

OFSAA West Regionals 2026
KWTimers
Jacob Hespeler SS - 2026-05-28 to 2026-05-29
Results

Event 1 Women 100 Meter Dash Novice

West Region: 12.12 # 2002		Emily JOHNSON/J. F. Ross	
Name	School	Prelims	
Preliminaries			
1	Kinsley Metherel	Kitchener Waterl	12.88Q0.7
2	Mimo Atoyebi	Ursuline	13.14Q-1.7
3	Sofia Bertucci	Medway	13.02Q0.7
4	Addison Lehouillier	Lord Dorchester	13.37Q-1.7
5	Brooklyn McEachnie	Mother Teresa	13.07Q0.7
6	Melina Gianniotis	Grand River	13.38Q-1.7
7	Adrianna Tamburri	Woodstock Co	13.10q 0.7
8	Adrielle Harris	St. James	13.31q 0.7
9	Lila Knight	St. Patrick's	13.41 -1.7
10	Briar Bettridge	Northern- Sarnia	13.47 0.7
11	Stella Adjinda	C.C.H. - London	13.50 -1.7
12	Carysse Leach	Chatham-Kent	13.52 0.7
13	Layla Reid	St. James	13.58 -1.7
14	Elle Milani	Guelph	13.58 0.7
15	Claire Foglia	St.Joe's-Windsor	13.81 -1.7
16	Olivia Annis	Bishop MacDonnel	14.04 -1.7

Event 1 Women 100 Meter Dash Novice

West Region: 12.12 # 2002		Emily JOHNSON/J. F. Ross	
Name	School	Finals	
Finals			
1	Mimo Atoyebi	Ursuline	12.89 -0.4
2	Kinsley Metherel	Kitchener Waterl	13.11 -0.4
3	Sofia Bertucci	Medway	13.12 -0.4
4	Adrianna Tamburri	Woodstock Co	13.12 -0.4
5	Addison Lehouillier	Lord Dorchester	13.16 -0.4
6	Brooklyn McEachnie	Mother Teresa	13.25 -0.4
7	Melina Gianniotis	Grand River	13.27 -0.4
8	Adrielle Harris	St. James	13.33 -0.4

Event 2 Men 100 Meter Dash Novice

West Region: 11.18 # 2006		Corey CRAWLEY	
Name	School	Prelims	
Preliminaries			
1	Xavier Sauer	Parkside	11.44Q0.7
2	Delano Smith	Resurrection	11.60Q-1.0
3	Isaiah Rogers-Lesperance	C.C.H. - London	11.60Q0.7
4	Omari Ogunde	Maranatha Christ	11.90Q-1.0
5	Fitzroy Elliot	St.Joe's-Windsor	11.71Q0.7
6	Henry Anigbogu	Resurrection	11.93Q-1.0
7	Andrew Stephens	Centre Welli	11.87q 0.7
8	Ben Gibbs	Banting, Sir F.	11.94q -1.0
9	Elijah Schipper	Strathroy	12.05 0.7
10	Aiden Howes	Westside Sec	12.06 -1.0
11	Niko Palmeri	St. Anne-Windsor	12.08 0.7
12	Dexter De Jong	Strathroy	12.27 0.7
13	Joshua Adeniji	Cameron Heights	12.28 -1.0
14	Emerson Alves	Ursuline	12.36 -1.0
15	Aldeano Tugman	Cardinal Carter	12.39 -1.0
16	Landon Chang	Assumption-Brant	12.40 0.7

Event 2 Men 100 Meter Dash Novice

West Region: 11.18 # 2006		Corey CRAWLEY	
Name	School	Finals	
Finals			
1	Xavier Sauer	Parkside	11.25 0.3
2	Delano Smith	Resurrection	11.42 0.3
3	Isaiah Rogers-Lesperance	C.C.H. - London	11.53 0.3
4	Henry Anigbogu	Resurrection	11.59 0.3
5	Fitzroy Elliot	St.Joe's-Windsor	11.69 0.3
6	Ben Gibbs	Banting, Sir F.	11.85 0.3
7	Andrew Stephens	Centre Welli	11.86 0.3
8	Omari Ogunde	Maranatha Christ	12.06 0.3

Event 3 Women 200 Meter Dash Novice

West Region: 24.70 # 2002		Emily JOHNSON/J. F. Ross	
Name	School	Prelims	
Preliminaries			
1	Caroline Connell	Guelph	26.44Q2.6
2	Mimo Atoyebi	Ursuline	26.56Q3.1
3	Lila Knight	St. Patrick's	26.75Q2.6
4	Sofia Bertucci	Medway	26.93Q3.1
5	Brianna Scott	East Elgin	27.15Q2.6
6	Elle Milani	Guelph	27.28Q3.1
7	Carysse Leach	Chatham-Kent	27.34q 2.6
8	Neveah Decook	Erie Migration	27.56q 3.1
9	Jania Brown	St. John College	27.59 2.6
10	Jayda Niemczewski	Preston	27.60 2.6
11	Jewelle Mensah	St. Mary's Hs-W	27.64 2.6
12	Laurel Nash	St.Thomas Aquina	27.69 3.1
13	Melina Gianniotis	Grand River	27.85 3.1
14	Briar Bettridge	Northern- Sarnia	28.00 2.6
15	Bellamy Lee	London Central	28.04 3.1
16	Elena Downe	Bishop MacDonnel	28.19 3.1

Event 3 Women 200 Meter Dash Novice

West Region: 24.70 # 2002		Emily JOHNSON/J. F. Ross	
Name	School	Finals	
Finals			
1	Caroline Connell	Guelph	26.50 0.4
2	Mimo Atoyebi	Ursuline	26.51 0.4
3	Sofia Bertucci	Medway	26.66 0.4
4	Lila Knight	St. Patrick's	26.68 0.4
5	Brianna Scott	East Elgin	26.73 0.4
6	Carysse Leach	Chatham-Kent	26.97 0.4
7	Elle Milani	Guelph	27.03 0.4
8	Neveah Decook	Erie Migration	27.30 0.4

Event 4 Men 200 Meter Dash Novice

West Region: 22.55 # 2016		Dante Henriques	
Name	School	Prelims	
Preliminaries			
1	Xavier Sauer	Parkside	22.90Q1.0
2	Fitzroy Elliot	St.Joe's-Windsor	23.50Q1.5
3	Henry Anigbogu	Resurrection	23.77Q1.0

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Preliminaries ... (Event 4 Men 200 Meter Dash Novice)

Name	School	Prelims
4 Miles Carrington	Ursuline	24.03Q1.5
5 Elijah Schipper	Strathroy	24.07Q1.0
6 Max Earls	Cardinal Carter	24.13Q1.5
7 Michael Olatunbosun-Banjo	Sandwich	24.27q 1.0
8 Cameron McMurachy	Goderich	24.30q 1.5
9 Yanlin Han	London Central	24.57 1.5
10 Nicholas Farman	Glenview Park	24.73 1.5
11 Kaleb Cozzarin	Centre Welli	24.78 1.5
12 Luke Robinson	St. A. Bessette	24.85 1.0
13 Moning Guo	Laurel Hts.	24.97 1.0
14 Feyin Ekpenyong	Woodland Christi	25.00 1.0

Event 4 Men 200 Meter Dash Novice
West Region: 22.55 # 2016 Dante Henriques

Name	School	Finals
Finals		
1 Xavier Sauer	Parkside	22.52 3.5
2 Fitzroy Elliot	St.Joe's-Windsor	23.05 3.5
3 Henry Anigbogu	Resurrection	23.28 3.5
4 Michael Olatunbosun-Banjo	Sandwich	23.28 3.5
5 Miles Carrington	Ursuline	23.83 3.5
6 Elijah Schipper	Strathroy	23.93 3.5
7 Max Earls	Cardinal Carter	24.07 3.5
8 Cameron McMurachy	Goderich	24.34 3.5

Event 5 Women 400 Meter Dash Novice
West Region: 56.03 # 2024-05-31 Anieu Chan

Name	School	Finals
Finals		
1 Daniella Defranceschi	St.Thomas	59.10
2 Leah DuChene	North Park	59.50
3 Stella Gicante	St.Thomas Aquina	1:01.11
4 Arlee Roder	North Lambton	1:01.36
5 Caroline Connell	Guelph	1:01.47
6 Brianna Scott	East Elgin	1:01.96
7 Olivia Mathieu	Laurier, Sir W.	1:02.26
8 Addison Paquette	St. John College	1:02.40
9 Lila Knight	St. Patrick's	1:02.89
10 Tea Cuzzocrea	Sandwich	1:03.24
11 Jayda Niemczewski	Preston	1:03.37
12 Bellamy Lee	London Central	1:04.08
13 Lydia Pyzowski	St. Michael	1:04.09
14 Brynlie Wilcox	Kincardine	1:04.10
15 Claire Foglia	St.Joe's-Windsor	1:05.18

Event 6 Men 400 Meter Dash Novice
West Region: 50.86 # 2024-05-31 David Tomlin

Name	School	Finals
Finals		
1 Zecary Rodriguez	Holy Names	52.56
2 Miles Carrington	Ursuline	53.09
3 Daniel Akpan	Vincent Massey	53.69
4 George Pletch	Laurier, Sir W.	54.10

5 Ben Gibbs	Banting, Sir F.	54.71
6 Tobias Tent	Vista Academy	54.88
7 Gavin Colvin	St. Benedict	55.10
8 Arshaan Bhatena	Ross, John F.	55.48
9 Koen Mackay	Owen Sound	55.89
10 Moning Guo	Laurel Hts.	55.97
11 Miles Maule	Lord Dorchester	56.23
12 Teo Houser	St. Patrick's	56.32
13 Julian Robertson	London Central	56.34
14 Lucas DeBlock	Mitchell	56.94
15 Ben Hendry	Waterloo-Oxford	57.07

Event 7 Women 800 Meter Run Novice
West Region: 2:10.23 # 2024-06-01 Anieu Chan

Name	School	Finals
Finals		
1 Daniella Defranceschi	St.Thomas	2:16.80
2 Leah DuChene	North Park	2:17.30
3 Olivia Clark	Saugeen District	2:22.77
4 Grace Brindley	Essex	2:24.62
5 Gabryela Jeremias	Ursuline	2:26.88
6 Addison Paquette	St. John College	2:27.28
7 Georgia Groves	Orangeville	2:27.84
8 Arlee Roder	North Lambton	2:28.05
9 Stella Gicante	St.Thomas Aquina	2:28.29
10 Olivia Simpson	John Diefenb	2:30.55
11 Brynlie Wilcox	Kincardine	2:32.28
12 Maddy Wright	Parkside	2:33.02
13 Nicole Claxton	Medway	2:33.42
14 Bridget Miller	Strathroy	2:34.55
15 Emma Lagugne-Labarthet	Banting, Sir F.	2:34.78
16 Lucy Gelinias	St.Joe's-Windsor	2:37.53

Event 8 Men 800 Meter Run Novice
West Region: 1:55.74 # 1997 Colin Sullivan/Brantford-North Pa

Name	School	Finals
Finals		
1 Nicklas Gagne	Maranatha Christ	1:59.57
2 Nash Okkerse	Parkside	1:59.76
3 Emerson Alves	Ursuline	2:02.47
4 Ryker Slusarczyk	Huron Park	2:04.75
5 Arshaan Bhatena	Ross, John F.	2:05.08
6 George Pletch	Laurier, Sir W.	2:07.72
7 Zack Douma	Woodland Christi	2:08.90
8 Ben Hendry	Waterloo-Oxford	2:09.10
9 James Hennelly-Scott	Southwood	2:09.11
10 Adetomiwa Oremakinde	Northern- Sarnia	2:10.07
11 Layton Vaughan	Ross, John F.	2:10.45
12 Edvin Pirija	St. Patrick's	2:11.85
13 Lucas DeBlock	Mitchell	2:12.36
14 Matthew Fleuren	St.Joe-St.Thomas	2:13.33
15 Stephen Rodimin	Holy Names	2:14.60
16 Reid McCool	St. John College	2:16.82

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Event 9 Women 1500 Meter Run Novice

West Region: 4:33.99 # 1997 Erin MCLURE / Waterloo CI

Name	School	Finals
Finals		
1 Makayla Varallo	Medway	4:57.15
2 Olivia Simpson	John Diefenb	5:01.04
3 Georgia Groves	Orangeville	5:01.74
4 Molly Fairlie	St.Thomas	5:02.06
5 Olivia Clark	Saugeen District	5:05.60
6 Anna Wirag	St.Thomas	5:07.18
7 Emma Boucher	Strathroy	5:09.24
8 Finley Mills	St. Anne-Windsor	5:10.04
9 Elia Boulougouris	Saunders	5:11.29
10 Gabryela Jeremias	Ursuline	5:13.01
11 Eveliina Gapakov	Kitchener Waterl	5:17.82
12 Allison Dobrocky	St. John College	5:22.01
13 Grace Brindley	Essex	5:24.47
14 Sadie Dapuetto	St.Thomas Aquina	5:27.24
15 Emma Lagugne-Labarhet	Banting, Sir F.	5:33.59
16 Emily Wright	Centre Welli	5:36.74

Event 10 Men 1500 Meter Run Novice

West Region: 4:01.00 # 1989 Kevin Sullivan/Brantford-North Pa

Name	School	Finals
Finals		
1 Nash Okkerse	Parkside	4:14.68
2 Nicklas Gagne	Maranatha Christ	4:17.17
3 Ryker Slusarczyk	Huron Park	4:17.92
4 Owen Douthwright	London Central	4:18.55
5 Gavin Lumley	Chatham-Kent	4:19.49
6 Emerson Smith	Saugeen District	4:21.10
7 Eli Arruda	Bishop MacDonnel	4:27.89
8 Brett Helin	Kincardine	4:30.58
9 Ethan Brown	Glendale	4:30.79
10 Andrew Mundy	Maranatha Christ	4:30.85
11 Ben O'Neil	North Star	4:30.89
12 James Hennelly-Scott	Southwood	4:31.62
13 Layton Vaughan	Ross, John F.	4:33.18
14 Zack Douma	Woodland Christi	4:34.10
15 Caleb Thain	C.C.H. - London	4:34.99
16 Quinn Brockman	Essex	4:35.46

Event 11 Women 3000 Meter Run Novice

West Region: 9:48.0h # 1986 Jennifer ARMSTRONG / London-S

Name	School	Finals
Finals		
1 Cassidy Richardson	John Paul II	10:56.91
2 Emma Boucher	Strathroy	11:02.02
3 Finley Mills	St. Anne-Windsor	11:02.27
4 Elia Boulougouris	Saunders	11:02.33
5 Molly Fairlie	St.Thomas	11:10.48
6 Anna Wirag	St.Thomas	11:44.32
7 Sadie Dapuetto	St.Thomas Aquina	11:50.94
8 Eveliina Gapakov	Kitchener Waterl	11:53.67

9 Lillian Berthiaume	Walkerville	12:16.77
10 Molly Macaulay	Goderich	12:35.18
11 Alya Abdelgawad	St. Benedict	12:44.26
12 Kennedy May	Doyle, Mgrs.E.A.	13:12.80
13 Anna Emary	Galt	13:31.96
--- Olivia Croft	Orangeville	DQ

Event 12 Men 3000 Meter Run Novice

West Region: 8:47.3h # 1979 Chris BREWSTER / London-Cath.

Name	School	Finals
Finals		
1 Eli Arruda	Bishop MacDonnel	9:36.64
2 Emerson Smith	Saugeen District	9:37.63
3 Gavin Lumley	Chatham-Kent	9:38.25
4 Ben O'Neil	North Star	9:39.66
5 Ryker Slusarczyk	Huron Park	9:43.32
6 Teigan Young	Saunders	9:44.95
7 Volker Fraser	St. Mary's Devi	9:51.95
8 Euan McDonald	St.Joe's-Windsor	9:55.41
9 Caleb Thain	C.C.H. - London	10:01.17
10 Quinn Brockman	Essex	10:01.99
11 Andrew Mundy	Maranatha Christ	10:02.90
12 Nathan Leary	Georgian Bay	10:20.83
13 Brett Helin	Kincardine	10:31.54
14 Silas Garside	Saugeen District	10:57.30
--- Selam Andu	Lady of Lourdes	DQ

Event 13 Women 80 Meter Hurdles Novice

West Region: 11.52 # 1996 Jessica ZELINKA / London-Banting

Name	School	Prelims
Preliminaries		
1 Mia Bissett	Laurel Hts.	12.26Q-0.6
2 Mya McGowan	Banting, Sir F.	12.44Q-0.4
3 Cylver Worton	St. Patrick's	12.26Q-0.6
4 Alayna Sloetjes	Strathroy	12.81Q-0.4
5 Brooklyn McEachnie	Mother Teresa	12.95Q-0.4
6 Ruby Conlon	Maranatha Christ	12.96Q-0.6
7 Kyelann Elliot	Holy Names	12.95q -0.4
8 Jordyn Brown	St.Thomas Aquina	13.00q -0.6
9 Victoria Johansson	Sandwich	13.13 -0.4
10 Kallee Elliott	Lambton Central	13.37 -0.6
11 Lexi Bowden	Southwood	13.44 -0.4
12 Keira Tilt	Waterloo-Oxford	13.57 -0.6
13 Cecilia Moreira	St. James	13.98 -0.4
14 Grace Annable	Rockway Menn	15.35 -0.6
--- Eva Andreev	Cameron Heights	DQ -0.4

Event 13 Women 80 Meter Hurdles Novice

West Region: 11.52 # 1996 Jessica ZELINKA / London-Banting

Name	School	Finals
Finals		
1 Cylver Worton	St. Patrick's	12.11 -2.4
2 Mia Bissett	Laurel Hts.	12.25 -2.4
3 Mya McGowan	Banting, Sir F.	12.73 -2.4
4 Alayna Sloetjes	Strathroy	12.87 -2.4

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Finals ... (Event 13 Women 80 Meter Hurdles Novice)

Name	School	Finals
5 Jordyn Brown	St.Thomas Aquina	12.88 -2.4
6 Ruby Conlon	Maranatha Christ	13.12 -2.4
7 Kyelann Elliot	Holy Names	15.25 -2.4
8 Brooklyn McEachnie	Mother Teresa	16.37 -2.4

Event 14 Men 100 Meter Hurdles Novice

West Region: 13.12 # 1998 Paul WHITTY / London-Saunders

Name	School	Prelims
Preliminaries		
1 Daniel Shobukola	St. Benedict	14.95Q-0.4
2 Cameron Nanson	Kennedy, Hon.W.C	15.25Q-3.6
3 Cage Rainville	North Star	15.32Q-0.4
4 Kaleb Maherali	Cameron Heights	15.64Q-3.6
5 Michal Hejna	St.Joe-St.Thomas	15.50Q-0.4
6 Ryan Symmers	Saunders	15.73Q-3.6
7 Leighton Drexler	St. Benedict	15.52q -0.4
8 Carter Stevenson	Northern- Sarnia	15.89q -0.4
9 Abdul Adeniran	Cameron Heights	15.93 -3.6
10 Tristan Innis	Chatham-Kent	15.94 -3.6
11 Emory Evans-osi	Banting, Sir F.	16.25 -3.6
12 Grey Templeton	Ross, John F.	16.67 -0.4
13 Alex Concisom	St. Patrick's	17.11 -3.6
14 Ian Hardy	Oakridge	17.38 -0.4
15 Joshua Schneller	C.C.H. - London	18.17 -0.4

