.26q	0.1	5
14	WILL BLAHUT	GRAND RIVER	12.31q	-1.0	2
15	BRANDON YEUNG	BLUEVALE COL	12.37q	-1.7	3
16	COREY BOWMAN	GRAND RIVER	12.47q	-1.0	2
17	JACOB O'REILLY	GALT COLLEGI	12.52	-0.1	4
18	BRANDON THWAITES	CAMERON HEIG	12.65	-1.9	1
19	SHERODAN BURKE	GALT COLLEGI	12.68	-1.9	1
20	MICAH SALFARLIE	GALT COLLEGI	12.69	-1.7	3
21	GRANT CONWAY	WATERLOO COL	12.73	-1.9	1
22	CHARL FOURIE	BLUEVALE COL	12.86	0.1	5

23	PETER SNIDER	WATERLOO COL	12.98	-1.0	2
24	CASSIDY POMEROY	BLUEVALE COL	12.99	0.1	5
25	TRAVIS ALLEN	WATERLOO COL	13.11	-0.1	4
25	SAM QUANZ	KITCHENER WA	13.11	-1.9	1
27	ANDREW SISOMBATH	WATERLOO COL	13.13	-1.7	3
28	MICHAEL MCINTEE	WATERLOO COL	13.24	0.1	5
29	MATT BABIN	BLUEVALE COL	13.27	0.1	5
30	MICHAEL GOU	BLUEVALE COL	13.30	0.1	5
31	DYLAN WOELFLE	JACOB HESPEL	13.90	-1.0	2
31	ALEX JANTHASRISAI	KITCHENER WA	13.90	-0.1	4
33	BRIAN YEUNG	SIR JOHN A.	14.09	-0.1	4
34	ADAM REATH	GLENVIEW PAR	14.14	-1.7	3
35	AIDAN LUCAS	KITCHENER WA	15.51	-1.9	1

Event 166 Men 100 Meter Dash Senior WCSSAA

Records: * 10.46 12/05/2005 RYAN JAMES, Sir John A Macdo

Name	Year	School	Semis	Wind	H#
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Semi-Finals

1	DEVON RITTINGER	FOREST HEIGHTS C	11.18Q	0.2	2
2	THESHAWN BARRY	SIR JOHN A.	11.44Q	-0.9	1
3	EMEKA AGADA	ELMIRA DISTR	11.33Q	0.2	2
4	MITCH O'DONNELL	FOREST HEIGHTS C	11.50Q	-0.9	1
5	EMERSON PETRI	GALT COLLEGI	11.54Q	0.2	2
6	GARRET BURKE	CAMERON HEIG	11.67Q	-0.9	1
7	RYAN MURPHY	GRAND RIVER	11.70q	0.2	2
8	ANDREW DEARAGON	GRAND RIVER	11.72q	0.2	2
9	SCOTT SHEA	ELMIRA DISTR	11.86	-0.9	1
10	DUSTIN NGUYEN-BLACK	GRAND RIVER	11.87	-0.9	1
11	SALAH KANU	EASTWOOD COL	12.10	0.2	2
12	CHRISTOPHER BLAKE	BLUEVALE COL	12.16	-0.9	1
13	WILL BLAHUT	GRAND RIVER	12.28	-0.9	1
14	BRANDON YEUNG	BLUEVALE COL	12.36	-0.9	1
15	COREY BOWMAN	GRAND RIVER	12.37	0.2	2

Event 166 Men 100 Meter Dash Senior WCSSAA

Records: * 10.46 12/05/2005 RYAN JAMES, Sir John A Macdo

Name	Year	School	Finals	Wind
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Finals

1	DEVON RITTINGER	FOREST HEIGHTS C	11.33	-2.7
2	EMEKA AGADA	ELMIRA DISTR	11.38	-2.7
3	MITCH O'DONNELL	FOREST HEIGHTS C	11.42	-2.7
4	THESHAWN BARRY	SIR JOHN A.	11.56	-2.7
5	EMERSON PETRI	GALT COLLEGI	11.83	-2.7
6	ANDREW DEARAGON	GRAND RIVER	11.97	-2.7
7	RYAN MURPHY	GRAND RIVER	12.00	-2.7
8	GARRET BURKE	CAMERON HEIG	12.01	-2.7

Event 167 Women 200 Meter Dash Senior WCSSAA

Records: * 25.78 14/05/2008 OLIVIA CHARNUSKI, Elmira DSS-E

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	CHISOMO MCHAINA	SOUTHWOOD SE	26.70Q	NWI	3
2	JENNY CARRIQUE	GRAND RIVER	29.08Q	NWI	1
3	BECCA ZILIO	GALT COLLEGI	29.93Q	NWI	2
4	SAMANTHA IRELAND	BLUEVALE COL	28.56Q	NWI	3
5	SONYA KENY	EASTWOOD COL	30.13Q	NWI	2
6	BRYAR HIND	GALT COLLEGI	30.54Q	NWI	1
7	PAYTON THIEL	SIR JOHN A.	28.79q	NWI	3
8	DANIELLE GUNSCH	HURON HEIGHT	30.42q	NWI	3
9	SANTANA KEATING	PRESTON HIGH	30.58	NWI	2
10	ERIN BUSH	CAMERON HEIG	30.66	NWI	1
11	KYLIE ROHR	BLUEVALE COL	30.77	NWI	2
12	KYRA MCALENEY	BLUEVALE COL	31.36	NWI	2
12	TANJA STANISIC	GALT COLLEGI	31.36	NWI	2
14	ANGELA DORIC	EASTWOOD COL	31.51	NWI	2
15	EMILY RUTHVEN	JACOB HESPEL	32.12	NWI	3
16	DEANNA MARTIN	SOUTHWOOD SE	33.59	NWI	2
17	SANJA TESIC	SIR JOHN A.	33.72	NWI	1
18	MEAGHAN QUANZ	KITCHENER WA	33.75	NWI	3
19	QUINCY BAILEY	JACOB HESPEL	34.07	NWI	1
20	BIANCA COLCER	WATERLOO COL	38.04	NWI	1

Event 167 Women 200 Meter Dash Senior WCSSAA

Records: * 25.78 14/05/2008 OLIVIA CHARNUSKI, Elmira DSS-E

Name	Year	School	Finals	Wind
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Finals

1	CHISOMO MCHAINA	SOUTHWOOD SE	25.88	-0.7
2	JENNY CARRIQUE	GRAND RIVER	26.44	-0.7
3	SAMANTHA IRELAND	BLUEVALE COL	27.88	-0.7
4	PAYTON THIEL	SIR JOHN A.	29.07	-0.7
5	SONYA KENY	EASTWOOD COL	J29.07	-0.7
6	DANIELLE GUNSCH	HURON HEIGHT	29.61	-0.7
7	BRYAR HIND	GALT COLLEGI	30.57	-0.7

