

WCSSAA
ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES
2004 -2025

SENIOR GIRLS SHOT PUT (4kg)

Athlete	School	Performance	Place	Year	Record/Notes
VAN DAMME, Jill	BCI	11.58	1	2012	*
HOUGHTON, Elizabeth	SJAM	10.14	1	2014	
COOLMAN, Madison	HHSS	10.00	1	2019	
LINDSAY, Kendra	WODSS	9.95	1	2005	
JAGER, Amy	GRCI	9.81	1	2007	
TITHECOTT, Carly	WCI	9.78	1	2009	
DUMAS, Elaine	BCI	9.52	1	2004	*
YETMAN, Molly	GPSS	9.46	2	2004	
HUDYN, Michelle	ECI	9.46	2	2012	
ADAMS, Maddy	JHSS	9.41	2	2018	

JUNIOR GIRLS SHOT PUT (3kg) From 2015

KUDROCOVA, Claudika	GPSS	11.11	1	2025	*
COOLMAN, Madison	HHSS	11.09	1	2017	*
EVELYN, Hailey	PHS	10.51	1	2015	*
PETKOVIC, Lana	GRCI	10.34	2	2025	
AGNEW, Stephanie	WCI	10.16	1	2018	
ADAMS, Madeleine	JHSS	10.14	1	2016	
GRANT, Serena	ECI	10.05	1	2019	
CROVETTO, Julia	SJAM	9.96	2	2015	
SMITH, Cora	LHSS	9.82	1	2023	
WALES, Ava	CHCI	9.44	3	2025	

NOVICE GIRLS SHOT PUT (3kg) From 2015

PETKOVIC, Lana	GRCI	11.03	1	2024	*
KRONBERGER, Claudika	GPSS	10.53	2	2024	
HASTINGS, Avery	BCI	10.30	1	2019	*
PAYNE, Rayna	SJAM	10.13	2	2019	
GRANT, Serena	ECI	10.10	1	2018	*
COOLMAN, Madison	HHSS	9.91	1	2016	*
ZERVOS, Mariah	CHCI	9.57	1	2015	*
KITZMAN, Madeline	JHSS	9.29	3	2024	
THOMAS, Ella	KCI	9.17	3	2019	
FERGUSON, Kate	BCI	9.16	2	2018	

JUNIOR GIRLS SHOT PUT (4kg) 2004-2014

VAN DAMME, Jill	BCI	10.92	1	2009	*
LINDSAY, Kendra	WODSS	9.83	1	2004	*
ERREY, Heather	EDSS	9.74	1	2005	
DeBOER, Steph	GRCI	9.37	2	2005	
POTTIER, Casey	GRCI	9.13	1	2006	
VICIC, Jessica	FHCI	8.73	2	2009	
AMBROSE, Kelsey	KCI	8.57	1	2011	
HEENEY, Sam	HHSS	8.40	1	2008	
KAFADAR, Leyla	GCI	8.35	3	2005	
WALKER, Carlie	GPSS	8.34	2	2004	
STANLEY, Rebecca	WCI	8.34	2	2006	

NOVICE GIRLS SHOT PUT (4kg) 2004-2014

Athlete	School	Performance	Place	Year	Record/Notes
VAN DAMME, Jill	BCI	10.71	1	2008	*
POTTIER, Casey	GRCI	9.33	1	2005	*
LEU, Ashley	WODSS	8.45	1	2014	
HEENEY, Sam	HHSS	8.30	1	2007	
DEBOER, Steph	GRCI	8.19	1	2004	*
EVELYN, Hailey	PHS	8.11	2	2015	
JOHNS, Skye	KCI	7.92	2	2007	
SCHAEFFER, Danielle	SJAM	7.84	1	2011	
DRESCHER, Kelly	GRCI	7.81	1	2013	
PATEL, Kruti	WCI	7.81	2	2004	

SENIOR BOYS SHOT PUT (12lb)

Athlete	School	Performance	Place	Year	Record/Notes
CRAWFORD, Calum	EDSS	14.51	1	2024	*
FORBES, Riley	JHSS	14.42	1	2018	*
VARGA, Tyler	CHCI	13.88	1	2011	*
FORBES, Brad	WCI	13.86	1	2009	*
McGILL, Jake	SJAM	13.82	1	2014	
NAY, Jamie	CHCI	13.73	2	2011	
NITZ, Max	GPSS	13.47	1	2019	
CAMPBELL, Drew	GPSS	13.30	1	2010	
WISE, Oscar	CHCI	13.13	1	2023	
SCHEIFELE, Kyle	GRCI	12.93	1	2009	

JUNIOR BOYS SHOT PUT (4kg)

LAWSON, Mitchell	JHSS	15.52	1	2007	*
CAMPBELL, Drew	GPSS	15.41	1	2008	
BURKE, Sherodan	GCI	15.37	1	2009	
RIVARD, Josiah	BCI	14.70	1	2024	
ROSS, Matthew	CHCI	14.07	1	2012	
FORBES, Riley	JHSS	13.89	1	2017	
BAUMAN, Chadd	EDSS	13.79	1	2011	
BREUTIGAM, Ron	GCI	13.74	2	2009	
COULTER, Lachlan	BCI	13.74	2	2011	
NAGELEISEN, Jack	CHCI	13.73	1	2019	

NOVICE BOYS SHOT PUT (4kg)

HAMMOUD, Basil	GRCI	13.97	1	2005	*
COCKRAM, Corey	CHCI	13.65	1	2006	
SCHEIFELE, Kyle	GRCI	13.49	2	2006	
SMITH, Court	FHCI	13.05	1	2007	
DAWSON, Corey	SSS	12.68	2	2005	
CAMPBELL, Drew	GPSS	12.48	2	2007	
HEIMPEL, Cody	KCI	12.43	1	2017	
NITZ, Max	GPSS	12.41	2	2017	
KARLEY, Gavin	BCI	12.40	1	2014	
BUGUNOVIC, Vuk	CHCI	12.31	3	2005	