Event 14 Men 100 Meter Hurdles Novice

West Region: 13.12 # 1998 Paul WHITTY / London-Saunders

Name	School	Finals
Finals		
1 Cameron Nanson	Kennedy, Hon.W.C	14.92 -0.7
2 Daniel Shobukola	St. Benedict	14.93 -0.7
3 Cage Rainville	North Star	14.99 -0.7
4 Ryan Symmers	Saunders	15.15 -0.7
5 Kaleb Maherali	Cameron Heights	15.16 -0.7
6 Leighton Drexler	St. Benedict	15.49 -0.7
7 Michal Hejna	St.Joe-St.Thomas	15.53 -0.7
8 Carter Stevenson	Northern- Sarnia	15.60 -0.7

Event 15 Women 300 Meter Hurdles Novice

West Region: 43.59 # 2012 Lexi Aitken

Name	School	Finals
Finals		
1 Mia Bissett	Laurel Hts.	45.45
2 Eva Andreev	Cameron Heights	46.82
3 Jordyn Brown	St.Thomas Aquina	47.13
4 Caroline Connell	Guelph	48.39
5 Kyelann Elliot	Holy Names	48.52
6 Ruby Conlon	Maranatha Christ	48.78
7 Khloe Baron	Lambton Central	49.63
8 Mischa Rodney	Brennan, F.J.	50.25
9 Daiva Bancewicz	St.Thomas Aquina	50.34
10 Brianna Scott	East Elgin	50.75
11 Lauren Fletcher	Strathroy	51.46

12 Olivia Mathieu	Laurier, Sir W.	52.37
13 Ella Gayman	Grand River	53.50
14 Emily Wright	Centre Welli	54.00
15 Keagan Kruse	Saugeen District	54.04

Event 16 Men 300 Meter Hurdles Novice

West Region: 40.41 # 2005 Jeremy Gibbons

Name	School	Finals
Finals		
1 Tobias Tent	Vista Academy	42.84
2 Liam Hackett	Lambton Central	43.04
3 Cage Rainville	North Star	43.25
4 Daniel Shobukola	St. Benedict	43.30
5 Rhys Marriott	Lambton Central	43.71
6 Michal Hejna	St.Joe-St.Thomas	43.95
7 Ethan Kirkland	Mother Teresa	44.54
8 Ryder Vording	St.Thomas Aquina	44.73
9 Kaleb Maherali	Cameron Heights	44.79
10 Tristan Innis	Chatham-Kent	45.91
11 Asad Rana	Saugeen District	46.33
12 Tyler Gravis	Woodstock Co	47.74
13 Andrew Zheng	Laurel Hts.	47.86
14 Adam Zakkar	Laurel Hts.	48.23
15 Jaxson Ford	Delhi	48.64
16 Ryan Symmers	Saunders	49.90

Event 17 Women High Jump Novice

West Region: 1.73m # 1984 Leanne MADILL / Guelph-Centenn

Name	School	Finals
Finals		
1 Eva Andreev	Cameron Heights	1.56m
1 Kallee Elliott	Lambton Central	1.56m
3 Madison Johns	Sacred Heart	1.50m
4 Veronica Prangley	Sandwich	1.45m
5 Alivia Voss	Grey Highlan	J1.45m
6 Sophia Jones	Eastwood	J1.45m
7 Tessa Warriner	Chatham-Kent	J1.45m
8 Ashlynn Smit	St. Patrick's	1.40m
8 Brynn Datema	Central Huron	1.40m
10 Ashlin Friesen	Holy Cross	J1.40m
10 Myra Filsinger	Walkerton	J1.40m
12 Mya McGowan	Banting, Sir F.	J1.40m
13 Charlotte Barons	Great Lakes	J1.40m
14 Grace Garang	Mother Teresa	1.35m
15 Keagan Kruse	Saugeen District	J1.35m
16 Emma Vanstone	St. Anne-Clinton	J1.35m

Event 18 Men High Jump Novice

West Region: 1.90m # 2007 Branden Wilhelm

Name	School	Finals
Finals		
1 Joshua Adeniji	Cameron Heights	1.75m
2 Xavier Sauer	Parkside	J1.75m
3 Hayden Siemens	St.Joe-St.Thomas	J1.75m
4 Landon Chang	Assumption-Brant	1.70m

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Finals ... (Event 18 Men High Jump Novice)

Name	School	Finals
5 Kalem Marshall	McKinnon Par	J1.70m
6 Wayne Clarke	London Central	J1.70m
7 Miles Franklin	Sandwich	1.60m
8 Liam Hussey	Huron Heights	J1.60m
8 Carter Stevenson	Northern- Sarnia	J1.60m
10 Colin Tweedy	Lambton Central	J1.60m
10 Elijah Schipper	Strathroy	J1.60m
10 Nic Wilson	St. John College	J1.60m
13 Calvin Van Stempvoort	Lambton Central	1.55m
14 Excel Akinlose	St.Mary's-Kitche	1.50m
15 Sebastien Hayden	St. Anne-Clinton	J1.50m
--- Cameron Nanson	Kennedy, Hon.W.C	FAIL

Event 19 Women Pole Vault Novice

West Region: 2.95m # 2016 Brooke Meloche

Name	School	Finals
1 Victoria Johansson	Sandwich	2.75m
2 Olivia Edwards	Cardinal Carter	J2.75m
3 Kylie Wilkinson	Laurier, Sir W.	J2.75m
4 Gabriella Brun	St.Thomas	2.60m
5 Kingsley Collins	Medway	J2.60m
6 Sofia Balsdon	Vista Academy	2.45m
7 Adrianna Pare	Lajeunesse	2.30m
8 Eva Roelands	Holy Cross	2.15m
8 Alyssa Bacaran	Cameron Heights	2.15m
10 Lucy MacKenzie	Oakridge	J2.15m
10 Neko Thompson	Cameron Heights	J2.15m
12 Anna Vazquez	St. Benedict	2.00m
12 Jenna Izzio	Laurel Hts.	2.00m
14 Amelia Weber	St. Mary's Devi	1.80m

Event 20 Men Pole Vault Novice

West Region: 3.80m # 1997 Frank KLUNDERT / Cardinal Cart

Name	School	Finals
1 Ian Hardy	Oakridge	J2.95m
2 Leighton Drexler	St. Benedict	J2.95m
3 Rakshan Rajagopal	Laurel Hts.	J2.95m
4 Teigue Hayes	St. Benedict	J2.80m
5 Luca Andrade	St. Benedict	J2.80m
6 Arnan Ajo	Glenview Park	J2.65m
7 Sauharda Bhattachan	Laurel Hts.	J2.50m
8 Tyler Gravis	Woodstock Co	J2.50m
9 Elliot Hughes	Woodstock Co	J2.35m
10 William McQueen	Sandwich	J2.35m
--- Myles McKenzie	St.Joe's-Windsor	FAIL

Event 21 Women Long Jump Novice

West Region: 5.78m # 1996 Jessica ZELINKA / London-Banting

Name	School	Finals
1 Elena Downe	Bishop MacDonnel	5.29m 4.4

2 Mackenzie Cake	Lucas, A.B.	4.87m 1.5
3 Melina Gianniotis	Grand River	4.81m 4.4
4 Laurel Nash	St.Thomas Aquina	4.77m 3.5
5 Kinsley Metherel	Kitchener Waterl	4.74m 3.7
6 Addison Lehouillier	Lord Dorchester	J4.63m 3.9
7 Addison Paquette	St. John College	J4.63m 3.2
8 Cylver Worton	St. Patrick's	4.54m 3.1
9 Millicent Lorentz	St. David	4.43m 3.0
10 Chelsea Lake	St. A. Bessette	J4.40m 4.4
11 Olivia Annis	Bishop MacDonnel	J4.40m 3.5
12 Ashlynn Smit	St. Patrick's	4.31m 1.9
13 Paisley Armstrong	Mother Teresa	4.29m 2.2
14 Sienna Maytham	St. Anne-Windsor	4.27m 3.4
15 Zahara Nyamadi	St.Thomas	4.05m 1.4
16 Madelyn Providence	St. Anne-Windsor	3.88m 2.6

Event 22 Men Long Jump Novice

West Region: 6.67m # 1979 Ken BERRY / London-Laurier

Name	School	Finals
1 Delano Smith	Resurrection	6.62m 2.9
2 Joshua Adeniji	Cameron Heights	6.11m 3.1
3 Wyatt Hegler	Oakridge	6.08m 3.1
4 Domenic Peterson	St. Michael	5.91m 3.6
5 Yanlin Han	London Central	5.81m 2.6
6 Dylan Leach	Wallaceburg	5.73m 4.2
7 Traye Thorpe	Resurrection	5.63m 3.1
8 Elliott Hudson	Medway	5.57m 2.5
9 Isaiha Rogers-Lesperance	C.C.H. - London	5.46m 1.5
10 Charlie Philp	Northern- Sarnia	5.39m -0.8
11 Brayson Francis	Jacob Hespeler	J5.39m 2.8
12 Wyatt Willoughby	Holy Trinity	5.37m 2.8
13 Jonah Wagner	Lambton Central	5.36m 1.8
14 Luke Sak	Holy Names	5.27m 3.0
15 Tito Uzoigwe	Belle River	5.17m 3.1
--- Jayden Hill	Guelph	FOUL

Event 23 Women Triple Jump Novice

West Region: 11.53m # 2011 Angela Mercurio

Name	School	Finals
1 Mia Bissett	Laurel Hts.	11.10m 2.0
2 Mackenzie Cake	Lucas, A.B.	10.81m 5.2
3 Chelsea Lake	St. A. Bessette	10.76m 3.9
4 Olivia Edwards	Cardinal Carter	10.72m 2.1
5 Elena Downe	Bishop MacDonnel	10.36m 0.1
6 Ashley Graham	Chatham-Kent	10.26m 0.6
7 Smith Merker	Oakridge	10.09m 1.5
8 Veronica Prangley	Sandwich	10.07m 0.1
9 Harper Pham	St. Benedict	9.96m 0.9
9 Solah Sooman	Bluevale	9.96m 1.4
11 Kinsley Metherel	Kitchener Waterl	9.87m +0.0
12 Ashlynn Smit	St. Patrick's	9.85m 2.9
12 Zahara Nyamadi	St.Thomas	9.85m 2.0
14 Jordyn Brown	St.Thomas Aquina	9.84m 0.6

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Finals ... (Event 23 Women Triple Jump Novice)

Name	School	Finals
15 Isabelle Ashton	Kitchener Waterl	9.70m 2.1
16 Lauren Fletcher	Strathroy	9.07m 1.7

Event 24 Men Triple Jump Novice
West Region: 13.78m # 1994 Kriss PETERSON / LaSalle-Sandw

Name	School	Finals
Finals		
1 Delano Smith	Resurrection	12.70m -1.2
2 John Georgopolous	Kitchener Waterl	12.52m 2.4
3 Dylan Leach	Wallaceburg	12.43m 2.1
4 Moning Guo	Laurel Hts.	12.28m 2.7
5 Milan Radan	St. Anne-Clinton	12.26m 3.1
6 Owen Armstrong	Ross, John F.	12.25m 1.4
7 Giancarlo De Maria	Ross, John F.	12.19m 2.2
8 Domenic Peterson	St. Michael	11.94m -1.1
9 Kallen Driedger	Leamington	11.65m 2.2
10 Charlie Philp	Northern- Sarnia	11.48m -1.2
10 Kevin Payne	Waterloo	11.48m 1.3
12 Yanlin Han	London Central	11.21m 3.7
13 Jonah Wagner	Lambton Central	11.18m 2.3
14 Luke Sak	Holy Names	11.12m -0.8
15 Simon Jenson	Stratford Dss	11.06m 0.6
16 Elliott Hudson	Medway	11.05m 0.8

Event 25 Women Shot Put Novice
West Region: 14.79m # 2024-05-31 Jenna Tunks

Name	School	Finals
Finals		
1 Rayah Minten	Lambton Central	11.56m
2 Mallory Clayton	St. Anne-Windsor	11.29m
3 Lily Sztaba	St. Benedict	10.95m
4 Julie Desrosiers	ES L'Essor	10.83m
5 Kiarah Rumph	Woodland Christi	10.50m
6 Emerson Olson	North Park	10.40m
7 Reese Cowan	Erie Migration	10.09m
8 Lily Hamilton	Goderich	9.66m
9 Favour Nnamdi	Beal, H.B.	9.60m
10 Inioluwa Ogunnaike	Banting, Sir F.	9.57m
11 Nykya Gebreselasie	Lady of Lourdes	9.46m
12 Katelyn Colford	Holy Trinity	9.36m
13 Valerie Opara	Regina Mundi	9.19m
14 Carlyne Kazock	St.Thomas Aquina	8.96m
15 Zoey Allsop	Essex	8.94m
16 Kallee Warman	Simcoe	8.80m

Event 26 Men Shot Put Novice
West Region: 18.23m # 1982 Dave CROMBEEN / Sarnia-St. Pat

Name	School	Finals
Finals		
1 Sebastian Jaramillo-Rosso	Mother Teresa	13.99m
2 Felix Ostropolec	Chatham-Kent	13.30m
3 Asher Robitaille	Riverside	13.13m
4 Samuel Heide	Leamington	12.87m

5 Santino Castellani	Mother Teresa	12.54m
6 Grayson Markovic	Chatham-Kent	12.40m
7 Cole Brockman	Essex	12.12m
8 Owen Neitzel	Kincardine	11.89m
9 Aramis Jahn	Resurrection	11.83m
10 Zander McKoy	Huron Heights	11.80m
11 Gabriel Silcox	Lucas, A.B.	11.78m
12 Jahmeire Douglas	Holy Trinity	11.67m
13 Jomo Anyambot	Mother Teresa	11.63m
14 Parker Cole	Banting, Sir F.	11.33m
15 Scott McAulay	Jacob Hespeler	11.12m
16 Tomas Haramule	Southwood	10.24m

Event 27 Women Discus Throw Novice
West Region: 49.01m # 2024-06-01 Jenna Tunks

Name	School	Finals
Finals		
1 Mallory Clayton	St. Anne-Windsor	35.01m
2 Jaylen Helps	Lambton Central	27.83m
3 Willow Sparling	Ursuline	25.29m
4 Julie Desrosiers	ES L'Essor	25.00m
5 Carlyne Kazock	St.Thomas Aquina	24.97m
6 Sarah Evans	Goderich	21.42m
7 Layla King	Kincardine	21.26m
8 Maia Janicas	Mother Teresa	19.99m
9 Austyn McLean	St.Thomas	19.66m
10 Bailey Lawrence	John Diefenb	19.51m
11 Hailey Vickers	Oakridge	19.40m
12 Kema Onuoha	C.C.H. - London	19.26m
13 Kallee Warman	Simcoe	17.09m
14 Bea Esselment	Laurel Hts.	16.95m
15 Jana Bauer	Cayuga Secon	16.39m
--- Emerson Olson	North Park	FOUL

Event 28 Men Discus Throw Novice
West Region: 55.14m # 2002 Joe POCOOCK/Windsor

Name	School	Finals
Finals		
1 Owen Neitzel	Kincardine	43.28m
2 Anthony Hopkins	Lambton-Kent	39.32m
3 Jack Saunders	Chatham-Kent	38.89m
4 Scott McAulay	Jacob Hespeler	36.41m
5 Asher Robitaille	Riverside	36.03m
6 Leighton Regnier	Belle River	35.39m
7 Cohen Trelford	Banting, Sir F.	35.13m
8 Tristan Butterworth Hopkins	Banting, Sir F.	35.04m
9 Alexander Crow	Chatham-Kent	32.58m
10 Aramis Jahn	Resurrection	30.47m
11 Gabriel Silcox	Lucas, A.B.	29.47m
12 Nolan Arndt	Kitchener Waterl	29.39m
13 Jack Fischer	Simcoe	29.18m
14 Sebastian Jaramillo-Rosso	Mother Teresa	28.39m
15 Santino Castellani	Mother Teresa	28.10m
16 Harrison Brown	Elmira	26.83m

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Event 29 Women Javelin Throw Novice

West Region: 39.25m # 2009 Brooke ROWLAND

Name	School	Finals
Finals		
1 Finleigh Kane	Holy Names	40.31m#
2 Vienna Charisse	Erie Migration	32.32m
3 Jaylen Helps	Lambton Central	31.37m
4 Lia Jillard	St.Joe's-Windsor	28.21m
5 Sydney Hutten	Harvest Chri	27.68m
6 Fynnley Monk	Lord Dorchester	27.35m
7 Julie Desrosiers	ES L'Essor	27.27m
8 Elena Hogger	St. Michael	25.72m
9 Whitney Fraser	Woodstock Co	23.37m
10 Adelynn Loveys	Delhi	23.21m
11 Lauren Schill	St. David	22.23m
12 Hannah Wilbee	St.Thomas Aquina	21.89m
13 Dana Poppe	St. Michael	21.83m
14 Diyah Baccus	St. David	21.70m
15 Gabbi Hicknell	Laurel Hts.	21.00m
--- Brooklyn Ball	Valley Heights	FOUL

Event 30 Men Javelin Throw Novice

West Region: 61.70m # 1982 Dave CROMBEEN / Sarnia-St. Pat

Name	School	Finals
Finals		
1 Owen Neitzel	Kincardine	44.73m
2 Mason McChesney	Strathroy	44.43m
3 Alexander Crow	Chatham-Kent	44.25m
4 Malachi Drennen	Maranatha Christ	43.21m
5 Jack Saunders	Chatham-Kent	42.29m
6 Zack Brooks	Listowel	41.89m
7 Luke Sak	Holy Names	40.32m
8 Caleb Marckesano	Johnson, P.	40.22m
9 Chris Doell	Simcoe	39.84m
10 Asher Robitaille	Riverside	39.43m
11 Kaleb Charette	Parkside	37.54m
12 Joshua Shan	St. Benedict	36.00m
13 Harrison Brown	Elmira	35.86m
14 Lincoln Thurston	Saunders	35.69m
15 Kyro Robinson	Forest Heights	34.59m
16 Shay McCready	St.Joe-St.Thomas	30.44m

Event 31 Women 4x100 Meter Relay Novice

West Region: 49.76 # 2014 W. F. Herman - Windsor

J Jackson, S Guimond, A Traore, T Freckleton

Team	Relay	Finals
1 St.Thomas Aquina	A	51.12
1) Daiva Bancewicz	2) Jordyn Brown	
3) Hazel Hammill	4) Laurel Nash	
5) Finley Houseman	6) Stella Gicante	