Event 168 Men 200 Meter Dash Senior WCSSAA

Records: * 22.33 12/05/2005 RYAN JAMES, Sir John A Macdo

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	THESHAWN BARRY	SIR JOHN A.	23.23Q	NWI	2
2	NIENKEL PALJOLA	FOREST HEIGHTS C	23.42Q	NWI	4
3	CHRISTOPHER GREEN	CAMERON HEIG	23.45Q	NWI	1
4	ROBERT THOMAS	GLENVIEW PAR	24.25Q	NWI	5
5	EMERSON PETRI	GALT COLLEGI	24.33Q	NWI	3
6	KEEGAN CALDER	WATERLOO COL	23.83q	NWI	1
7	RYAN MURPHY	GRAND RIVER	24.50q	NWI	4
8	CHRISTOPHER BLAKE	BLUEVALE COL	24.58q	NWI	2
9	SALAH KANU	EASTWOOD COL	24.62	NWI	1
10	BRANDON YEUNG	BLUEVALE COL	25.10	NWI	1
10	WILL BLAHUT	GRAND RIVER	25.10	NWI	5
12	JACOB O'REILLY	GALT COLLEGI	25.49	NWI	4
13	GOSHAM MASSAQUOI	EASTWOOD COL	25.56	NWI	3
14	SHERODAN BURKE	GALT COLLEGI	25.93	NWI	2
15	GRANT CONWAY	WATERLOO COL	25.94	NWI	5
16	COREY BOWMAN	GRAND RIVER	26.14	NWI	1

17	TRAVIS ALLEN	WATERLOO COL	26.39	NWI	4
17	JOSH SLOAN	HURON HEIGHT	26.39	NWI	3
19	JEREMY MARTZ	SOUTHWOOD SE	26.47	NWI	3
20	SAM QUANZ	KITCHENER WA	26.52	NWI	2
21	MICHAEL MCINTEE	WATERLOO COL	26.81	NWI	2
22	MATT BABIN	BLUEVALE COL	26.87	NWI	5
23	BENJAMIN VOIGT	BLUEVALE COL	26.95	NWI	2
24	MICHAEL GOU	BLUEVALE COL	26.96	NWI	4
25	ROBERT STUIBERGEN	EASTWOOD COL	27.00	NWI	1
26	DYLAN WOELFLE	JACOB HESPEL	28.21	NWI	2
27	ALEX FARQUHAR	WATERLOO COL	28.29	NWI	5
28	FAHEEM AHMED	WATERLOO COL	29.22	NWI	4
29	ALEX JANTHASRISAI	KITCHENER WA	29.26	NWI	3

Event 168 Men 200 Meter Dash Senior WCSSAA

Records: * 22.33 12/05/2005 RYAN JAMES, Sir John A Macdo
 Name Year School Finals Wind

Finals

1	NIENKEL PALJOLA	FOREST HEIGHTS C	22.93	-2.3
2	CHRISTOPHER GREEN	CAMERON HEIG	23.15	-2.3
3	THESHAWN BARRY	SIR JOHN A.	23.32	-2.3
4	EMERSON PETRI	GALT COLLEGI	23.51	-2.3
5	KEEGAN CALDER	WATERLOO COL	23.84	-2.3
6	ROBERT THOMAS	GLENVIEW PAR	24.10	-2.3
7	CHRISTOPHER BLAKE	BLUEVALE COL	24.22	-2.3
8	RYAN MURPHY	GRAND RIVER	24.40	-2.3

Event 169 Women 400 Meter Dash Senior WCSSAA

Records: * 1:00.45 10/05/2006 LINDSAY CARSON, Southwood SS
 Name Year School Finals H#

1	SAMANTHA IRELAND	BLUEVALE COL	1:03.15	2
2	LIZ PHILLIPS	GALT COLLEGI	1:04.50	2
3	SAMANTHA MURRAY	CAMERON HEIG	1:04.98	2
4	TARA EBY	SIR JOHN A.	1:06.14	2
5	BRONWYN STEVENS	SIR JOHN A.	1:06.96	2
6	BECCA ZILIO	GALT COLLEGI	1:07.30	1
7	ALANA CORRIGAN	WATERLOO COL	1:07.77	2
8	CHRISTINE HORNER	WATERLOO COL	1:09.57	2
9	ANGELA DORIC	EASTWOOD COL	1:10.41	1
10	KYRA MCALENEY	BLUEVALE COL	1:13.36	1
11	DEANNA MARTIN	SOUTHWOOD SE	1:14.01	1
12	KYLIE ROHR	BLUEVALE COL	1:15.21	2
13	ASHLEY BECKER	BLUEVALE COL	1:16.46	1
14	NIKKI ROSS	CAMERON HEIG	1:18.48	1

Event 170 Men 400 Meter Dash Senior WCSSAA

Records: * 50.50 12/05/2004 BLAKE HILTS, Kitchener Wa
 Name Year School Finals H#

1	NIENKEL PALJOLA	FOREST HEIGHTS C	50.86	3
2	CHRISTOPHER BLAKE	BLUEVALE COL	54.11	3
3	KEEGAN CALDER	WATERLOO COL	54.12	1

4	BRANDON YEUNG	BLUEVALE COL	54.57	3
5	DUSTIN NGUYEN-BLACK	GRAND RIVER	54.62	3
6	GOSHAM MASSAQUOI	EASTWOOD COL	56.59	3
7	RAPHAEL NOSAKHARE	BLUEVALE COL	58.39	3
8	JEREMY MARTZ	SOUTHWOOD SE	58.83	1
9	DAVID LAWSON	BLUEVALE COL	59.45	1
10	ROBBIE BORSI	CAMERON HEIG	1:00.07	2
11	SHANE BURKE	JACOB HESPEL	1:00.11	2
12	CHRIS MUIRHEAD	BLUEVALE COL	1:00.73	2
13	ZIA YOUSAF	PRESTON HIGH	1:00.82	2
14	CHRIS CASHER	BLUEVALE COL	1:01.30	1
14	DAUNTE GRANT	KITCHENER WA	1:01.30	1
16	NICK STAFFA	HURON HEIGHT	1:02.90	1
17	JORDAN PEARCE	BLUEVALE COL	1:04.04	2
18	JOSH SLOAN	HURON HEIGHT	1:05.55	2
19	WESLEY FOSTER	JACOB HESPEL	1:06.84	2

Event 171 Women 800 Meter Run Senior WCSSAA

Records: * 2:14.41 13/05/2007 LINDSAY CARSON, Southwood SS

Name	Year	School	Finals
1	BRONWYN STEVENS	SIR JOHN A.	2:30.78
2	TARA EBY	SIR JOHN A.	2:33.57
3	SAMANTHA IRELAND	BLUEVALE COL	2:38.15
4	TAYLOR MARTIN	CAMERON HEIG	2:47.43
5	AILEEN MACLELLAN	GRAND RIVER	2:51.42
6	KYRA MCALENEY	BLUEVALE COL	2:53.43
7	ALEXA JAMES	GALT COLLEGI	2:53.51
8	BRITTANY HOLISEK	JACOB HESPEL	3:04.04
9	AINSLEY LAING	GALT COLLEGI	3:09.84
10	SARAH PENWARDEN	GALT COLLEGI	3:16.44
11	CHRISTINA DING	SIR JOHN A.	3:21.85

