

TRACK WARS
ALL TIME TOP 10 BEST TRACK AND FIELD PERFORMANCES
2009 -2026

SENIOR GIRLS LONG JUMP

Athlete	School	Performance	Place	Year	Record/Notes
VAMOS, Brianna	HTCSS	5.15	1	2023	*
GRIFFITH, Savannah	SDCSS	5.11	1	2025	
McGREGOR, Avery	Sacred Heart	5.09	2	2025	
DUNCAN, Chelsea	SWCSS	5.05	1	2009	*
HABASH, Mylenne	PRDG	5.05	1	2019	*
MELVIN, Alissa	SDCSS	5.04	1	2016	
BARRY, Tomiezel	SJAM	5.04	2	2009	
NEWELL, Jamie	Madill	5.04	2	2019	
VANHARTINGSVELDT, Hannah	SDCSS	5.03	3	2025	
FLEMINGTON, Katie	CCVI	5.00	1	2010	

JUNIOR GIRLS LONG JUMP

MELVIN, Alissa	SDCSS	5.16	1	2015	*
MERCURIO, Angela	SMHS	5.09	1	2012	*
PAINE, Nicole	Galt	5.04	1	2018	
SMITH, Kseniya	SBCSS	5.00	1	2026	
McLEAN, Micaela	HHSS	4.91	2	2012	
HABASH, Mylenne	PRDG	4.89	2	2018	
GRIFFITH, Savannah	RCSS	4.87	1	2024	
WRIGHT, Courtney	JHSS	4.76	1	2013	
HELLINGA, Nicole	WCHS	4.73	1	2017	
DIKA, Isabella	SDCSS	4.72	1	2022	

NOVICE GIRLS LONG JUMP

DOWNE, Elena	BMCHS	4.93	1	2026	*
PAINE, Nicole	Galt	4.90	1	2017	*
MORRISON, Tegan	SJAM	4.89	2	2017	
METHEREL, Kinsley	KCI	4.83	2	2026	
LEHOULLIER, Addy	Dorchester	4.81	3	2026	
GRIFFITH, Savannah	RCSS	4.74	1	2023	
BELFON, Bianca	Notre Dame	4.72	1	2016	*
RAJAPASKE, Anabel	KCI	4.69	2	2023	
KEMPERMAN, Clara	GRCI	4.64	3	2017	
BRONWELL, Nicole	AHS	4.62	1	2013	*

SENIOR BOYS LONG JUMP

Athlete	School	Performance	Place	Year	Record/Notes
STEWART, Taylor	RMCC	7.25	1	2010	*
SIHARATH, Kenny	CHCI	6.72	1	2017	
MOORE, Kowen	GRCI	6.64	1	2025	
ZWART, Ben	JFR	6.62	1	2018	
PFEFFERKORN, Matt	WCI	6.50	2	2017	
OJEME, Benjamin	Bluevale	6.48	1	2026	
TAYLOR, Ryan	HHSS	6.40	1	2015	
KHAN, Shahmir	GPSS	6.35	3	2017	
MAPP, Isaac	PHS	6.34	4	2017	
BARTON, Aaron	PJCVS	6.33	1	2019	

JUNIOR BOYS LONG JUMP

MOORE, Kowen	GRCI	6.29	1	2024	*
KHAN, Shahmir	GPSS	6.17	1	2016	*
COK, Braden	SJAM	6.00	1	2011	*
ERNST FINNIE, Joel	SMHS	6.00	1	2017	
BORGHESE, Tyson	BMCHS	6.00	1	2023	
BILLINGS, Scott	LCSS	5.99	1	2013	
MYERS, Daron	RCSS	5.95	2	2016	
MCHAINA, Madaliatso	SSS	5.92	1	2012	
TANG, Wesley	WCI	5.92	2	2013	
STEGNER, Patrick	SJAM	5.86	1	2014	

NOVICE BOYS LONG JUMP

MOORE, Kowen	GRCI	6.03	1	2023	*
TELFER, Leshawn	RCSS	5.92	1	2024	
AGYARE, Tyrell	JHSS	5.85	1	2025	
LEE, Adam	JFR	5.76	1	2014	*
OSBORNE, Aaron	LCSS	5.73	1	2009	*
NGALULA, Celestin	ECI	5.73	2	2024	
DAVIS, Josiah	HHSS	5.65	1	2018	
ARMSTRONG, Owen	JFR	5.63	1	2026	
DAVIS, Ty	SJAM	5.59	1	2016	
KRELLER, Austin	Bluevale	5.57	1	2010	