2 St. James - Guelph	A	51.36
1) Cecilia Moreira	2) Adrielle Harris	
3) Quinn Musial	4) Layla Reid	
5) Harriet Midcalf		
3 St.Joe's-Windsor	A	52.29
1) Claire Foglia	2) Malaya Bayuga	
3) Lilly Compeau	4) Lia Jillard	
5) Lucy Gelinis		
4 St.Thomas	A	52.43
1) Ella Sarra	2) Daniella Defranceschi	
3) Fiona Jamieson	4) Mila Raposo	
5) Zahara Nyamadi		
5 Kitchener Waterl	A	52.56
1) Camryn Beach	2) Brielle Theodosiou	
3) Charlotte Weldon	4) Kinsley Metherel	
5) Sabrina Wong	6) Isabelle Ashton	
6 Ursuline College	A	52.62
1) Mimo Atoyebi	2) Gabriella Pascual	
3) Jaida Brown	4) Ella Matteis	
7 Banting, Sir F.	A	52.64
1) Mya Mcgowan	2) Nika Memarnejadian	
3) Audrey Mitchel	4) Mikayla Taylor	
8 Sandwich - Windsor	A	53.22
1) Leah Dicaro	2) Tea Cuzzocrea	
3) Sophia Brown	4) Jenna Chaaban	
5) Victoria Johansson	6) Veronica Prangley	
9 Laurel Hts.	A	53.79
1) Sophie Alappat	2) Mia Bissett	
3) Ruby Xiao	4) Ryla Duench	
10 Mother Teresa	A	53.84
1) Grace Garang	2) Paisley Armstrong	
3) Rhianna Woodside	4) Phoebe Presseau	
11 Assumption-Brant	A	54.04
1) Ella Kuhlmeijer	2) Tianna Coulthurst	
3) Paige Cronkwright	4) Elizabeth Victor	
12 Cameron Heights	A	54.83
1) Lily Krause	2) Jorja Atkinson Dixon	
3) Joy Cha-Kang	4) Eva Andreev	
5) Alivia Pasqua		
13 St. Andre Bessette	A	55.34
1) Chelsea Lake	2) Brynn Findlay	
3) Addisyn Opdecam	4) Juliana Garcia	
14 Assumption-Winds	A	55.47
1) Isabella Colmenares Perez	2) Norah Anedu	
3) Tomisin Ifedayo	4) Michelle Ihedioha	
--- Guelph - Guelph	A	DQ
1) Elle Milani	2) Abuk Buoy	
3) Caroline Connell	4) Harlowe Redfearn	

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Event 32 Men 4x100 Meter Relay Novice

West Region: 45.37 # 2002 LASALLE-VILLANOVA			
Team	Relay	Finals	
Finals			
1 London Central	A	46.58	
1) Yanlin Han	2) Roy Zhan		
3) Julian Robertson	4) Sean Akanihu		
5) Wayne Clarke	6) Owen Douthwright		
2 North Star	A	46.69	
1) Mason Horton	2) Joshua Towne		
3) Griffin Hansen	4) Cage Rainville		
5) Ben O'Neil			
3 Banting, Sir F.	A	46.94	
1) Emory Evans-osi	2) Oliver Leavens		
3) Ejune Kwon	4) Ben Gibbs		
5) Mohammed Shasho	6) Thomas Appleton		
4 Ursuline College	A	47.05	
1) Emerson Alves	2) Miles Carrington		
3) Harper McPhail	4) Ben Bondy		
5) St.Joe's-Windsor	A	47.29	
1) Pranish Bhujel	2) William Uchenna		
3) Christian Tumsifu	4) Fitzroy Elliot		
5) Haidar Nasser Eddin			
6 Cameron Heights	A	47.43	
1) Vize Oyibo	2) Abdul Adeniran		
3) Kaleb Maherali	4) Joshua Adeniji		
5) Zaim Maherali			
7 C.C.H. - London	A	47.49	
1) Isaiah Rogers-Lesperance	2) Tom Solway		
3) Elijah Malabanan	4) Simon Strangio		
5) Julien Weaver	6) Joshua Schneller		
8 St. David - Waterloo	A	47.50	
1) Clichy Grant	2) Peter Yuel		
3) Juwon Olanite	4) Erick Jr. Takor		
9 Cardinal Carter	A	47.54	
1) Aldeano Tugman	2) Emmanuel Lopez Leclerc		
3) Max Earls	4) Daniel Hernandez		
5) Mohamed Alamin			
10 Mother Teresa	A	47.95	
1) Kai Gubb	2) Marcus Mirador		
3) Daniel Boughner	4) Pavankarthik Parthiban		
11 Saunders - London	A	47.98	
1) Ryan Symmers	2) Haris Ahmed		
3) Ivan Almemou	4) Tyson Orr		
12 Laurel Hts.	A	48.20	
1) Duncan McCall	2) Rakshan Rajagopal		
3) Ishaan Banerjee	4) Moning Guo		
13 Kitchener Waterl	A	49.10	
1) John Georgopolous	2) Anderson Brown		
3) Siji Taiwo	4) Razi Valtchanov		
14 John F. Ross - Guelph	A	49.41	
1) Mika Kanerva	2) Grey Templeton		
3) Aiden Kotachi	4) Alezar Madrigal		

15 Resurrection	A	49.57
1) Marcus Greig	2) Tomas Ferro	
3) Samuel Tesfatsion	4) David Bimbo	
5) Shivaun Madathil		
--- Sandwich - Windsor	A	DNF
1) Josh Parent	2) Ali Ayash	
3) Miles Franklin	4) Michael Olatunbosun-Banjo	
5) William McQueen		

Event 33 Women 100 Meter Dash Junior

West Region: 11.89 # 1995 Margaret FOX / Guelph-Bishop Ma			
Name	School	Prelims	
Preliminaries			
1 Samantha Vitale	Guelph	12.45Q0.6	
2 Alyssa Tannini	St.Thomas	12.74Q-0.9	
3 Lia Hillman	Chatham-Kent	12.86Q0.6	
4 Amy Williamson	Parkside	12.89Q-0.9	
5 Silken Torrie	Owen Sound	12.88Q0.6	
6 Andrea Chronopolous	Sandwich	12.95Q-0.9	
7 Avery Andersson	St. Benedict	12.89q 0.6	
8 Mikayla Rumbiak	Maranatha Christ	12.99q 0.6	
9 Lucy Schiedel	Medway	13.06 0.6	
10 Tega Unukegwo	Mother Teresa	13.10 0.6	
11 Gebet Osei	Chatham-Kent	13.13 -0.9	
12 Ava Millar	Bishop MacDonnel	13.14 -0.9	
13 Paige Gillett	Bluevale	13.25 -0.9	
14 Ana Maya	St.Mary's-Kitche	13.29 0.6	
15 Holly Tshibusu	Mother Teresa	13.41 -0.9	
16 Keeghan Ische	Medway	13.57 -0.9	

Event 33 Women 100 Meter Dash Junior

West Region: 11.89 # 1995 Margaret FOX / Guelph-Bishop Ma			
Name	School	Finals	
Finals			
1 Samantha Vitale	Guelph	12.48 -0.4	
2 Andrea Chronopolous	Sandwich	12.74 -0.4	
3 Alyssa Tannini	St.Thomas	12.81 -0.4	
4 Amy Williamson	Parkside	12.86 -0.4	
5 Avery Andersson	St. Benedict	12.90 -0.4	
6 Silken Torrie	Owen Sound	12.92 -0.4	
7 Lia Hillman	Chatham-Kent	12.98 -0.4	
8 Mikayla Rumbiak	Maranatha Christ	13.03 -0.4	

Event 34 Men 100 Meter Dash Junior

West Region: 10.60 # 2002 Rhoan STERLING/Galt			
Name	School	Prelims	
Preliminaries			
1 Kirby Polius	Leamington	11.44Q-1.0	
2 Attilio Naccarato	Holy Names	11.47Q-1.5	
3 Noah Caffarena	Cardinal Carter	11.50Q-1.0	
4 Zain Ansari	Oakridge	11.62Q-1.5	
5 Kevin Arriaga Venegas	College Avenue	11.54Q-1.0	
6 Kaleb Kalo	Northern- Sarnia	11.63Q-1.5	
7 Kosta Nikolic	Elmira	11.71q -1.5	
8 Preston Baldacchino	Saunders	11.75q -1.0	

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Preliminaries ... (Event 34 Men 100 Meter Dash Junior)

Name	School	Prelims
9 Emmitt Richard	St. Anne-Windsor	11.77 -1.0
10 Tomiwa Owoseni	Mother Teresa	11.78 -1.0
11 Jquan Reid	Galt	11.81 -1.5
12 Praise Igbinomwanhia	St.Mary's-Kitche	11.81 -1.5
13 Alex Orias	Assumption-Brant	11.84 -1.0
14 Mubarak Jimoh	Assumption-Brant	11.91 -1.0
15 Jairus Rabano	Resurrection	11.96 -1.5
16 Yaniss Lugogo	Mother Teresa	12.02 -1.5

Event 34 Men 100 Meter Dash Junior
West Region: 10.60 # 2002 Rhoo STERLING/Galt

Name	School	Finals
Finals		
1 Attilio Naccarato	Holy Names	11.29 -1.2
2 Kirby Polius	Leamington	11.30 -1.2
3 Kevin Arriaga Venegas	College Avenue	11.49 -1.2
4 Noah Caffarena	Cardinal Carter	11.51 -1.2
5 Kaleb Kalo	Northern- Sarnia	11.51 -1.2
6 Kosta Nikolic	Elmira	11.52 -1.2
7 Zain Ansari	Oakridge	11.54 -1.2
8 Preston Baldacchino	Saunders	12.01 -1.2

Event 35 Women 200 Meter Dash Junior
West Region: 24.13 # 1995 Margaret FOX / Guelph-Bishop Ma

Name	School	Prelims
Preliminaries		
1 Samantha Vitale	Guelph	25.13Q2.0
2 Renee Adrien	St. Anne-Clinton	25.71Q0.9
3 Lia Hillman	Chatham-Kent	25.80Q2.0
4 Andrea Chronopolous	Sandwich	25.96Q0.9
5 Ava Millar	Bishop MacDonnel	25.96Q0.9
6 Lucy Schiedel	Medway	26.25Q2.0
7 Avery Andersson	St. Benedict	26.49q 2.0
8 Silken Torrie	Owen Sound	26.65q 2.0
9 Isabelle Robson	Riverside	26.78 0.9
10 Gebet Osei	Chatham-Kent	26.79 2.0
11 Ana Maya	St.Mary's-Kitche	26.90 2.0
12 Morgan Kane	St.Joe's-Windsor	27.05 0.9
13 Keeghan Ische	Medway	27.27 0.9
14 Holly Tshibusu	Mother Teresa	27.29 2.0
15 Ashley Veitch	Elmira	27.71 0.9

Event 35 Women 200 Meter Dash Junior
West Region: 24.13 # 1995 Margaret FOX / Guelph-Bishop Ma

Name	School	Finals
Finals		
1 Samantha Vitale	Guelph	25.14 1.0
2 Lia Hillman	Chatham-Kent	25.35 1.0
3 Renee Adrien	St. Anne-Clinton	25.64 1.0
4 Ava Millar	Bishop MacDonnel	26.00 1.0
5 Avery Andersson	St. Benedict	26.07 1.0
6 Lucy Schiedel	Medway	26.30 1.0
7 Silken Torrie	Owen Sound	26.80 1.0

Event 36 Men 200 Meter Dash Junior
West Region: 21.67 # 1993 Chris ROBINSON / Cambridge-He

Name	School	Prelims
Preliminaries		
1 Attilio Naccarato	Holy Names	22.94Q2.2
2 Kosta Nikolic	Elmira	23.09Q0.9
3 Reese Kanerva	Ross, John F.	23.04Q2.2
4 Kaleb Kalo	Northern- Sarnia	23.21Q0.9
5 Kevin Arriaga Venegas	College Avenue	23.16Q2.2
6 Nolan Gehlsen	Sacred Heart	23.60Q0.9
7 Jquan Reid	Galt	23.61q 0.9
8 David Anderson	St. David	23.63q 0.9
9 Noah Caffarena	Cardinal Carter	23.67 2.2
10 Caden Kreeft	St. Patrick's	23.72 0.9
11 Neysean Teles	St. David	23.75 2.2
12 Preston Baldacchino	Saunders	23.80 2.2
13 Kannasicho Ezepeue	C.C.H. - London	23.97 0.9
14 Tomiwa Owoseni	Mother Teresa	24.01 2.2
15 Keller Myles	South Huron	24.47 2.2
--- Osman Kromah	Sandwich	DNF 0.9

Event 36 Men 200 Meter Dash Junior
West Region: 21.67 # 1993 Chris ROBINSON / Cambridge-He

Name	School	Finals
Finals		
1 Attilio Naccarato	Holy Names	22.65 1.9
2 Kosta Nikolic	Elmira	22.66 1.9
3 Reese Kanerva	Ross, John F.	22.75 1.9
4 Kevin Arriaga Venegas	College Avenue	22.76 1.9
5 Kaleb Kalo	Northern- Sarnia	22.99 1.9
6 Nolan Gehlsen	Sacred Heart	23.12 1.9
7 Jquan Reid	Galt	23.41 1.9
8 David Anderson	St. David	23.89 1.9

Event 37 Women 400 Meter Dash Junior
West Region: 54.56 # 1994 Nadia SCHMEIDT / London-John I

Name	School	Finals
Finals		
1 Renee Adrien	St. Anne-Clinton	58.11
2 Julia Carswell	Sandwich	58.15
3 Madeline Verbeek	Ursuline	58.58
4 Jordan Cheam	Centennial	58.63
5 Izzy Distefano	Holy Names	59.21
6 Samantha DeMars	Strathroy	1:00.83
7 Chloe McCabe	Stratford Dss	1:01.46
8 Eva Labonte	Chatham Christia	1:03.54
9 Olivia Lucchetti	Waterloo-Oxford	1:03.94
10 Skyla Willemse	North Lambton	1:04.03
11 Peyton Price	Orangeville	1:04.03
12 Madeline McDonald	Owen Sound	1:04.42
13 Lucy Moses	Mitchell	1:06.36
14 Kapri Schwartz	London South	1:07.49
15 Erin Manning	Kitchener Waterl	1:13.25

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Event 38 Men 400 Meter Dash Junior

West Region: 47.94 # 1997 Liam CARD / Port Elgin-Saugeen

Name	School	Finals
Finals		
1	Osman Kromah	Sandwich 50.71
2	Reese Kanerva	Ross, John F. 51.90
3	Ty Tran	Great Lakes 52.24
4	Nathan Mariuz	St.Thomas 52.49
5	Ethan King	St. Patrick's 53.34
6	Jonathon Burton	St. James 53.52
7	David Anderson	St. David 53.64
8	Sunday Doboul	St. James 53.65
9	Nolan Gehlsen	Sacred Heart 53.79
10	Lawson Huggett	Saunders 54.01
11	Liam Micks	Stratford Dss 54.15
12	Eli Odolph	Northern- Sarnia 54.36
13	Luke McLean	Lucas, A.B. 54.75
14	Carson Newcombe	Mother Teresa 55.79
15	Liam Morin	Kincardine 55.95
16	Jayden Choinski	Laurier, Sir W. 56.67

Event 39 Women 800 Meter Run Junior

West Region: 2:08.52 # 2007 Jessica Parry

Name	School	Finals
Finals		
1	Julia Carswell	Sandwich 2:16.75
2	Alisa Indelicato	Holy Names 2:17.34
3	Siena Naisbitt	Banting, Sir F. 2:20.10
4	Hayley Muscat	Huron Heights 2:21.29
5	Chloe McCabe	Stratford Dss 2:25.57
6	Hallie Faust	Saugeen District 2:26.39
7	Chloe Terner	London Central 2:27.46
8	Nolawit Gebreselassie	C.C.H. - London 2:31.97
9	Erin Manning	Kitchener Waterl 2:32.00
10	Chrarlotte Wright	Erie Migration 2:33.05
11	Skyla Willemse	North Lambton 2:33.29
12	Hannah Przybylski	St. James 2:34.48
13	Kate Renaud	Sandwich 2:34.52
14	Adalynn McLean	Orangeville 2:35.03
15	Anika Gal	Ross, John F. 2:35.73
16	Zoey Munn	St.Thomas Aquina 2:35.81

Event 40 Men 800 Meter Run Junior

West Region: 1:50.90 # 2000 Nathan BRANNEN / Preston HS

Name	School	Finals
Finals		
1	Hansen DeBoer	Emmanuel Christi 1:59.58
2	Kenneth Lamb	Vista Academy 2:00.99
3	Tayvin Young	Northern- Sarnia 2:02.48
4	Matt Lopes	St. Benedict 2:03.57
5	Liam Morin	Kincardine 2:03.59
6	Carter Morrell	Centre Welli 2:04.50
7	Liam Micks	Stratford Dss 2:04.52
8	Nathan Mariuz	St.Thomas 2:05.74

9	Curtis Willick	Lord Dorchester 2:07.30
10	Lawson Huggett	Saunders 2:07.74
11	Graysen Phipps	Oakridge 2:10.02
12	Carter Van Horsigh	Centennial 2:10.83
13	Emerson Yeo	Medway 2:11.40
14	Massimo MacMillan	Riverside 2:11.92
15	Levi Tolton	Northern- Sarnia 2:12.80
16	Cole Kaake	Saugeen District 2:13.23

Event 41 Women 1500 Meter Run Junior

West Region: 4:28.35 # 2007 Jessica Parry

Name	School	Finals
Finals		
1	Addy Rudling	St.Thomas 4:41.18
2	Selena Loaring	Centennial 4:46.45
3	Alisa Indelicato	Holy Names 4:48.21
4	Keala Pickard	St. Patrick's 4:49.55
5	McKayla Korir	Elmira 4:57.45
6	Hallie Faust	Saugeen District 4:58.15
7	Myka Penninga	Emmanuel Christi 5:00.83
8	Autumn Vandermeer	Gabriel-Dumont 5:04.98
9	Hayley Muscat	Huron Heights 5:07.25
10	Siena Naisbitt	Banting, Sir F. 5:14.15
11	Mady McBeth	St.Thomas 5:17.56
12	Morgan Reiter	Leamington 5:18.13
13	Olivia Jansen	St.Thomas Aquina 5:19.25
14	Chloe Terner	London Central 5:22.83
15	Kara Emmons	Strathroy 5:25.03
16	Anika Gal	Ross, John F. 5:26.52

Event 42 Men 1500 Meter Run Junior

West Region: 3:49.3h # 1994 Jay CANTIN / Sarnia-St. Clair

Name	School	Finals
Finals		
1	Gianfranco Rauti	St.Thomas 4:08.90
2	Tayvin Young	Northern- Sarnia 4:12.39
3	Thomas Mott	St. Michael 4:13.03
4	Jacob Schubotz	Pere Rene-de-Gal 4:13.86
5	Oliver Hershey	Owen Sound 4:14.35
6	Liam Morin	Kincardine 4:15.49
7	Ben Prins	Kitchener Waterl 4:16.64
8	Max Naccarato	St.Thomas 4:17.31
9	Liam Reynolds	Northern- Sarnia 4:22.11
10	Cole Kaake	Saugeen District 4:22.56
11	Caleb Hurley	St. Michael 4:23.81
12	Daniel Diaz	St. Patrick's 4:24.59
13	Curtis Willick	Lord Dorchester 4:27.32
14	Reid Kaake	Saugeen District 4:30.63
15	Liam Micks	Stratford Dss 4:42.36
16	Hudson Welsh	Stratford Dss 4:51.65

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Event 43 Women 3000 Meter Run Junior