Event 172 Men 800 Meter Run Senior WCSSAA

Records: * 1:59.43 15/05/2008 SOHAIB IKRAM, Waterloo

Name	Year	School	Finals
1	ALEXANDER ULLMAN	BLUEVALE COL	2:00.13
2	DANIEL DEBUS	BLUEVALE COL	2:02.50
3	JOEL WEBSTER	SOUTHWOOD SE	2:04.73
4	GAVIN SHIELDS	PRESTON HIGH	2:05.61
5	USAMA IKRAM	WATERLOO COL	2:10.18
6	BRETT CROWLEY	KITCHENER WA	2:11.86
7	CHRIS MORGAN	SIR JOHN A.	2:11.89
8	STUART BENNETT	BLUEVALE COL	2:12.31
9	NIC FOTI	CAMERON HEIG	2:13.34
10	JONMARK FERBER	WATERLOO-OXF	2:15.97
11	GOSHAM MASSAQUOI	EASTWOOD COL	2:17.94
12	CHRIS MUIRHEAD	BLUEVALE COL	2:19.59
13	ALEX BUEHLOW	WATERLOO-OXF	2:19.99
14	FILIP ADAMSKI	BLUEVALE COL	2:21.99
15	CONNOR WATSON	HURON HEIGHT	2:22.36
16	DAVID LAWSON	BLUEVALE COL	2:24.99
17	CHRIS CASHER	BLUEVALE COL	2:27.57
18	NICK STAFFA	HURON HEIGHT	2:28.73

19	JORDAN PEARCE	BLUEVALE COL	2:31.56
20	ANTONY RODRIQUEZ	KITCHENER WA	2:33.01
21	JOSHUA OSBORNE	CAMERON HEIG	2:34.12
22	WESLEY FOSTER	JACOB HESPEL	2:36.06
23	YIPENG GE	SIR JOHN A.	2:43.36
24	DAVID HARNOCK	KITCHENER WA	2:45.35
25	CHRIS MOCK	JACOB HESPEL	2:52.33

Event 173 Women 1500 Meter Run Senior WCSSAA

Records: * 4:35.41 12/05/2007 LINDSAY CARSON, Southwood SS

Name	Year	School	Finals	
1	BRONWYN	STEVENS	SIR JOHN A.	5:16.37
2	TARA	EBY	SIR JOHN A.	5:22.97
3	LAURA	WARR	WATERLOO-OXF	5:25.92
4	TAYLOR	MARTIN	CAMERON HEIG	5:38.31
5	CAITLIN	LEISHMAN	SOUTHWOOD SE	5:43.34
6	MARINA	DRYGALA	BLUEVALE COL	5:47.18
7	VICTORIA	WEBSTER	SOUTHWOOD SE	5:49.40
8	ASHLEY	HAMMERBACHER	WATERLOO COL	5:52.09
9	NICOLE	MCMULLEN-COOK	BLUEVALE COL	5:59.29
10	ALEXA	JAMES	GALT COLLEGI	6:11.37
11	JENNY	GRUBER	GRAND RIVER	6:11.46
12	KATIE	WOODSTOCK	SIR JOHN A.	6:23.00
13	HEATHER	JOHNSTON	JACOB HESPEL	6:43.06
14	NICOLE	LENGIES	WATERLOO COL	7:07.96
15	TEAGAN	BERRY	WATERLOO COL	7:17.20

Event 174 Men 1500 Meter Run Senior WCSSAA

Records: * 3:56.46 10/05/2006 KYLE DEKKER, Grand River

Name	Year	School	Finals	
1	DANIEL	DEBUS	BLUEVALE COL	4:13.21
2	GAVIN	SHIELDS	PRESTON HIGH	4:14.90
3	ALEXANDER	ULLMAN	BLUEVALE COL	4:17.73
4	BRETT	CROWLEY	KITCHENER WA	4:19.03
5	PATRICK	CARRIQUE	GRAND RIVER	4:30.53
6	CHRIS	MORGAN	SIR JOHN A.	4:30.73
7	USAMA	IKRAM	WATERLOO COL	4:38.37
8	JOEL	WEBSTER	SOUTHWOOD SE	4:40.85
9	STUART	BENNETT	BLUEVALE COL	4:43.29
10	REID	HAYES	SIR JOHN A.	4:43.85
11	CONNOR	WATSON	HURON HEIGHT	4:51.92
12	ALEX	BUEHLOW	WATERLOO-OXF	4:57.13
13	NICK	BURT	FOREST HEIGHTS C	5:03.50
14	JAMIE	MURPHY	HURON HEIGHT	5:03.68
14	AHMED	AHMED	FOREST HEIGHTS C	5:03.68
16	STEVEN	PARKER	SIR JOHN A.	5:08.06
17	RYAN	MCNULTY	GALT COLLEGI	5:19.84
18	ANTONY	RODRIQUEZ	KITCHENER WA	5:22.36
19	JOSHUA	OSBORNE	CAMERON HEIG	5:28.05
20	JORDAN	PEARCE	BLUEVALE COL	5:31.81
21	HERIE	SUN	WATERLOO COL	5:43.89
22	NICK	FRONCHACK	HURON HEIGHT	5:52.92
23	ADAM	MAUE	JACOB HESPEL	6:06.04

24	FILIP ADAMSKI	BLUEVALE COL	6:47.87
24	ANDREW MUIR	HURON HEIGHT	6:47.87
26	TYLER STEEVES	HURON HEIGHT	7:01.09

Event 175 Women 3000 Meter Run Senior WCSSAA

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Records: * 10:11.19 13/05/2005 TARAH MCKAY, Elmira DSS-E
Name Year School Finals
=====
1 LAURA WARR WATERLOO-OXF 11:41.30
2 TAYLOR MARTIN CAMERON HEIG 11:46.99
3 MARINA DRYGALA BLUEVALE COL 12:10.18
4 NICOLE MCMULLEN-COOK BLUEVALE COL 12:24.80
5 ASHLEY HAMMERBACHER WATERLOO COL 12:27.85
6 STEPH LUPTON WATERLOO-OXF 13:02.99
7 ALEXA JAMES GALT COLLEGI 13:26.84
8 JENNY GRUBER GRAND RIVER 13:39.47
9 HEATHER JOHNSTON JACOB HESPEL 14:42.71
10 BIANCA COLCER WATERLOO COL 15:14.00
11 JANOAH WILLISIE WATERLOO COL 15:20.86
12 NICOLE LENGIES WATERLOO COL 16:14.84
13 TEAGAN BERRY WATERLOO COL 16:28.37
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Event 176 Men 3000 Meter Run Senior WCSSAA

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Records: * 8:49.52 13/05/2005 KYLE DEKKER, Grand River
Name Year School Finals
=====
1 GAVIN SHIELDS PRESTON HIGH 9:25.19
2 BRETT CROWLEY KITCHENER WA 9:30.88
3 CHRIS MORGAN SIR JOHN A. 9:38.08
4 PATRICK CARRIQUE GRAND RIVER 9:42.21
5 USAMA IKRAM WATERLOO COL 9:57.74
6 JOEL WEBSTER SOUTHWOOD SE 10:07.83
7 REID HAYES SIR JOHN A. 10:34.58
8 GORDON SHIELDS CAMERON HEIG 10:48.49
9 AHMED AHMED FOREST HEIGHTS C 10:57.38
10 CONNOR WATSON HURON HEIGHT 11:02.80
11 NICK STAFFA HURON HEIGHT 11:07.07
12 ZEKE HANSRAJ EASTWOOD COL 11:08.63
13 NICK BURT FOREST HEIGHTS C 11:17.27
14 ALEX FARQUHAR WATERLOO COL 11:44.10
15 ERICH FISCHER BLUEVALE COL 11:52.99
16 HERIE SUN WATERLOO COL 12:32.28
17 NICK FRONCHACK HURON HEIGHT 13:10.33
18 ANDREW MUIR HURON HEIGHT 13:22.93
-- JONMARK FERBER WATERLOO-OXF DNF
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Event 177 Women 100 Meter Hurdles Senior WCSSAA

