

**WCSSAA**  
**ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES**  
**2004 -2025**

**SENIOR GIRLS TRIPLE JUMP**

<b>Athlete</b>	<b>School</b>	<b>Performance</b>	<b>Place</b>	<b>Year</b>	<b>Record/Notes</b>
GRAHOVAC, Tamara	CHCI	11.47	1	2018	*
GUNSCH, Danielle	HHSS	11.12	1	2012	*
RODRIGUE, Maia	GRCI	11.05	1	2019	
ERSMAN, Emily	BCI	10.91	1	2011	*
BARRY, Tomeizel	SJAM	10.88	1	2009	*
HAM, Sophie	HHSS	10.82	1	2024	
DE LOS SANTOS, Leah	CHCI	10.80	1	2013	
ALI, Jasmyn	LHSS	10.79	1	2022	
SHANTZ, Mackeely	WODSS	10.77	2	2019	
BRUGGER, Courtney	JHSS	10.65	1	2014	

**JUNIOR GIRLS TRIPLE JUMP**

WRIGHT, Courtney	JHSS	11.40	1	2013	*
LARSSON, Anna	SJAM	11.20	2	2013	
ERSMAN, Emily	BCI	11.04	1	2010	*
RODRIGUE, Maia	GRCI	11.03	1	2018	
GRAHOVAC, Tamara	CHCI	10.92	1	2016	
GOLCEVSKI, Talia	CHCI	10.86	1	2025	
PAINE, Nicole	GCI	10.82	2	2018	
PHILEMON, Yowa	CHCI	10.72	1	2024	
LEMIEUX, Emma	KCI	10.72	3	2018	
SHANTZ, Mackeely	WODSS	10.64	1	2017	

**NOVICE GIRLS TRIPLE JUMP**

LARSSON, Anna	SJAM	10.80	1	2012	*
ELIZAROV, Jennifer	SJAM	10.52	1	2018	
WATSON, Ahijah	ECI	10.49	1	2015	
MEACHER, Deanna	JHSS	10.42	1	2016	
OYUAL, Yang	GPSS	10.27	2	2016	
GOLCEVSKI, Talia	CHCI	10.26	1	2024	
RODRIGUE, Maia	GRCI	10.24	1	2017	
GRAHOVAC, Tamara	CHCI	10.23	2	2015	
ALI, Jasmyn	SJAM	10.21	1	2019	
WRIGHT, Courtney	JHSS	10.14	2	2012	

### SENIOR BOYS TRIPLE JUMP

Athlete	School	Performance	Place	Year	Record/Notes
TAYLOR, Ryan	HHSS	14.86	1	2016	*
SIHARATH, Kenny	CHCI	14.16	1	2018	
COK, Braden	SJAM	14.10	1	2012	*
MAPP, Isaac	PHS	13.84	2	2018	
GOETZ, Jason	PHS	13.83	1	2004	*
HUNTE, David	CHCI	13.81	2	2004	
PALJOLA, Neinkel	FHCI	13.75	1	2011	
MCAINA, Madalitso	SSS	13.72	1	2014	
CRAWFORD, Jamie	EDSS	13.72	1	2022	
YANG, Jeremy	BCI	13.43	1	2007	

### JUNIOR BOYS TRIPLE JUMP

PALJOLA, Neinkel	FHCI	13.87	1	2010	*
O'DONNELL, Mitch	FHCI	13.70	2	2010	
YANG, Jeremy	BCI	13.42	1	2005	*
COK, Braden	SJAM	12.93	1	2011	
MAPP, Isaac	PHS	12.88	1	2016	
LE, Walter	GPSS	12.86	1	2017	
MARTIN, Hunter	EDSS	12.82	1	2024	
GARRICK, Darnell	FHCI	12.49	2	2005	
KRELLER, Austin	BCI	12.44	2	2011	
SIHARATH, Kenny	CHCI	12.38	1	2015	

### NOVICE BOYS TRIPLE JUMP

O'DONNELL, Mitch	CHCI	13.10	1	2009	*
PALJOLA, Neinkel	FHCI	13.08	2	2009	
MCHAINA, Madalitso	SSS	12.72	1	2011	
COK, Braden	SJAM	12.50	1	2010	
LO, Chris	JHSS	12.46	1	2007	*
KHAN, Shamir	GPSS	12.34	1	2015	
GEORGEHIADAS, Andrew	WODSS	12.32	1	2019	
CRAWFORD, Jamie	EDSS	12.21	2	2019	
MAPP, Isaac	PHS	12.20	2	2015	
FLANNIGAN, Markeiths	GPSS	12.13	1	2018	