West Region: 9:50.02 # 2001 Amy KOHLMEIER /Sarnia-St.Pat

Name	School	Finals
Finals		
1 Addy Rudling	St.Thomas	10:11.11
2 Selena Loaring	Centennial	10:21.78
3 Keala Pickard	St. Patrick's	10:27.80
4 Myka Penninga	Emmanuel Christi	10:28.90
5 Ava White	St. Patrick's	10:34.01
6 Maelle Dufour	ES L'Essor	10:48.42
7 Autumn Vandermeer	Gabriel-Dumont	10:54.17
8 Isabella Karczewski	Brantford	10:57.24
9 McKayla Korir	Elmira	11:11.79
10 Mady McBeth	St.Thomas	11:22.48
11 Olivia Jansen	St.Thomas Aquina	11:34.60
12 Isla Staples	Huron Heights	11:35.34
13 Myriam Kellett	Galt	11:38.72
14 Kara Emmons	Strathroy	11:49.03
15 Nicole Dinel	Mother Teresa	12:09.94
16 Abby Russell	Medway	12:56.56

Event 44 Men 3000 Meter Run Junior

West Region: 8:35.46 # 2001 Adam HORTIAN / Bluevale

Name	School	Finals
Finals		
1 Gianfranco Rauti	St.Thomas	8:53.08
2 Thomas Mott	St. Michael	9:02.90
3 Liam Reynolds	Northern- Sarnia	9:11.53
4 Ben Prins	Kitchener Waterl	9:11.71
5 Oliver Hershey	Owen Sound	9:13.04
6 Caleb Hurley	St. Michael	9:32.64
7 Daniel Diaz	St. Patrick's	9:33.44
8 Max Naccarato	St.Thomas	9:35.87
9 Jacob Schubotz	Pere Rene-de-Gal	9:37.12
10 Kyle Currie	Brantford	9:41.54
11 Colton Peters	North Lambton	9:49.76
12 Reid Kaake	Saugeen District	9:54.61
13 Lukas Faulkner	Kitchener Waterl	9:58.16
14 Lucas De Wit	St. Michael	10:16.84
15 Jack Rice	Parkside	10:17.86
16 Wyatt Clark	Banting, Sir F.	10:21.15

Event 45 Women 80 Meter Hurdles Junior

West Region: 11.01 # 1998 Jessica ZELINKA / London-Banting

Name	School	Prelims
Preliminaries		
1 Jordan Cheam	Centennial	11.89Q0.2
2 Alyssa Tannini	St.Thomas	11.97Q-0.9
3 Kaylin Shea	St. Benedict	12.25Q-0.9
4 Arianna Itobore	Kitchener Waterl	12.33Q0.2
5 Reese Faulhafer	Waterloo-Oxford	12.48Q-0.9
6 Averie Fines	St. Patrick's	12.70Q0.2
7 Marlowe Cabral	St. Patrick's	12.61q -0.9
8 Holly Tshibusu	Mother Teresa	12.67q -0.9

9 Ava McFadden	St.Thomas Aquina	12.77 0.2
10 Kayla Zelibka	C.C.H. - London	12.99 0.2
11 Maya Kenny	Orangeville	13.48 0.2
12 Kayla Colwell	Maranatha Christ	13.53 0.2
13 Lilly Eichenberger	Strathroy	13.61 -0.9
14 Tobi Oke	St.Mary's-Kitche	14.60 -0.9
15 Layla Marchand	Brennan, F.J.	14.72 -0.9
16 Jillian Trepanier	Woodstock Co	17.69 0.2

Event 45 Women 80 Meter Hurdles Junior

West Region: 11.01 # 1998 Jessica ZELINKA / London-Banting

Name	School	Finals
Finals		
1 Alyssa Tannini	St.Thomas	11.66 -1.3
2 Jordan Cheam	Centennial	11.85 -1.3
3 Kaylin Shea	St. Benedict	12.23 -1.3
4 Arianna Itobore	Kitchener Waterl	12.27 -1.3
5 Reese Faulhafer	Waterloo-Oxford	12.47 -1.3
6 Holly Tshibusu	Mother Teresa	12.53 -1.3
7 Averie Fines	St. Patrick's	12.67 -1.3
8 Marlowe Cabral	St. Patrick's	12.70 -1.3

Event 46 Men 100 Meter Hurdles Junior

West Region: 13.15 # 2014 Joey Daniels

Name	School	Prelims
Preliminaries		
1 Mateo De Leon Garza	Saunders	14.69Q-2.1
2 Brady Ippoliti	St.Thomas	14.73Q-1.2
3 Jackson Forbes	St. Patrick's	14.87Q-1.2
4 Declan Lisk	Wellington Heigh	14.88Q-2.1
5 Jonah Walker	Elmira	14.96Q-2.1
6 Nayif Purres	St.Thomas Aquina	15.17Q-1.2
7 Harri Tunnicliffe	St. James	15.20q -1.2
8 Arden Lei	Laurel Hts.	15.26q -2.1
9 Zeke Gall	St. Patrick's	15.33 -1.2
10 Xander Knapp	Lambton Central	15.47 -2.1
11 Rushton McNeil Bazely	Oakridge	15.48 -2.1
12 Jerome Bow Pearce	C.C.H. - London	15.70 -1.2
13 Charlie Halpenny	Parkside	15.91 -1.2
14 Brady Menich	Delhi	16.79 -1.2
15 Nik Stotler	Laurel Hts.	17.74 -2.1
16 Zisheng Qiu	Vista Academy	18.83 -2.1

Event 46 Men 100 Meter Hurdles Junior

West Region: 13.15 # 2014 Joey Daniels

Name	School	Finals
Finals		
1 Declan Lisk	Wellington Heigh	14.43 -1.5
2 Brady Ippoliti	St.Thomas	14.49 -1.5
3 Mateo De Leon Garza	Saunders	14.71 -1.5
4 Jackson Forbes	St. Patrick's	14.81 -1.5
5 Arden Lei	Laurel Hts.	14.82 -1.5
6 Nayif Purres	St.Thomas Aquina	15.07 -1.5
7 Jonah Walker	Elmira	15.14 -1.5
8 Harri Tunnicliffe	St. James	15.73 -1.5

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Event 47 Women 300 Meter Hurdles Junior

West Region: 41.78 # 1994 Nadia SCHMEIDT / London-John I

Name	School	Finals
Finals		
1 Jordan Cheam	Centennial	44.25
2 Madeline Verbeek	Ursuline	45.34
3 Arianna Itobore	Kitchener Waterl	45.97
4 Kayla Zelibka	C.C.H. - London	46.04
5 Izzy Distefano	Holy Names	47.45
6 Marlowe Cabral	St. Patrick's	47.54
7 Kaylin Shea	St. Benedict	47.92
8 Averie Fines	St. Patrick's	48.69
9 Paige Manning	Laurier, Sir W.	48.77
10 Ava McFadden	St.Thomas Aquina	49.17
11 Jillian Trepanier	Woodstock Co	49.61
12 Alyssa Tannini	St.Thomas	49.66
13 Lilly Eichenberger	Strathroy	50.57
14 Charlotte Deml	Galt	50.79
15 Maya Kenny	Orangeville	50.98
--- Reese Faulhafer	Waterloo-Oxford	DNF

Event 48 Men 300 Meter Hurdles Junior

West Region: 38.11 # 1996 Jeff ELLIS/Orangeville

Name	School	Finals
Finals		
1 Declan Lisk	Wellington Heigh	40.70
2 Jonah Walker	Elmira	40.84
3 Mateo De Leon Garza	Saunders	40.88
4 Arden Lei	Laurel Hts.	41.11
5 Xander Knapp	Lambton Central	41.53
6 Keldon St. Louis	Holy Names	41.87
7 Eli Odolph	Northern- Sarnia	41.97
8 Brady Ippoliti	St.Thomas	42.56
9 Chris Trandafir	St. Patrick's	42.64
10 Jayden Choinski	Laurier, Sir W.	43.33
11 Nik Stotler	Laurel Hts.	43.66
12 Harri Tunnicliffe	St. James	43.69
13 Reese Burke	West Elgin	43.89
14 Brady Menich	Delhi	44.46
15 Colton Campbell	St. Michael	44.77
16 Nayif Pures	St.Thomas Aquina	1:02.77

Event 49 Women High Jump Junior

West Region: 1.77m # 1985 Catherine BOND / Woodstock CI

Name	School	Finals
Finals		
1 Kseniya Smith	St. Benedict	1.59m
2 Kelsie Hayes	Walkerton	J1.59m
3 Davina Mboma Nsimi	Mother Teresa	1.56m
4 Cameron Schmidt	Waterloo-Oxford	1.53m
5 Kate Logan	Laurel Hts.	1.45m
6 Paige Gillett	Bluevale	1.40m
6 Ella Knill	Brantford	1.40m
6 Hailynn Greidanus	St. Anne-Clinton	1.40m

6 Lena Walker	London South	1.40m
10 Tera Branton	St. Patrick's	J1.40m
10 Bridget Wooley	East Elgin	J1.40m
12 Brook Adewale	Regina Mundi	J1.40m
13 Phoebe Scheibner	Northern- Sarnia	1.35m
14 Eva Moriarty	St. Patrick's	1.30m
14 Peyton Denijs	Ursuline	1.30m
16 Tessa Morrow	Sandwich	J1.30m

Event 50 Men High Jump Junior

West Region: 2.01m # 1984 Andrew MCLEAN / Arva-Medway

Name	School	Finals
Finals		
1 Yaniss Lugogo	Mother Teresa	1.83m
2 Nerraud Thomas	Holy Trinity	1.80m
3 Sidney Renwick	Walkerville	J1.80m
4 Josh Morgan	St. Mary's Hs-W	1.75m
5 Sam Townshend	Lucas, A.B.	J1.75m
6 Arie Roelands	North Lambton	1.70m
7 Kerby Joseph	Kennedy, Hon.W.C	J1.70m
8 Russell Metts Sturgeon	Glencoe	J1.70m
9 Liam Buchanan	Walkerton	J1.70m
10 Zayan Mannan	Saunders	J1.70m
11 Camden Jackson	St.Thomas	1.65m
12 Joseph Vandalen	Holy Trinity	J1.65m
13 Isaiah Ogunboye	Resurrection	J1.65m
14 Hudson Charron	Ursuline	J1.65m
15 Jackson Newman	Eastwood	1.60m

Event 51 Women Pole Vault Junior

West Region: 3.70m # 2010 Alysha Newman

Name	School	Finals
Finals		
1 Lucy Schiedel	Medway	3.40m
2 Avery Molinaro	Woodstock Co	2.75m
3 Laila Herrmann	Sandwich	2.65m
4 Julia McInnis	Erie Migration	2.50m
5 Mariah Schmidt	Waterloo-Oxford	J2.50m
6 Kate Logan	Laurel Hts.	2.35m
6 Lilliana DeSilva	St. Benedict	2.35m
8 Ruth Parsons	London South	2.20m
8 Ava Ridley	Medway	2.20m
10 Isabelle Hurley	Sandwich	J2.20m
11 Anna Peng	Laurel Hts.	J2.20m
11 Stella Giansante	ES L'Essor	J2.20m
13 Ananya Prasad	Laurel Hts.	J2.20m
14 Logyn Moreau	Ursuline	J2.20m
15 Kendra Williams	Laurel Hts.	2.00m
16 Nicole Williams	Oakridge	J2.00m

Event 52 Men Pole Vault Junior

West Region: 4.40m # 1991 Mike NOLAN / Lord Dorchester

Name	School	Finals
Finals		
1 Marcus Ma	Cameron Heights	3.60m

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Finals ... (Event 52 Men Pole Vault Junior)

Name	School	Finals
2 Gabriel Elizarov	Laurel Hts.	3.50m
3 Ryan Shahian	St. Anne-Windsor	J3.50m
4 Arie Roelands	North Lambton	3.40m
5 Devin Salomons	London Christian	3.25m
6 Caleb Estoesta	Laurel Hts.	J3.25m
7 Dan Dittmer	St. Mary's Devi	3.10m
8 Khalid El-Kadri	Holy Names	J3.10m
9 Marcus Li	Laurel Hts.	J3.10m
10 Aiden Morrison	St.Thomas	2.95m
11 Ahyan Mahruz	Laurel Hts.	2.80m
12 Ryder Blight	St. Mary's Devi	J2.80m
13 James Bell	Medway	J2.80m
14 Ryan O'Donnell	Oakridge	2.65m
15 Blake Brun	St.Thomas	J2.65m
16 Gabriel Estoesta	Laurel Hts.	J2.65m

Event 53 Women Long Jump Junior
West Region: 5.76m # 1981 Tina LETOURNEAU / Windsor-Br

Name	School	Finals
Finals		
1 Kseniya Smith	St. Benedict	5.22m 1.6
2 Amy Williamson	Parkside	4.89m 3.4
3 Chloe Walters	St.Thomas Aquina	4.83m 2.8
4 Jade Labadie	Ecs Notre Dame	4.82m 2.3
5 Ana Maya	St.Mary's-Kitche	4.80m 2.6
6 Rya Whale	Norwell	4.79m 0.5
7 Ema Parent	St.Thomas	4.78m 2.9
8 Hailey Ellins	Holy Trinity	4.66m 2.1
9 Claire Suprun	Holy Trinity	4.58m 1.8
10 Hailey Beswick	North Park	4.53m 3.0
11 Izzy Distefano	Holy Names	4.50m 4.1
12 Jane Hewitt	St.Joe-St.Thomas	4.46m 3.2
13 Tera Branton	St. Patrick's	4.45m 0.5
14 Claire Rowe	Saunders	4.36m 2.0
15 Marlowe Cabral	St. Patrick's	2.67m 4.3
--- Mia Wesolowski	St. Anne-Windsor	FOUL

Event 54 Men Long Jump Junior
West Region: 7.18m # 1999 Paul WHITTY / London-Saunders

Name	School	Finals
Finals		
1 Yaniss Lugogo	Mother Teresa	6.08m +0.0
2 Kerby Joseph	Kennedy, Hon.W.C	6.03m -1.1
3 Nerraud Thomas	Holy Trinity	5.96m +0.0
4 Tomiwa Owoseni	Mother Teresa	5.94m 0.1
5 Carter Raffoul	Erie Migration	5.90m -0.3
6 Sidney Renwick	Walkerville	5.79m 4.6
7 Kevin Khliv	Leamington	5.55m 0.7
8 Neysean Teles	St. David	5.51m 1.0
9 Tristan Spaulding	Parkside	5.38m -1.0
10 Thomas Boniolo	John Diefenb	5.37m -2.1
11 Isaac Symons	Orangeville	5.31m 0.2
12 Rondre Spicer	Banting, Sir F.	5.28m 2.3

13 Hayden Jordan	Laurel Hts.	5.09m 0.4
14 Kai Tope	St. Patrick's	4.98m 0.7
15 Ope Alli	Banting, Sir F.	4.78m -0.3
--- Posi Otesanya	St. David	FOUL

Event 55 Women Triple Jump Junior
West Region: 11.94m # 1995 Monique HAAN / London Christiari

Name	School	Finals
Finals		
1 Claire Suprun	Holy Trinity	10.83m 2.3
2 Aislyn Dehoey	Ursuline	10.70m 2.4
3 Amy Williamson	Parkside	10.66m 2.0
4 Lena Walker	London South	10.63m 3.4
5 Adedolapo Adekanye	Sandwich	10.56m 2.9
6 Avery Swayze	Chatham-Kent	10.31m 3.4
7 Anna Peng	Laurel Hts.	10.29m 5.1
8 Hailey Ellins	Holy Trinity	10.23m 2.3
9 Julia McInnis	Erie Migration	J10.07m 3.1
10 Chloe McKinnon	Saugeen District	J10.07m 1.5
11 Jane Hewitt	St.Joe-St.Thomas	J10.07m 1.9
12 Alesandra Fera	St. James	9.91m 2.5
13 Stella Panchuk	Guelph	9.74m 1.5
14 Jade Labadie	Ecs Notre Dame	9.70m 3.8
15 Daisy Daniel	St.Thomas Aquina	9.66m 1.3
16 Serene Al Ghazaly	Sandwich	9.57m 3.6

Event 56 Men Triple Jump Junior
West Region: 15.22m # 2000 Kenen SHADD / Kitchner-Grand R

Name	School	Finals
Finals		
1 Sidney Renwick	Walkerville	13.18m 2.9
2 Carter Raffoul	Erie Migration	12.66m 2.5
3 Jonah Walker	Elmira	12.59m 2.6
4 Curtis Donaldson	Johnson, P.	12.56m 1.5
5 Ace Zanoria	St. Patrick's	12.53m 2.1
6 Peace Tshibusu	Mother Teresa	12.37m 2.0
7 Justin Johnson	Montcalm	12.10m 1.6
8 Syllas Phan	Medway	12.08m 2.4
9 Hayden Jordan	Laurel Hts.	12.03m 2.8
10 Ben Arthur	Woodland Christi	11.91m 1.3
11 Seth Mallette	Ursuline	11.90m 1.1
12 Mike Dennis	East Elgin	11.78m 2.6
13 Ahyan Mahruz	Laurel Hts.	11.72m 2.4
14 Kevin Khliv	Leamington	11.65m 3.2
15 Tyler Davis	St. Michael	11.47m 2.0
16 Kai Forsyth	Guelph	11.08m 2.9

Event 57 Women Shot Put Junior
West Region: 15.80m # 2022 Julia Tunks

Name	School	Finals
Finals		
1 Sophia Basso	Oakridge	12.60m
2 Olivia Folk	Banting, Sir F.	12.42m
3 Cate Browne	St. Patrick's	12.26m
4 Charlotte Melnick	Saunders	12.08m

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Finals ... (Event 57 Women Shot Put Junior)

Name	School	Finals
5	Sophia Horton-Moulton	Simcoe 11.93m
6	Sopia Klie	Erie Migration 11.50m
7	Camryn Leitch	Great Lakes 11.24m
8	Marie-Olivia Prodjinotho	Mother Teresa 10.68m
9	Sydney Knapp	Bluevale 10.49m
10	Marina Veselinovic	Sandwich 10.09m
11	Amy Soloman	Laurel Hts. 9.95m
12	Louisa Begeman	East Elgin 9.91m
13	Kara Nesbitt	Owen Sound 9.75m
14	Ivy Johnston	Hagersville 9.54m
15	Tiffany Hindemit	Erin 9.33m
16	Sophie Smith	Great Lakes 8.96m

Event 58 Men Shot Put Junior

West Region: 17.80m # 2024-05-31 Andrew Urquhart

Name	School	Finals
Finals		
1	Noah VanNeck	Chatham-Kent 17.89m#
2	Tyler Goetz	Essex 16.89m
3	Mikian Teao	Great Lakes 16.19m
4	Levi Huinink	College Avenue 15.56m
5	Cameron Joliecour	St. Patrick's 15.43m
6	Mehkai Arnold	Parkside 14.92m
7	Robert Duncan	Montcalm 13.35m
8	Adam Van Grinsven	Clarke Road 13.07m
9	Jayden Collins	Delhi 12.98m
10	Rabbit Colbourn	Grey Highlan 12.88m
11	Shawn Edwards	C.C.H. - London 12.84m
12	Geoffrey Cooper	Johnson, P. 12.69m
13	Emery Berkoh	Resurrection 12.40m
14	Eli Jas	Holy Names 12.22m
15	Luke McDonald	Sacred Heart 11.99m
16	Keegan Ritchie	Saugeen District 11.14m