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Records: * 14.20 14/05/2007 MARI FOURIE, Bluevale Collegi
Name Year School Prelims Wind H#
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Preliminaries
1 CLARICE CHIN EASTWOOD COL 15.88Q NWI 2
2 LIZ PHILLIPS GALT COLLEGI 17.11Q NWI 1
3 ALICIA JANTZI FOREST HEIGHTS C 17.47Q NWI 3
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4	SAMANTHA MURRAY	CAMERON HEIG	17.40Q	NWI	1
5	LEAH DE LOS SANTOS	CAMERON HEIG	17.53Q	NWI	3
6	SARAH HUNTER-DUVAR	FOREST HEIGHTS C	17.66Q	NWI	2
7	JESSICA CLANCY	WATERLOO COL	17.56q	NWI	1
8	ANDREA POPESCU	CAMERON HEIG	18.05q	NWI	1
9	SANTANA KEATING	PRESTON HIGH	18.50	NWI	2
10	NOVALEE DAVY	CAMERON HEIG	19.28	NWI	1
11	LAURA KIM	WATERLOO COL	19.50	NWI	1
12	SARAH PENWARDEN	GALT COLLEGI	20.63	NWI	2
13	FEVEN ADDIS	CAMERON HEIG	21.45	NWI	2
14	NICOLE MCMARTIN	KITCHENER WA	22.65	NWI	3
15	MAGGIE BOYNE	ELMIRA DISTR	31.11	NWI	3

Event 177 Women 100 Meter Hurdles Senior WCSSAA

Records: * 14.20 14/05/2007 MARI FOURIE, Bluevale Collegi
 Name Year School Finals Wind

Finals

1	CLARICE CHIN	EASTWOOD COL	16.17	-2.6
2	LIZ PHILLIPS	GALT COLLEGI	16.90	-2.6
3	SAMANTHA MURRAY	CAMERON HEIG	17.33	-2.6
4	ALICIA JANTZI	FOREST HEIGHTS C	17.36	-2.6
5	LEAH DE LOS SANTOS	CAMERON HEIG	17.40	-2.6
6	ANDREA POPESCU	CAMERON HEIG	17.69	-2.6
7	SARAH HUNTER-DUVAR	FOREST HEIGHTS C	18.03	-2.6
8	JESSICA CLANCY	WATERLOO COL	21.31	-2.6

Event 178 Men 110 Meter Hurdles Senior WCSSAA

Records: * 15.77 13/05/2009 JIMMY YING YONG, Cameron Heights
 Name Year School Prelims Wind H#

Preliminaries

1	CHARL FOURIE	BLUEVALE COL	* 15.45Q	NWI	1
2	MITCH O'DONNELL	FOREST HEIGHTS C	16.04Q	NWI	2
3	DEVON RITTINGER	FOREST HEIGHTS C	16.11Q	NWI	3
4	CHRISTOPHER GREEN	CAMERON HEIG	* 15.67Q	NWI	1
5	MIKE PETERS	GRAND RIVER	16.07Q	NWI	2
6	EMIL LARSSON	SIR JOHN A.	18.28Q	NWI	3
7	TREVOR ZISTER	WATERLOO-OXF	16.34q	NWI	1
8	ERIC FRIEDEL	WATERLOO COL	18.43q	NWI	1
9	ROBERT STUIBERGEN	EASTWOOD COL	19.18	NWI	3
10	JOHN SALAZAR	GRAND RIVER	20.19	NWI	3
11	ADAM REATH	GLENVIEW PAR	20.44	NWI	3
12	BRYAN LIU	WATERLOO COL	20.52	NWI	2
13	YIPENG GE	SIR JOHN A.	21.32	NWI	2
14	BRIAN YEUNG	SIR JOHN A.	22.05	NWI	2
15	HARVEY XU	SIR JOHN A.	22.47	NWI	1
16	ALEX JANTHASRISAI	KITCHENER WA	24.17	NWI	2
--	EMEKA AGADA	ELMIRA DISTR	DQ	NWI	1

Event 178 Men 110 Meter Hurdles Senior WCSSAA

Records: * 15.77 13/05/2009 JIMMY YING YONG, Cameron Heights
 Name Year School Finals Wind

Finals

1	DEVON RITTINGER	FOREST HEIGHTS C	14.73*	-1.3
2	MITCH O'DONNELL	FOREST HEIGHTS C	14.99*	-1.3
3	CHARL FOURIE	BLUEVALE COL	15.31*	-1.3
4	CHRISTOPHER GREEN	CAMERON HEIG	15.87	-1.3
5	MIKE PETERS	GRAND RIVER	15.97	-1.3
6	TREVOR ZISTER	WATERLOO-OXF	16.71	-1.3
7	ERIC FRIEDEL	WATERLOO COL	18.70	-1.3
8	EMIL LARSSON	SIR JOHN A.	19.40	-1.3

Event 179 Women 400 Meter Hurdles Senior WCSSAA

Records: * 1:05.58 13/05/2007 MARI FOURIE, Bluevale Collegi

Name	Year	School	Finals
1	LIZ PHILLIPS	GALT COLLEGI	1:09.44
2	SAMANTHA MURRAY	CAMERON HEIG	1:11.56
3	ALANA CORRIGAN	WATERLOO COL	1:14.20
4	ANDREA POPESCU	CAMERON HEIG	1:17.59
5	CHRISTINE HORNER	WATERLOO COL	1:17.85
6	NOVALEE DAVY	CAMERON HEIG	1:19.75
7	BRITTANY HOLISEK	JACOB HESPEL	1:25.24
8	FEVEN ADDIS	CAMERON HEIG	1:34.71

Event 180 Men 400 Meter Hurdles Senior WCSSAA

Records: * 59.48 13/05/2010 TYE CALDER, Waterloo Col

Name	Year	School	Finals	H#
1	CHARL FOURIE	BLUEVALE COL	57.60*	2
2	CHRISTOPHER GREEN	CAMERON HEIG	1:01.02	2
3	MIKE PETERS	GRAND RIVER	1:02.87	2
4	BRANDON THWAITES	CAMERON HEIG	1:08.66	2
5	BRYAN LIU	WATERLOO COL	1:08.84	2
6	ROBBIE BORSI	CAMERON HEIG	1:11.28	1
7	ERIC FRIEDEL	WATERLOO COL	1:11.71	1
8	ROBERT STUIBERGEN	EASTWOOD COL	1:11.74	1
9	JOHN SALAZAR	GRAND RIVER	1:12.11	2
10	YIPENG GE	SIR JOHN A.	1:13.30	2