Event 59 Women Discus Throw Junior

West Region: 53.72m # 2022 Julia Tunks

Name	School	Finals
Finals		
1	Olivia Folk	Banting, Sir F. 36.17m
2	Camryn Leitch	Great Lakes 33.09m
3	Sophia Basso	Oakridge 32.83m
4	Charlotte Melnick	Saunders 32.67m
5	Louisa Begeman	East Elgin 28.41m
6	Sophia Horton-Moulton	Simcoe 27.30m
7	Emilia Roehler	St.Thomas 26.59m
8	Dani-Lynn Gill	Ingersoll 26.53m
9	Hailey Ellins	Holy Trinity 26.28m
10	Emma Mitrevski	Belle River 26.03m
11	Mya Haye-Beaumont	Assumption-Brant 24.04m
11	Sydney Knapp	Bluevale 24.04m
13	Marley Lapier	Great Lakes 23.33m
14	Mieke Thalen	Woodland Christi 23.29m
15	Lilly Lajeunesse	Bluevale 23.28m

16 Giada Stabile Herman, W.F. 23.10m

Event 60 Men Discus Throw Junior

West Region: 61.78m # 2018 Ryan Jacklin

Name	School	Finals
Finals		
1	Noah VanNeck	Chatham-Kent 56.50m
2	Mehkai Arnold	Parkside 55.66m
3	Sam Ragogna	Stratford Dss 49.14m
4	Luke McDonald	Sacred Heart 47.02m
5	Kai Tope	St. Patrick's 45.06m
6	Tucker Ysebaert	Great Lakes 43.92m
7	Sean Hamill	Northern- Sarnia 43.25m
8	Brady Congdon	Parkside 42.63m
9	Ethan Fabiani	Banting, Sir F. 42.32m
10	Henry Johnson	Banting, Sir F. 41.90m
11	Keegan Ritchie	Saugeen District 40.31m
12	Tyler Goetz	Essex 39.66m
13	Brady Menich	Delhi 38.56m
14	Carson Trahan	Southwood 34.66m
15	Yousif Al-Mimar	Centennial 32.64m
16	Yusef El-Aloul	Southwood 30.84m

Event 61 Women Javelin Throw Junior

West Region: 48.84m # 1989 Margaret GRIFFITHS / Windsor-B

Name	School	Finals
Finals		
1	Camryn Leitch	Great Lakes 37.98m
2	Jillian Trepanier	Woodstock Co 33.71m
3	Sophie Smith	Great Lakes 32.90m
4	Dani-Lynn Gill	Ingersoll 32.46m
5	Olivia Folk	Banting, Sir F. 31.38m
6	Sophia Horton-Moulton	Simcoe 29.16m
7	Nora Reinink	Emmanuel Christi 28.46m
8	Marina Veselinovic	Sandwich 28.09m
9	Ellie Portlock	East Elgin 27.85m
10	Louisa Begeman	East Elgin 27.27m
11	Claire Parker	Saugeen District 24.99m
12	Emma Mitrevski	Belle River 24.38m
12	Stella Dutzler	Grand River 24.38m
14	Maggie Miller	Sandwich 23.74m
---	Claire Aagaard	Resurrection FOUL
---	Lyla Yager	Cayuga Secon FOUL

Event 62 Men Javelin Throw Junior

West Region: 61.10m # 2009 Tyler WITHERS

Name	School	Finals
Finals		
1	Nolan McKinlay	Great Lakes 57.56m
2	Tyler Goetz	Essex 54.43m
3	Caden Kreeft	St. Patrick's 50.04m
4	Sean Hamill	Northern- Sarnia 48.57m
5	Thomas Koszegi	Sandwich 44.81m
6	Christien Fitzmorris	Assumption-Brant 43.44m
7	Dan Dittmer	St. Mary's Dcvi 42.76m

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Finals ... (Event 62 Men Javelin Throw Junior)

Name	School	Finals
8 Reid Hutton	Kitchener Waterl	42.17m
9 Colton Campbell	St. Michael	42.10m
10 Vince Mao	C.C.H. - London	41.99m
11 Noah Allison	C.C.H. - London	39.90m
12 Nash Kaastra	London Christian	38.62m
13 Andrew Frey	Kitchener Waterl	37.78m
14 Carson Trahan	Southwood	37.12m
15 Austin Korten	Delhi	36.64m
16 Cole Copeland	Orangeville	34.85m

Event 63 Women 4x100 Meter Relay Junior
West Region: 49.43 # 2023 Sandwich - Windsor
L Dicaro, E Steel-Douglas, J Bailey, S Baillargeon

Team	Relay	Finals
Finals		
1 Sandwich - Windsor	A	49.90
1) Serene Al Ghazaly	2) Andrea Chronopolous	
3) Julia Carswell	4) Layla Cea	
5) Adedolapo Adekanye	6) Laila Herrmann	
7) Tea Cuzzocrea		
2 St. Benedict	A	50.58
1) Olivia Titaro	2) Kseniya Smith	
3) Kaylin Shea	4) Avery Andersson	
3 St. Patrick's	A	50.79
1) Marlowe Cabral	2) Cate Browne	
3) Averie Fines	4) Cylver Worton	
5) Hayvn Germain		
4 St. Thomas	A	50.89
1) Elisha Spera	2) Emily Maleyko	
3) Alyssa Tannini	4) Ema Parent	
5) Leia Politi		
5 Chatham-Kent	A	51.01
1) Jemmoy Campbell	2) Gebet Osei	
3) Carysse Leach	4) Lia Hillman	
6 Mother Teresa	A	51.28
1) Tega Unukegwo	2) Brooklyn McEachnie	
3) Aubrey Denomme	4) Holly Tshibusu	
5) Davina Mboma Nsimi		
7 St. Thomas Aquina	A	51.47
1) Mya Sheardown	2) Ava McFadden	
3) Chloe Walters	4) Victoria Sam-Samana	
5) Stella Gicante	6) Finley Houseman	
7) Nadine Halbouni		
8 Guelph - Guelph	A	51.53
1) Stella Panchuk	2) Natalie Hobson	
3) Samantha Vitale	4) Penny Ysselstein	
9 Medway - Arva	A	52.37
1) Brooke Hewitt	2) Keeghan Ische	
3) Emily Robertson	4) Shavounnae Gonzales	
5) Sofia Bertucci		

10 Strathroy - Strathroy	A	52.50
1) Alayna Sloetjes	2) Lilly Eichenberger	
3) Rhema Ojo-Ibukun	4) Samantha DeMars	
5) Emma Boucher		
11 St. Mary's-Kitche	A	52.55
1) Elle Madruga	2) Mikaella Sowa	
3) Tobi Oke	4) Ana Maya	
5) Hannah Chitiyo		
12 Maranatha Christ	A	52.69
1) Kayla Colwell	2) Ruby Conlon	
3) Isabella Prange	4) Mikayla Rumbiak	
5) Charlotte Stronks		
13 Parkside - St. Thomas	A	52.75
1) Cadence Baitz	2) Hannah Kish	
3) Raya Alkaderi	4) Amy Williamson	
5) Leighton Kramer	6) Britania Bryan	
14 North Park	A	53.09
1) Abbi Curry	2) Kaida Savard	
3) Leah Johnson	4) Hailey Beswick	
15 Bluevale - Waterloo	A	53.42
1) Campbell Thompson	2) Isla Krestick	
3) Kyra Ballantyne	4) Paige Gillett	
5) Annika Craig		
16 Holy Trinity - Simcoe	A	53.68
1) Mayumi Sripathmarajam	2) Claire Suprun	
3) Claire Taylor	4) Hailey Ellins	
5) Chelsie Spriet		

Event 64 Men 4x100 Meter Relay Junior
West Region: 43.15 # 2002 LONDON-CATHOLIC CENTRAL

Team	Relay	Finals
Finals		
1 St. Patrick's	A	44.62
1) Chris Trandafir	2) Caden Kreeft	
3) Kai Tope	4) Easton Savoie	
5) Ethan King		
2 Leamington	A	44.93
1) Kevin Khliv	2) Kirby Polius	
3) Carlon Warmington	4) Charlie Ketler	
5) Muhammed Alacatiy	6) Kallen Driedger	
3 Northern - Sarnia	A	45.12
1) Ben Tshangala	2) Andrew Nguyen	
3) Eli Odolphly	4) Kaleb Kalo	
5) Sean Hamill	6) Tayvin Young	
4 Saunders - London	A	45.27
1) Mateo De Leon Garza	2) Omar Ghotmeh	
3) Lawson Huggett	4) Preston Baldacchino	
5 Mother Teresa	A	45.36
1) Tomiwa Owoseni	2) Max Carter	
3) Kameron Dumouchel	4) Yaniss Lugogo	
5) Peace Tshibusu		
6 Parkside - St. Thomas	A	45.79
1) Charlie Halpenny	2) Nathan Campbell	
3) Jack Moore	4) Xavier Sauer	
5) Tristan Spaulding		

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Finals ... (Event 64 Men 4x100 Meter Relay Junior)		
Team	Relay	Finals
7 St.Thomas	A	46.04
1) Thomas Lukic	2) Kalin Powell	
3) Brady Ippoliti	4) Anthony Lemmo	
5) Jones Taylor	6) Camden Jackson	
8 Bishop MacDonnel	B	46.09
1) Chimadika Amah	2) Caeden Smith	
3) Tani Dele-Oshiga	4) Temi Dele-Oshiga	
9 Centre Wellington Dhs	A	46.15
1) Kaleb Cozzarin	2) Maddox Conti	
3) Andrew Stephens	4) Graham Negrave	
10 St. David - Waterloo	A	46.58
1) David Anderson	2) Posi Otesanya	
3) Oluwasegun Onakomaya	4) Neysean Teles	
5) Jonnathan Straus		
11 St.Thomas Aquina	A	46.65
1) Nayif Purres	2) Stephen Nnorom	
3) Silas Laidlaw	4) Christian Circelli	
5) David Anidu	6) Dylan Stern	
7) Daniel Fielder		
12 Banting, Sir F.	A	46.82
1) Nikolas Morrison	2) Henry Johnson	
3) Rondre Spicer	4) Ope Alli	
13 Chatham-Kent	A	47.35
1) Noah VanNeck	2) Gavin Lumley	
3) Matthew Cranston	4) Aiden Belanger	
14 Laurel Hts.	A	47.53
1) Arden Lei	2) Nik Stotler	
3) Sunny Lee	4) Jaehwan Sim	
5) Caleb Estoesta	6) Cameron Shortt	
15 Westside Sec	A	47.93
1) Jayden Cutting	2) Aiden Howes	
3) Santino Moscarelli	4) Logan Mitchell	
5) Matthew Koleshnyk		
--- Resurrection	A	DQ
1) Henry Anigbogu	2) Delano Smith	
3) Rafael Wootten	4) Jairus Rabano	
5) Washington Oziengbe	6) Owen Otero	

Event 65 Women 100 Meter Dash Senior		
West Region:	11.89 # 2011	Jellisa Westney
Name	School	Prelims
Preliminaries		
1 Celeste Lugogo	Mother Teresa	12.36Q-1.6
2 Elliott Nash	St.Thomas Aquina	12.39Q-2.1
3 Lily Odolphy	Northern- Sarnia	12.37Q-1.6
4 Emilie Gervais	Pere Rene-de-Gal	12.50Q-2.1
5 Saryna Milne	Assumption-Winds	12.68Q-1.6
6 Britney Wright	C.C.H. - London	12.83Q-2.1
7 Nadya Nemes	St.Mary's-Kitche	12.95q -2.1
8 Halle MacVicar	St. Anne-Clinton	12.99q -1.6
9 Alicia Weaver	C.C.H. - London	13.05 -2.1
10 Zoe Elliott	Lambton Central	13.19 -1.6
11 Hailey Miller	St. James	13.26 -1.6

12 Serena Aina	Assumption-Winds	13.27	-1.6
13 Adriana Gianniotis	Grand River	13.30	-1.6
14 Norah Meyer	Belle River	13.33	-2.1
15 Michalina Wilkiewicz	Sacred Heart	13.45	-2.1
16 Zoe Schumacher	Sacred Heart	13.48	-2.1

Event 65 Women 100 Meter Dash Senior			
West Region:	11.89 # 2011	Jellisa Westney	
Name	School	Finals	
Finals			
1 Elliott Nash	St.Thomas Aquina	12.28	-2.3
2 Celeste Lugogo	Mother Teresa	12.39	-2.3
3 Lily Odolphy	Northern- Sarnia	12.40	-2.3
4 Emilie Gervais	Pere Rene-de-Gal	12.43	-2.3
5 Saryna Milne	Assumption-Winds	12.57	-2.3
6 Britney Wright	C.C.H. - London	12.92	-2.3
7 Halle MacVicar	St. Anne-Clinton	13.03	-2.3
--- Nadya Nemes	St.Mary's-Kitche	DNF	-2.3

Event 66 Men 100 Meter Dash Senior		
West Region:	10.56 # 2012	Devon Rittinger
Name	School	Prelims
Preliminaries		
1 Noah Horspool	Resurrection	10.90Q-1.5
2 Henry Scott	East Elgin	10.95Q-1.5
3 Obed Arueyingho	Regina Mundi	11.07Q-1.5
4 Kowen Moore	Grand River	11.08Q-1.5
5 Noah Carter	Mother Teresa	11.09Q-1.5
6 Nagil Asamoah	Mother Teresa	11.12Q-1.5
7 Thomas-Daniel Tent	Vista Academy	11.10q -1.5
8 Khaleel Miller	Banting, Sir F.	11.13q -1.5
9 Jayden Laing	Centennial	11.30 -1.5
10 Gianfranz Dela Fuente	St. James	11.31 -1.5
11 Nathan Hajdu	St. John College	11.36 -1.5
12 DJ Destang-Phillip	Ursuline	11.39 -1.5
13 Nyle Crawford	St. Benedict	11.41 -1.5
14 Gabriel Francis	Ursuline	11.43 -1.5
15 Samuel Aribilola	Holy Names	11.51 -1.5
16 Ahmad Alkriti	Sandwich	11.52 -1.5

Event 66 Men 100 Meter Dash Senior			
West Region:	10.56 # 2012	Devon Rittinger	
Name	School	Finals	
Finals			
1 Noah Horspool	Resurrection	10.78	0.4
2 Henry Scott	East Elgin	10.78	0.4
3 Khaleel Miller	Banting, Sir F.	10.80	0.4
4 Kowen Moore	Grand River	10.84	0.4
5 Nagil Asamoah	Mother Teresa	10.87	0.4
6 Obed Arueyingho	Regina Mundi	10.89	0.4
7 Noah Carter	Mother Teresa	11.06	0.4
8 Thomas-Daniel Tent	Vista Academy	11.13	0.4

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Event 67 Women 200 Meter Dash Senior

West Region: 23.71 # 2017 Ashlan Best			
Name	School	Prelims	
Preliminaries			
1	Celeste Lugogo	Mother Teresa	24.81Q1.0
2	Elliott Nash	St.Thomas Aquina	24.95Q2.0
3	Emilie Gervais	Pere Rene-de-Gal	24.90Q1.0
4	Mackenzie Hutcheson	Waterloo-Oxford	25.06Q2.0
5	Lily Odolphy	Northern- Sarnia	25.08Q1.0
6	Saryna Milne	Assumption-Winds	25.12Q2.0
7	Brooklyn Seiling	Elmira	25.39q 2.0
8	Taylor Ambeau	Resurrection	25.53q 1.0
9	Jaida Charles	Ross, John F.	25.59 1.0
10	Anyang Tiel	Laurier, Sir W.	25.96 1.0
11	Alicia Weaver	C.C.H. - London	26.24 2.0
12	Philly Van Nooten	Brantford	26.24 1.0
13	Danica Cober	St.Joe-St.Thomas	26.34 2.0
14	Malia Frattaroli	St. Anne-Windsor	26.73 1.0
15	Zoe Elliott	Lambton Central	26.80 2.0
16	Serena Aina	Assumption-Winds	27.14 2.0

Event 67 Women 200 Meter Dash Senior

West Region: 23.71 # 2017 Ashlan Best			
Name	School	Finals	
Finals			
1	Celeste Lugogo	Mother Teresa	24.43 2.8
2	Lily Odolphy	Northern- Sarnia	24.45 2.8
3	Mackenzie Hutcheson	Waterloo-Oxford	24.55 2.8
4	Emilie Gervais	Pere Rene-de-Gal	24.70 2.8
5	Saryna Milne	Assumption-Winds	24.90 2.8
6	Elliott Nash	St.Thomas Aquina	24.95 2.8
7	Brooklyn Seiling	Elmira	25.30 2.8
8	Taylor Ambeau	Resurrection	25.56 2.8

Event 68 Men 200 Meter Dash Senior

West Region: 21.04 # 2025-05-30 Dakari Milks			
Name	School	Prelims	
Preliminaries			
1	Noah Horspool	Resurrection	21.21Q1.3
2	Henry Scott	East Elgin	21.48Q1.3
3	KJ Nembhard	Simcoe	21.74Q1.3
4	Obed Arueyingho	Regina Mundi	22.12Q1.3
5	David Tomlin	Woodland Christi	21.91Q1.3
6	Brayden Kane	St.Joe's-Windsor	22.27Q1.3
7	Khaleel Miller	Banting, Sir F.	22.09q 1.3
8	DJ Destang-Phillip	Ursuline	22.14q 1.3
9	Nathan Clark	Essex	22.39 1.3
10	Roger Jacobs	Elmira	22.49 1.3
11	Zane Akanihu	London Central	22.63 1.3
12	Anthony Demarco	St.Thomas	22.64 1.3
13	Kaiden Turner	St. James	22.71 1.3
14	Jayden Laing	Centennial	22.93 1.3
15	Junior Essilfie-Amoah	Assumption-Winds	22.97 1.3

Event 68 Men 200 Meter Dash Senior

West Region: 21.04 # 2025-05-30 Dakari Milks			
Name	School	Finals	
Finals			
1	Noah Horspool	Resurrection	20.76# 2.0
2	Henry Scott	East Elgin	21.19 2.0
3	KJ Nembhard	Simcoe	21.40 2.0
4	David Tomlin	Woodland Christi	21.47 2.0
5	Obed Arueyingho	Regina Mundi	21.49 2.0
6	Brayden Kane	St.Joe's-Windsor	22.00 2.0
7	Khaleel Miller	Banting, Sir F.	22.42 2.0

Event 69 Women 400 Meter Dash Senior

West Region: 55.02 # 1985 Nadia SCHMEIDT / London-J.Paul			
Name	School	Finals	
Finals			
1	Anieue Chan	Vincent Massey	55.94
2	Sarah Jaquith	Lucas, A.B.	57.32
3	Brooklyn Seiling	Elmira	57.58
4	Charlotte Coskun	St.Thomas	58.08
5	Janelle Davis	Sandwich	58.62
6	Anyang Tiel	Laurier, Sir W.	58.65
7	Taylor Ambeau	Resurrection	58.80
8	Olivia McDonald	Owen Sound	59.73
9	Philly Van Nooten	Brantford	1:00.31
10	Thea Astles	St.Thomas	1:00.39
11	Mayghan Paul	St. James	1:00.97
12	Alicia Weaver	C.C.H. - London	1:02.37
13	Kyla Norman	Banting, Sir F.	1:02.65
14	Ny Asia Goodwin	Beal, H.B.	1:03.56
15	Zariyah Ross	Holy Names	1:08.56