Event 181 Women High Jump Senior WCSSAA

Records: * 1.60m 13/05/2009 FLO PETERS, Grand River Coll

Name	Year	School	Finals
1	KATHRYN BROADBELT	WATERLOO COL	1.55m
2	AVRYA JANKE	KITCHENER WA	J1.55m
3	CAITLIN HUGHES	SIR JOHN A.	J1.55m
3	BRYAR HIND	GALT COLLEGI	J1.55m
5	MICHELLE MILLER	CAMERON HEIG	1.50m
6	ALEX KOCHER	EASTWOOD COL	J1.50m
7	ALEX KLEIN	WATERLOO COL	1.45m
8	KAITLYN JACKLIN	WATERLOO COL	1.35m
9	MEAGAN MCDUGALL	JACOB HESPEL	1.30m
9	QUINCY BAILEY	JACOB HESPEL	1.30m
9	MELANIE FERGUSON	JACOB HESPEL	1.30m
12	EMILY RUTHVEN	JACOB HESPEL	1.20m

Event 182 Men High Jump Senior WCSSAA

Records: * 2.00m 10/05/2006 ALEX WITMER, Forest Heigh			
Name	Year	School	Finals
1 BARNEY INTHAVONKY		FOREST HEIGHTS C	1.85m
2 KEEGAN CALDER		WATERLOO COL	1.75m
3 EMEKA AGADA		ELMIRA DISTR	J1.75m
3 ROBERT THOMAS		GLENVIEW PAR	J1.75m
5 KEVIN SHERK		SIR JOHN A.	1.70m
6 PAUL JACOBS		CAMERON HEIG	1.65m
7 MITCHELL ROTH		WATERLOO COL	1.60m
7 CODY PARSONS		CAMERON HEIG	1.60m
7 SHAY LING		CAMERON HEIG	1.60m
10 PETER SNIDER		WATERLOO COL	1.55m
10 CASSIDY POMEROY		BLUEVALE COL	1.55m
10 RALPH BARAC		SIR JOHN A.	1.55m
13 DAVID CLIFTON		EASTWOOD COL	1.50m
14 DAUNTE GRANT		KITCHENER WA	1.45m
15 RYAN MCNULTY		GALT COLLEGI	1.40m

Event 183 Women Pole Vault Senior WCSSAA

Records: * 2.90m 13/05/2009 MARIELLE HARPER, Kitchener Waterl			
Name	Year	School	Finals
1 ABBIE MCLELLAN		CAMERON HEIG	2.30m
2 ALYSSA FIEDLER		GRAND RIVER	J2.30m
3 ELISA DORMAN		CAMERON HEIG	2.20m
4 MEAGAN MCDOUGALL		JACOB HESPEL	2.00m
5 ALICIA JANTZI		FOREST HEIGHTS C	1.30m
6 ANDREA POPESCU		CAMERON HEIG	J1.30m

Event 184 Men Pole Vault Senior WCSSAA

Records: * 4.20m 13/05/2010 ALEX HOEDIONO, Sir John A.			
Name	Year	School	Finals
1 EMIL LARSSON		SIR JOHN A.	3.30m
2 JAMES STEUBING		SIR JOHN A.	3.00m
3 JACK SWEENEY		CAMERON HEIG	2.20m
3 KEVIN SHERK		SIR JOHN A.	2.20m
5 HARVEY XU		SIR JOHN A.	J2.20m
6 DANTE STOLFI		SIR JOHN A.	J2.20m
7 RALPH BARAC		SIR JOHN A.	1.90m

Event 185 Women Long Jump Senior WCSSAA

Records: * 5.23m 15/05/2008 NICOLE ROEDER, Waterloo				
Name	Year	School	Finals	Wind
1 PAYTON THIEL		SIR JOHN A.	4.95m	NWI
2 JESSICA CLANCY		WATERLOO COL	4.92m	NWI
3 ALICIA JANTZI		FOREST HEIGHTS C	4.76m	NWI
3 CLARICE CHIN		EASTWOOD COL	4.76m	NWI
5 ALEX KLEIN		WATERLOO COL	4.71m	NWI

6	EMILY ERSMAN	BLUEVALE COL	4.70m	NWI
7	CAITLIN HUGHES	SIR JOHN A.	4.58m	NWI
8	ERIN BUSH	CAMERON HEIG	4.52m	NWI
9	DANIELLE GUNSCH	HURON HEIGHT	4.35m	NWI
10	ASHLEY FORDE	PRESTON HIGH	4.32m	NWI
11	MEGAN BROCKELBANK	EASTWOOD COL	4.26m	NWI
12	NATALIE BROWN	HURON HEIGHT	4.12m	NWI
13	SARAH HUNTER-DUVAR	FOREST HEIGHTS C	4.07m	NWI
13	VICTORIA HORST	ELMIRA DISTR	4.07m	NWI
15	SONYA KENY	EASTWOOD COL	4.02m	NWI
16	MELISSA BRECKLES	WATERLOO COL	3.99m	NWI
17	KAREN NINAN	WATERLOO COL	3.85m	NWI
18	NIDHI JUTHANI	CAMERON HEIG	3.77m	NWI
19	NEDINE LAWTON	EASTWOOD COL	3.73m	NWI
20	SANJA TESIC	SIR JOHN A.	3.62m	NWI
21	REBECCA STECKLE	HURON HEIGHT	3.55m	NWI
22	KORA SOPER-VONA	JACOB HESPEL	3.52m	NWI
23	KAITLYN JACKLIN	WATERLOO COL	3.44m	NWI
24	ANJA GORRIE	WATERLOO COL	3.41m	NWI
25	NICOLE MCMARTIN	KITCHENER WA	3.27m	NWI
26	ALYSSA PASEK	WATERLOO COL	3.17m	NWI
27	TORIA VAIR	KITCHENER WA	3.10m	NWI
28	ELYSE MULHALL	WATERLOO COL	3.04m	NWI
29	MAGGIE BOYNE	ELMIRA DISTR	2.92m	NWI
30	ASHLEY BECKER	BLUEVALE COL	2.73m	NWI
--	BRITTANY HOLISEK	JACOB HESPEL	FOUL	
--	JASMINE WILSON	ELMIRA DISTR	FOUL	

Event 186 Men Long Jump Senior WCSSAA

Records: * 6.88m 13/05/2007 JEREMY YANG, Bluevale Col

Name	Year	School	Finals	Wind
1	MITCH O'DONNELL	FOREST HEIGHTS C	7.11m*	NWI
2	MIKE PETERS	GRAND RIVER	6.22m	NWI
3	SCOTT SHEA	ELMIRA DISTR	6.15m	NWI
4	BARNEY INTHAVONKY	FOREST HEIGHTS C	6.10m	NWI
5	KEVIN SHERK	SIR JOHN A.	5.89m	NWI
6	SALAH KANU	EASTWOOD COL	5.83m	NWI
7	JAVON MASTERS	FOREST HEIGHTS C	5.77m	NWI
8	MITCHELL ROTH	WATERLOO COL	5.70m	NWI
9	SOHAIL MALIK	PRESTON HIGH	5.58m	NWI
10	CODY PARSONS	CAMERON HEIG	5.43m	NWI
11	CASSIDY POMEROY	BLUEVALE COL	5.23m	NWI
12	SHAY LING	CAMERON HEIG	5.21m	NWI
13	PAUL JACOBS	CAMERON HEIG	5.20m	NWI
14	EMIL LARSSON	SIR JOHN A.	5.19m	NWI
15	JAMES STEUBING	SIR JOHN A.	4.98m	NWI
16	GORDON SHIELDS	CAMERON HEIG	4.97m	NWI
17	MICHAEL GOU	BLUEVALE COL	4.91m	NWI
18	SHANE BURKE	JACOB HESPEL	4.88m	NWI
19	DANTE STOLFI	SIR JOHN A.	4.80m	NWI
19	DAVID CLIFTON	EASTWOOD COL	4.80m	NWI
21	NATE DALE	SIR JOHN A.	4.67m	NWI
22	MIKE BAKER	PRESTON HIGH	4.60m	NWI
23	SAM QUANZ	KITCHENER WA	4.59m	NWI
24	ADAM MAUE	JACOB HESPEL	4.58m	NWI

25	BRENDAN VANDYKEN	JACOB HESPEL	4.56m	NWI
26	WESLEY FOSTER	JACOB HESPEL	4.30m	NWI
27	CHRIS MOCK	JACOB HESPEL	3.84m	NWI

Event 187 Women Triple Jump Senior WCSSAA

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Records: * 10.88m 13/05/2009 TOMEIZEL BARRY, Sir John A. Macd
Name Year School Finals Wind
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1 EMILY ERSMAN BLUEVALE COL 10.91m* NWI
2 DANIELLE GUNSCH HURON HEIGHT 10.65m NWI
3 LEAH DE LOS SANTOS CAMERON HEIG 10.42m NWI
4 CLARICE CHIN EASTWOOD COL 10.34m NWI
5 MELISSA BRECKLES WATERLOO COL 9.97m NWI
6 PAYTON THIEL SIR JOHN A. 9.91m NWI
7 ALEX KLEIN WATERLOO COL 9.69m NWI
8 MEGAN ELMHIRST JACOB HESPEL 8.93m NWI
9 ASHLEY FORDE PRESTON HIGH 8.74m NWI
10 NATALIE BROWN HURON HEIGHT 8.70m NWI
11 KORA SOPER-VONA JACOB HESPEL 7.75m NWI
-- NIDHI JUTHANI CAMERON HEIG FOUL
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Event 188 Men Triple Jump Senior WCSSAA

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Records: * 13.83m 13/05/2004 JASON GOETZ, Preston HS-C
Name Year School Finals Wind
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1 NIENKEL PALJOLA FOREST HEIGHTS C 13.75m NWI
2 THESHAWN BARRY SIR JOHN A. 12.37m NWI
3 JAVON MASTERS FOREST HEIGHTS C 12.24m NWI
4 JORDAN SCHULZ WATERLOO COL 12.22m NWI
5 MITCHELL ROTH WATERLOO COL 12.12m NWI
6 PAUL JACOBS CAMERON HEIG 11.57m NWI
7 BARNEY INTHAVONKY FOREST HEIGHTS C 11.46m NWI
8 CODY PARSONS CAMERON HEIG 11.16m NWI
9 RALPH BARAC SIR JOHN A. 10.55m NWI
10 BRENDAN VANDYKEN JACOB HESPEL 10.40m NWI
11 SHAY LING CAMERON HEIG 10.22m NWI
12 ADAM MAUE JACOB HESPEL 9.88m NWI
13 ZIA YOUSAF PRESTON HIGH 9.28m NWI
14 BENJAMIN VOIGT BLUEVALE COL 9.19m NWI
15 CHRIS MOCK JACOB HESPEL 7.44m NWI
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Event 189 Women Shot Put Senior WCSSAA

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Records: * 10.63m 13/05/2010 JILL VAN DAMME, Bluevale Col
Name Year School Finals
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1 JILL VAN DAMME BLUEVALE COL 11.32m*
2 MICHELLE HUDYN EASTWOOD COL 9.24m
3 NIKKI ROSS CAMERON HEIG 8.63m
4 HILARY SWAN FOREST HEIGHTS C 8.29m
5 CARLY TITHECOTT WATERLOO COL 8.11m
6 DJ LAST PRESTON HIGH 7.85m
7 CINDY XAYAVONG CAMERON HEIG 7.76m
8 LINDSAY TAYLOR WATERLOO COL 7.69m
9 TANJA STANISIC GALT COLLEGI 7.31m
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10	SAMANTHA LANTEIGNE	CAMERON HEIG	6.77m
11	STEPHANIE WAGNER	BLUEVALE COL	6.00m
12	MELANIE KING	BLUEVALE COL	5.62m
13	NICOLE MCMARTIN	KITCHENER WA	5.54m
14	TORIA VAIR	KITCHENER WA	5.41m
15	LYNDSAY HOUGHTLING	WATERLOO COL	5.37m

Event 190 Men Shot Put Senior WCSSAA

Records: * 13.86m 14/05/2009 BRAD FORBES, Waterloo Collegi

Name	Year	School	Finals
1	TYLER VARGA	CAMERON HEIG	13.88m*
2	JAMIE NAY	CAMERON HEIG	13.73m
3	MICHAEL MCINTEE	WATERLOO COL	11.87m
4	SHERODAN BURKE	GALT COLLEGI	11.79m
5	ROBERT THOMAS	GLENVIEW PAR	11.54m
6	LANCE HAZLETT	CAMERON HEIG	11.45m
7	BRENDAN VANDYKEN	JACOB HESPEL	11.42m
8	MATT HORST	ELMIRA DISTR	11.24m
9	NATE DALE	SIR JOHN A.	10.82m
10	TAZ MARTIN	ELMIRA DISTR	10.71m
11	ZACHARY FISCHER	BLUEVALE COL	10.28m
12	JERELLE VAUGHAN	EASTWOOD COL	10.18m
13	JOEY PRIMEAU	ELMIRA DISTR	10.00m
14	IAN FARQUHARSON	BLUEVALE COL	9.93m
15	EMERSON PETRI	GALT COLLEGI	9.47m
16	AIDAN LUCAS	KITCHENER WA	9.13m
17	ERICH FISCHER	BLUEVALE COL	9.05m
18	NICHOLAS OBERLE	BLUEVALE COL	8.82m
19	MOHIT MISTRY	EASTWOOD COL	8.03m
20	ANDERS AU	SIR JOHN A.	7.50m
21	DAVID HARNOCK	KITCHENER WA	7.34m
22	RYAN CLARKE	CAMERON HEIG	7.30m