Event 70 Men 400 Meter Dash Senior

West Region: 46.54 # 2012 Brandon McBride			
Name	School	Finals	
Finals			
1	Henry Scott	East Elgin	47.91
2	Brayden Kane	St.Joe's-Windsor	47.93
3	Ryan Georgeson	Medway	48.29
4	David Tomlin	Woodland Christi	48.89
5	Anthony Greene	Lucas, A.B.	48.89
6	Anthony Demarco	St.Thomas	49.39
7	Zach Taylor	Waterloo-Oxford	49.65
8	Roger Jacobs	Elmira	50.51
9	Kieran Sullivan	St. James	50.98
10	Ryan Vacante	Banting, Sir F.	51.07
11	Julian Venegas	C.C.H. - London	51.45
12	Alex MacDonald	Huron Heights	52.21
13	Owen Gray	St. Patrick's	52.84
14	Alex Whyte	Ursuline	52.91
15	Jonas Rohr	Waterloo-Oxford	52.97
16	Andrew Gadoury	Vista Academy	53.22

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Event 71 Women 800 Meter Run Senior

West Region: 2:07.72 # 2018 Tiana LoStracco

Name	School	Finals
Finals		
1 Micah Carswell	Pere Rene-de-Gal	2:13.97
2 Charlotte Coskun	St.Thomas	2:16.77
3 Leah Milligan	Medway	2:16.99
4 Flourish Nmor	St.Joe-St.Thomas	2:17.18
5 Avery Martindale	Saugeen District	2:17.69
6 Elena Moore	Kincardine	2:18.11
7 Chloe Humphries	Centre Welli	2:20.42
8 Thea Astles	St.Thomas	2:20.44
9 Ava Moric	John Diefenb	2:21.50
10 Kaitlyn Haygarth	Oakridge	2:22.15
11 Sophie Herr	Kitchener Waterl	2:22.40
12 Milania Frattaroli	St. Anne-Windsor	2:22.75
13 Kyla Norman	Banting, Sir F.	2:23.31
14 Cassie Catenacci	Holy Names	2:34.00
--- Olivia Jackson	St.Thomas Aquina	DNF
--- Anieu Chan	Vincent Massey	DQ

Event 72 Men 800 Meter Run Senior

West Region: 1:47.56 # 2012 Brandon McBride

Name	School	Finals
Finals		
1 Ryan Georgeson	Medway	1:51.57
2 Zach Taylor	Waterloo-Oxford	1:52.34
3 Jonah Lariviere	St. Michael	1:52.76
4 Evan Dinunzio	Herman, W.F.	1:53.54
5 Cyril Chapple	Resurrection	1:54.22
6 Julian Venegas	C.C.H. - London	1:55.58
7 Linden Spence	Saunders	1:56.57
8 Leo Moore	Centennial	1:56.71
9 James Grant	Lambton Central	1:56.87
10 Adrian Lofaso	St.Mary's-Kitche	1:57.44
11 Jacob Jansen	St.Thomas Aquina	1:58.25
12 Reuben Macleod	Orangeville	1:59.72
13 Andrew Gadoury	Vista Academy	2:01.47
14 Paxton Burnie	Great Lakes	2:08.34
--- Alex Fortney	Northern- Sarnia	DQ

Event 73 Women 1500 Meter Run Senior

West Region: 4:26.66 # 2008 Jessica PARRY

Name	School	Finals
Finals		
1 Micah Carswell	Pere Rene-de-Gal	4:34.02
2 Avery Norland	St. Patrick's	4:35.80
3 Lily Bressette	Northern- Sarnia	4:37.27
4 Leah Milligan	Medway	4:37.33
5 Elena Moore	Kincardine	4:38.23
6 Arleigh Waters	Bluevale	4:46.17
7 Megan Klapwyk	David-Saint-	4:47.37
8 Ava Moric	John Diefenb	4:47.41
9 Ellie Reiter	Leamington	4:53.10

10 Adelaide Cranston	Chatham-Kent	5:00.81
11 Avery Van Will	Strathroy	5:01.32
12 Reese Washington	Bishop MacDonnel	5:05.07
13 Jaydin Askey	Mother Teresa	5:05.59
14 Catharine Robinson	Laurier, Sir W.	5:17.81
15 Jessica Thompson	Banting, Sir F.	5:20.49

Event 74 Men 1500 Meter Run Senior

West Region: 3:45.06 # 1993 Kevin SULLIVAN / Brantford-Nort

Name	School	Finals
Finals		
1 Chase Capes	St. Patrick's	3:50.20
2 Kirk Hallman	Lord Dorchester	3:53.39
3 Eli Bouious	John Diefenb	3:54.10
4 Evan Dinunzio	Herman, W.F.	3:54.81
5 Adrian Lofaso	St.Mary's-Kitche	3:54.89
6 Jonah Lariviere	St. Michael	3:54.93
7 Cyril Chapple	Resurrection	4:04.01
8 James Grant	Lambton Central	4:07.17
9 Jacob Jansen	St.Thomas Aquina	4:07.60
10 Aris Motrea	Paris	4:07.97
11 Alex Fortney	Northern- Sarnia	4:09.31
12 Linden Spence	Saunders	4:09.61
13 Leo Moore	Centennial	4:09.72
14 Oren Dababneh	St. A. Bessette	4:10.12
15 Liam Willcott	Orangeville	4:11.50
16 Evan Iacobelli	St. Patrick's	4:12.39

Event 75 Women 3000 Meter Run Senior

West Region: 9:35.23 # 2017 Sevanne Ghazarian

Name	School	Finals
Finals		
1 Avery Norland	St. Patrick's	9:57.03
2 Lily Bressette	Northern- Sarnia	10:12.53
3 Emma Rudling	North Star	10:20.22
4 Arleigh Waters	Bluevale	10:24.66
5 Megan Klapwyk	David-Saint-	10:32.96
6 Adelaide Cranston	Chatham-Kent	10:37.41
7 Reese Washington	Bishop MacDonnel	10:43.50
8 Leah Milligan	Medway	10:46.47
9 Avery Van Will	Strathroy	10:58.34
10 Haiden Robb	Holy Trinity	11:09.18
11 Gracie Vandergriendt	Chatham-Kent	11:18.24
12 Jaydin Askey	Mother Teresa	11:20.73
13 Catharine Robinson	Laurier, Sir W.	11:26.77
14 Amilya King	Valley Heights	11:34.23
15 Gracie Murray	St. Benedict	11:35.44
16 Lucy Waite	Woodstock Co	11:56.04

Event 76 Men 3000 Meter Run Senior

West Region: 8:18.71 # 2022 Heath McAllister

Name	School	Finals
Finals		
1 Chase Capes	St. Patrick's	8:33.67
2 Eli Bouious	John Diefenb	8:39.42

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Finals ... (Event 76 Men 3000 Meter Run Senior)

Name	School	Finals
3 Kirk Hallman	Lord Dorchester	8:41.37
4 Lauchlan Orchard	Kitchener Waterl	8:44.12
5 Myles Clinton	St. Mary's Devi	8:53.39
6 Liam Willcott	Orangeville	9:09.37
7 Colton Renaud	Riverside	9:13.42
8 Emmett Leary	Georgian Bay	9:14.40
9 Rocko Townsend	St. James	9:18.44
10 Evan Iacobelli	St. Patrick's	9:19.04
11 Liam Ruddock	Ross, John F.	9:22.92
12 Oren Dababneh	St. A. Bessette	9:23.18
13 Kaleb Dingman	St. Mary's Dcvi	9:24.31
14 Charlie Bender	St. Mary's Dcvi	9:27.38
15 Kyle Guthrie	Northern- Sarnia	9:30.17
16 Henrik Kristensen	St.Thomas	9:45.84

Event 77 Women 100 Meter Hurdles Senior

West Region: 13.15 # 2000 Jessica ZELINKA / London-Bantin

Name	School	Prelims
Preliminaries		
1 Skarlit Worton	Northern- Sarnia	14.12Q-0.4
2 Madison Gravelle	St.Joe's-Windsor	14.19Q-0.8
3 Kaitlyn Gravelle	St.Joe's-Windsor	14.60Q-0.4
4 Mackenzie Hutcheson	Waterloo-Oxford	14.66Q-0.8
5 Samantha Arnold	Galt	14.79Q-0.4
6 Hanna Schmidhuber	Grand River	14.84Q-0.8
7 Alexis Lealess	St. Michael	14.87q -0.4
8 Isabella Mills	St. Michael	15.14q -0.8
9 Meagan Munro	Lambton Central	15.66 -0.4
10 Olivia Douma	St.Thomas	15.73 -0.8
11 Eva Wilson	College Avenue	15.92 -0.4
12 Sydney Kipp	Paris	16.11 -0.4
13 Natasa Sajic	Centennial	16.35 -0.8
14 Zoe Schumacher	Sacred Heart	16.40 -0.4
15 Addison Forcey	Mother Teresa	16.57 -0.8
16 Sidney Stinchcombe	John Paul II	17.68 -0.8

Event 77 Women 100 Meter Hurdles Senior

West Region: 13.15 # 2000 Jessica ZELINKA / London-Bantin

Name	School	Finals
Finals		
1 Madison Gravelle	St.Joe's-Windsor	14.06 -2.1
2 Skarlit Worton	Northern- Sarnia	14.25 -2.1
3 Mackenzie Hutcheson	Waterloo-Oxford	14.47 -2.1
4 Kaitlyn Gravelle	St.Joe's-Windsor	14.50 -2.1
5 Samantha Arnold	Galt	14.63 -2.1
6 Alexis Lealess	St. Michael	14.94 -2.1
7 Hanna Schmidhuber	Grand River	14.97 -2.1
8 Isabella Mills	St. Michael	15.49 -2.1

Event 78 Men 110 Meter Hurdles Senior

West Region: 13.46 # 2010 Greg MacNeill

Name	School	Prelims
Preliminaries		
1 Kole Chapman	Lambton Central	14.70Q-2.1
2 Will Downing	Lord Dorchester	14.90Q-2.2
3 Nyuo Lual	St.Joe's-Windsor	14.90Q-2.2
4 Kailer Jenney	Medway	14.99Q-2.1
5 Kowen Moore	Grand River	15.06Q-2.1
6 Noah Janzen	Rockway Menn	15.19Q-2.2
7 Folahan Epemolu	Laurier, Sir W.	15.35q -2.2
8 Sacha Larsen	St.Thomas Aquina	15.58q -2.2
9 Wakan Rainville	North Star	15.70 -2.1
10 Joe Read	Waterloo	15.96 -2.2
11 Ethan Rutherford	C.C.H. - Windsor	16.01 -2.1
12 Enoch Adegboyega	St. A. Bessette	16.10 -2.1
13 Jamaldeen Adigun	Forest Heights	16.93 -2.2
14 Jeo Garnica	St.Joe's-Windsor	16.94 -2.1

Event 78 Men 110 Meter Hurdles Senior

West Region: 13.46 # 2010 Greg MacNeill

Name	School	Finals
Finals		
1 Kole Chapman	Lambton Central	14.27 -1.2
2 Kailer Jenney	Medway	14.34 -1.2
3 Will Downing	Lord Dorchester	14.64 -1.2
4 Kowen Moore	Grand River	14.72 -1.2
5 Noah Janzen	Rockway Menn	14.83 -1.2
6 Folahan Epemolu	Laurier, Sir W.	15.28 -1.2
7 Sacha Larsen	St.Thomas Aquina	15.42 -1.2
--- Nyuo Lual	St.Joe's-Windsor	DQ -1.2

Event 79 Women 400 Meter Hurdles Senior

West Region: 58.03 # 1995 Nadia SCHMEIDT / London-John I

Name	School	Finals
Finals		
1 Sarah Jaquith	Lucas, A.B.	1:01.95
2 Kaitlyn Gravelle	St.Joe's-Windsor	1:02.34
3 Samantha Arnold	Galt	1:02.67
4 Janelle Davis	Sandwich	1:02.70
5 Madison Gravelle	St.Joe's-Windsor	1:04.73
6 Elizabeth Naar	Riverside	1:05.26
7 Michalina Wilkiewicz	Sacred Heart	1:07.18
8 Meagan Munro	Lambton Central	1:08.74
9 Lilli Taylor	Woodstock Co	1:09.13
10 Rhianan Loosemore	St. A. Bessette	1:09.84
11 Abbey Dogar	Mother Teresa	1:10.89
12 Natasa Sajic	Centennial	1:12.15
13 Korrina Kublinskas	Saunders	1:12.17
14 Delainey Jespersen	Laurel Hts.	1:13.20

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Event 80 Men 400 Meter Hurdles Senior

West Region: 52.37 # 1997 Jeff ELLIS / Orangeville

Name	School	Finals
Finals		
1 Thomas-Daniel Tent	Vista Academy	53.92
2 Kieran Sullivan	St. James	55.55
3 Kailer Jenney	Medway	55.77
4 Bronson Boldt	Saugeen District	55.99
5 Nyouo Lual	St.Joe's-Windsor	56.43
6 Noah Janzen	Rockway Menn	57.79
7 Ethan Rutherford	C.C.H. - Windsor	58.61
8 Will Downing	Lord Dorchester	58.66
9 Joe Read	Waterloo	59.06
10 Kole Chapman	Lambton Central	59.17
11 Wakan Rainville	North Star	59.28
12 Zenon Groch	Mother Teresa	59.74
13 Malcom Beckles	John Paul II	1:01.35
14 Owen Ouellette	Strathroy	1:01.72
15 Jamaldeen Adigun	Forest Heights	1:03.97
16 Eoin Wright	Paris	1:04.60

Event 81 Women High Jump Senior

West Region: 1.78m # 1986 Catherine BOND / Woodstock CI

Name	School	Finals
Finals		
1 Patricia Nkuna	Pere Rene-de-Gal	1.70m
2 Victoria Vaughan	Kitchener Waterl	1.64m
3 Katie Raue	Orangeville	1.61m
4 Callie Aldridge	Huron Heights	1.58m
5 Julia Pegg	Lambton-Kent	1.55m
6 Skarlit Worton	Northern- Sarnia	J1.55m
7 Alex Jones	Glendale	1.50m
8 Taylor Lupu	Cameron Heights	1.45m
8 Cassie Catenacci	Holy Names	1.45m
8 Hailey McQueen	Holy Cross	1.45m
11 Eva Wilson	College Avenue	J1.45m
12 Audrey Townsend	London Central	J1.45m
13 Emma Majewski	St. Patrick's	1.40m
14 Lily Babin	Ursuline	1.35m
14 Stella Blundell	Strathroy	1.35m
16 Cassandra Haskett	Simcoe	1.30m

Event 82 Men High Jump Senior

West Region: 2.19m # 2010 Branden Wilhelm

Name	School	Finals
Finals		
1 Calvin McDougall	St. David	1.91m
2 Warren Kottelenberg	Emmanuel Christi	J1.91m
3 Aidan MacGregor	John Diefenb	1.88m
4 Chris Vyn	Chatham Christia	J1.88m
5 Noah Ward	Listowel	1.85m
6 Dylan Nanson	Kennedy, Hon.W.C	J1.80m
7 Noah Campbell	North Middlesex	J1.80m
8 Malcolm Maxwell	Laurier, Sir W.	1.75m

9 Billy Adebowale	Holy Cross	J1.75m
10 Jack Bruder	Glendale	J1.75m
11 Nathan Bryan	Holy Names	J1.75m
12 Deacon Demeurichy	Ursuline	J1.70m
12 Puok Guer	St.Joe's-Windsor	J1.70m
12 Luca Mercante	St. John College	J1.70m
15 Parker Smith	Holy Trinity	J1.70m
16 Fraser Litchfield	Guelph	J1.65m

Event 83 Women Pole Vault Senior

West Region: 3.91m # 2011 Alysha Newman

Name	School	Finals
Finals		
1 Ali Jasinkas	Banting, Sir F.	3.60m
2 Peytyn Tulk	Belle River	3.50m
3 Avery Dickenson	Oakridge	J3.50m
4 Abbey Dogar	Mother Teresa	3.35m
5 Layna Hare	Oakridge	J3.35m
6 Alaya McIntyre	Laurel Hts.	J3.35m
7 Olivia Soumas	Brennan, F.J.	3.20m
7 Emmalyn Isabel	Medway	3.20m
9 Alyssa Rizzo	Assumption-Winds	J3.20m
10 Madeleine Porto	St. Benedict	2.90m
11 Gabriella Lago	Kitchener Waterl	2.75m
12 Sophia Idzik	St. Benedict	2.60m
13 Kelsey Stewart	Sandwich	J2.60m
14 Jasmine Dufresne	Resurrection	2.40m
14 Sydney Stover	Elmira	2.40m
16 Lauren Luvisotto	Sandwich	J2.40m

Event 84 Men Pole Vault Senior

West Region: 5.10m # 1985 Doug WOOD / Wingham-Madill

Name	School	Finals
Finals		
1 Ethan Atkinson	St.Joe-St.Thomas	4.65m
2 Max Milinkovic-Gene	Riverside	4.55m
3 Ben Leveck	Laurel Hts.	4.15m
4 Cameron Hancock	Jacob Hespeler	3.90m
5 Kayden Rose	St. Benedict	J3.90m
6 Jonathan Frempong	St. Benedict	3.75m
7 Benjamin Floris	Oakridge	3.60m
8 Charles Cousins	Oakridge	3.45m
9 Hayden Norris	Laurel Hts.	3.30m
10 Theo Benedictos	Cameron Heights	3.15m
11 Jack Kovac	St.Thomas	2.95m
--- Marcello Didonato	St.Thomas	FAIL
--- Zach Larmer	St. Mary's Dcvi	FAIL
--- Yusuf Rana	Sandwich	FAIL

Event 85 Women Long Jump Senior

West Region: 6.20m # 2023 Trinity Shadd-Ceres

Name	School	Finals
Finals		
1 Jaida Charles	Ross, John F.	5.39m 2.3
2 Joanna Wang	London Central	5.31m 3.1

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Finals ... (Event 85 Women Long Jump Senior)

Name	School	Finals
3 Nadya Nemes	St.Mary's-Kitche	5.27m 2.0
4 Lily Soulliere	Holy Names	5.24m 1.1
5 Isabella Mills	St. Michael	5.23m 1.7
6 Lauren Skeoch	Ross, John F.	J5.23m 4.7
7 Skarlit Worton	Northern- Sarnia	5.15m 0.7
8 Julia Pegg	Lambton-Kent	5.08m 2.8
9 Savannah Griffith	St. David	5.06m 3.2
10 Kaitlyn Gravelle	St.Joe's-Windsor	5.03m 0.9
11 Sydney Freeman	Mother Teresa	4.97m 3.4
12 Olivia Douma	St.Thomas	4.96m -0.1
13 Zoe Schumacher	Sacred Heart	4.93m 1.1
14 Viviana Del Vasto	St.Thomas Aquina	4.79m 1.1
15 Caliana Price	John Diefenb	4.76m 2.1
16 Lucie Panschow	Glendale	4.56m 1.3