Event 191 Women Discus Throw Senior WCSSAA

Records: * 32.81m 13/05/2010 JILL VAN DAMME, Bluevale Col

Name	Year	School	Finals
1	JILL VAN DAMME	BLUEVALE COL	38.62m*
2	MICHELLE HUDYN	EASTWOOD COL	26.56m
3	JASMINE WILSON	ELMIRA DISTR	26.20m
4	NIKKI ROSS	CAMERON HEIG	22.74m
5	SAMANTHA LANTEIGNE	CAMERON HEIG	22.72m
6	ALEX PALVETZIAN	SOUTHWOOD SE	22.27m
7	ALYSSA SHORTT	WATERLOO COL	22.15m
8	MELANIE KING	BLUEVALE COL	19.95m
9	CINDY XAYAVONG	CAMERON HEIG	18.45m
10	DJ LAST	PRESTON HIGH	17.87m
11	HILARY SWAN	FOREST HEIGHTS C	17.34m
12	ALEXIS MACKIE	GLENVIEW PAR	15.74m
13	ALEX KOCHER	EASTWOOD COL	15.54m
14	STEPHANIE WAGNER	BLUEVALE COL	15.50m
15	LYNDSAY HOUGHTLING	WATERLOO COL	14.87m
16	IQRA CHAUDHRY	SOUTHWOOD SE	14.78m
17	ERICA GLASKIN-CLAY	SOUTHWOOD SE	14.57m

Event 192 Men Discus Throw Senior WCSSAA

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Records: * 42.50m 13/05/2009 KYLE SCHEIFELE, Grand River Coll
Name Year School Finals
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1 JAMIE NAY CAMERON HEIG 35.45m
2 JERELLE VAUGHAN EASTWOOD COL 33.98m
3 REESE KOWALIK WATERLOO-OXF 31.50m
4 MICAH SALFARLIE GALT COLLEGI 30.01m
5 MATT HORST ELMIRA DISTR 29.13m
6 IAN FARQUHARSON BLUEVALE COL 28.74m
7 TAZ MARTIN ELMIRA DISTR 28.41m
8 JORDAN KIVELL GLENVIEW PAR 27.84m
9 AYUSH KUMAR WATERLOO COL 25.77m
10 MO AL-KHAFAJI EASTWOOD COL 24.78m
11 ZACHARY FISCHER BLUEVALE COL 23.83m
12 JAMIE GASCHO EASTWOOD COL 23.00m
13 LANCE HAZLETT CAMERON HEIG 22.08m
14 RYAN WOODS WATERLOO COL 21.59m
15 MITCHELL WEISHAR CAMERON HEIG 21.13m
16 DREW BRYANT WATERLOO-OXF 20.44m
17 MIKE BAKER PRESTON HIGH 20.20m
18 TYLER STEEVES HURON HEIGHT 19.74m
19 DAVID HARNOCK KITCHENER WA 19.73m
20 DJ BRENNEMAN WATERLOO-OXF 19.51m
21 MOHIT MISTRY EASTWOOD COL 18.44m
22 JOEY PRIMEAU ELMIRA DISTR 17.60m
23 RYAN CLARKE CAMERON HEIG 14.43m
24 NICHOLAS OBERLE BLUEVALE COL 12.39m
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Event 193 Women Javelin Throw Senior WCSSAA

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Records: * 36.09m 13/05/2009 MEL BLAKE, Elmira
Name Year School Finals
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1 JASMINE WILSON ELMIRA DISTR 37.63m*
2 JILL VAN DAMME BLUEVALE COL 33.53m
3 RACHEL WOOLLEY WATERLOO-OXF 28.66m
4 ALYSSA SHORTT WATERLOO COL 28.17m
5 STEPHANIE WAGNER BLUEVALE COL 27.76m
6 MICHELLE HUDYN EASTWOOD COL 27.50m
7 SAMANTHA LANTEIGNE CAMERON HEIG 27.48m
8 ALEX KOCHER EASTWOOD COL 24.28m
9 MEAGAN MCDUGALL JACOB HESPEL 23.90m
10 ELISA DORMAN CAMERON HEIG 23.43m
11 ANJA GORRIE WATERLOO COL 23.38m
12 LINDSAY TAYLOR WATERLOO COL 23.04m
13 DJ LAST PRESTON HIGH 20.86m
14 REBECCA STECKLE HURON HEIGHT 19.76m
15 HILARY SWAN FOREST HEIGHTS C 19.56m
16 CINDY XAYAVONG CAMERON HEIG 18.98m
17 ALEX PALVETZIAN SOUTHWOOD SE 18.61m
18 NATALIE BROWN HURON HEIGHT 16.49m
19 ELYSE MULHALL WATERLOO COL 16.03m
20 ERICA GLASKIN-CLAY SOUTHWOOD SE 14.44m
21 ALLIE SMITH WATERLOO COL 14.30m
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22	IQRA CHAUDHRY	SOUTHWOOD SE	13.15m
23	MELANIE KING	BLUEVALE COL	12.85m
24	LYNDSAY HOUGHTLING	WATERLOO COL	12.31m
25	AINSLEY LAING	GALT COLLEGI	12.13m
26	ALYSSA PASEK	WATERLOO COL	9.98m

Event 194 Men Javelin Throw Senior WCSSAA

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Records: * 47.68m 12/05/2010 ERIC DANECKE, Grand River
Name Year School Finals
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1 ERIC DANECKE GRAND RIVER 52.43m*
2 IAN FARQUHARSON BLUEVALE COL 41.44m
3 ERICH FISCHER BLUEVALE COL 41.01m
4 NATE DALE SIR JOHN A. 39.12m
5 JOEY PRIMEAU ELMIRA DISTR 38.43m
6 ERICH WOOLLEY WATERLOO-OXF 37.90m
7 ROBBIE BORSI CAMERON HEIG 37.77m
8 MICAH SALFARLIE GALT COLLEGI 37.35m
9 JORDAN SCHNAR SIR JOHN A. 36.95m
10 REESE KOWALIK WATERLOO-OXF 36.76m
11 JERELLE VAUGHAN EASTWOOD COL 36.72m
12 JAMES STEUBING SIR JOHN A. 35.95m
13 BRANDON THWAITES CAMERON HEIG 35.38m
14 TYLER VARGA CAMERON HEIG 33.54m
15 MATT HORST ELMIRA DISTR 32.52m
16 CHRIS CASHER BLUEVALE COL 31.45m
17 AARON HARRIS SOUTHWOOD SE 30.86m
18 AYUSH KUMAR WATERLOO COL 30.47m
19 RYAN WOODS WATERLOO COL 29.65m
20 TAZ MARTIN ELMIRA DISTR 27.89m
21 STUART WALKER GLENVIEW PAR 26.90m
22 MIKE BAKER PRESTON HIGH 26.60m
23 DREW BRYANT WATERLOO-OXF 26.22m
24 ANDERS AU SIR JOHN A. 25.46m
25 LANCE HAZLETT CAMERON HEIG 25.30m
26 JACOB O'REILLY GALT COLLEGI 24.30m
27 JAMIE GASCHO EASTWOOD COL 22.30m
28 NICHOLAS OBERLE BLUEVALE COL 22.12m
29 ZACHARY FISCHER BLUEVALE COL 22.10m
30 MO AL-KHAFAJI EASTWOOD COL 21.24m
31 MOHIT MISTRY EASTWOOD COL 17.01m
32 RYAN CLARKE CAMERON HEIG 13.64m
33 BLAINE FISS CAMERON HEIG 7.08m

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Event 195 Women 4x100 Meter Relay Senior WCSSAA

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Records: * 51.83 15/05/2007 GRAND RIVER CI, Grand River Coll
School Finals H#
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1 CAMERON HEIGHTS CI 'A' 53.60 2
2 BLUEVALE COLLEGIATE INSTITUTE 'A' 54.20 2
3 GALT COLLEGIATE INSTITUTE 'A' 54.35 2
4 FOREST HEIGHTS C I 'A' 54.49 2
5 GRAND RIVER COLLEGIATE INSTITU 'A' 54.81 2
6 PRESTON HIGH SCHOOL 'A' 55.78 1
7 HURON HEIGHTS SECONDARY SCHOOL 'A' 56.63 2

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8	EASTWOOD COLLEGIATE INSTITUTE	'A'	56.64	1
9	WATERLOO COLLEGIATE INSTITUTE	'A'	57.37	1
10	CAMERON HEIGHTS CI	'B'	1:00.68	2
11	BLUEVALE COLLEGIATE INSTITUTE	'B'	1:01.66	1

Event 196 Men 4x100 Meter Relay Senior WCSSAA

Records: * 44.43 13/05/2010 HURON HEIGHTS SECONDARY SCHOOL, Huron Height

T Woodhouse, D Smith, M Cober, T Guerra

School	Finals	H#
1 FOREST HEIGHTS C I 'A'	44.84	2
2 GRAND RIVER COLLEGIATE INSTITU 'A'	45.36	2
3 GALT COLLEGIATE INSTITUTE 'A'	46.24	2
4 SIR JOHN A. MACDONALD 'A'	46.29	2
5 ELMIRA DISTRICT SECONDARY SCHO 'A'	J46.29	1
6 BLUEVALE COLLEGIATE INSTITUTE 'A'	46.50	2
7 CAMERON HEIGHTS CI 'A'	46.62	2
8 WATERLOO COLLEGIATE INSTITUTE 'A'	46.88	2
9 EASTWOOD COLLEGIATE INSTITUTE 'A'	48.70	1
10 CAMERON HEIGHTS CI 'B'	49.51	2
11 BLUEVALE COLLEGIATE INSTITUTE 'B'	50.16	1
12 JACOB HESPELER SECONDARYSCHOOL 'A'	51.26	1

Event 197 Women 1500 Meter Steeplechase Open WCSSAA

Records: * 5:20.02 13/05/2009 LAUREN DOHERTY, Galt Collegiate

Name	Year School	Finals
1 MARINA DRYGALA	BLUEVALE COL	5:57.66
2 STEPH LUPTON	WATERLOO-OXF	6:02.92
3 BRONWYN MCILLROY-YOUNG	CAMERON HEIG	6:15.44
4 NICOLE MCMULLEN-COOK	BLUEVALE COL	6:23.49
5 VICTORIA WAIND	WATERLOO COL	6:42.60
6 ANNIE MCCARRON	KITCHENER WA	6:59.04
7 HEATHER JOHNSTON	JACOB HESPEL	7:00.00
8 KATIE WOODSTOCK	SIR JOHN A.	7:08.03
9 HILLARY MORAN	WATERLOO COL	7:15.37
10 MEAGHAN QUANZ	KITCHENER WA	7:16.82
11 GWYNETH ERHARDT	HURON HEIGHT	7:18.54
12 AINSLEY LAING	GALT COLLEGI	7:32.71

Event 198 Men 2000 Meter Steeplechase Open WCSSAA

Records: * 6:27.01 12/05/2010 JASON THORNTON, Jacob Hespel

Name	Year School	Finals
1 ALEXANDER ULLMAN	BLUEVALE COL	6:21.03*
2 STUART BENNETT	BLUEVALE COL	6:58.74
3 DEREK GOVIER	WATERLOO-OXF	7:01.29
4 NIC FOTI	CAMERON HEIG	7:05.64
5 JONMARK FERBER	WATERLOO-OXF	7:16.37
6 GORDON SHIELDS	CAMERON HEIG	7:35.46
7 CHRIS MUIRHEAD	BLUEVALE COL	7:38.44
8 FILIP ADAMSKI	BLUEVALE COL	7:43.94
9 RYAN O'DONNELL	GALT COLLEGI	7:50.30

10	ZEKE HANSRAJ	EASTWOOD COL	7:55.03
11	BEN HUDSON	WATERLOO COL	7:55.07
12	STEVEN PARKER	SIR JOHN A.	8:01.86
13	AARON HARRIS	SOUTHWOOD SE	8:07.55
14	LIAM PADDOCK	CAMERON HEIG	8:23.22
15	KEVIN NOGUEIRA	HURON HEIGHT	8:33.07
16	JACOB BETHELL	EASTWOOD COL	8:39.03
17	MARCUS SMITH	GRAND RIVER	8:40.60
18	DAVID YU	PRESTON HIGH	8:42.22
19	JACK HAYWARD	PRESTON HIGH	9:21.20
20	HASSAN ZAIDI	HURON HEIGHT	9:25.69
21	NICOLAS MASK	HURON HEIGHT	9:34.12
22	KYLE DIEBOLT	KITCHENER WA	9:42.58
23	JORDAN LEMP	ELMIRA DISTR	9:47.20
24	ANDREW MUIR	HURON HEIGHT	11:00.28

Event 199 Women 4x400 Meter Relay Open WCSSAA

Records: * 4:18.61 15/05/2008 FOREST HEIGHTS C I, Forest Heigh
K ADAMS, R CONWAY, K VANDERSTELT, T STAIRS

School	Finals	H#
1 SIR JOHN A. MACDONALD 'A'	4:24.34	2
2 BLUEVALE COLLEGIATE INSTITUTE 'A'	4:33.95	2
3 CAMERON HEIGHTS CI 'A'	4:39.65	2
4 WATERLOO COLLEGIATE INSTITUTE 'A'	4:41.58	2
5 SOUTHWOOD SECONDARY SCHOOL 'A'	4:46.83	2
6 GRAND RIVER COLLEGIATE INSTITU 'A'	4:53.02	1
7 BLUEVALE COLLEGIATE INSTITUTE 'B'	5:01.38	1
8 CAMERON HEIGHTS CI 'B'	5:03.31	2
9 JACOB HESPELER SECONDARYSCHOOL 'A'	5:04.68	1

Event 200 Men 4x400 Meter Relay Open WCSSAA

Records: * 3:34.54 15/05/2008 CAMERON HEIGHTS C I, Cameron Heig

School	Finals	H#
1 BLUEVALE COLLEGIATE INSTITUTE 'A'	3:35.43	2
2 WATERLOO COLLEGIATE INSTITUTE 'A'	3:40.73	2
3 CAMERON HEIGHTS CI 'A'	3:40.87	2
4 SOUTHWOOD SECONDARY SCHOOL 'A'	3:54.93	2
5 BLUEVALE COLLEGIATE INSTITUTE 'B'	4:01.96	1
6 HURON HEIGHTS SECONDARY SCHOOL 'A'	4:04.96	2
7 WATERLOO-OXFORD D.S.S. 'A'	4:07.31	1
8 CAMERON HEIGHTS CI 'B'	4:11.64	2
9 GALT COLLEGIATE INSTITUTE 'A'	4:12.32	2
10 JACOB HESPELER SECONDARYSCHOOL 'A'	4:29.51	1

Event 202 Men 100 Meter Dash Ambulatory WCSSAA

Name	Year School	Finals	Wind
1 BLAINE FISS	CAMERON HEIG	21.38	-0.2