Event 86 Men Long Jump Senior
West Region: 7.50m # 2010 Taylor Stewart

Name	School	Finals
Finals		
1 Leshawn Telfer	Resurrection	7.01m 1.2
2 Benjamin Ojeme	Bluevale	6.66m 3.4
3 DJ Destang-Phillip	Ursuline	6.63m -0.1
4 Aiden Hartmann	Lord Dorchester	6.53m 0.4
5 Youssef Charafeddine	Cardinal Carter	6.39m 3.1
6 Devin Baker	College Avenue	6.34m 0.8
7 Nagil Asamoah	Mother Teresa	6.31m 2.7
8 Elisha McDonald	Lucas, A.B.	J6.31m 1.5
9 Zackary Dodd	Riverside	6.19m 2.1
10 Rashaad Eichenberg	Assumption-Brant	6.14m 4.7
11 Ayyan Malik	Ross, John F.	6.03m 2.1
12 Owen Reiley	Saugeen District	5.97m 1.1
13 Aiden Winter	Chatham-Kent	5.92m 2.1
14 Kieran Drouin	Oakridge	5.76m 1.9
15 Braeden Cavanagh	Essex	5.68m 2.6
16 Jacob Male	St. James	5.30m 1.3
--- Darren Prentice	Madill, F.E.	X6.06m 1.0

Event 87 Women Triple Jump Senior
West Region: 12.23m # 2017 Alissa Melvin

Name	School	Finals
Finals		
1 Nadya Nemes	St.Mary's-Kitche	12.01m 2.8
2 Jaida Charles	Ross, John F.	11.85m 2.8
3 Olivia Douma	St.Thomas	11.72m 1.7
4 Taylor Ysebaert	St. Patrick's	11.53m 1.2
5 Lily Soulliere	Holy Names	11.30m 1.6
6 Lauren Skeoch	Ross, John F.	10.93m 1.8
7 Yowa Philemon	Cameron Heights	10.88m 2.7
8 Joanna Wang	London Central	10.83m 2.2
9 Julia Chabot	St. David	10.46m 2.8
10 Mya Delaet	Chatham-Kent	10.43m 2.0
11 Sophie Mastronardi	St. Anne-Windsor	10.35m 1.8
12 Janaya McPherson	Cameron Heights	10.14m 2.0

13 Ella Otterbein	St.Thomas Aquina	9.99m 3.7
14 Julia Reid	Lucas, A.B.	9.91m 1.4
15 Sophi Smith	Stratford Dss	9.56m 3.5
16 Alex Jones	Glendale	9.52m 1.2

Event 88 Men Triple Jump Senior
West Region: 15.73m # 2002 Kenen SHADD/Kitchener Grand R

Name	School	Finals
Finals		
1 Odoa Agbonwaneten	Holy Names	14.53m 0.1
2 Israel Oluwatuyi	Holy Names	13.98m -0.2
3 Aiden Hartmann	Lord Dorchester	13.40m 1.9
4 Youssef Charafeddine	Cardinal Carter	13.28m 0.1
5 Caleb Cavanagh	Essex	13.27m -1.1
6 Warren Kottelenberg	Emmanuel Christi	13.26m 0.4
7 Owen Reiley	Saugeen District	13.04m -0.9
8 Elisha McDonald	Lucas, A.B.	12.91m 0.3
9 Darren Prentice	Madill, F.E.	12.89m 0.6
10 Braeden Cavanagh	Essex	12.87m 1.3
11 Charlie Brundle	St.Mary's-Kitche	12.79m 0.6
12 Andrew McGarr	Assumption-Brant	12.74m 0.7
13 Yoyo Yu	London Central	12.63m 1.0
14 Ethan Mehlenbacher	Cayuga Secon	12.40m NWI
15 Raunaq Sharma	Oakridge	12.33m 0.3
16 Dimitry Nguifah Kenfack	Pere Rene-de-Gal	12.23m 1.3

Event 89 Women Shot Put Senior
West Region: 14.52m # 2024-06-01 Julia Tunks

Name	School	Finals
Finals		
1 Jenna Tunks	Oakridge	13.74m
2 Adalee Turland	Kincardine	13.35m
3 Tyler Lamarche	North Star	11.61m
4 Claudika Kudrocova	Glenview Park	11.43m
5 Madeline Mullin	Oakridge	10.98m
6 Rachel Burns	St. Patrick's	10.72m
7 Ava Mayrand	North Star	10.37m
8 Payton Blight	St. Mary's Devi	9.95m
9 Riley Puddicombe	Banting, Sir F.	9.74m
10 Lana Petkovic	Grand River	9.59m
11 Victoria Riordon	St. Benedict	9.35m
12 Danilynn Abonaye	Woodland Christi	9.32m
13 Sophie Lee	Guelph	8.87m
14 Lauren Stewart	Mother Teresa	8.86m
15 Hannah Rogers	St. Patrick's	8.60m
16 Mimi Okeke	Assumption-Winds	8.57m

Event 90 Men Shot Put Senior
West Region: 20.78m # 1995 Brad SNYDER / Windsor - St. Josep

Name	School	Finals
Finals		
1 Noah Mitoraj	St.Thomas Aquina	17.65m
2 Finne O'Leary	Banting, Sir F.	15.18m
3 Josiah Rivard	Bluevale	15.07m
4 Andrew Urquhart	Lord Dorchester	14.43m

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Finals ... (Event 90 Men Shot Put Senior)

Name	School	Finals
5 Sullivan Tole	St.Thomas	14.28m
6 Galen Hudel	St. David	14.24m
7 Spencer Horwood	Lambton Central	13.64m
8 Ty Patterson	Essex	13.62m
9 Colton Stanley	St.Thomas Aquina	13.46m
10 Tijn Duijsters	Strathroy	12.95m
11 Abdullah Yousafzai	Saugeen District	12.92m
12 Duncan Smith	Great Lakes	12.76m
13 Joshua Reynolds	Jacob Hespeler	11.20m
14 Brandon Reeder	Waterloo-Oxford	10.97m
15 Mark Driedger	Valley Heights	10.65m
--- Markcos Newman	Belle River	FOUL

Event 91 Women Discus Throw Senior
West Region: 60.61m # 2024-06-01 Julia Tunks

Name	School	Finals
Finals		
1 Jenna Tunks	Oakridge	53.83m
2 Adalee Turland	Kincardine	41.96m
3 Madeline Mullin	Oakridge	41.48m
4 Tyler Lamarche	North Star	41.09m
5 Adair Scott-Fleming	Laurel Hts.	39.28m
6 Rachel Burns	St. Patrick's	35.67m
7 Payton Blight	St. Mary's Devi	34.05m
8 Ava Mayrand	North Star	32.80m
9 Ellie Grandin	Cayuga Secon	31.97m
10 Hannah Rogers	St. Patrick's	31.55m
11 Natalie Pretty	Northern- Sarnia	31.54m
12 Victoria Riordon	St. Benedict	30.55m
13 Selena Brown	C.C.H. - London	30.11m
14 Ainsley Brander	Ross, John F.	27.37m
15 Izabela Butryn	Mother Teresa	25.65m
16 Lana Petkovic	Grand River	23.06m

Event 92 Men Discus Throw Senior
West Region: 64.94m # 1995 Jason TUNKS / London-Banting

Name	School	Finals
Finals		
1 Noah Mitoraj	St.Thomas Aquina	52.21m
2 Caleb Koch	Madill, F.E.	45.59m
3 Harrison Hulbert	St.Thomas Aquina	44.17m
4 Ian Costello	Chatham-Kent	43.60m
5 Andrew Thomas	Waterloo-Oxford	43.08m
6 Andrew Urquhart	Lord Dorchester	42.21m
7 Josiah Rivard	Bluevale	42.07m
8 Solomon Jackman	Westminster	38.74m
9 Brenner Lammens	Valley Heights	36.55m
10 Henry Heaton	Leamington	35.51m
11 Silas Pharoah	Glenview Park	35.28m
12 Eric Patterson	Essex	34.73m
13 Cash Schroeder	Erie Migration	34.11m
14 Parker Pieffers	Emmanuel Christi	31.71m
15 Thomas Galeckas	Galt	31.54m

--- Markcos Newman Belle River FOUL

Event 93 Women Javelin Throw Senior
West Region: 47.56m # 1997 Andrea BULAT / Windsor-Brennan

Name	School	Finals
Finals		
1 Abigail Van Bakel	St. Michael	40.58m
2 Annie Seagris	Sandwich	37.86m
3 Eden Fraser	Woodstock Co	36.24m
4 Kalia Rounding	St.Joe's-Windsor	36.16m
5 Tyler Lamarche	North Star	35.48m
6 Olivia Elias	Huron Park	34.22m
7 Hannah Rogers	St. Patrick's	33.18m
8 Ava Harrison	Essex	32.68m
9 Zariah Chambers	Galt	32.44m
10 Nicoletta Kotsovos	St.Thomas Aquina	32.36m
11 Daphne Lodder	Emmanuel Christi	31.16m
12 Steph Samborski	Simcoe	29.34m
13 Lily Rutherford	Saunders	28.83m
14 Navilyn Wightman	Kitchener Waterl	28.16m
15 Rowan Worrall	Paris	27.88m
16 Hailey Taekema	Emmanuel Christi	27.15m

Event 94 Men Javelin Throw Senior
West Region: 70.20m # 2001 Trevor SNYDER / Windsor-St.Josep

Name	School	Finals
Finals		
1 Duncan Smith	Great Lakes	57.13m
2 Colin Diotte	Sandwich	56.63m
3 Jaxon Lamb	Elmira	55.75m
4 Finne O'Leary	Banting, Sir F.	53.10m
5 Nolan Wright	Simcoe	52.67m
6 Griffin Kalp	Ursuline	50.63m
7 Eric Patterson	Essex	49.67m
8 Mitch Leachman	Bishop MacDonnel	48.03m
9 Sam McClelland	Lucas, A.B.	47.49m
10 Ethan Cabana	St.Thomas	47.05m
11 Parker Pieffers	Emmanuel Christi	44.78m
12 Nicholas Oudekerk	Banting, Sir F.	43.55m
13 Henk Benjamins	Woodland Christi	42.89m
14 Quinn Hughes	Glenview Park	39.13m
15 Owen Chambers	Stratford Dss	39.07m
--- Zackary (Zack) Molinaro	Woodstock Co	FOUL

Event 95 Women 4x100 Meter Relay Senior
West Region: 47.58 # 2025-05-29 Sandwich Secondary
L Luvisotto, E Steel-Douglas, J Davis, J Bailey

Team	Relay	Finals
Finals		
1 St.Thomas Aquina	A	48.94
1) Naya Green	2) Fiona Kalaiwo	
3) Olivia Jackson	4) Elliott Nash	
5) Sofia Morgan	6) Stella Gicante	

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Finals ... (Event 95 Women 4x100 Meter Relay Senior)		
Team	Relay	Finals
2 Northern - Sarnia	A	49.10
1) Briar Bettridge	2) Tia Arcamone	
3) Lily Odolphy	4) Skarlit Worton	
5) Erica Cooper	6) Laura Haggerty	
3 Assumption-Winds	A	49.29
1) Madie Aw	2) Saryna Milne	
3) Alyssa Rizzo	4) Serena Aina	
5) Nyator Simon	6) Marissa Mourad	
4 C.C.H. - London	A	49.38
1) Alicia Weaver	2) Britney Wright	
3) Evan McConnell	4) Kayla Zelibka	
5) Charlotte Scott	6) Stella Adjinda	
5 A.B. Lucas - London	A	49.77
1) Mackenzie Cake	2) Rylee Barker	
3) Breanne Smith	4) Sarah Jaquith	
5) Sophie Grozelle		
6 Medway - Arva	A	50.05
1) Lucy Schiedel	2) Emmalyn Isabel	
3) Avery Thomsen	4) Carly Lightfoot	
5) Sofia Bertucci		
7 Resurrection	A	50.06
1) Mya Gallagher	2) Kaylee Ateyib	
3) Georgia Aru	4) Taylor Ambeau	
5) Brooke Baltaz	6) Makayla Lyon	
8 St.Thomas	A	50.43
1) Mya Bart	2) Olivia Douma	
3) Charlotte Coskun	4) Thea Astles	
5) Mialynne Morvay		
9 Mother Teresa	A	50.53
1) Julia Livingston	2) Celeste Lugogo	
3) Addison Forcey	4) Sydney Freeman	
10 John F. Ross - Guelph	A	51.04
1) Claire Smiley	2) Jaida Charles	
3) Lauren Skeoch	4) Georgia den Ouden	
11 St. James - Guelph	A	51.33
1) Hailey Miller	2) Brianna Steunebrink	
3) Alesandra Fera	4) Mayghan Paul	
5) Harriet Midcalf		
12 St.Joe's-Windsor	A	51.74
1) Shellane Elliot	2) Kaitlyn Gravelle	
3) Gracie Peltier	4) Madison Gravelle	
5) Madison Gray		
13 St. David - Waterloo	A	51.74
1) Julia Chabot	2) Hayley Smith	
3) Ella Williams	4) Savannah Griffith	
5) Ella De Souza	6) Hailey Harrop	
14 Sandwich - Windsor	A	51.94
1) Lauren Luvisotto	2) Janelle Davis	
3) Estelle Orlando	4) Sophie Cavaleri	
5) Andrea Chronopolous	6) Julia Carswell	
7) Charlotte Townsend		

15 Cameron Heights	A	52.17
1) Madison Pulley	2) Talia Golcevski	
3) Eva Argueta	4) Janaya McPherson	
5) Lilla Cameron		
16 Orangeville	A	54.20
1) Leah Wenediktow	2) Katie Raue	
3) Jordan Gorman	4) Bianca Trichilo	

Event 96 Men 4x100 Meter Relay Senior
West Region: 41.38 # 2025-05-29 Sir Frederick Banting S S
F Hinnah, J Mackay, K Miller, E Charles

Team	Relay	Finals
Finals		
1 Resurrection	A	42.17
1) Austin Adair	2) Leshawn Telfer	
3) Gabriel Haddad	4) Noah Horspool	
5) Kenneth Palafox	6) Delano Smith	
2 Mother Teresa	A	42.98
1) Samuel Espiritu	2) Nagil Asamoah	
3) Dayson Guthrie	4) Noah Carter	
5) Demario Forrest	6) Zenon Groch	
3 Banting, Sir F.	A	43.29
1) Ibrahim Hamou	2) Edwin Maslen	
3) Bryson Hnatyk	4) Khaleel Miller	
5) Kolton Gallagher	6) Ryan Vacante	
7) Nicholas Oudekerk	8) Hunter Dunlop	
4 Holy Names - Windsor	A	43.35
1) Attilio Naccarato	2) Samuel Aribilola	
3) Sebastian Torres	4) Tyson Holder-Fuchs	
5) Israel Oluwatuyi	6) Odoosa Agbonwaneten	
7) Keldon St. Louis	8) Zecary Rodriguez	
5 St.Joe's-Windsor	A	43.54
1) Jeo Garnica	2) Jayden Chalut	
3) Nyouo Lual	4) Brayden Kane	
5) Alex Grafos	6) Anouce Leger	
7) Nosakhare Isaac Isimwin-Ekpen	8) Puok Guer	
6 Sandwich - Windsor	A	43.87
1) Zkareya Ayash	2) Ahmad Alkriti	
3) Oliver Ross	4) Osman Kromah	
5) Levi Thiessen	6) Michael Olatunbosun-Banjo	
7 Northern - Sarnia	A	44.11
1) Andrew Kirk	2) Matthew Henderson	
3) Nathan Pettypiece	4) Lyncoln Peters	
5) Prestyn Murphy	6) Brody Hyde	
8 Jacob Hespeler	A	44.27
1) Nolan Judge	2) Taha Kalami	
3) Jed Wallace	4) Julius Percival	
5) Xzavier Ahsan	6) David Orlik	
9 A.B. Lucas - London	A	44.34
1) Luke McLean	2) Elisha McDonald	
3) Benjamin Armour	4) Anthony Greene	
5) Braden Brown	6) Bryden Pow	

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Finals ... (Event 96 Men 4x100 Meter Relay Senior)			
Team	Relay	Finals	
10 C.C.H. - London	A	44.63	
1) Julian Venegas	2) Ashar Taimur		
3) Matteo Camara	4) Cole Summers		
5) Isaiah Rogers-Lesperance	6) Kannasicho Ezepue		
11 St. Benedict	A	44.74	
1) Nyle Crawford	2) Kayden Rose		
3) Jonathan Frempong	4) Kenyan Channer		
5) Zhedrick Macorol			
12 John F. Ross - Guelph	A	44.77	
1) Ayyan Malik	2) Reese Kanerva		
3) James Denton	4) Teo King		
13 Regina Mundi	A	45.47	
1) Obed Arueyingho	2) Aduot Kuol		
3) Jophre Nsekyue	4) Caleb Adu		
5) Danny Moro			
--- Ursuline College	A	DNF	
1) DJ Destang-Phillip	2) Gabriel Francis		
3) Josiah Saldana	4) Damon Tope		
--- St. James - Guelph	A	DQ	
1) Kaiden Turner	2) Jaden Simpson		
3) Cohen Holm	4) Gianfranz Dela Fuente		
5) Brevin Houle			

Event 97 Women 2000 Meter Steeplechase Open			
West Region: 7:16.28 # 2019		Elysse Fleming	
Name	School	Finals	
Finals			
1 Maelle Dufour	ES L'Essor	7:15.99#	
2 Emma Rudling	North Star	7:16.80	
3 Gracie Vanderriendt	Chatham-Kent	7:18.07	
4 Morgan Reiter	Leamington	7:21.04	
5 Ava White	St. Patrick's	7:29.43	
6 Avery Martindale	Saugeen District	7:33.47	
7 Lydia Hurley	Guelph	7:37.44	
8 Hallie Turpin	Woodstock Co	7:40.09	
9 Jaydin Askey	Mother Teresa	7:44.26	
10 Mya Gallagher	Resurrection	7:51.15	
11 Flourish Nmor	St.Joe-St.Thomas	7:51.77	
12 Amilya King	Valley Heights	7:53.87	
13 Catharine Robinson	Laurier, Sir W.	8:04.79	
14 Ailsa Bogan	Orangeville	8:07.39	
15 Chloe Humphries	Centre Welli	8:07.62	
16 Charlotte Bothwell	St.Thomas Aquina	8:22.15	

Event 98 Men 2000 Meter Steeplechase Open			
West Region: 5:54.94 # 2012		Daniel Piticariu	
Name	School	Finals	
Finals			
1 Lauchlan Orchard	Kitchener Waterl	6:01.92	
2 Myles Clinton	St. Mary's Devi	6:05.17	
3 Jacob Jansen	St.Thomas Aquina	6:08.84	
4 Adrian Olivito	Walkerville	6:16.97	
5 Reuben Macleod	Orangeville	6:23.27	

6 Noah Cann	Ingersoll	6:24.65
7 Sam Stinson	Strathroy	6:25.14
8 Kyle Guthrie	Northern- Sarnia	6:28.64
9 Vernon Stuart-DOLmage	Resurrection	6:28.95
10 Graeme Bouchard	Assumption-Winds	6:36.25
11 Kai McKay	St.Thomas	6:37.55
12 Rocko Townsend	St. James	6:41.90
13 Paxton Burnie	Great Lakes	6:46.14
14 Mathew Paul	Huron Heights	6:46.16
15 Kalen McCormack	Dunnville Se	6:51.54
16 Braden Eltervoog	Huron Park	6:55.06

Event 99 Women 4x400 Meter Relay Open
West Region: 3:53.30 # 2016 Lord Dorchester - Dorchester
M Dunn, D Earhart, M Beaudry, K Beaudry

Team	Relay	Finals
Finals		
1 Holy Names - Windsor	A	3:58.27
1) Alisa Indelicato	2) Makenna St. Louis	
3) Izzy Distefano	4) Zariyah Ross	
5) Emily Owen	6) Cassie Catenacci	
7) Kendalyn Piette	8) Kacie Gelinis	
2 Sandwich - Windsor	A	3:59.92
1) Tea Cuzzocrea	2) Gwendolyn Flanagan	
3) Julia Carswell	4) Janelle Davis	
5) Nadiah Ciaramitaro	6) Leah Shannon	
7) Charlotte Townsend		
3 St.Thomas	A	4:00.15
1) Mya Bart	2) Daniella Defranceschi	
3) Thea Astles	4) Charlotte Coskun	
5) Alyssa Tannini	6) Addy Rudling	
7) Olivia Douma		
4 St.Thomas Aquina	A	4:04.97
1) Stella Gicante	2) Olivia Jackson	
3) Megan Jean	4) Elliott Nash	
5) Ava McFadden	6) Kaitlyn Nadeau	
5 St. Patrick's	A	4:12.61
1) Cylver Worton	2) Avery Norland	
3) Lila Knight	4) Keala Pickard	
5) Averie Fines		
6 Kitchener Waterl	B	4:14.46
1) Erin Manning	2) Kinsley Metherel	
3) Charlotte Macallum	4) Sophie Herr	
7 Laurier, Sir W.	A	4:15.57
1) Paige Manning	2) Olivia Mathieu	
3) Catharine Robinson	4) Anyang Tiel	
5) Alessia Sam		
8 Laurel Hts.	A	4:17.01
1) Delainey Jespersen	2) Ksenia Kaskov	
3) Taylor Smart	4) Mia Bissett	
9 Assumption-Winds	A	4:17.94
1) Marissa Mourad	2) Saryna Milne	
3) Serena Aina	4) Nyator Simon	
5) Madie Aw	6) Alyssa Rizzo	

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Finals ... (Event 99 Women 4x400 Meter Relay Open)		
Team	Relay	Finals
10 C.C.H. - London	A	4:23.48
1) Sara Pardo	2) Jewel Adams	
3) Julia Bachert	4) Nolawit Gebreleslassie	
5) Evan McConnell		
11 Orangeville	D	4:24.20
1) Peyton Price	2) Keira Phillip	
3) Ailsa Bogan	4) Adalynn McLean	
12 Banting, Sir F.	A	4:24.89
1) Ashley Vacante	2) Emma Lagugne-Labarthet	
3) Audrey Mitchel	4) Jessica Thompson	
5) Kyla Norman	6) Willa Schaufele	
13 St. Andre Bessette	A	4:26.56
1) Pearl Huffman	2) Riley Mascunana	
3) Helena Dos Santos	4) Tamara Zarco-Chavez	
5) Toni Adekogbe	6) Dalia Almusawi	
14 North Park	A	4:27.36
1) Mckenzie Coffey	2) Abbi Curry	
3) Hailey Beswick	4) Leah DuChene	
5) Mya Rypma		
15 St. Benedict	A	4:28.85
1) Eshal Ghaffar	2) Elizabeth Lockett	
3) Sophia Idzik	4) Sophia Patterson	
5) Kaylin Shea	6) Avery Andersson	
7) Tayor Vollerling		
16 St. James - Guelph	A	4:30.51
1) Layla Reid	2) Harriet Midcalf	
3) Hailey Miller	4) Venus Cameron	
5) Hannah Przybylski		

Event 100 Men 4x400 Meter Relay Open		
West Region: 3:19.22 # 2010 W. F. Herman S S - swhe		
A Colquhoun, C Johnson, B McBride, M Savic		
Team	Relay	Finals
Finals		
1 Resurrection	A	3:23.96
1) Gabriel Haddad	2) Austin Adair	
3) Cyril Chapple	4) Noah Horspool	
5) Owen Zettel	6) Vernon Stuart-DOLmage	
2 St. Thomas	A	3:27.01
1) Warren Kennedy	2) Noah Mayer	
3) Gianfranco Rauti	4) Anthony Demarco	
5) Thomas Lukic	6) Kalin Powell	
7) Nathan Mariuz	8) Max Naccarato	
3 Banting, Sir F.	A	3:27.05
1) Ibrahim Hamou	2) Edwin Maslen	
3) Ben Gibbs	4) Kolton Gallagher	
5) Ryan Vacante	6) Khaleel Miller	
7) Simon Rastogi	8) Enzo Cielo	
4 St. Patrick's	A	3:28.56
1) Chris Trandafir	2) Owen Gray	
3) Easton Savoie	4) Ethan King	
5) Chase Capes	6) Evan Iacobelli	

5 Holy Names - Windsor	A	3:31.34
1) Samuel Aribilola	2) Tyson Holder-Fuchs	
3) Keldon St. Louis	4) Zecary Rodriguez	
5) Attilio Naccarato	6) Israel Oluwatuyi	
7) Stephen Rodimin		
6 Northern - Sarnia	A	3:33.13
1) Alex Fortney	2) Nathan Pettypiece	
3) Eli Odolphy	4) Matthew Henderson	
5) Prestyn Murphy	6) Brody Hyde	
7 C.C.H. - Windsor	A	3:35.08
1) Junior Bayekula	2) Michael Tonenchi	
3) Adriel Piovette	4) Ethan Rutherford	
5) Carter Baylis	6) Emmanuel Nahnie	
7) Franco Siniarski		
8 St. James - Guelph	B	3:36.99
1) James Gituanjah	2) Brody Azzoparde	
3) Sunday Doboul	4) Cohen Holm	
5) Nolan O'Connor		
9 Lord Dorchester	A	3:37.17
1) Will Downing	2) Kirk Hallman	
3) Miles Maule	4) Curtis Willick	
5) Aiden Hartmann		
10 St. Mary's-Kitche	A	3:39.17
1) Max Mackinnon	2) Xander Fulop	
3) Adrian Lofaso	4) Jordan Barradas	
5) Jackson Linseman	6) Victor Frias	
11 Simcoe - Simcoe	A	3:42.45
1) KJ Nembhard	2) Michael Brewitt	
3) Logan Lighthouse	4) Joshua Andres	
5) Coulter McCann	6) Crosby Townsend	
12 Laurier, Sir W.	A	3:42.88
1) Noah Laxamana	2) Milton Smith	
3) Jayden Choinski	4) George Pletch	
5) Malcolm Maxwell		
13 John F. Ross - Guelph	A	3:43.27
1) Andy Seah Labbe	2) Arshaan Bhatena	
3) Layton Vaughan	4) Reese Kanerva	
14 Huron Heights	A	3:44.77
1) Mathew Paul	2) Alex MacDonald	
3) Dominik Ozga	4) Jacob Witley	
5) Liam Hussey	6) Hunter Strype	
15 A.B. Lucas - London	A	3:46.87
1) Michael Zavgorodniy	2) Michael Walsh	
3) Benjamin Armour	4) Luke McLean	
5) Jackson Kriz	6) Bryden Pow	
16 St. Thomas Aquina	A	3:47.70
1) Nayif Purres	2) Ruben Dos Santos	
3) Christian Circelli	4) Jacob Jansen	
5) Dylan Stern	6) Daniel Fielder	
7) Elliott Usher		

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Event 101 Women 100 Meter Dash Ambulatory
West Region: 14.57 # 2016 Madison Wilson-Walker

Name	School	Finals
Finals		
1 Layla Ganney	Walkerville	21.86 -0.2
2 Kalea Rup	Westview Freedom	23.75 -0.2
3 Madison Beraro	Glenview Park	23.76 -0.2

Event 102 Men 100 Meter Dash Ambulatory
West Region: 12.08 # 2006 Deric Kruse

Name	School	Finals
Finals		
1 Jayden Grein	St.Thomas	13.89 -2.7
2 Austin Gordon	St. Benedict	14.91 -2.7
3 Hunter Graham	Walkerville	16.98 -2.7

Event 103 Women 100 Meter Dash Visually Imp.
West Region: 16.06 # 2014 Alexis Askin-Hunter

Name	School	Finals
Finals		
1 Abbi-Lynne Dufour	ES L'Essor	31.49 -1.9

Event 104 Men 100 Meter Dash Visually Imp.
West Region: 16.03 # 2018 Bidhialyh Sanon

Name	School	Finals
Finals		
1 Wilson Mucco	W.Ross Macdo	13.68# -1.7
2 Samuel Schreiter	Huron Park	15.49# -1.7
3 Linus Gatzen	Banting, Sir F.	15.74# -1.7
4 Logan Leclair	W.Ross Macdo	17.31 -1.7

Event 105 Women 100 Meter Dash Intellectually Imp
West Region: 13.71 # 2018 Kyla Rodrigue

Name	School	Finals
Finals		
1 Zoey Shantz	Woodstock Co	14.75 -0.8
2 Serenity Scott	Woodstock Co	15.17 -0.8
3 Jazzlyn Bourdeau	Westview Freedom	15.47 -0.8
4 Avary Shawnoo	St.Thomas Aquina	15.65 -0.8
5 Emily McDowell	Orangeville	17.77 -0.8
6 Victoria Regier	Clarke Road	18.59 -0.8
7 Zwena Ahmed	Westview Freedom	20.01 -0.8
8 Aleeah Wyatt	Westview Freedom	20.51 -2.3
9 Elizabeth Bechtel	Waterloo	21.53 -2.3
10 Neva Foley	St. Mary's Dcvi	23.09 -2.3

Event 106 Men 100 Meter Dash Intellectually Imp
West Region: 12.06 # 2013 Peter Snider

Name	School	Finals
Finals		
1 Ezekiel Kerr	Clarke Road	12.27 -1.4
2 Branson Lezinscar	Westview Freedom	13.02 -1.4
3 Quintin Steffler	St. Mary's Dcvi	13.48 -1.4
4 Ahmad Al Khaled	Westview Freedom	13.54 -1.4
5 Evan Langley-Hennessy	Beal, H.B.	13.55 -1.4

6 Kohltan Scott	Woodstock Co	13.59 -1.4
7 Anthony Cigan	St.Joe's-Windsor	14.19 -1.4
8 David Kelly	St. Benedict	14.23 -1.3
9 Johnathan Dapaah	St. Michael	14.25 -1.4
10 Clinton Manotham	Guelph	14.48 -1.3
11 Josh Smith	North Lambton	14.94 -1.3
12 Matyas Czegledy - Nagy	Waterloo	15.35 -1.3
13 Owen Curran	Guelph	15.42 -1.3
14 Youssef Alshabo	Westview Freedom	15.47 -1.3
15 Kaleb Nieva	Laurel Hts.	16.14 -1.3
16 Amer Safi	Bluevale	17.55 -1.3

Event 112 Men 800 Meter Run Visually Imp.

Name	School	Finals
Finals		
1 Linus Gatzen	Banting, Sir F.	2:52.42
2 Angel Lovaton-Puga	Listowel	3:56.08

Event 113 Women 800 Meter Run Ambulatory
West Region: 2:42.97 # 2018 Sarah Gillies

Name	School	Finals
Finals		
1 Kalea Rup	Westview Freedom	4:49.50

Event 114 Men 800 Meter Run Ambulatory
West Region: 2:37.33 # 2017 Nick Heffernan

Name	School	Finals
Finals		
1 Austin Gordon	St. Benedict	2:54.22

Event 115 Women 800 Meter Run Intellectually Imp
West Region: 2:58.08 # 2025-05-30 Emma Smith

Name	School	Finals
Finals		
1 Jazzlyn Bourdeau	Westview Freedom	2:56.63#
2 Zoey Shantz	Woodstock Co	3:05.13
3 Avary Shawnoo	St.Thomas Aquina	3:16.90
4 Serenity Scott	Woodstock Co	3:25.81

Event 116 Men 800 Meter Run Intellectually Imp
West Region: 2:15.29 # 2024-06-01 Anthony Cigan

Name	School	Finals
Finals		
1 Anthony Cigan	St.Joe's-Windsor	2:17.54
2 Ahmad Al Khaled	Westview Freedom	2:23.20
3 Kohltan Scott	Woodstock Co	2:27.16
4 Josh Smith	North Lambton	2:30.47
5 Moe Ahmed	Westview Freedom	2:35.25
6 David Kelly	St. Benedict	2:38.62
7 Branson Lezinscar	Westview Freedom	2:51.68
8 Clinton Manotham	Guelph	2:58.97
9 Jack MacKenzie	Goderich	3:20.54
10 Kaleb Nieva	Laurel Hts.	3:28.55
11 Evan Li	Laurel Hts.	3:31.01

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Event 119 Women Shot Put Visually Imp.

West Region: 3.00m # 2025-05-29 Abbi-Lynne Dufour

Name	School	Finals
Finals		
1 Emma Percy	Parkside	4.88m#
2 Abbi-Lynne Dufour	ES L'Essor	3.55m#

Event 120 Men Shot Put Visually Imp.

West Region: 6.76m # 2025-05-29 Samuel Schreiter

Name	School	Finals
Finals		
1 Logan Leclair	W.Ross Macdo	11.22m#
2 Samuel Schreiter	Huron Park	7.54m#
3 Linus Gatzen	Banting, Sir F.	6.82m#
4 Maxwell Scandlan	W.Ross Macdo	6.23m

Event 121 Women Shot Put Ambulatory

West Region: 4.10m # 2025-05-29 Madison Beraro

Name	School	Finals
Finals		
1 Madison Beraro	Glenview Park	4.34m#
2 Julia Zbaracki	St. A. Bessette	3.24m
3 Kalea Rup	Westview Freedom	2.19m

Event 122 Men Shot Put Ambulatory

West Region: 8.04m # 2025-05-29 Jayden Grein

Name	School	Finals
Finals		
1 Jayden Grein	St.Thomas	9.10m#
2 Austin Gordon	St. Benedict	6.13m

Event 123 Women Shot Put Intellectually Imp

West Region: 6.28m # 2023 Sarah Summers

Name	School	Finals
Finals		
1 Serenity Scott	Woodstock Co	6.62m#
2 Avary Shawnoo	St.Thomas Aquina	6.44m#
3 Cheyenne Harman	London Central	6.17m
4 Zwena Ahmed	Westview Freedom	J6.17m
5 Emily McDowell	Orangeville	4.42m
6 Neva Foley	St. Mary's Dcvi	4.28m
7 Emily Bechtel	Waterloo	4.13m
8 Elizabeth Bechtel	Waterloo	3.90m

Event 124 Men Shot Put Intellectually Imp

West Region: 11.27m # 2023 Cameron Banerjee

Name	School	Finals
Finals		
1 Matthew Murga	C.C.H. - Windsor	11.18m
2 Matthew Prestwich	Oakridge	9.89m
3 Koltton Jones	McGregor	9.07m
4 Kaleb Nieva	Laurel Hts.	8.06m
5 Kohltan Scott	Woodstock Co	8.03m
6 Owen Curran	Guelph	7.72m
7 Amer Safi	Bluevale	7.49m

8 Clinton Manotham	Guelph	6.69m
9 Harrison Scott	McGregor	6.55m
10 David Kelly	St. Benedict	6.14m
11 Simon Hammar	Forest Heights	5.81m
12 Quintin Steffler	St. Mary's Dcvi	5.53m
13 Channing Marchan	Clarke Road	5.47m
14 Jack MacKenzie	Goderich	4.55m
--- Jack Schmidtgal	North Star	FOUL

Event 125 Mixed 4x400 Meter Relay Open

Team	Relay	Finals
Finals		
1 St.Joe's-Windsor	A	3:38.44
1) Alex Grafos	2) Madison Gravelle	
3) Brayden Kane	4) Kaitlyn Gravelle	
5) Nyouo Lual		
2 A.B. Lucas - London	A	3:38.98
1) Anthony Greene	2) Sophie Grozelle	
3) Elisha McDonald	4) Sarah Jaquith	
5) Mia Crawford	6) Luke McLean	
3 Elmira - Elmira	A	3:43.72
1) Jonah Walker	2) McKayla Korir	
3) Roger Jacobs	4) Brooklyn Seiling	
5) Jaxon Lamb	6) Kosta Nikolic	
4 C.C.H. - London	A	3:45.62
1) Alicia Weaver	2) Kayla Zelibka	
3) Julian Venegas	4) Teo Vogel	
5) Isaiah Rogers-Lesperance	6) Britney Wright	
5 Waterloo-Oxford	A	3:46.17
1) Zach Taylor	2) Olivia Lucchetti	
3) Jonas Rohr	4) Mackenzie Hutcheson	
5) Ben Hendry	6) Cameron Schmidt	
7) Emily Taylor		
6 St. James - Guelph	A	3:47.52
1) Brevin Houle	2) Brianna Steunebrink	
3) Kieran Sullivan	4) Mayghan Paul	
5) Hailey Miller	6) James Gituanjah	
7 St. Anne - Windsor	A	3:50.47
1) Lucas Donga	2) Milania Frattaroli	
3) Logan Donga	4) Malia Frattaroli	
5) Nolan Sampson	6) Abigail Renaud	
7) Finley Mills	8) Sarah Breckles	
8 St. David - Waterloo	A	3:54.69
1) BK Otesanya	2) Julia Chabot	
3) William Van Hartingsveldt	4) Hayley Smith	
5) David Anderson		
9 Saugeen District	A	3:54.89
1) Bronson Boldt	2) Maddy Thede	
3) Owen Reiley	4) Avery Martindale	
5) Perry Smith	6) Hallie Faust	
10 Ursuline College	A	3:54.93
1) Miles Carrington	2) Gabryela Jeremias	
3) Alex Whyte	4) Madeline Verbeek	
5) DJ Destang-Phillip		

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Finals ... (Event 125 Mixed 4x400 Meter Relay Open)

Team	Relay	Finals
11 Sandwich - Windsor	A	3:55.14
1) Corantin Lovis	2) Janelle Davis	
3) Osman Kromah	4) Julia Carswell	
5) Tea Cuzzocrea	6) Charlotte Townsend	
7) Levi Thiessen	8) Greyson Ptcher	
12 Banting, Sir F.	A	3:55.83
1) Khaleel Miller	2) Kyla Norman	
3) Ryan Vacante	4) Siena Naisbitt	
5) Ben Gibbs	6) Willa Schaufele	
7) Audrey Mitchel	8) Ibrahim Hamou	
13 Lambton Central	A	3:56.55
1) Meagan Munro	2) Kole Chapman	
3) Khloe Baron	4) James Grant	
14 Resurrection	A	3:56.59
1) Owen Zettel	2) Mya Gallagher	
3) Vernon Stuart-DOLmage	4) Taylor Ambeau	
5) Brenna Bauman	6) Henry Anigbogu	
15 Oakridge - London	A	3:57.53
1) Norah Benson	2) Rylen Mount	
3) Kaitlyn Haygarth	4) Bryson Keenleyside	
5) Parker Zimmerman	6) Sebastien Rauwerda	
7) Ian Hardy	8) Wyatt Hegler	